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Wergeland Kalender

- ♦ Aug 6—NO WERGELAND LODGE MEETING
- ♦ Aug 11—"Zoom" Board Meeting 5:30. Email cburkhardt@uwlax.edu for link to join.
- ♦ Aug 17, Deadline for Budstikken articles
- ♦ Aug 27, Budstikken mailed to members
- ♦ Sept 3, Meet at North Presbyterian Church, 1327 N Salem Rd, La Crosse

The Coronavirus (and actions being taken to limit its spread) continues to thwart our plans. Please watch your email for any changes to upcoming events. If you do not have email, please call Ramona/Adrian at 608-788-7507 to check if an event will happen. Stay well, everyone!

Fra Presidenten



Happy August to my fellow Wergeland Lodge members. I feel like it has been a very long time since we have been together! I miss you all and the way things are going, we won't be meeting in August. Yes, we are dealing with this virus like everyone else--month by month.

August is known for many things including the "dog days of summer," National Watermelon Day (August 3rd), and National Smile Week (August 5-11). August has two birthstones, peridot and sardonyx. I like the peridot, because it is my special stone to wear in August!

I have had many comments about the column I wrote last month. I grew up on a farm near Viroqua and my memories of raising tobacco are quite vivid, so I reminisced about June planting. Well, by August the plants were growing to maturity and they had started to bloom. Those blossoms had to be broken off and discarded. The job was called "topping." The plant could continue to grow and all the nutrition would go into making big, healthy leaves. That is the reason Viroqua tobacco leaves were used to make the wrappings on fine cigars.

Yes, I called them big, healthy leaves but no good health benefits came from tobacco use so that is why many of the tobacco fields near Viroqua are now raising grapes.

Stay well, and enjoy our beautiful summer in Wisconsin.

—Ramona

Treasurer's Report:

June 30, 2020 checking balance	\$5,498.32
July 31, 2020 scholarship balance	\$2,406.50
June 31, 2020 savings balance	\$18,779.04
June 31, 2020 Wergeland has	\$26,683.86



No August Lodge Meeting

The August meeting and program has been cancelled.





August Birthdays

- 1 Ardis H Bolstad
- 5 Samuel Stekel
- 6 Kent R Drugan
- 7 Ramona J Johnson
- 9 Ann N Kathan
- 9 Knute P Temte
- 11 Marcia Ann Crowley
- 11 Sandra K Kawatski
- 12 Doris J Henderson
- 13 Joann B Briggs
- 13 Michael L Sween
- 14 Susan J Corbisier
- 14 Ingrid A Fowler
- 16 Heather Jacobson
- 16 Gary M Knudtson
- 19 Miles Chang
- 19 Lynn M Curtis
- 20 Nathan L Loper
- 20 James A Romskog
- 21 Dennis H Anderson
- 21 Mary Everson Ivalis
- 23 Harry C Bolstad
- 25 Sonja E Lord
- 25 Brian D Rude
- 26 Christine L Hanson
- 28 Bianca M Casey
- 28 Mary L Sween
- 29 John T Erickson

Program for September

Musical Presentation by Rachel Storlie

Sekretær Notater...

The Wergeland Board met by Zoom on July 14th at 5:30 PM. The following were present: Carla Burkhardt, Florence Overgard, Gene Johnson, Kathi Beane, Shirley Schoenfeld, Karen Broadhead, Adrian Johnson and Ramona Johnson.

There was no secretary report as there was no lodge meeting in July and the minutes from the previous board meeting were printed in the July Budstikken.

The treasurer report was given and is shown elsewhere in this issue.

Continuing with our discussion on when to meet as a lodge again, we decided not to meet on August 6th. Covid 19 is still with us and large gatherings are discouraged, and the legion hall is still not available for large groups.

As far as September is concerned, that is to be our pie and ice cream social at North Presbyterian Church with Rachel Storlie as our entertainment. Shirley will check with the church before our next board meeting and Florence will check with the program and the board will decide in August whether or not to proceed with our September meeting or not. The board will continue to decide each month as to when we can start meeting as a lodge again.

There are three approved students for our annual scholarship program. Their bios and pictures are printed elsewhere in this issue.

Our district has been discussing a realignment of responsibilities for our district representatives as some District Board members have hundreds of miles to travel to visit their lodges. If anyone is interested, you can go to the District 5 website to see the four different choices for rezoning our zone.

The Stoughton Dancers have requested to come to our area in April 2021. A decision on that has been tabled to a future board meeting.

