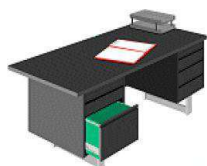


The Samhold Utsikten

Auburn Hills, Michigan | Celebrating our 52nd Year



FROM THE PRESIDENT'S DESK



District 5 Convention Report 2016

The 53rd biennial District 5 Convention of Sons of Norway was held at Marshfield, Wisconsin June 22-26, 2016. It is the hometown of Owen Christianson our District President.

President Christianson did a fine job of running the convention dealing with only a few distractions.

There were 118-120 delegates & officers plus Home Office Staff depending on the business session. Convention rules were passed including time limits for speakers,

There were opening ceremonies with the necessary introductions of local dignitaries. Past & current District & International Officers (including yours truly). International President Jon Teheven addressed the gathering as did Len Carlson our head of the Insurance division. Both talked extensively about insurance & finance.

CEO Heiberg spoke on governance. Various Committees reported. I was Chairman of the Resolutions Committee.

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Our September 11th Meeting

We will be meeting on **Sunday, September 11th at 4:00pm** at **Gloria Dei Lutheran Church** (2600 Pontiac Rd., Auburn Hills, MI). We will provide the main dish. Please bring a vegetable dish, salad, and/or dessert as your contribution.
ALL ARE INVITED!

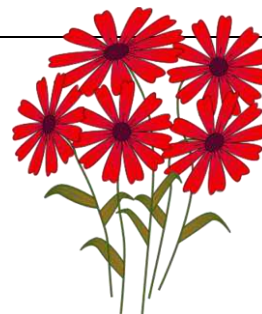
Please check the website Samhold5-473.org for updated information.

Editor Information

Please contact the editor regarding additions or corrections to the newsletter.

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District Report [con't]

[continued from page 1]

The bulk of the By-Laws dealt with "vetting" our candidates for office. The National Fraternal Congress is pushing all of its members to set up systems to nominate and elect "qualified" candidates for office.

Sons of Norway is a multi-million dollar insurance company in addition to its heritage & culture lines of business. This "vetting" process will be a major topic at the Tacoma International Convention.

A Foundation report was given by the new Director Corrie Knudsen as were reports by International Treasurer Ray Knutson and International Director Jon Grinde. Jon is running for Vice-President and Ray for a second term as Treasurer. Awards were given and Samhold received two awards for 2014 and 2016, four in all.

Our new District President is Andrew Johnsen from Indiana. The Cultural Director Esther Charlton from Cincinnati was re-elected. Gene Steensma was elected as delegate to the International Convention in Tacoma, Washington in August. Thank you for sending me to the Convention.

I will answer any questions you may have at the September 11th meeting.

Fraternally,
Gene Steensma, President

Recipe Corner

Lingonberry Bars

From *The Norwegian Kitchen* by Kjell E. Innli



- Scant 2 cups of flour
- 2/3 cup sugar
- 1 tbsp baking powder
- Scant 2/3 cup unsalted butter
- 1 egg
- 3/4 cup lingonberry preserves

TOPPING:

- 2/3 cup oatmeal
- 3 tbsp butter
- 1/2 cup sugar
- 1/2 tsp vanilla extract

Preheat oven to 400°F. Combine flour, sugar and baking powder and cut in the butter with a pastry blender. Add the egg and mix well. Spread into a greased 8x12" pan. Spread the preserves over the batter. Combine all ingredients for the topping and sprinkle over the batter. Bake 25-30 minutes, until golden. Cool in the pan.

P.S. I am requesting recipe contributions for this column. Do you have a recipe people rave about and constantly request? If so, it must be good. So, why not share it with us? Thanks!

Cultural Events



2016

September 11 Linda and Corey Whitehead will present their "Norse Family Saga".

October 9 Dean and Carole Speidel will present their "Norse Family Saga."

November 13 Sylvia Haikio will present her "Finnish Family Saga."

December 11 Christmas Party and ornament exchange.

2017

January 2017 The first part of a video on the Hurtigruten voyage will be viewed. It will cover the voyage from Bergen to the Lofoten Islands and Trollfjord.

February 2017 The continuation of the Hurtigruten voyage takes us to Kirkenes. Becky Medina will show pictures and talk about the two Hurtigruten voyages she has taken. Other lodge members who have had this experience are asked to share.

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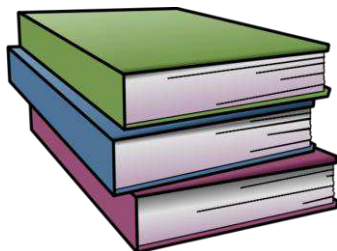
SEPTEMBER BIRTHDAYS

10 – Elaine Keech

18 – Jacen Schnitzer

20 – Gene Steensma

24 – Sherry Rose





Ole, Sven and Lars die in a tragic Lutefisk accident. They are met by God on the stairway to heaven.

God says, "There are 3,000 steps to heaven. It's very serious up there. I'll tell you a joke on each 1,000th step you reach. If you laugh you go to hell."

So they start walking and reach to the first 1,000th step. God tells a joke, Lars laughs out loud and goes straight to hell. Ole and Sven look at each other nervously.

On the 2,000th step God tells another joke, Sven tries his best but laughs and goes to straight to hell.

On the 3,000th step God tells the last and best joke, Ole doesn't laugh and proceeds to the gate.

Suddenly, Ole bursts out laughing hysterically. God asks, "What are you laughing about?"

Ole replies, "Oh dat's funny. I jüst got da first yoke!".



Ole and Lena got married. On their honeymoon trip they were nearing Minneapolis when Ole put his hand on Lena's knee.

Giggling, Lena said, "Ole, you can go a little farder now if ya vant to"... so Ole drove to Duluth.

Sons of Norway, Samhold 5-473 Lodge

c/o Kathie Injerd, editor
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