



**SONS of  
NORWAY**

Celebrating **125** Years

# Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591

October 2020

Volume 55, Issue 10

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## Wergeland Kalender

- ◆ Oct 1—NO  
WERGELAND LODGE  
MEETING
- ◆ Oct 6—Board Meeting  
at Perkins, 5:30 pm.
- ◆ Oct 19, Deadline for  
Budstikken articles
- ◆ Oct 29, Budstikken  
mailed to members
- ◆ Nov 5, No Wergeland  
Lodge Meeting

**The Coronavirus (and actions being taken to limit its spread) continues to stymie our plans. Please watch your email for any changes to upcoming events. If you do not have email, please call Ramona/Adrian at 608-788-7507 to check if an event will happen. Stay well, everyone!**

## Fra Presidenten



October--cooler temperatures, beautiful colors in the coulees, and Halloween!

The National Today lists 191 October holidays! I will list six for fun:

- October 1--International Coffee Day
- October 2--World Smile Day
- October 3--National Poetry Day
- October 4--National Cinnamon Roll Day
- October 5--World Teachers Day
- October 6--National Plus Size Appreciation Day

These are kind of interesting to say the least!! Next month I will see what November celebrates.

Our Wergeland lodge is still "on vacation." The board did meet in person (instead of by zoom) on Sept. 8. You can read the secretary's minutes as printed in this Budstikken.

The lodge officer list is complete for 2021, except we need a vice president. Thanks to everyone who will serve next year.

I look forward to the time in the near future (I hope) when we can all meet again.  
—Ramona

### Treasurer's Report:

August 31, 2020 checking balance	\$4,715.00
August 31, 2020 scholarship balance	\$1,506.50
August 31, 2020 savings balance	\$18,864.82
August 31, 2020 Wergeland has	\$25,086.32

**WANTED**

Photos of your shelter-at-home activities, your virtual walk to Norway, and/or your cultural crafting or cooking. These would look great in the Budstikken as well as the Viking magazine!! Send to Carla at [carla.burkhardt8696@gmail.com](mailto:carla.burkhardt8696@gmail.com).



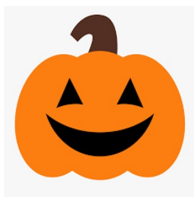
**No October Lodge Meeting**

**Meetings and Programs have been cancelled for the remainder of 2020.**



## Oktober Birthdays

- 1 Karan K Mathison
- 2 Steven D Johnson
- 4 Donald H Melby
- 10 Myah R Casey
- 10 Corey L Forrester
- 12 Richard A Anderson
- 13 Beverly C Arity
- 14 Jean C Giese
- 14 Madonna J Hansen
- 15 Adriana F Gonzales
- 16 Nancy Ellyn Beguin
- 16 Royce Curtis
- 19 Carolyn Sorenson
- 20 Edward A Davig
- 20 Dean D Dickinson
- 21 Sandy M Mattie
- 22 Agnetha R Ames
- 28 Tysen D Casey
- 29 Cary Jon Ivalis
- 31 Darlene M Erickson



## Program for November

CANCELLED

### Sekretær Notater...

The Wergeland Board met at 5:30 at the Blue Moon restaurant on September 8th. President Ramona Johnson led the meeting attended by the following members: Carla Burkhardt, Shirley Schoenfeld, Kathi Beane, Florence Overgard, Karen Broadhead, and Adrian Johnson.

The officer list for 2021 was reviewed and the main vacancy we need is for a **Vice President** candidate. Shirley detailed the duties of the Cultural and Scholarship Committees and the requirements for scholarships from our lodge and international and district scholarships.

We have ordered 30 decks of playing cards and voted to order 30 more as the first 30 have already been spoken for. We have about 30 calendars left to sell so will keep a notice in the Budstikken until they are gone.

We voted to send our monthly newsletter to a leadership person in all of Karen's lodges that she visits.

