



**SONS of
NORWAY**

Budstikken

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591

April 2019

Volume 54, Issue 4

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Wergeland Kalender

- ◆ April 4, 6:30 pm, General Meeting, American Legion
- ◆ April 9, 5:30 pm, Board meeting at Perkins on Hwy 16
- ◆ April 16, Deadline for Budstikken articles
- ◆ April 25, Budstikken mailed to members
- ◆ May 2, Syttende Mai Banquet at Drugan's

GOD PÅSKE



Fra Presidenten

Along with the milder temperatures, I am starting to see some other signs that spring is approaching. The ice is off the driveway, we spotted our first robin of the year in the tree outside of our dining room, and the first tugs are heading down the river to start bringing barges back up.

Another sign of spring are the preparations for our Syttende Mai celebration. As most of you know, our banquet will be held at Drugan's again this year. Tickets will be on sale at the April meeting at a cost of \$20. Along with the meal in a truly perfect Norwegian setting, our entertainment that evening will be provided by the "Ladies of the Fjord", a musical group from the Madison area who will perform Norwegian dance and folk music on Hardanger fiddles. The group will also have a display of their instruments that a member of the group builds. This will be a great evening for our lodge and is open to non-members as well so spread the word and invite a friend. We will also be honoring our Golden Members that evening. As Drugan's requires a head count for preparation of the meal however, tickets must be purchased no later than March 28 and will not be sold at the door so make sure to get yours as soon as you can. Beyond our celebration at Drugan's, we are also planning our annual flag raising at City Hall in La Crosse in conjunction with Syttende Mai and our pie and ice cream social at our June meeting featuring the Luren singers. Watch for specific information on these events in the Budstikken.

Also, if you are a new member or have a friend who wishes to join, remember that we will be introducing and recognizing new members at our April meeting. This event will take the place of our new member breakfast and will allow everyone in the lodge to meet our new members instead of just those who attend the breakfast. Welcome to all of our new members and tusen takk to all who have brought new members into our lodge.

Enjoy the spring weather and I will see you at the next meeting. Dave

**Next meeting: Thursday, April 4, 2019, 6:30 PM at the
American Legion, 711 6th Street, La Crosse, WI**



Program for April

Exploring the Meadows: Norse digs at the tip of Newfoundland
Also, new Sons of Norway Wergeland members will be recognized

Lunch providers for April 4 meeting

- Sandwiches** (2½ dozen): Kathy Anderson, Annie Piske, Linda Sherwood, _____ (need 1 more; call Linda Sherwood at 784-9788)
Cakes (18 pcs): Dee Johnson, Carla Burkhardt, Ilene Pavelko, Doris Henderson, Judean Everson
Cheese Tray: Kathi Beane
Pickles (1 jar ea): Dick Marking, Bev Ranis
Members are asked to donate \$3 per person at the lunch table for lodge expenses.



April Birthdays

- 1 Carol Stekel
- 1 David Tostrud
- 2 Lois Betz
- 5 Wayne Jacobson
- 5 Judith Ann Konop
- 6 Ruth Everson
- 7 Meg Canepa
- 8 Alvin Forde
- 11 Michelle Martinez
- 13 Rachel Trautmann
- 16 Garrett Simmons
- 19 Lydia Johnson
- 20 Keith Briggs
- 20 Daniel Green
- 20 John Lillejord
- 21 Carla Burkhardt
- 22 Elaine Nelson
- 23 Mark Everson
- 24 Ben Everson
- 25 Tilmer Ofte
- 26 Mary Borreson
- 28 Kerste Melby
- 29 Glenn Borreson

Remember to buy a ticket for the Syttende May banquet. We will be selling tickets at the April 4th lodge meeting, or you can call Dee Johnson, phone #608-783-6989 and reserve your ticket. Dinner is at Drugan's this year, and the price per ticket is \$20.00.



Sekretær Notater...

Minutes March 7, 2019 General Lodge Meeting

The meeting was called to order at 6:48 by President Dave Glomstad. The Pledge of Allegiance was recited and the three national anthems were sang.

The Charter was draped in memory of Richard Fonstad and a moment of silence was observed. One guest was introduced by Lee Grippen; Ju Sub Kim of South Korea.