Carla has requested pictures be sent to her for inclusion in future Budstikkens as well as stories of interest from our members past interesting experiences.

The 2021 calendars are in and Adrian is selling them. Please call or email him and he will save one or more of them for you. They are \$12.00 each this year and we have 50 to sell.

The meeting was adjourned at 6:15.

PS: If anyone else is interested in attending these board meetings by zoom, please contact Carla or Adrian and we will send you a link to get included.

—Adrian Johnson, lodge secretary

District Photo Contest

The District Photo contest has closed; however, now it is time to vote for your favorite photos (if you see this by **July 31**). Over 300 entries were submitted, and 52 will be selected to be featured on a deck of cards, which will be available for purchase later this fall for \$10/deck. Anyone can cast a vote, whether they entered photos or not. To vote, go to the District 5 website(www.sonsofnorway5.com), and click on 'photo galleries' to see all the entries. You may choose up to ten of your favorites. Several Wergeland members submitted photos, so we'll hope to see some of them be in the final selection.



God Bedring til...

...**Carol Marking**, who is rebounding from a stroke and is back at Eaglecrest South. We wish her continued recovery!

Tusen Takk til...

...**Dave and Barb Skogen** for establishing the Boys and Girls Clubs and Community Center in Holmen. This is part of a historical project that will change the Holmen Area Community for years to come. They are campaigning to raise funds to "cross the finish line." If you want to join them in this endeavor, you may send a donations to PO Box 91, La Crosse, WI 54602. It will build great futures for all ages. To see more about this, you can go online to www.bgclax.org



...**Dave Glomstad**, and those who have already pledged an amount for his Annual Birthday Fundraiser. As mentioned in the June Budstikken, Dave is donating this year's proceeds to the Salvation Army because of their important work at this time of hardship.

It is not too late to pledge a per mile amount or a lump sum donation! He completed 57 miles and would encourage you to contact him to contribute, djglomstad@gmail.com, since we haven't been able to see him in person to give our donation.



Gratulerer til...

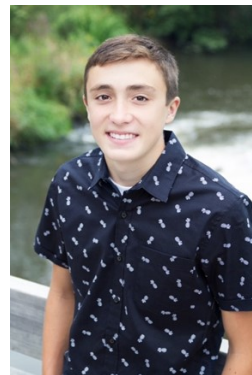
...2020 Wergeland Scholarship Winners

These 2nd-year college students are either children or grandchildren of members of our Wergeland Lodge – Sons of Norway, and have each successfully qualified for a \$300 scholarship from the Lodge. As we will not be meeting in August, the students will be sent their certificate and monetary award.



Calvin Stromwall is the grandson of **Karen Broadhead**. He plans on graduating next year with a major in Computer Science from the University of Minnesota-Twin Cities. He enjoys music so after graduation he intends to get a job in programming in the Minneapolis area and teach music to high schoolers in his free time.

Sarah Yenor attends Grand Canyon University and is majoring in Elementary Education. Her anticipated year of graduation is May of 2023. After graduation her plans are to move back to Boise Idaho where she would like to teach in at Christian school. She is the granddaughter of **Adrian and Ramona Johnson**.



Dylan Sprain is the grandson of **Dennis and Ann Sprain**. He plans on graduating from the University of Wisconsin- Madison in 2023. He is majoring in Accounting/Finance and will be an accountant after completing his studies. He hopes to some day visit Norway.



Nordic News

The Nordic News weekly event continues **every Tuesday at 6:20 PM (Central)**. You may go to the District 5 webpage to see the schedule, access the program or view recorded presentations: http://www.sonsofnorway5.com/news/oles_corner.php.



Dis og Dat



Richard Granum forwarded the following note from Joanne McVey, who has taught at Vesterheim and is in his oil painting group in Sun City.

Joanne writes, "...You all know of my interest in Norwegian art; and upon finding a couple websites with some

interesting articles about a beautiful Norwegian home up in Door County, Wisconsin, I thought you might find them interesting. If you have time, check out these articles, especially the Gallery. I knew the couple who originally built the home and also the painters who decorated it. I did not know the home had been sold and restored, which is wonderful. The new owner, whom I do not know, is an architect and art restorer. He has done a beautiful job. Enjoy!"

Link to the gallery: binkhaven.com/gallery, from which the images to the left were taken.

