

## Friendly Fifth Friday News April 10, 2020

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)

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### Woooo-hooooooo! The Virtual Walk to Norway Continues.

Approved at the District 5 Board Meeting last Saturday was an extension of the Virtual Walk to Norway membership challenge. Many lodges are participating, and some lodges have made it to Norway and are on their way back to America. Flott jobb!

When the challenge was designed, the Sports and Recreation Committee identified three purposes of the walk:

- 1) To promote fitness among our members
- 2) This challenge provided an opportunity for our District to celebrate the 125<sup>th</sup> Anniversary of the Sons of Norway, as we headed toward the site of the 2020 International Convention.
- 3) To help provide some on-going support for Masse Moro, the 5<sup>th</sup> District's heritage camp.



Due to the COVID-19 global pandemic, the walk has now been extended to December 15, 2020. Meeting this challenge is possible! At the end of the challenge, participating lodges are encouraged to send a check in the amount of \$50.00 as their entry fee, unless individuals sought private sponsorship. Your lodge check should be directed to District 5 Treasurer Mike Palecek, 5747 Sandy Lane, Racine, WI 53406.

With 48 remaining lodges in our district, there lies the potential to raise \$2400.00 for Masse Moro. Please know that these donations will be well-managed by the Youth Director Sandy Olson. Our youth will have special opportunities due to your generosity.

**\*** I would like to know the distance our lodges have traveled thus far. These miles will be posted to the District 5 webpage. In addition, I would like to know whether your lodge members have earned any sports medals during this challenge. Please send this information to me at: [rogcher@mhtc.net](mailto:rogcher@mhtc.net). Should there be additional questions about the challenge, please do not hesitate to contact me.

Tusen takk og WALK-ON,  
Cheryl Wille-Schlessler, Sports and Recreation Director

## **Engaging members during COVID-19 by Mike Palecek**

Engaging Sons of Norway members during the COVID-19 crisis can be quite a challenge. Picking up the phone is the easiest way. Many lodge members are grateful that you made the call, how it brightened their day and how isolated they feel. Some lodges have asked their board to split up their membership list, and each person makes about 10 calls to other lodge members, with great results.

Many lodges are using technology to reach out. Conferencing services, like Zoom, FreeConferenceCall, Facebook Meeting and GoToMeeting are being used by different lodges. Earlier this week, Mandt lodge did their first virtual lodge meeting with Zoom, with a Tubfrim presentation. You can watch it at:

<https://www.youtube.com/watch?v=8EEUtA7q8gY&feature=youtu.be>

Other engagement ideas include:

Have a parade. Everyone decorates their car and drives through town as a group, so members maintain social distancing. The parade ends at the local hospital where the lodge donates manufactured pre-packaged snacks as a tusen takk to medical workers.

Have a smaller parade, just to go by members houses. Let them know ahead of time, so they can watch your parade through their windows or from their front porch. Your drivers can stop one at a time, get out of their cars and wave. Maybe you can even wear some Viking costumes or hats, to make your parade more festive.

Create a traveling diary, where members take a day and write their recollections during the COVID-19 crisis. The diary is emailed to the next person on the list, who adds their thoughts for the next day, etc. For those who don't have email, you can also create a group diary, where people are assigned a day and they mail in their diary entry. The Wisconsin State Historical Society has created a COVID-19 journal project. To learn how you can participate, see: <https://wisconsinhistory.org/journalproject>

Create a closed Facebook page, for people in your lodge to share their daily news.

Organize a "Zoom coffee hour." Instead of gathering at the local coffee shop, have small groups get together via conferencing software and chat, have a book group, or discuss some other topic.

Join a virtual game. An Idun lodge member told me that his family was playing in a weekly online trivia contest, where their family was pitted against twenty or more other teams. Their family worked together remotely, with some members in Madison, and others in Texas and Minnesota, to come up with trivia answers. Darlene Arneson says that one of her sons is playing a virtual kuub game, with players in Minnesota and Wisconsin.

In this week's FFFN, you will learn about District 5's Scandinavian Photo Contest. It is a great time to go back through your old travel pictures to Norway, Sweden, Denmark, Finland, Greenland, or Iceland, reminisce, and submit your five best pictures to the photo contest. Winning photos will be used on some new District 5 Scandinavian playing cards.

One member I talked to said she's using her extra time to study genealogy. Her local library has opened up the Ancestry research database, so people can now use it to search from home. Until recently, one had to go to the library to use it. She is also taking a Genealogy Basics course online from Gale, through her local library. The next course starts on April 15, and you take classes twice a week. Here's a write up on it at the Omaha Public Library: [https://education.gale.com/l-omaha\\_main/online-courses/genealogy-basics?tab=detail](https://education.gale.com/l-omaha_main/online-courses/genealogy-basics?tab=detail)

Helping others in times of trouble is what the Sons of Norway is really all about. Reaching out to engage other members in your lodge is a safe way to do this. How we respond to the COVID-19 crisis can make us stronger.