Officers for 2019 were installed that missed the January meeting. They were Adrian Johnson, Secretary; Ramona Johnson, Vice President; Mark Dregne, Treasurer; Dee Johnson, Auditor; Fred Johnson, Marshal; Arlen Henderson, Marshall; Ilene Pavelko, Co-Foundation Director; Carole Wadel, Greeter/Raffel Sales.

Foundation Cans were distributed. April lunch sign up sheets were distributed. Budstikken clip boards were distributed.

Treasurers report was given by Mark Dregne. General fund has a balance of \$5484.60. Memorial fund has a balance of \$1656.38. Scholarship fund has a balance of \$2549.50. Savings account has a balance of \$18354.10. Total financial assets of \$28,044.58.

Ramona announced the details of the May 2 Syttende May Banquet. To be held at Drugans at 5 PM social hour and 6 PM dinner. Tickets are available tonight for \$20.00 and will be also available at our April meeting. After that Dee Johnson will need to be contacted for tickets. We will need a final count one week before the dinner date and everyone needs to make a reservation if they plan to come. No walk ins will be allowed. The entertainment that evening will be given by two women playing Hardanger Violins, who also make the violins and will explain how these differ from other types of violins.

Ramona also announced the new member reception will be held during our April general meeting. We will give the new member bios and both the new members and their sponsors will be honored with a free lunch.

Dick Iverson from Sugar Creek Bible Camp told us about a trip to Norway that is planned for August 26 to September 5th. Reservations can be made through him.

Tusen Takk thanks was given to Linda Schneider who delivered our cookies to Barnebirke.

David reported Family Fest was held at the La Crosse Center, in spite of nasty weather. About 1000 less people came through that day than last time but we had several people we talked with regarding membership in our lodge.

Lee Grippen mentioned Molly B will perform in Spring Grove on May 11th. Tickets are \$12. in advance or \$15. at the door.

The Budstikken was delivered late this month due to a problem with the post office in the Twin Cities.

Kathi Beane as Membership Secretary talked about the SON as a whole exceeding most financial and membership goals in 2018 but our lodge only recruited eight new members during that period. Our goal for 2019 is 17 new members. Our membership has dropped from nearly 500 to just over 300 at the end of 2018.

February and March birthdays were recognized in song.

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Wergeland Membership Directories are available from Shirley Schoenfeld for \$4 (free for officers).

Til minner om...

...the family of **Richard Fonstad**, who passed away on March 1, 2019. Richard was a longtime marshall and he also made the wooden Viking ships we used at the convention.

Condolences til...

...**Bev Ranis**, on the passing of her husband Bruce, who passed away March 14, 2019.

God Bedring til...

...**Bev Mahlum** who is battling cancer. Please remember her in your thoughts and prayers.

Velkommen til...

...new member **Deborah Bartel** from La Crosse!

April Program:

Marie and Frank Reyner, from West Union, Iowa, will share their experiences visiting L'Anse aux Meadows, an archaeological site on the northernmost tip of the island of Newfoundland, Canada. Discovered in 1961, it is the only certain site of a Norse or Viking settlement in North America around the year 1000. Marie is the aunt of Wergeland lodge member Carla Burkhardt.

From the March Program: Knute "Skip" Temte and his daughter, Kristin Krug, pictured to the right, traveled around the world (literally) on a cruise. They gave a wonderful presentation with beautiful photos and videos. The cruise lasted five months, starting and ending in Los Angeles. They visited 5 continents, 28 countries, 64 ports, and 3 oceans.

(continued from p. 2)

The next general meeting will be held on April 4th at 6:30 at the Legion. Next board meeting, Tuesday March 12th at 5:30 at Perkins.

Carla awarded the Enamel sports medal to David for cycling.

District 5 board member Karen Broadhead give information on Massie Morrow camp and told about scholarships available. She also had a raffle for a Quick Trip gift card which was won by Dan Hammes.

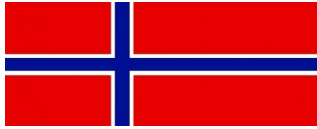
The raffle was won by Fred Johnson and Skip Tempte. \$26.00 each.

