

Sons of Norway District 5 - Friendly Fifth Friday News

April 26, 2024

A District Weekly Newsletter to Keep Us Up to Date!

It's deadline week for convention registrations, classes, sponsors, ads and Well Wishers! <https://sonsofnorway5.com/conventions/>

Please share these with your delegates and members!!



**SONS OF NORWAY
DISTRICT 5 CONVENTION 2024
June 19 – 22, 2024
Crowne Plaza Indianapolis Airport**

RACING TO THE FUTURE



DELEGATE REGISTRATION

NAME: _____

ADDRESS: _____ Phone: _____

EMAIL: _____ Lodge Name/#: _____

Deadline: May 1, 2024

Item	Cost	#	Amt
Delegate Registration Fee (Includes Fri & Sat lunches, coffee breaks & bag)	\$125		\$
Banquet Saturday, June 22, 6:00 pm (Choose entrée which includes meal, entertainment, salad, bread, dessert, coffee) <input type="checkbox"/> Country Fried Steak <input type="checkbox"/> Pecan-Crusted Salmon <input type="checkbox"/> Pasta Primavera <input type="checkbox"/> Pasta Primavera w/chicken	\$55		\$
Sami-Inspired Bracelet (incl. materials) One Day class, Thur - June 20, 9-4 pm	\$75		\$
Hardanger Embroidery (incl. pattern, fabric, thread, needle) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$115		\$
Rosemaling (Incl. Blank Plate) (see class description f/supply list) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$105		\$
Carving Ornaments (Incl. Wood Blank) 1/2 Day class, Thur June 20, 9-Noon	\$60		\$
Needle Felting (incl. materials & needle) One Day class, Wed - June 19, 9-4 pm	\$65		\$
Knitting (two color project) (Instruction only, see class description f/materials & equipment) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$90		\$
Stamping (Instruction only, see class description f/materials & equipment) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$90		\$
Convention Pins (Indicate # of pins ordered)	\$5		\$
T-Shirts (indicate qty of each size) S/M/L/XL/2XL/3XL	\$20		\$
Late Reg Fee (if postmarked after 5/1/2024)	\$10		\$
Grand Total			\$

Make check payable to: Sons of Norway District 5 (no refunds will be given unless class is not full)
 Mail Reg. Form and Check to: Wendy Winkelman, 6525 Water Valley Road, Cobden, IL 62920



RACING TO THE FUTURE



**SONS OF NORWAY
DISTRICT 5 CONVENTION 2024
June 19 – 22, 2024
Crowne Plaza Indianapolis Airport**

NON-DELEGATE REGISTRATION

NAME: _____

ADDRESS: _____ Phone: _____

EMAIL: _____ Lodge Name/ #: _____

Deadline: May 1, 2024

Item	Cost	#	Amt
Non-Delegate Registration Fee (Includes coffee breaks & bag)	\$40		\$
Any Additional Lunches Friday: Chicken Caesar Wrap, Potato salad, coffee, dessert Saturday: Turkey Sub, Potato chips, coffee, dessert	\$30 ea.		\$
Banquet Saturday, June 22, 6:00 pm (Choose entrée which includes meal, entertainment, salad, bread, dessert, coffee) ____ Country Fried Steak ____ Pecan-Crusted Salmon ____ Pasta Primavera ____ Pasta Primavera w/chicken	\$55		\$
Sami-Inspired Bracelet (incl. materials) One Day class, Thur, June 20, 9-4 pm	\$75		\$
Hardanger Embroidery (incl. pattern, fabric, thread, needle) Wed, Thur, Fri, Sat - June 19-22, 9-4 pm, 9-11 am on Sat.	\$175		\$
Rosemaling (Incl. Blank Plate) (see class description f/supply list) Wed, Thur, Fri, Sat - June 19-22, 9-4 pm, 9-11 am on Sat.	\$165		\$
Carving Ornaments (Incl. Wood Blank) 1/2 Day class, Thur or Fri (choose which day) June 20 or 21, 9-Noon	\$60		\$
Needle Felting (incl. materials & needle) One Day class, Wed - June 19, 9-4 pm	\$65		\$
Knitting (two color project) (Instruction only, see class description f/materials & equipment) Wed, Thur, Fri, Sat, June 19-22, 9-4 pm, 9-11 am on Sat.	\$150		\$
Stamping (Instruction only, see class description f/materials & equipment) Wed, Thur, Fri, Sat, June 19-22, 9-4 pm, 9-11 am on Sat.	\$150		\$
Hardanger Fiddle Class Fri - Sat, June 21-22, 9-4 pm, 9-11 on Sat. (Instruction only, bring own instrument)	\$150		\$
Convention Pins - Indicate # of pins ordered	\$5		\$
T-Shirts (indicate qty of ea size) S/M/L/XL/2XL/3XL	\$20		\$
Late Reg Fee (if postmarked after 5/1/2024)	\$10		\$
Grand Total			\$