Be safe, be healthy, Mike Palecek, D5 Treasurer

## District 5 Scandinavian Photo Contest



Your Scandinavian photo can be part of a deck of Nordic playing cards, which Sons of Norway District 5 will be making available for purchase in time for the 2020 Christmas season.

To enter, you can submit up to five of your best Nordic photos, so the district can choose which photos are best for the playing card deck. Deadline is July 5, 2020.

Each lodge which participates will have at least one card in the deck. If every lodge in the district participates, we will be able to fill almost the entire deck with one card per lodge.

The winner's name and lodge will be printed at the bottom of the card. Winners will receive a deck of Nordic cards, plus a special certificate. There will also be special "People's Choice" awards.

# SCANDINAVIAN PHOTO CONTEST ENTRY FORM

Lodge \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/St/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Hometown newspaper \_\_\_\_\_

I certify that I am an up-to-date Sons of Norway member in District 5. The photos which I am entering in the District 5 Scandinavian Photo Contest were taken by me in a Scandinavian country. I give rights to District 5 to place a cropped version of my photo on the District 5 website and to use the image for a Nordic playing card deck. I will allow my submitted photos to be displayed at District 5 events and to be used for other Sons of Norway District 5 purposes, including as part of a press release to my hometown newspaper.

x \_\_\_\_\_ Date: \_\_\_\_\_

District 5 includes all Sons of Norway lodges in WI, IL, IN, MI, OH, TN, and District 5 members in Central Lodge (000) and Spirit of the New Century (999).

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If I win one of the 10 "People's Choice" awards, I want (choose one):

\_\_\_ District 5's "Explore your Nordic heritage" sweatshirt, size \_\_\_\_\_ (M, L, XL, 2XL)

\_\_\_ District 5's "After a hard sea voyage" apron

Some subject areas to consider:

- 1.) landscapes or scenery
- 2.) transportation including railroads, highways and bridges
- 3.) people and cultural events
- 4.) museums, churches, government and historical buildings
- 5.) folk creatures (trolls, nisse, etc.) (for use as Jokers)

Because "portrait" (tall and not wide) photos will be used on the playing cards, not "landscape" (wide and not tall), consider this in how you select photos to enter in this contest.

Rules:

- 1.) You must be a up-to-date Sons of Norway member in District 5.
- 2.) You must have taken the photos in a Scandinavian country.
- 3.) Up to five photos may be submitted.
- 4.) Photos can be digital or print. Digital photos should be a resolution of at least one MB or larger, and 300 dpi or higher). Submit digital images via email in JPEG format. Use a separate email for each picture you enter.
- 5.) Print photos can also be submitted by mail as a physical 5 X 7 copy of the photo. (A digital image is preferred vs. physical photograph.)
- 6.) After your submission, the photo will be cropped for the aspect ratio (0.566) needed for a playing card. This will be done by the district, and the cropped photo will be emailed to you for approval.
- 7.) You may also submit your photos in the 0.566 aspect ratio, if you wish. (At 300 dpi, the digital image will be 857 pixels wide x 1507 high.)
- 8.) A lower resolution version of your photo will be put on the District 5 website, so a "People's Choice" vote can be done.
- 9.) Submit a short write-up (3 to 5 sentences) to accompany each photo, to explain the subject of each photo.
- 10.) Your entry must be postmarked or emailed by July 5, 2020, 12:59 PM.
- 11.) The winners will be selected based by the "People's Choice" voting on the District 5 website, as well as by the District 5 Photo Contest Committee.

**Submit your entry to: Christina Fairchild, 226 W. River St., Rockton IL 61072**

**email: SOFND5Contests@gmail.com**

**Email subject line should be: "Photo contest - *Your Name*"**

## **Lodge Dues Payment Delay**

Dear Lodge Presidents, Vice-Presidents, and Treasurers:

As a result of the COVID-19 crisis, we have had to adjust many of our workflow patterns here at the home office. In light of this, the lodge dues payments that you are used to receiving by the 5th of each month will be moving to a slightly revised schedule. You can plan on receiving these dues payments **no later than the 15th of each month** through the duration of the COVID-19 crisis. We plan to return to the normal schedule once the crisis has ended.

Thank you so much for understanding. If you have any questions, please feel free to reach out to me directly.