The program was presented by Skip Temte and his daughter Kristin Krug about their five month trip around the world by cruise ship.

There were 49 adults in attendance. Lunch money collected was \$125.75. \$32.86 for the SON Foundation and \$52.00 from the raffle.

Adrian Johnson, Secretary





Dis og Dat



Gary and Sue Corbisier spent three weeks of December celebrating Christmas (and Advent) in Kongberg, Norway. Wonderful Advent customs!

Dave and Becky Glomstad traveled to Chicago to visit their daughter Jessica in early February. The highlight for Dave was attending his first NHL game at the United Center.

Marilyn Silbaugh just returned from staying with her grandson Kevin Silbaugh, his wife Paige, and their 4-year-old son Joel. They live in New Jersey. She was there to help a little before and after the birth of their daughter, Marilyn Grace, her namesake. The Marilyn name lives on in another generation!

The Fagernes 616 Lodge has invited our lodge to see the **Stoughton Norwegian Dancers** who will be performing at the Blair, Wisconsin High school gymnasium on April 14th at 2PM. Fagernes Lodge is sponsoring the event.. Nominal charge of \$9.00 is being asked to help cover cost of the dancers' performance. Snacks provided.
Contact Person: Todd Fetsch at oldscout13@gmail.com

Why does Adrian need to collect our Individual Activity Tracking Sheets?

The Individual Activity Tracking Sheets are important to our Lodge and to the Sons of Norway as a whole to maintain our non-profit status.

From the SON website: "The "Individual Activity Tracking Sheet" is to be used by lodge members to track their volunteer hours outside of group activities. Members should not report time spent at lodge meetings or other events.

Members should only track volunteer time spent on projects organized by Sons of Norway at a lodge, district or International level. If someone is volunteering for another organization, their church or Boy Scout troop for example, those activities should not be tracked."

Adrian has the forms, or they can be downloaded (after logging in) from www.sofn.com/wp-content/uploads/2018/11/IndividualHourTracking20181.pdf

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Syttende Mai Banquet to be Held at Drugan's May 2

Have you purchased your ticket yet? Tickets will be available again at our April meeting. Drugan's Supper Club will be treating us to a meal with Norwegian treats such as meatballs, chicken, their famous salad bar, and rice pudding.

Also this year we have a special treat, "Ladies of the Fjords", Karen Rebholz and Carlyce Skjervem of the Madison area. They write, "We will play hardanger fiddle music consisting of Norwegian tunes....many used in dances. Karen Rebholz designs and sells. Karen builds these gorgeous instruments and will bring her fiddle building display. We also have bunad books in case people would like to look up the bunads from their area."

They will be in bunads and it should also be very educational. You can check out Karen's website by going to: <http://karenrebholz.weebly.com/>



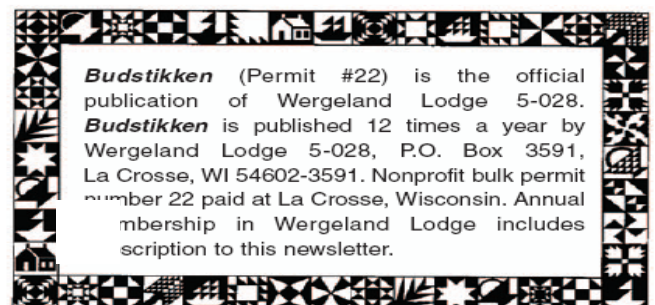
SUMMARY: May 2 (Our regular meeting night) at Drugans Supper Club, just off Hwy. 53 on Sylvester Road, N. of Holmen.

Social Hour 5 p.m., Dinner: 6 p.m. Meatballs and Chicken, Veggie, Potatoes, Salad Bar and Rice Pudding for Dessert

"Ladies of the Fjord" Program after Dinner (display will be set up for viewing during social hour) **Be sure to wear a bunad if you have one.**

Cost: \$20.00 Get Tickets at Meeting or call Dee Johnson 608 385-8377

You may also bring friends who are not members, but we do need reservations.





New Member Recognition

At the April 4th meeting, we will welcome new members at the lodge meeting. If you have someone in your circle or friends or family that would like to join, come that night and we will sign them up. Lunch for you and your friend is FREE!