Link to article: "A House Built for Rosemaling" norwegianameri-can.com/?s=binkhaven



Looking Back

Fem år siden (5 years ago) 2015

The 2015 Wergeland Scholarship Winners were Whitney Herbert, Kelli Skogen, Samuel Stromwell, Audra Benish, Jenna Malzacher, Jackson Scott Yenor and David Trautmann. They will receive their \$200 scholarships at the August meeting.

Mary Sween introduced our own Ron Nowland who presented a program on "Greenland the Coolest Place on Earth."

Ti år siden (10 years ago) 2010

The August program was presented by Ann Gronbeck-Peterson who told about the history of Viking jewelry and demonstrated examples of the penannular brooches and chain jewelry known as Viking knit.

Norway has again been rated as the best country in the

world to live in on the United Nations Development Index. Australia is second and Iceland third. All the Nordic countries are found among the top 20 nations. Sweden is 7th, Finland 12th and Denmark 16th. The ranking among the 182 nations is based on life expectancy, level of education and gross national product per inhabitant.

Femten år siden (15 years ago) 2005

Karen Scarseth briefly discussed recent acquisitions to the library. Portrait of a Nation; Skis Against the Atom; Astri, My Astri; and Norwegian Footprints.

Vivian Sacia reported that cookbook sales have exceeded the cost by approximately \$650.

The 2006 Sons of Norway Ways & Means Committee Chairman, Leif Markig, discussed plans for raising money to offset costs for hosting the Convention, many of which will occur prior to the Convention.

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



District 5 Virtual Walk Challenge to Ringsaker, Norway in celebration of the 125th Anniversary for 2020 Convention

ON OUR WAY HOME!!—This month we plotted **652 miles** and are in the middle of Greenland. Keep recording your walking, biking, gardening, and lawnmowing miles and send your progress to Karen Karen at kbroadhead @centurytel.net. The challenge runs until **December 15**.

Also—see Karen’s reminder about donating to the District 5 Legacy Foundation in the column at the right.

Virtual Walk to Norway

Our virtual walk to Norway is nearly complete. We made it to Ringsaker, Norway, are on our way back, and have about 2000 miles to go to ‘get home’. With everyone’s help, we can finish this fun journey in August. Even if you haven’t turned in any ‘miles’ previously, it’s not too late to start.

If you need a conversion chart to count steps in various other activities (i.e. mowing, mopping, canoeing, fishing, Frisbee, etc), call Karen Broadhead at 788-2485.

And...if you’ve asked anyone to sponsor your mileage efforts, this would be a good time to call those in. Any funds collected will go to the District 5 Legacy Foundation, and will support Masse Moro, the District Youth Heritage Camp.

Norwegian Honorary Consulate moves to Norway House

From Norway House, 913 East Franklin Ave., Minneapolis, www.norwayhouse.org: “The Norwegian Honorary Consulate General has moved to Norway House, the National Norwegian Center in America...

...The Honorary Consulate General provides a range of services for people needing information on Norway and Norwegian-American relations. The Consulate provides passport renewals, can help with citizenship and pension applications, and answer questions about visas and residence permits. In addition, it also facilitates business development, educational partnerships, and scientific collaborations between the two countries as well as serves citizens of Norway traveling to the Upper Midwest.”

Your Kind Words and Smile Create a Better Day

When you invite others to join Sons of Norway, you are also spreading our positive message. Please consider the words below from King Harald, then ask a friend or family member to [join us](#).

I think it’s important to keep in mind that each person has an opportunity—every day—to influence both our own and others’ sense of value and joy of life. Because every one of us matters. To those who think no one cares about what I do from or to, I would say: Just your smile can make a difference to a person you meet on the street. Just your kind word can create a better day for another. And just your thoughtfulness can trigger new positive actions.

-His Majesty King Harald’s speech New Year’s Eve 2018

(The full text of King Harald V’s speech can be found online at [Royal House of Norway](#).)



Fun Fact #8

A bylaw change at the 1946 convention opened Sons of Norway membership to non-Norwegians, upon the applicants’ approval from the International Board of Directors.

www.sonsofnorway.com



Sons of Norway Cultural Programming



Sons of Norway Cultural Skills Awards Program

In the July Budstikken, we congratulated **Lynn Curtis** for receiving a Cultural Skills pin for cooking in the Dessert/Baking category. This was a good reminder of the awards opportunities available through the Sons of Norway. As expressed in the downloadable brochure website, “The Cultural Skills Program covers a wide variety of subjects, ranging from Norwegian cooking to music appreciation. Each unit is designed to provide skill-specific activities at the beginner, intermediate and advanced levels to foster learning and advancement with each newly acquired skill.”