Rotary Lights has already begun organizing for 2020 and David Glomstad has been forwarded info to follow up on getting our tree and organizing a program in the warming tent.

Our new members and their sponsors have been sent their checks for a meal at a restaurant of their choice.

Shirley presented the Treasurer's report which is detailed elsewhere in this issue.

We voted to send \$200 to the Sons of Norway Foundation as we have not been able to collect for them at our meetings since March.

We voted to ask for volunteers for the La Crosse Community Theatre to help usher at their December performance only.

Shirley read thank you letters from Norskedalen and Vesterheim for our recent donations to them. Also a letter was read from Sarah Yenor, thanking us for her scholarship.

Our next board meeting will be at Perkins in Onalaska on October 13.

Meeting was adjourned at 7:00. Adrian Johnson, Secretary.

—Adrian Johnson, lodge secretary

### Calendars and Cards

We have about 30 **calendars** for 2021 left for sale at \$12.00 each. Call Adrian to reserve your copy and you can pick them up at his home or he can mail them out to you for \$2.00 extra per calendar so you have them before Thanksgiving.

The District 5 Scandinavian Photo Contest **playing cards** are also available to order. Our first order of 30 decks are completely sold out but we have 30 more on order. Call Adrian at 788-7507 to reserve yours soon! They are \$10.00 per deck and feature several pictures submitted by your Wergeland member friends. They are only printing 1000 decks for the entire district so if you want one, do not wait too long to order. We will figure out a way to get them to you somehow or you can pick them up at his home in south La Crosse.



## Condolences til...

...Sandy and Ron Iverson (previous Zone 2 director) from Westby on the passing of their daughter Kristi. Our sincere thoughts are with them. If you wish to send condolences, Ron and Sandy's address is 215 West Ave. N., Westby, WI 54667.

## Protecting Your Family's Future in the Face of Uncertainty

In very uncertain times, life insurance offers you comfort in knowing that your family and love ones are protected from unexpected financial difficulty. Permanent life insurance creates cash value that you can access in times of hardship, so you will always know they have those assets to count on.

Reach out to your Sons of Norway Insurance Professional to make sure your family is protected.

## October is Foundation Month

As mentioned in the article below, a new initiative that the Sons of Norway Foundation Leadership has developed is a campaign to raise \$100,000 by December 31, 2020. In a pandemic year, we realize that many lodges aren't meeting, but we are hoping that individual members and leaders may consider making individual contributions. We also are encouraging lodges to conduct virtual auctions or other types of fundraisers for the Foundation.

They are developing some new resources for lodges to use, new funds and grants, and a renewed enthusiasm to help members through our grants and scholarship programs.

Individual donations can be made online (sofn.com) on the Sons of Norway website (International) or sent to Sons of Norway office in Minneapolis.

## Why celebrate SN Foundation Month in October?

From Darlene Arneson, District 5 Foundation Director: The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members and make Sons of Norway communities a more vibrant place to live. Be it through a student's scholarship for study, a cultural exchange experience, or assisting lodges to provide quality programs and community events – the Sons of Norway Foundation is true to its mission.

Established in 1966, our focus and offerings have grown to include several categories of scholarships and four categories of grants. Our passion is focused on the following areas- creating opportunities for higher education as a means for success, showcasing our unique Norwegian heritage to wider audiences, exploring cross-cultural exchanges, providing humanitarian support to Sons of Norway members who are victims of natural disasters. We have awarded \$1,375,000 in scholarships, \$390,000 in grants and more than \$500,000 in humanitarian aid. Take a closer look at our efforts, the results, and opportunities to get involved by visiting <https://www.sofn.com/foundation/>.

Do you have someone in school who might qualify for a scholarship? Are you involved in a lodge or other group

activity that may want to apply for a grant? There is also a membership-wide fundraising campaign for the Sons of Norway Foundation. In coordination with Foundation Month in October and continuing through the end of the year, the Foundation aims to raise \$100,000 or more to support its programs.