Additional Lunch Items to be offered

Our Social Committee is hoping to expand the types of items offered at our monthly lunch. The sign-up sheet will include cheese, fruit and/or veggie trays. Also, gluten-free has been requested. If your item is gluten free, please make a note by it.

At the **March meeting**, we continued the installation of 2019 officers, pictured above. President Dave Glomstad (far right) installed those who were not in attendance in January. From left: Arlen Henderson, Ilene Pavelko, Dee Johnson, Fred Johnson, Mark Dregne, Carole Wadel, Adrian and Ramona Johnson.

We also celebrated our heritage by sporting our **Norwegian sweaters**. We missed out on taking a large group photo, but here are some candid shots.



Ju Sub Kim, a student at UWL for this semester was a guest at the March meeting. Ju Sub Kim is from Seoul, Korea. He is a guest of Lee Grippen who is his friendship host this semester. To the right, Lee and Ju Sub Kim are pictured with Frieda and Ron Nowland.

Looking Back

Fem år siden (5 years ago) 2014

The April meeting featured a program titled "How to Preserve our Ancestors' Gravestones", by Jarrod Roll. Mr. Roll is a museum director and public speaker with several years of gravestone cleaning experience. He started his own business, Save Your Stones, and created a Gravestone Cleaning Kit, to help families effectively clean and preserve their family's burial markers.

Norskedalen celebrated its 30th year of its organization and celebration of the cultural heritage of our area. The annual Norskedalen Award was presented posthumously to James H. Warner. He was a former Norskedalen board member, and since the organization's beginning had been a visionary, steward, donor and volunteer. The Coulee Chordsmen provided entertainment and shared stories of Jim, who had been a member of the musical group.

Ti år siden (10 years ago) 2009

Rob Quanbeck, from Moorhead, MN, presented the April program about the Concordia Language Camps. Concor-

dia College began the camps as an immersion experience in learning a new language. They began with German and Norwegian; however, they've now expanded to include Russian, French, Spanish, Chinese, Arabic, and others as well. Most camps are in northern Minnesota, but others operate all over the world. His program also focused on the importance of Sons of Norway involvement.

KVARTS (Norwegian for "quartz"), one of Norway's best known traditional music bands, visited the Upper Midwest in March and April. They presented a series of performances in Minnesota, Iowa, and Wisconsin, and did an instrumental workshop at Vesterheim Museum in Decorah, Iowa. The group is comprised of instrumentalists, music educators, composers, and arrangers.

Femten år siden (15 years ago) 2004

Charles Hulsether, a woodcarver from Viroqua, presented the April program entitled "Norwegian Folk Art in Wood". He shared the history of the Geometric Style (chip carving) and the Organic Style (Acanthus carving), and spoke about how each has been handed down through the centuries.

Tiny Almond Pies

Top off your Easter supper with this tasty dessert, laced with delicate almond flavor.

For the dough:

Scant 2/3 cup unsalted butter
1 cup flour, sifted
1 egg yolk
3 1/2 Tbsp. cold water
1 Tbsp. cognac



For the filling:

1 1/4 cups ground almonds
1 cup sifted confectioner's sugar
3 egg whites, lightly beaten

1. Divide the butter into three pieces of equal size. Crumble one piece into the flour.
2. Whisk the egg yolk into the water and add. Knead lightly and form into a square. Wrap in plastic and refrigerate 30 minutes. Let the remaining butter rest at room temperature. Sprinkle the baking surface with flour. Roll the dough out into a thin rectangular. Spread half the remaining butter over 2/3 of the dough.

3. Fold over the plain section, then fold over the other section with butter, like a business letter. This forms a rectangle with three layers of dough and two of butter. Roll into a rectangle and fold into thirds again. Refrigerate 30 minutes.
4. Roll out the dough and spread with the remaining margarine. Fold into thirds, roll out again and fold into thirds. Refrigerate the dough for 30 minutes. Preheat the oven to 400° F. Grease sandkake (small fluted pie) tins.
5. Roll the dough out into a 2 mm thin sheet. Cut into circles slightly larger than the diameter of the tins. Press into the tins.
6. For the filling, combine almonds with powdered sugar and egg whites. Place about 1 1/2 teaspoons of filling in each form.
7. Cut out 1/3" strips of dough and arrange in an "x" over the filling. Tuck the ends between the filling and the crust.
8. Bake on a baking sheet on the lowest oven shelf about 20 minutes. Makes 12-14 cakes.