1. Traditional Norwegian Cooking
2. Reading Norwegian and Norwegian-American Authors
3. Collecting Norwegian and North American Stamps
4. Rosemaling
5. Genealogy--Family History
6. Hand Knitting
7. Norwegian Language and Culture
8. Hardanger Embroidery
9. Figure Carving
10. Weaving
11. Ornamental Woodcarving
12. Chip Carving
13. Folk Dancing
14. Music and Musicians of Norway

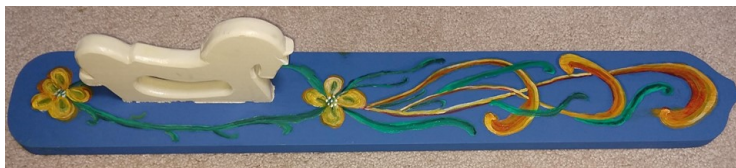


Rosemaling and Mangle Boards

Speaking of Rosemaling (in above Cultural Skills list), several of our Wergeland members rosemal, or at least have tried it. **Carol Stekel** is working on a project to rosemal an unfinished mangle board (pictured below) that she purchased at the Decorah Nordic Fest a few years ago. When she saw that Norskedalen had a rosemaling class taught by Patsy Vork of Chetek, she and Annie Piske took the class. After the covid pandemic came, they were unable to take the second class. Carol says she would like to learn more about how to use the various brushes to their best use. It's a bit more complicated than one thinks, especially with shading and blending the colors, but a fun experience.

But, what IS a mangle board? Carol included the following, taken from the website mangleboard.com:

“The mangle board (sometimes called mangling board or smoothing board) is one of the most poignant and interesting objects of folk art, particularly but not exclusively Scandinavian folk art. An ancestor of the iron and cousin of the laundry bat, this old domestic implement was used to press or smooth laundry, i.e., to remove the



Sons of Norway Sports Medal Awards Program

We have also awarded a number of Sports medals to Wergeland members. The next time we are together, both **Gary Knutson** and **Dave Glomstad** will receive medals for walking and biking respectively. The sports medals are earned in succession of Bronze, Silver, Gold, and Enamel. If a person continues after the Enamel, they begin with the Bronze again (at least that's how it HAS been....see below!). Therefore, Dave will be awarded the Bronze and Silver medals at our next gathering. Gary has recently earned his Enamel medal for walking.

The Sports Medal program has many categories of sport:

1. **Idrettsmerke** (ee-dretts-merk-eh) – General Fitness (many activities, including aerobics, golf, and kayaking, may be completed and count toward the award. **Newly added!** Kubb, Zumba, Yoga, and more! New tracking cards will be available soon.
2. **Skimerke** (shee-merk-eh) – Cross-Country Skiing
3. **Svømmemerke** (svum-uh-merk-eh) – Swimming
4. **Sykkelmerke** (sick-el-merk-eh) – Biking
5. **Gangmerke** (gahng-merk-eh) – Walking
6. **Idrettsmerke** (ee-dretts-merk-eh) – General Fitness (many activities, including aerobics, golf, and kayaking, may be completed and count toward the award.

NEW award levels!

Recently, the Sons of Norway announced new levels of Sports Medals:



Idrettsfelt [ee-dretts-hellit]—the sports hero pin—is the 5th level within any sports medal category. Earn the Idrettsfelt pin by doubling the point or mileage value of the enamel level in that category.

Hederspris [hay-dersh-prees] —the outstanding achievement award—is for completing bronze, silver, gold and enamel levels in any three sports medal categories.



... folds after washing. The mangle board was a single piece of carved wood (usually oak, beech or pine), used in conjunction with a kind of rolling pin (or roller) around which a damp material (towel, cloth, sheet, etc.) was tightly rolled. The person using the mangle board held the handle with her dominant hand, with the other hand placed flat near the end of the board. The mangle board was then moved over the rolling pin in a back and forth movement, thereby smoothing the fabric.”

A little in English...

Record number of students want to be nurses since pandemic

As many as 8.7 percent more people have applied for higher education this year. Now during the pandemic, almost every tenth applicant wants to become a nurse.

"This makes me happy," says the head of the Norwegian Nursing Association Lill Sverresdatter Larsen to forskning.no.