Make check payable to: Sons of Norway District 5 (no refunds will be given unless class is not full)

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District 5 2024 Convention Pin Order Form



Size: 1" wide x 1.5" tall.
Support the District 5 Convention by purchasing these high-quality pins that promote the convention!

Possible uses for convention pins:

- Have your lodge purchase them and have them available for members to buy at meetings and activities.
- Give to your delegates and any members submitting items for Cultural Arts Display, taking classes, or that sign up to be well-wishers!
- Use for door prizes at meetings and events.
- Give to your officers as a thank you gift and incorporate the theme into your lodge's activities.
- Give to your Heritage members.
- Send as a thank you gift to local businesses and encourage them to be advertisers in the convention booklet, sponsors of the convention, or a vendor at the convention!
- Present to your new members as they join your lodge.

Two options for getting pins to you:

1. We can mail you the pins and then you send in the check for the pins and the amount the postage is on the package. In this case, do not send money with your order. Just send one check once you receive your order.
2. Send in the form and payment and we will get the pins to you via a board member or some other way. This option will work if you live close to a board member and if you don't need the pins right away.

Item	Cost per item	Number wanted	Total due for that item
District 5 Convention Pin	\$5		

Option for getting pins and payment- check one

- Option 1- send me the pins and I will send a check for the pins and postage when they arrive.
- Option 2- I have enclosed payment for the pins and will get the pins via a board member. I am not in a rush to get the pins.

Send form to: Judy Ghastin, 718 Bruce Ct., Madison, WI 53705. Questions: judy62ghastin@gmail.com
Checks made to: Sons of Norway District 5

Name _____ Lodge _____

Cell number _____ Email _____

Send pins to: Street address (no PO Box Numbers) _____

City _____ State _____ Zip _____

For office use only:

Order received by _____ on _____ (date)

Order filled by _____. Sent on _____. Payment received on _____



Sons of Norway District 5 Convention 2024
June 19-22, 2024
Advertising & Sponsor Form
Deadline: May 1, 2024



Booklet Ad Size	Price	#	Cost
Front or back inside cover (4.75" w x 7.5" h)	\$175	x	\$
Full page (4.75" w x 7.5" h)	\$125	x	\$
Half page (4.75" w x 3.5" h)	\$70	x	\$
Quarter page horizontal (4.75" w x 1.75" h)	\$35	x	\$
Quarter page vertical (4.75" h x 1.75" w)	\$35	x	\$
TOTAL INCLUDED			\$

Sponsorships	Price	#	Cost
INCLUDES SIGNAGE TO BE DISPLAYED ON THE COFFEE TABLE AND IN THE BOOKLET			
MANGE TUSEN TAKK (MANY THOUSAND THANKS)	\$500+	X	\$
MANGE TAKK (MANY THANKS)	\$250	X	\$
TAKK (THANK YOU)	\$100	X	\$
PRESENTER/COFFEE BREAK	\$200	X	\$
TOTAL SPONSORSHIP			\$

Grand total included: \$ _____

Name of Advertiser/Sponsor: _____

Name of Contact in group (if applicable): _____

Phone: _____ Email: _____

If there are any questions or concerns, please contact Wendy Winkelman at (618) 534-0318 (call/text) or email wendyathadeland@yahoo.com Ads should be submitted electronically in final format via email. If this is an issue, please contact Wendy to make other arrangements. When mailing your check, please include a copy of this form.