In just five short years, the Sons of Norway Foundation has granted more than \$730,000 to lodges, members, students and organizations around the country and world to promote and preserve Norwegian culture and heritage and provide higher education and humanitarian aid. We now have an opportunity to replenish what we have given so that we can continue to help others in the future. In that vein the theme for the fundraiser is "Together We Are the Future." You will also find a donation envelope in the next issue of The Viking magazine.

We are currently reaching out to leadership to make commitments for matching funds for the end of year campaign. We hope your lodge will participate. To learn more about the Foundation and all it offers, please visit <https://www.sofn.com/foundation/>

(You can also check out the SN Foundation Facebook page.)

## Nordic News

The Nordic News weekly event continues **every Tuesday at 6:20 PM (Central)**. You may go to the District 5 webpage to see the schedule, access the program or view recorded presentations: [http://www.sonsofnorway5.com/news/oles\\_corner.php](http://www.sonsofnorway5.com/news/oles_corner.php).





## Dis og Dat



### Not Everything Costs More in Norway

As visitors to Norway are routinely cautioned, prices there tend to run high compared to markets in North America and many other parts of the world. But not everything in Norway comes with sticker shock, and some things even cost less than they do elsewhere. Here are a few examples.

**Fresh seafood:** Thanks to Norway's robust fishing industry, fresh salmon is relatively inexpensive, as well as other kinds of seafood and sushi.



**Air travel:** Airline tickets from the US to Norway are often quite affordable compared to other international flights, and so is travel between Norway and other parts of Europe.

**Store brand food items:** Food and groceries are notoriously expensive in Norway, but most supermarkets offer very affordable store brand versions of common food staples.

**Diapers:** Due to a long-simmering price war between manufacturers, diapers in Norway are dramatically cheaper than they are in the US and many parts of Europe.

**Camping:** Camping is free and legal almost anywhere in Norway, making budget-friendly travel an option for those who are willing to rough it.

For when we can travel again...

## Looking Back

### Fem år siden (5 years ago) 2015

The program for October was presented by Eric Pederson. Eric has traveled the world to over 30 countries including two trips to Norway; the most recent just in July traveling from Bergen to Oslo.

Our youth group is looking at ways to increase its membership and although they will be putting up flyers around the community, word of mouth is always best.

### Ti år siden (10 years ago) 2010

Leif On Sunday, August 22nd, Jan and Doc Brudos hosted a potluck in honor of Finn Brobakken, a cousin from Snertingdal, Norway. On Monday they traveled to Waukon and Decorah, Iowa to show Finn the sights including large farms, cattle sales barns, Vesterheim Norwegian

American Museum and Luther College.

Hjordis Helgestad presented a very thorough coverage of her time spent at the International Convention. Before the start of the convention she attended the cultural skills class on Music. Fourteen students attended the class.

### Femten år siden (15 years ago) 2005

TUSEN TAKK! Anne and Max Farning, their two granddaughters, Dave Hendrickson, Bing and Carolyn Skogen, Ron and Vivian Sacia, Fred and Dee Johnson, Rector and Darlene Wall, Vern and Joyce Olson, Florence Overgard, Mary Sween, Jill Nelson, and Elaine Nelson for representing our lodge in the Holmen Kornfest parade on August 20th.

Welcome to new members Karen Broadhead, Theresa Heiser and Greg Hart

## Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.





**District 5 Virtual Walk Challenge to Ringsaker, Norway in celebration of the 125th Anniversary for 2020 Convention**

**SO CLOSE!!** —This month we plotted another **835.5 miles** and are over Michigan. We have about 320 miles to go so I am sure we will make it home next month! Keep recording your walking, biking, and armchair quarterback miles and send your progress to Karen at kbroadhead @centurytel.net.