Sincerely,

David Crabb  
Fraternal Engagement Manager  
[dcrabb@sofn.com](mailto:dcrabb@sofn.com)  
612-821-4605

## **Some updates from the District Board Meeting and a full summary next week!**

### **I will start with the updates about the District Convention:**

1. Idun Lodge has agreed to host the 2022 District Convention and Lodge Meeting.
2. Idun was able to work with the hotel on getting out of contract obligations but is responsible for the \$1,000 deposit unless they keep the convention at that hotel. That decision has not been made.
3. Delegates that lodges elected for the 2020 District Lodge meeting will NOT be carried over for 2022. Because your lodge's total adult membership numbers may change and the number of delegates you are eligible may go up/down, we will start over in January 2021.
4. The work of the Nominating Committee will be kept for reference but a new District Nominating Committee must be elected by the Board at the spring 2021 Board meeting. They can use the members who have contacted as a starting point- but those who were planning to run for the board must be elected from their lodges as a delegate to the 2022 meeting.
5. We only had one resolution turned in. The board will forward the resolution as an FYI to the International Office and Board for their reference. I will contact the lodge as to the status as well. The resolution dealt with a suggestion on the SN Foundation's investment policy and not District issues.
6. A reminder that delegates who served at the 2018 District Lodge Meeting will continue to serve as District 5 Lodge members until 2022. If we need to go back to the delegates with any business (bylaw, resolution or filling a vacancy), that is the group who will be contacted.
7. The District 5 Board members also will continue in their roles until 2022. If a Board member who had planned on retiring from the board does not want to complete the next two years, we will follow the Charter and Constitution in using their alternate and other District Officer Vacancy Guidelines in the Charter and Constitution and District Bylaws. We have asked any board member not wishing to continue to contact the Executive Committee by June 1.



# **2020 District 5 and International Calendar and Deadlines**

## **Changes in red!**

### **April 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **May 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **May 15, 2020**

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.
- D17 & 990 filing deadline for lodges that own property

### **June 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **July 5, 2020**

- **Deadline for submitting photos for the District 5 Scandinavian Photo Contest**

### **July 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **August 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **September 2020**

- Lodge liability premium sent to all lodge treasurers. This package includes information regarding the coverage, a certificate of insurance for the lodge and an invoice for the lodge's share of the premium.
- September 10 – Foundation Board of Governors applications due. If you are someone who loves nonprofits, governance and your Nordic values, running for a Foundation board position may be a perfect fit!

### **September 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

### **October 2020**

- Lodge Officer Update/D63 form and instructions is mailed to lodge secretaries.
- The Sons of Norway Foundation portal is available for lodges and individuals to apply for grants and scholarships.
- Lodge Achievement, Family Lodge of the Year and AFA Year-end report forms and instructions is mailed to lodge secretaries.

- Lodge Baneløpet Coordinators are encouraged to contact Sons of Norway Headquarters to discuss plans for anticipated events.

#### **October is Foundation Month**

- Help support our grant and scholarship recipients and share your Nordic values by celebrating Foundation month! Please consider a donation directly to the Foundation or plan a fundraising event through your lodge.
- October 1 Grant applications open – Our lodge grants award amounts go up to \$500-\$1,500 depending on a lodge's project.
- October 1 Scholarship applications open – Scholarship opportunities start at \$1,000 with an average scholarship of \$3,000.

#### **October 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### **October 15, 2020**

- Lodge liability premium is due to Sons of Norway Headquarters.

#### **November 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### **December 2020**

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

#### **December 10, 2020**

- Lodge photos are due to the District Publicity Director by the 10<sup>th</sup> of the month for the 'Viking' Magazine consideration in the edition three months out.

#### **December 15, 2020**

- **District 5 Sports Challenge ends**

#### **December 16, 2020**

- Application deadline for:
  - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

#### **December 31, 2020**

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
  - Lodge Helping Hands to Children Grant\*
  - Lodge Culture and Heritage Grant\*
  - Lodge Vitality Grant\*



- Deadline to order Barneløpet supplies.

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### **DISTRICT FIVE LODGE MEETING**

Idun Lodge will host the meeting in 2022 in Madison, Wisconsin. Hotel to be determined.

### **INTERNATIONAL LODGE MEETING**

The International Lodge Meeting will be held in 2022. The location has not been announced.

### **Viking Chest Rotation**

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

<b>Time period</b>	<b>Zone with chest</b>
October 2019-April 2020	5
April 2020-October 2020	2
October 2020-April 2021	4
April 2021-October 2021	6
October 2021 – April 2022	1
April 2022 – October 2022	3

### **Zone Meeting Schedule 2020**

<b>Zone</b>	<b>Date</b>	<b>Hosted by</b>	<b>Location</b>
1	Thursday, Feb 20 at 1:15	Zone 1 Directors	Veterans Community Center, Hayward during the volunteer reception after Barnebirkie
2			
3	Sat. January 25	Mandt Lodge	Stoughton, WI
4			
5			
6			

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 25-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 19-23, 2020 in Ringsaker Norway

## **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

**Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com** With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com