Make checks payable to: **SONS OF NORWAY DISTRICT 5**

Mail to:

Wendy Winkelman
 6525 Water Valley Road
 Cobden, IL 62920



Sons of Norway District 5 Convention 2024
 June 19-22, 2024
 Well Wishers Form
Deadline: May 1, 2024



Well Wishers are listed in the convention’s program book. The list of names is a way to “welcome” people to the convention and to share greetings from those that can not attend. The lists of members can be placed under a lodge name (if designated) or under a general list (if not designated).

Well Wisher Names	One name per line - \$2 per individual

Payment by check accepted \$2 per name x _____ = Total \$ _____

If there are any questions or concerns, please contact Wendy Winkelman at (618) 534-0318 (call/text) or email wendyathadeland@yahoo.com Ads should be submitted electronically in final format via email. If this is an issue, please contact Wendy to make other arrangements. When mailing your check, please include a copy of this form.

Make checks payable to:
SONS OF NORWAY DISTRICT 5

Mail to:
 Wendy Winkelman
 6525 Water Valley Road
 Cobden, IL 62920



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



March 1, 2024

To Whom It May Concern:

My name is Scott Wegner and I am writing you on behalf of the Sons of Norway – District 5 convention committee.. The 2024 Convention is fast approaching. We are thrilled to announce that we will be holding our biennial Lodge Meeting and Convention at the Crown Plaza Airport - Indianapolis, IN on June 19-22, 2024 and are excited to extend an invitation to you to be a part of our convention. Our District is comprised of 57 Lodges and includes representatives from Wisconsin, Illinois, Michigan, Indiana, Ohio and Tennessee.

I am writing you to inquire if your company would be willing to provide a sponsorship level in exchange for recognition and the promotion of your company, send a representative to our convention as an information vendor or participate as a retail vendor. Your company plays an important role in the promotion and sustainability of our cultural roots and we are giving you the opportunity to showcase your products or services to some of the more prominent members of our lodges. Many of our members may have already purchased your products, or services but many more would like an opportunity to speak with a representative and purchase or be directed to where your items can be purchased.

A great number of the Lodges and members are supporters and promoters of cultural efforts within their communities. They encourage all people interested in any aspect of the Scandinavian culture to attend programs which could include: classes in folk arts, cooking, reading, history or sports. One of our most successful endeavors for children is our Masse Moro Camp, a Norwegian cultural immersion camp for children ages 9-15.

If you choose to sponsor a coffee break, take out an advertisement or be a donor /well wisher during our convention, we ask that you provide us with your logo and we will recognize and promote your company in the ways listed on the enclosed registration form. Please reply on or before May 1, 2024. See attached application.

If you are interested in being a vendor, return enclosed application and fees by May 1, 2024 see attached application.

Send your vendor registration along with the form to the address listed below. Checks may be made payable to:

SON DISTRICT 5

VENDOR APPLICATIONS:

Mail TO:

SONS OF NORWAY DISTRICT 5
C/O SCOTT WEGNER
953 TAYLOR LANE
STOUGHTON, WI 53589
PHONE: 608-209-7753
EMAIL: srweg61@gmail.com

SPONSOR/ DONOR/ ADVERTISER/ WELL WISHER:

MAIL TO:

SONS OF NORWAY - DISTRICT 5
C/O WENDY WINKELMAN
6525 WATER VALLEY ROAD
COBDEN, IL 62920
(618) 534-0318 (call/text)
EMAIL: wendyathadeland@yahoo.com

I thank you for taking the time to read this letter and/or providing a donation to continued promotion of our Scandinavian cultural heritage.

Sincerely,

Scott Wegner
Sons of Norway 2024 District 5 Convention
Zone Director
Sons of Norway – Mandt Lodge
encl.