This recipe is taken from "The Norwegian Kitchen" which is available for purchase through the Vesterheim Museum Bookstore: (800) 979-3346 or www.vesterheim.org.

A little in English...

Archaeologists Find Over 9,000 Year-Old Nut in Sykkylven

Archaeologists in Møre og Romsdal are very pleased with a discovery they made in Sykkylven this summer - a 9100 year-old hazelnut.

"The nut was partially burned. So either there was a fire in the area, or someone roasted nuts here about 9,000 years ago," county curator Bjørn Ringstad told Sunnmørsposten.

The nut was found during archaeological surveys on the Bakke Islands in Sykkylven this summer, on a site where a new school will be built.

"We also found nutshells in one of the fire pits at the excavations in Auremarka. Then we found a whole pit full of burnt hazelnut shells. But we have not determined their age yet," he says.

The nutshell found in the Bakke Islands was analyzed by a laboratory in the United States. Ringstad says it is a fun find, which proves that hazelnuts have grown on the discovery site for several thousand years – all the way back to the Stone Age.

Litt på Norsk...

Arkeologer Fant over 9000 År Gammel Nøtt i Sykkylven

Arkeologene i Møre og Romsdal er godt fornøyd med et funn de gjorde i Sykkylven i sommer – en 9100 år gammel hasselnøtt.

Nøtta var delvis brent. Så enten har det vært en brann i området, eller så har noen ristet nøtter her for om lag 9000 år siden, sier fylkeskonservator Bjørn Ringstad til Sunnmørsposten.

Nøtta ble funnet under de arkeologiske registreringene på Bakkeøyene i Sykkylven i sommer, på tomta der det skal bygges en ny skole.

Også ved utgravingene på Auremarka fant vi nøtteskall i en av ildgropene. Da fant vi en hel grop full av brente hasselnøtteskall. Men dem har vi ikke alderen på, sier han.

Nøtteskallet som ble funnet i Bakkeøyene er analysert ved et laboratorium i USA. Ringstad sier det er et artig funn, som beviser at det har vokst hasselnøtter på funnstedet i mange tusen år – helt tilbake til steinalderen.

MAY 11
1-5pm
Spring Grove

POLKA PARTY
Bring your dancing shoes!
Doors open at 11:00

Mollie B
performing with the award-winning **SqueezeBox**
from "the Mule" and the local favorite
Jim Busta Band

Saturday, May 11
Fest Building • Spring Grove
one block north of Main Street

1:00-5:00 PM
Doors open at 11am • Concessions available

Tickets \$15 at the Door • Advance tickets \$12
at MollieB.com or by calling 507.498.5070

Dancing lessons from 10:30-12:30
Patsy Linehan

Mollie B Polka Party

Mollie B and the band "SqueezeBox" were in the Clint Eastwood movie "The Mule." They are performing with the Jim Busta Band May 11th from 1-5 pm. Dancing lessons will be given from 11:30-12:30. The event will be held at the Fest Building in Spring Grove MN. Tickets are \$15 at the door, or \$12 if bought in advance by calling 507-498-5070 or at MollieB.com.

Lee Grippen has tickets and additional information.

Ole was telling Sven, "I jus bought a new hearing aid. It cost me four thousand dollars, but it's state of da art. It's perfect."

"Really," answered Sven, "What kind is it?"

Ole replied "Twelve turdy."

Sons of Norway
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APRIL 2019



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Norskedalen Activities

Throne Visitors Center

Hours From Nov - Apr:
Monday-Friday from 8am--4pm
Saturdays 10am--3pm
Sunday from 11pm--3pm



Guided homestead tours, when a guide is available, will be at 10 am, 1 pm and 3 pm Monday through Saturday, and 1 and 3 pm on Sundays. Self guided audio tours will be available in any event.

Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: www.norskedalen.org

E-mail Address: info@norskedalen.org