"Nurses are needed more than ever and there is a shortage of nurses both nationally and internationally. Nurses have proven to be tough as nails now that the profession has become even harder in recent weeks."

Coronavirus crisis underscores the health professions

Pia Cecilie Bing-Jonsson, the Vice Dean for Education at the Faculty of Health and Social Sciences at the University of Southeast Norway, believes that the high application numbers for health professions may be a result of the coronavirus pandemic.

"Nurses and other health workers have been in focus during the crisis and we can see that this leads to more people wanting to follow these lines of study. At the same time, many people now lack work and see that nurses and other health professions can offer fairly secure jobs in the future."

Many applied at the last minute

Something different about admissions this year is that as many as 24,702 applicants submitted their application at the last minute, that is, on the day of the deadline. There were 10,000 more than last year.

At Samordna [the Norwegian Universities and Colleges Admission Service], this is interpreted to mean that far more people now wish to have a plan B by seeking higher education in Norway. This year, applicants could choose from a total of 1,303 different studies at 27 universities and colleges.

Excerpted from: <https://forskning.no/utdanning-virus/rekordmange-vil-bli-sykepleiere-og-leger-under-koronapandemien/1675604>

Litt på Norsk...

Rekordmange vil bli sykepleiere under koronapandemien

Rekordmange vil bli sykepleiere under koronapandemien. Hele 8,7 prosent flere har søkt høyere utdanning i år. Nå under pandemien vil nesten hver tiende søker bli sykepleier.

– Dette gleder meg, sier leder i Norsk Sykepleierforbund Lill Sverresdatter Larsen til forskning.no.

– Sykepleierne trengs mer enn noen gang og det er mangel på sykepleiere både nasjonalt og internasjonalt. Sykepleierne har vist seg beintøffe nå når yrket har blitt enda tøffere de siste ukene.

Koronakrisen viser fram helseyrkene

Pia Cecilie Bing-Jonsson, visedekan for utdanning ved Fakultet for helse- og sosialvitenskap på Universitetet i Sørøst-Norge, tror at de høye søkertallene til helseyrkene kan være et resultat av koronapandemien.

– Sykepleiere og andre helsearbeidere har stått i fokus under krisen og det ser vi kan føre til at flere ønsker å ta slike utdanninger. Samtidig er det nå mange som mangler arbeid og flere ser at sykepleier og andre helseyrker kan tilby ganske sikre arbeidsplasser i framtiden.

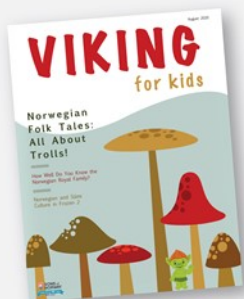


Mange har søkt i siste liten

Noe spesielt med opptaket i år er at hele 24 702 søkere sendte inn søknaden sin i siste liten, det vil si på den aller siste frisdagen. Det var 10 000 flere enn i fjor.

Hos Samordna opptak tolker man dette som at langt flere enn tidligere ønsker å ha en plan B ved å søke høyere utdanning i Norge.

Søkere kunne i år velge mellom hele 1303 ulike studier ved 27 universiteter og høyskoler.



It's Here! Download Viking for Kids Now!

As part of our 125th anniversary celebrations, we are thrilled to announce the launch of Viking for Kids. Now available for download from sonsofnorway.com, Viking for Kids is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more! We are excited for our heritage members to have a magazine of their own and we look forward to seeing it in use! To download Viking for Kids, visit sofn.com/vikingforkids.

Sons of Norway
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AUGUST 2020



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Norskedalen Activities

Throne Visitors Center
Hours From May - Oct:
Monday-Friday from 9am--5pm
Saturdays 9am--5pm
Sunday from 11pm--4pm



Guided homestead tours, when a guide is available, will be at 10 am, 1 pm and 3 pm Monday through Saturday, and 1 and 3 pm on Sundays. Self guided audio tours will be available in any event.

Admission rates for all programs with the exception of Heritage classes is \$6.00 for adults, \$3.00 for children, \$15.00 for families, and free for members of "Friends of Norskedalen."

Norskedalen Members may use the Norskedalen grounds 365 days a year from sunrise to sunset. Member parking pass must be clearly displayed in front windshield while using Norskedalen grounds.

Non-members may only use Norskedalen grounds during regular business hours and must check-in with office staff to pay admissions and receive a wristband.

Norskedalen phone: 608-452-3424

Web site: www.norskedalen.org

E-mail Address: info@norskedalen.org