Sons of Norway District 5 Convention 2024
 June 19-22, 2024
 Sponsor Form
Deadline: May 1, 2024



Sponsorships	Price	#	Cost
Includes signage to be displayed on the coffee table, recognition on the daily schedule and in the booklet			
MANGE TUSEN TAKK(MANY THOUSAND THANKS)	\$500+	x	\$
MANGE TAKK (MANY THANKS)	\$250	x	\$
TAKK (THANK YOU)	\$100	x	\$
PRESENTER/COFFEE BREAK	\$200	x	\$
PAYMENT WITH CHECK		Total	\$

Name of Sponsor: _____
 Name of Contact: _____
 Phone: _____ Email: _____

If there are any questions or concerns, please contact Wendy Winkelman at (618)534-0318 (call/text) or email wendyathadeland@yahoo.com Sponsor information should be submitted electronically in final format via email. If this is an issue, please contact Wendy to make other arrangements. When mailing your check, please include a copy of this form. Make checks payable to:

SONS OF NORWAY DISTRICT 5

Mail to:
 Wendy Winkelman
 6525 Water Valley Road
 Cobden, IL 62920



VENDOR REGISTRATION FORM

**Sons of Norway District 5 Convention
June 19-22, 2024
Crown Plaza Airport Indianapolis Indianapolis, IN**

RACING TO THE FUTURE



Name of Company or Business									
Products / Services: List all products you will be selling, use additional sheet if necessary.									
Vendor Name (s)List all									
Mailing Address									
Email Address									
Website Address									
Contact Phone(s)									
SILENT AUCTION ITEM DONATED									
# of Booths Requested: One space is ~10x10 cost \$125/space and includes one table and 2 chairs.	# Booths _____ x \$125 Total \$ _____								
Additional table (max. 3/same space)you may provide up to 2 additional tables of your own per booth at no additional fee - see disclaimer below	# Tables _____ x \$ 75 Total \$ _____								
Convention Brochure Advertisements All Vendors will be listed for free in the Convention Brochure by Company name. If you wish a larger ad, see chart. Advertisement deadline is May 1, 2024. Please send ads in final form via email to: Wendy Winkelman: wendyathadeland@yahoo.com or mail to: 6526 Water Valley Road, Cobden, IL 62920	<table border="0"> <tr> <td><u>¼ page approximately 4.75 x 1.75 (horizontal or vertical)</u></td> <td><u>\$ 35.00</u></td> </tr> <tr> <td><u>½ page approximately 4.75 x 3.5</u></td> <td><u>\$ 70.00</u></td> </tr> <tr> <td><u>Full page approximately 4.75 x 7.5</u></td> <td><u>\$125.00</u></td> </tr> <tr> <td><u>Front or Back Cover 4.75X 7.5</u></td> <td><u>\$175.00</u></td> </tr> </table>	<u>¼ page approximately 4.75 x 1.75 (horizontal or vertical)</u>	<u>\$ 35.00</u>	<u>½ page approximately 4.75 x 3.5</u>	<u>\$ 70.00</u>	<u>Full page approximately 4.75 x 7.5</u>	<u>\$125.00</u>	<u>Front or Back Cover 4.75X 7.5</u>	<u>\$175.00</u>
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<u>Front or Back Cover 4.75X 7.5</u>	<u>\$175.00</u>								
Final Total	Final Total \$ _____								

Vendors must staff their station with at least one representative. Vendor fee of \$125 for three days includes: a table, 2 chairs and a 10' X 10' area. Vendors may either purchase additional tables (@\$75 each) or provide tables of their own not to exceed 2 extras per booth. Table coverings are up to the vendors discretion. If you elect to bring your own tables you must sign the hold harmless waiver on the back of this page. Vendors will receive a map designating their spot and will be able to set up Thursday, June 20 from 12pm - 2:45pm. Vendor area will be open Thursday, June 20, (3-6pm) Friday, June 21, (9 am-6 pm), Saturday, June 22, (9-2 pm). All vendors will provide an item for the silent auction. All vendors will be listed in the Convention Brochure at no additional cost (1 line with their Company name and website). If you wish to place a larger ad in the Convention Brochure, Cost is listed above.