**Virtual Walk to Norway**

Our virtual walk to Norway (and back) is nearly complete. We've had a dedicated group who have faithfully recorded and reported 'miles' accumulated through walking, running, and various other activities for the past several months. In addition to being a fun activity during this pandemic year, it was also designated as a fund raiser for our District 5 Legacy Foundation. If you've had sponsors who've made pledges toward your miles 'walked', it's time to call them in. Or, if you'd like to contribute in honor of a walker, that would also be appreciated. Since we're not able to have our monthly meetings, donations should be sent to me (Karen Broadhead, N1186 Breidel Coulee Rd., La Crosse, 54601) or to our treasurer, (Shirley Schoenfeld, 215 Juniper Lane, Holmen WI, 54636). Checks can be made out to Wergeland Lodge, and designated for the Legacy Foundation. The official end of this project is December 15, though we will finish our journey before that. Thanks to all participants and donors.



**Potato Peels Improve Shelf Life Naturally**

Potato peels aren't usually something we stop to consider. But Professor of biotechnology at Høgskolen i Innlandet [Innlandet University College] Knut Olav Strætkevorn has been conducting research on potatoes for 25 years, and he believes that the peels have potential beyond composting or animal feed. "I do not cease to marvel at all the interesting things that can be derived from the potato," Strætkevorn told NRK, the Norwegian Broadcasting Corporation.

The humble potato peel may soon be getting an image upgrade, thanks to Strætkevorn and his team. The biotechnologists discovered a way to extract antioxidants from peels and use them to prolong the life of other foods, such as cooking oil, without the use of artificial stabilizers. Strætkevorn hopes that this technology will provide health, economic and environmental benefits.

These methods will be tested, patented and scaled to create a business model. Knut Olav Strætkevorn says that Innlandet county alone generates around 3000 tons of potato peels annually, and that the project will also reclaim other "waste foods" to see if they can be turned into value.

From Sarah Yenor:

**"THANK YOU SO MUCH!** Thank you for the scholarship, Sons of Norway. I am so proud to be a Norski! I will be using the money to further my education in Elementary Education."

**Fun Fact #10**

A member newsletter that eventually became *Viking* magazine began publication on January 1, 1913.

www.sonsofnorway.com

...the Prairie Lands of those early Norwegians (The Sloopers). Learn more about Norwegian Culture and inspect the cemeteries where Slooper Families are buried here in this area, and take a driving tour outlined on the Historical Map of the Slooper era, that can be obtained when you arrive here. Living the History of those Pioneer Norwegians who followed Cleng Peerson here.

...are sure all NORWEGIANS will wish to be here during the expected visit of the Royal Family and Officials of the Norwegian Government. Please make your room reservation by calling us at 1-800-451-1234. The mobile Units.

...First Permanent Norwegian Peerson in 1834... the pathfinder of... was one of them... adventure. As an... Norway... Peerson ca... where his kinsmen... So glowing were... lled the Restoratio... 52 immigrants aboar... ll for America. Arr... ars to make farm l... chester, N.Y. area... at walking from New York...reached Chicago then a... nty huts. The marshes of Chicago he thought were... is purpose. Again he treked across the open plains... st after many days wandering on a hill in the Valley... r. He slept and dreamed... says one Historian "and... prairie changed into a cultivated region teeming with... rain and fruits, beautiful to behold that splendid... stood all over the land occupied by rich, prosperous

...make gard... y for

...First Norwegian... Elling Eielsen)... he Historical... nois.

...dedicated by Stat

...Visions come true... Because of the dream of Cleng Peerson brought many... of his countryman to the Valley of the Fox River... little Norway sprang into being in 1834. Like a... prophesy from the Old Testament, Cleng's vision r... into great fields of grain and vast pastures not... than a half century later. Today... Norwegians even

## Information about Officers Duties

*In last month's Budstikken, the decision to extend 2020 officers through 2021 was announced. Thank you for your continued service (and don't forget we still need a vice-president!) Below are summaries of officer duties:*

**Duties of the officers of Wergeland Lodge** follow those of the official Sons of Norway Charter and Constitution. However, we are providing here a brief summary for major offices to inform members prior to our election of officers. Officers are elected for a term of one year and shall perform their duties in accordance with the duties outlined in the Sons of Norway Constitution. All officers also serve on the lodge Board of Directors. **The offices of President, Secretary, Membership Secretary, and Treasurers shall be held by separate individuals.** There is no order of succession for the offices; one must only be a member for three months in order to be eligible to serve as an officer.

