

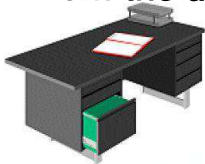
The Samhold Utsikten



Auburn Hills, Michigan | Celebrating our 54th Year



From the desk of the



Samhold #5-473

Welcome to Lake Orion!

Please join us as we meet in our new lodge location at **King of Kings Evangelical Lutheran Church** (see map). We will be installing our new officers of Samhold #5-473 (see page 3) at this meeting. Becky will treat us to a game of Viking bingo – don't miss it!



Our January 14th Meeting

We will be meeting on **Sunday, January 14th at 4:00pm** in our new location-- **King of Kings Evangelical Lutheran Church** (1715 S. Lapeer Rd.; Lake Orion, MI). Sherry Rose will provide the main dish.

Please bring a vegetable dish, salad, and/or dessert as your contribution.
ALL ARE INVITED!



Please check the website Samhold5-473.org for updated information.

Editor Information

Please contact the editor regarding additions or corrections to the newsletter.

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Answers to

A Quiz: NOTABLE NORWEGIANS



...and Norwegian – Americans

1. A Royal who participated in the Olympic Games: **PRINCE OLAF** was the first Royal to win a Gold medal (1928 for the six meter sailing event). Olaf's son **CROWN PRINCE HARALD**, now **King Harald V** represented Norway in sailing at the 1964, 1968, and 1972 Olympic Games.
2. Actress: **LIV ULLMANN** (born December 16, 1938 in Tokyo, Japan. Ullmann won a Golden Globe Award for Best Actress in Motion Picture Drama in 1972 for the film *The Emigrants* (1971), and received several other nominations, including two Academy Award nominations for *The Emigrants* (1971) and *Face to Face* (1976).
3. American football coach: **KNUTE ROCKNE** (1888-1931) – During his 13 years as head coach at Notre Dame he led his "Fighting Irish" to 105 victories, 12 losses, five ties and three national championships, including five undefeated seasons without a tie. Rockne posted the highest all-time winning percentage (.881) for a major college football coach.
4. Artist: **EDVARD MUNCH**
5. Aviator: **BERNT BALCHEN** (1899-1973) – Polar aviation pioneer.
6. World Explorers: **LEIF ERIKSON** (c. 970 – c. 1020) – He was a Norse explorer from Iceland. He was the first known European to have discovered continental North America (excluding Greenland) before Christopher Columbus.
THOR HEYERDAHL (1914–2002) – Explorer and anthropologist, famous for his Kon-Tiki exploration.
7. Figure skater: **SONJA HENIE** (1912-1969) She won the ladies' individual Gold Medal for figure skating at the 1928, 1932, and 1936 Winter Olympics. She was also a well-known actress in Hollywood.
8. First Norwegian to reach the South Pole: **ROALD AMUNDSEN** (1872-1928)
9. Inventor of the cheese slicer: **THOR BJORKLUND** (1889-1975) – He is best known as the inventor of *Ostehøvel*, a popular cheese slicer which developed into an important Norwegian export product.
10. Known as "The Norwegian Moses": **CLENG PEERSON** (1783-1865) – Norwegian-born pioneer who led the first group of Norwegians (known as the Sloopers) that emigrated from Norway to the United States in 1825.
11. Miss Universe: **MONA GRUDT** has been the only Miss Norway to win Miss Universe (1990). She listed herself as "The beauty queen from Hell" as a publicity stunt (because she was born in Hell, Norway; apart from that, 'hell' also means 'luck' in Norwegian). She also appeared in a *Star Trek - The Next Generation* episode: "Identity Crisis."
12. Olympic javelin gold medalists (2): **EGIL DANIELSEN** – At the 1956 Olympics, Danielsen set a new world record at 85.71 m and won the gold medal. **ANDREAS THORKILDSEN** – He won the gold medal at both the 2004 and 2008 Olympics. His personal best of 91.59 m, set in 2006, is the current Norwegian record.
13. United States Vice-Presidents (2): **HERBERT HUMPHREY & WALTER MONDALE**
14. Woman golfer: **BABE DIDRIKSON ZAHARIAS** (1911-1956) She also won two gold medals in track and field at the 1932 Summer Olympics.

Cultural Events



2018

January 14: After a brief review of our Norwegian Viking heroes, we will play a full board version of Viking Bingo. Play to win!!!

February 11: We will view a short video segment about the Lofoten Islands region. Maybe Nancy Redilla will have something to add about her Lofoten roots!

March 11: We will participate in a seasonally related Norwegian/English matching game. Come with your linguistic thinking caps on!

Recipe Corner

Milk Toast

A particular breakfast fare that I recall from my childhood is Milk Toast made with the glutinous white bread. I imagine that we had it frequently for three reasons; it is was quick & satisfying, very economical, and made with staple items.

Basically, it is bowl of any type of toasted and buttered sliced bread with heated milk poured over it. I found added white sugar a necessity but others add various items including salt, pepper, raisins or other fruit, cinnamon, and/or nuts.



A traditional Scandinavian dish similar to milk toast is called *soll* in Norwegian and *bryta* in Swedish. It consists of broken flatbrød (wafer-thin, crisp bread), tunnbröd or dry bread served in a bowl of cold milk (often filmjölk) and sweetened with sugar etc. Soll was an everyday dish for peasants in the countryside, especially served as a simple supper in the evening. During the winter soll was sometimes served as breakfast with warmed milk.¹

¹ https://en.wikipedia.org/wiki/Milk_toast



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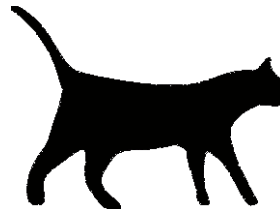
29 Elsa Green



Sven runs into the vet's office carrying his dog, screaming for help. Ole the Vet rushes him back to an examination room and has him put his dog down on the examination table. Ole examines the still, limp body and after a few moments tells Sven that his dog, regrettably, is dead.

Sven, clearly agitated and not willing to accept this, demands a second opinion.

Ole goes into the back room and comes out with a cat and puts the cat down next to the dog's body. The cat sniffs the body, walks from head to tail poking and sniffing the dog's body and finally looks at Ole and meows. Ole



looks at the Sven and says, "I'm sorry, but da cat tinks dat your dog is dead too."

Sven is still unwilling to accept that his dog is dead. Ole then brings in a black Labrador. The lab sniffs the body, walks from head to tail, and finally looks at Ole and barks. Ole looks at Sven and says, "I'm sorry, but da lab tinks your dog is dead too."



Sven, finally resigned to the diagnosis, thanks Ole and asks how much he owes. Ole answers, "\$650".

"\$650 to tell me my dog is dead?!" exclaimed Sven.

"Well," Ole replies, "I would only have charged you \$50 for my initial diagnosis. The additional \$600 was for da cat scan and da lab test."

Sons of Norway, Samhold 5-473 Lodge

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