Return form and fees by May 1, 2024. Please Make Checks payable to: SON DISTRICT 5 Send to:

Sons of Norway - District 5
c/o Scott Wegner
953 Taylor Lane
Stoughton, WI 53589
Phone: 608-209-7753 Email: srweg61@gmail.com

VENDOR HOLD HARMLESS DISCLAIMER

I understand I will not hold Crown Plaza Airport - Indianapolis responsible for any damages or loss of personal tables or property I provide for my vendor space.

SIGNED: _____ DATE _____

I certify that I carry insurance and the proper licenses and or Sellers' Permit to sell my products at the Convention. (Please have documentation available at your booth).

SIGNED: _____ DATE _____

I have included a photo /photos of my booth along with my application.

SIGNED: _____ DATE _____



Another reason to attend the District 5 Convention-Sons of Norway District 5 Convention Classes Offered

June 19 – 22, 2024 Indianapolis, Indiana

Note: Read the requirements for Rosemaling, Hardanger Embroidery, and Carving to find the skills required to earn medals. Many of those skills will be covered in class. Do the extra work and earn medals for your accomplishments.

<https://sonsofnorway5.com/conventions/registration.php>

#SND5INDY

Rosemaling

Wednesday, Thursday, Friday, 9am-4pm; Saturday 9am-11am, June 19-22, 2024

\$165 including blank plate.

Lois Mueller, Vesterheim Gold Medalist, instructor

Lois Mueller has been a member of Circle City for many years and is a well-known, experienced rosemaling instructor. She has taught many classes for Norwegian groups including the three-day rosemaling class she developed for the D5 convention held in Appleton, WI. Lois has been rosemaling since 1977 and teaching rosemaling since 1979. She first taught at the Fox Valley Technical College in Appleton, WI and since then has taught throughout the United States. During the pandemic she added virtual teaching to her repertoire. Since receiving the Gold Medal from Vesterheim in Decorah, IA in 1998, Lois has written 9 rosemaling instruction books. She was part of a group that created a new organization called Rosemaling Coast to Coast which connects rosemalers from throughout the country.

Students, please bring the following supplies:

Paper Towels

Palette (Could be a Styrofoam tray/plate)

Container for water or small containers for oil mediums

Container to put palette with paint in overnight

Tracing Paper

Transfer paper –light color

Pencil

Paper

Palette Knife (Can be a plastic knife)

Painter's tape

Box for a 12" plate for transportation

12" ruler

Experienced painters please bring your own brushes. Brushes may be purchased at class for about \$15 for the two brushes that will be used on the project.

Acrylic paints will be provided. Lois also works in oils for those who bring their own oil paints.

Knitting—a Two-Color Project

Wednesday, Thursday, Friday, 9am-4pm; Saturday 9am-11am, June 19-22, 2024

\$150 instruction only

Berit Skaare, instructor

Berit Skaare is an avid knitter. She is also very busy helping young people get an education in an impoverished area of the world. The foundation she started in Tanzania has grown from supporting educational fees for a few orphans, to providing new buildings and staff for elementary, middle, and high school levels of school for hundreds of children. There is now a plan for helping students at the college level.

The knitting class is for students who have a basic understanding of knitting - knit, purl, cast on, cast off, etc.

The project will be in two colors.

Students supply the following:

Pattern of choice

Two colors of yarn (wool yarn recommended)

Needles recommended for the pattern

Students interested in the knitting class may contact Judy Ghastin at judy62ghastin@gmail.com for help choosing a pattern.

Needle Felting

Wednesday, 9am-4pm, June 19, 2024

\$65 including materials

Barb Johnson and Connie Kross, instructors

Connie Kross and Barb Johnson celebrate their Norwegian heritage 24/7/365! If there is a Norwegian organization meeting or a Scandinavian celebration happening, they will probably be there. Barb is cultural director for her lodge and has facilitated numerous opportunities for members to earn cultural medals. Connie serves on the Board of Directors of District 5, including the Cultural Committee. Both instructors are creative and avid crafters.