This information provides a general description of the duties of the major officers of the lodge, but there are other offices which provide assistance to the offices described. There are also various committees on which a member can serve to contribute to the lodge. **The President appoints all the committee members.** When all officers, committee members, and the general membership work together for the good of the lodge, the result is a lodge you are proud to be a member of.

**PRESIDENT**- Presides at all meetings of the Lodge and Board of Directors; has general supervision of the Lodge and sees that the officers perform their duties; decides parliamentary questions; counter signs all checks issued by the Treasurer.

**VICE PRESIDENT** - Presides at all meetings in the absence of the President; also is Chairman of the Membership Committee.

**COUNSELOR** - Supervises all ceremonies and assists and guides other officers. (Must be a past president).

**SECRETARY** - Keeps accurate minutes of meetings of the Lodge and Board of Directors; carries on correspondence. Volunteer Hours Sec. issues reports of the lodge to District & International.

**MEMBERSHIP SECRETARY** - Responsible for the membership roll; issues necessary reports.

**TREASURER**- Receives money collected by the Assistant Treasurer; deposits the money in lodge accounts; maintains the cash book; makes payments as authorized by the Lodge; prepares, together with the Assistant, the required financial reports.

**AUDITORS** - checks the financial books annually, and helps prepare the report.

**SOCIAL DIRECTOR**- Plans and supervises social activities of the Lodge, such as the lunch at meetings, and dinners on special occasions, and selects songs to be used during ceremonies.

**CULTURAL DIRECTOR** - Plans and supervises entertainment programs for the Lodge, which will preserve and promote our heritage. Manages Cultural Skills program for the lodge.

**MARSHALS** - Responsible for setting up/putting away supplies for the lodge meetings and assists the President.

**LIBRARIAN** - Responsible for the lodge library and its use.

**FOUNDATION DIRECTOR** - Responsible for the Foundation Month program (October), and collecting monthly for the Foundation.

**PUBLICITY DIRECTOR**- Responsible for photos, news releases and advertising.

**HISTORIAN** - Responsible for keeping the lodge history books and providing research as necessary for lodge newsletter and other functions.

**EDITOR**- Responsible for compiling, editing and publishing the lodge newsletter.

**GREETERS** - Greet folks at the doors, register guests, and provide name tags.

**TRUSTEES** - Supervise the personal property of the Lodge and keep accurate accounts of same.

**Other important offices:** Sports Director, Musician, and Assistants to some of the offices: If you want to know more about any of the offices of Wergeland Lodge, please ask one of the incumbents, or refer to a copy of the Sons of Norway Constitution.

If you have seen members perform different tasks and have the capabilities, please call the President or the nominating committee.



Ole went to the Sons of Norway meeting one night and finally won the door prize, which was a toilet brush. He was so excited that he won he brought it home and used it often. Someone asked him during the next meeting what the prize was and if he liked it or not. Ole replied, "Yea I like the toilet brush, but I think I'm gonna go back to using paper."

## A little in English...

### Do you believe ghosts are real?

What about Princess Elsa? Or Santa Claus? Researchers have investigated who children believe in. And who they do not believe in.

Do children understand the difference between characters who are real and those who are not?

British researchers contacted 176 youths between the ages of two and eleven. A group of adults was also included. Everyone viewed 13 different characters.

Then participants were given a task: give the characters points according to how real you think they are!

### Four groups

It turned out that most of the children divided the figures into four groups:

- Real characters: Pop groups and dinosaurs.
- Almost real characters: Santa Claus and the Tooth Fairy.
- Possibly real figures: Aliens, dragons, unicorns and ghosts.
- Not real characters: Princess Elsa, Peter Pan and Sponge Bob.