Hardanger Fiddle

Friday 9am-4pm, Saturday 9am-noon

\$150 instruction only

Vidar Skrede

Vidar Skrede is a well-known hardingfele musician who teaches and performs throughout the United States and other parts of the world. He is from Milwaukee, WI, via Norway and is half of the duo, Lynx, Lynx, which will perform at the convention banquet Saturday evening. Vidar plays multiple instruments, produces albums, and works with several bands/groups.

The class is designed for students with at least basic fiddle experience who have a hardingfele and can tune it.

Stamping (special stamps designed for SofN District 5)

Wednesday, Thursday, Friday, 9am-4pm; Saturday 9am-11am, June 19-22, 2024

\$150 instruction only

Ann Corbiere-Scott, instructor, Connie Aiello and others assisting

Ann Corbiere-Scott is an artist who designed a series of special stamps for District 5 to use in making unique Scandinavian cards. Her website is anncorbierescottdesigns where you will find her artsy designs. Connie Aiello serves on the District 5 Board and has previously taught stamping and on-line cooking classes for District 5. She is an energetic, creative crafter who is interested in a variety of craft work. Other talented crafters will also assist during the week.

Supplies and equipment for purchase at the class:

Beginning Stamp Kit (needed for class \$15) tape runner, gridded stamp block, memento (Tuxedo Black) ink pad, and boning tool.

Stamp sets \$16 per page Alphabet, Christmas, Easter, more

Gridded stamp block (\$6)

Ink pad – Memento (Tuxedo Black) (\$8)

Boning tool (\$1.50)

Mini artist glue (\$3)

50 foam dots (1 sheet/\$1)

Enamel dots (10 pkg/\$1)

Ruler (\$2)

Colored pencil pack (\$2)

Twine (1 yd/25¢)

Silicone mat (\$3)

Hardanger Embroidery

Wednesday, Thursday, Friday, 9am-4pm; Saturday 9am-11am, June 19-22, 2024

\$175 includes kit

Donna Olson, instructor

Donna Olson became interested in Hardanger embroidery in the early 1970s when she learned the craft from descendants of Norwegian immigrants in Stoughton, WI who were preserving the tradition of their families. She continues to maintain the Hardanger tradition through her teaching. She has taught at seminars for the national Embroidery Guild of America which honored her with a feature article about her Hardanger embroidery work in their magazine.

Students bring small scissors.

The basic kit is included in the class fee. (pattern, fabric, thread, needle)

The project, Small Treasures, is four 6" x 6" doilies of different designs.

Skills covered in class include:

thread counting/stitching issues

beginning/ending threads

clean back side of doily

various flower styles

weaving/lacing styles

Carving Ornaments

Thursday 9am-noon; Friday 9am-noon

\$60 including one wood blank

David Ostrem, instructor

David Ostrem has been wood carving for 45 years. He has taught the craft for many of those years and has been a judge at several wood carving shows. He has studied with many outstanding carvers in the United States, Switzerland, Austria and Canada. He has taught classes at Vesterheim and the Clearing in Door County. David's philosophy is to give students a fun experience in a highly motivated atmosphere.

Students bring:

a good carving knife

Fisherman's glove

Sharpening tools will be available in class.

Sami-Inspired Bracelet

Thursday, June 20, 2024

\$75 including materials

Dawn Gunderson, instructor

Dawn Gunderson is president of Sons of Norway Lodge Cleng Peerson, 5-525.

In 1905 her grandmother's parents and siblings came from Ibestad, Troms, Norway.

Since Trøms is in the Northern part of Norway, Dawn was hoping that her family had a relationship with the Sami people. That is how she started making Sami influenced bracelets

Materials are included, but there are some things you need to bring:

Thimble

Small scissors

Hand towel

Small needle-nose pliers (to pull sinew through the leather)

A lighted magnifying glass (if you have bad eye sight)

Rubber cement or Elmer's glue.

Calendar of Events, Deadlines, and Other Dates to Note (changes in red)

May 1

- Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 17- Masse Moro Lodge Supporting Grants Due

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates

May 20- Viking photos due to LaVonne Wier

June 19-22- District Five Lodge Meeting and Convention in Indianapolis

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com).
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com