### The youngest children believed in almost everything

There was still a difference between the children. The very youngest believed quite a lot in all the characters. Most 10-to-11-year-olds, on the other hand, were pretty sure that Elsa, Sponge Bob and dragons were not real.

### Quite a few adults believed in ghosts

The adults who had taken part in the survey responded quite differently from the children. The adults did not believe in dragons or unicorns. But when it came to ghosts and aliens, they were not so sure. Adults believed in ghosts almost as much as children. The researchers thought this was a bit surprising. They write that they do not know why this is so. And they hope other researchers will investigate it further.

Two Norwegian hunters from Minnesota got a pilot to fly them to Canada to hunt moose. They bagged six. As they started loading the plane for the return trip, the pilot said the plane could take only four moose.

The two lads objected strongly, "Last year we shot six and the pilot let us put them all on board and he had the same plane as yours." Reluctantly, the pilot gave in and all six were loaded. However, even on full power, the little plane couldn't handle the load and went down a few moments after takeoff.

Climbing out of the wreck one Norsk asked the other, "Any idea where we are?"

"Yaaah, I tink we's pretty close to where we crashed last year."

## Litt på Norsk...

### Tror du spøkelser finnes på ordentlig?

Hva med prinsesse Elsa? Eller julenissen? Forskere har undersøkt hvem barn tror på. Og hvem de ikke tror på.

Skjøenner barn forskjell på figurer som er virkelige og de som ikke er det?

Britiske forskerne fikk tak i 176 unger på mellom to og elleve år. En gruppe voksne var også med. Alle fikk se 13 forskjellige figurer.

Så fikk deltagerne en oppgave: Gi figurene poeng etter hvor virkelig du mener de er!

### Fire grupper

Det viste seg at de fleste barna delte figurene inn i fire grupper:

- Virkelige figurer: Popgruppa og dinosaurer.
- Nesten virkelige figurer: Julenissen og tannfeen.
- Muligens virkelige figurer: Romvesener, drager, enhjørninger og spøkelser.
- Ikke virkelige figurer: prinsesse Elsa, Peter Pan og Svampebob.

### De minste barna trodde på nesten alt

Det var likevel forskjell mellom barna. De aller minste trodde temmelig mye på alle figurene. De fleste 10-11-åringene var derimot temmelig sikre på at Elsa, Svampebob og drager ikke var virkelige.

### Ganske mange voksne trodde på spøkelser

De voksne som hadde vært med i undersøkelsen, svarte ganske forskjellig fra barna. De voksne trodde verken på drager eller enhjørninger. Men når det gjaldt spøkelser og romvesener, var de ikke like sikre. Voksne trodde nesten like mye på spøkelser som barna. Det syntes forskerne var litt overraskende. De skriver at de ikke vet hvorfor det er slik. Og de håper andre forskere vil undersøke det nærmere.



Sons of Norway  
Wergeland Lodge #5/028  
P.O. Box 3591  
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3591

OCTOBER 2020



## OFFICERS TO CONTACT BETWEEN MEETINGS

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**Vice President**-

**Membership Secretary** - Kathi Beane 608-783-3037  
e-mail address: [beane.kath@eagle.uwlax.edu](mailto:beane.kath@eagle.uwlax.edu)  
*Send notices of deaths or address changes to the  
Membership Secretary*

**Secretary**- Adrian Johnson                      608-788-7507  
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Cell: 715-797-6414

## Norskedalen Activities

Throne Visitors Center  
Hours From May - Oct:  
Monday-Friday from 9am--5pm  
Saturdays 9am--5pm  
Sunday from 11pm--4pm



Guided homestead tours, when a guide is available, will be at 10 am, 1 pm and 3 pm Monday through Saturday, and 1 and 3 pm on Sundays. Self guided audio tours will be available in any event.

Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: [www.norskedalen.org](http://www.norskedalen.org)

E-mail Address: [info@norskedalen.org](mailto:info@norskedalen.org)