



## Your calendar of events for November and December:

### November 2: BAKING WORKSHOP

Join the members of Vennelag Lodge for the 2019 Norwegian Baking Workshop at the Mt. Horeb Community Center. The day will start at 8:30 AM with warm heart waffles and beverages. From 9-12 AM, there will be eight stations for attendees to learn how to make lefse, rosettes, krumkake, smorgrøt, æbelskiver, waffles, orange Cardamom cookies, AND a surprise cookie. Bring multiple generations of your family. Due to safety concerns, we welcome children 9 years and over with an adult. The class has an enrollment cap, so encourage anyone interested in attending to register early. There is a \$25.00 per person fee. Bring a container to take your "goodies" home. Questions may be directed to one of our food chairpersons:

Ann Walser: [anncwals@gmail.com](mailto:anncwals@gmail.com) or Mary Gullickson-Krantz: [laffalot@mhtc.net](mailto:laffalot@mhtc.net)

217 N. Brookwood Drive  
Mount Horeb, WI 53572  
Ph: 608-576-5054

November 21: Lodge meeting 6:30 PM

November 29: Set up for the Breakfast with Santa day

### November 30: BREAKFAST WITH SANTA

You and your family are invited to Breakfast with Santa. We will be serving heart waffles, (GF option available), fruit, milk, juice, and coffee from 8:30-11:30 AM. You will have an opportunity to take photos with Santa and make some holiday crafts. Admission is \$5.00. Children age 3 and under are free. Members are needed to bake waffles, serve breakfast, set up the hall and assist children with craft-making. This is a fun event that involves young families but is enjoyed by all. The crafts made can be given as a gift or kept for years to come. Please tell your children or grandchildren to join us for an exciting morning with Santa! Questions regarding the Santa Breakfast may be directed to: Karen Eberhardt at 608-577-5906 or Jean Grindle at 608-574-7668



## Your December calendar of events:

### December 1: JULETREFEST

We are trying a new day and time for the safety of our members. Join us on Sunday, Dec. 1 from 1-1:30 PM for social time followed by our Juletrefest potluck at 1:30 PM. The celebration will continue with entertainment provided by Lizbeth Wacker, a Norwegian teacher and performer.

Please bring a dish to pass and your own table service. Wear your bunad or festive wear.

Please RSVP to Tiffany at 608-527-2821.

\*I sent a letter to invite Santa to join us. Do you think he will be there? Come and find out.

### December 9: LEFSE BAKING DAY

Lefse will be made at the ELC from 8:30 am to 4:30 pm.

### December 21: LEFSE BAKE SALE FUNDRAISER

The 2019 holiday lefse sale will take place on Saturday, [December 21st](#). This year our sale will be held in conjunction with the Farmer's Market breakfast at the Evangelical Lutheran Church. We will begin our sales at 8 AM. Please arrive early as the lefse is a popular holiday item. We ask that you limit your order to 2 or less dozen. Sellers are still needed.

Tusen takk og God Jul!



**The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to our members.**

## ORD FRA PRESIDENTIN



I'd like to share some lyrics from *The Rolling Stones* in regards of our food events for 2019:

No, you can't always get what you want  
You can't always get what you want  
You can't always get what you want  
But if you try sometime-you find  
You get what you need

And so it went. Mother Nature threw us a couple of curve balls this year--scorching hot weather in July and cold, rainy monsoons in October. Despite those conditions, members persevered and the Lodge generated enough funds to allow for its continuity in local philanthropy. Vennelag will also be able to cover budgetary expenses. Should there be excess funds, they will be deposited in our lodge CD accounts at the International Office. Treasurer Anna Olson will have a financial report on the event available to our members at the October meeting.

Thank you,  
Cheryl



### **LOOKING AHEAD...**

**Board Meetings 6:30 PM--Culver's**

**Wednesday, November 13**

**Wednesday, December 11**

**Wednesday, January 8**

**Lodge Meetings 6:30 PM--M.H. Community Center**

**Thursday, November 21 (1 week earlier due to Thanksgiving)**

**Sunday, December 1-Juletefest**

**Sunday January 19 (Winter schedule-the 3<sup>rd</sup> Sunday in Jan.-March at 2 PM)**

### **Vennelag Leadership 2020-2021**

Vennelag's Nominations Committee, consisting of Chuck Mørkri, Duane Kittleson, and Ann Walser, is in the process of contacting members to fill vacant offices. It is with new ideas that Vennelag remains, and I encourage you to consider a Lodge leadership position. We have two exciting events on our plate for the next two years: a Lodge trip to Norway and the celebration of our 50<sup>th</sup> Anniversary! Won't you consider joining the Board of Directors?

### **Scholarship Info**

The Sons of Norway Foundation has opened its portal for scholarship applications. If you have children in college now or you are the parent of a high school senior, investigate these great options by visiting: [www.sofn.com/foundation](http://www.sofn.com/foundation) Lykke til-Good Luck!

Children with a connection to Vennelag Lodge are reminded that our Lodge will be awarding one \$1,000.00 scholarship to a deserving high school senior. Applications will be available in early January and are due in the hands of the Scholarship Committee on **March 1, 2020**

[www.sonsofnorwaymhoreb.org](http://www.sonsofnorwaymhoreb.org)

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## HIGHLIGHTS FROM OUR AUGUST MEETING



A check for \$1,000 was presented by the Vennelag members to Jeff Gorman, Mt. Horeb Parks and Forestry Director, for the dragon head project.



Author Sandra Brehl, shared her knowledge of writing novels and picture books.



## BOTHAM VINEYARD TOUR

A group of Vennelag members were given a personal tour of the **Botham Vineyard** by owner, Peter Botham. He explained how last year's "POLAR VORTEX" took its toll on the grape crop. He took us into the wine fermenting room and explained the process of wine making. He treated us to a glass of yet-to-be-released Moscato, which was enjoyed by all.



## TUBFRIM

Save used stamps and expired or used phone cards for Tubfrim to help disabled children and youth in Norway. Cut leaving about ¼ inch around each stamp on all sides. Bring them to a lodge meeting.



**Woo-hooo! Winner, winner!** The Vennelag Lodge Sons of Norway Viking float **WON** **Best Community/Non-Profit float** in the 2019 Middleton Good Neighbor Festival.



Allen Watrud, Natalia Watrud, Jean Grindle, Ann Walser, Carolyn Johnson, Cheryl Wille-Schlesser and Mark Hanson represented our Lodge.

**Our Frokost Lefse makers**

The combined efforts of our Thursday and Friday lefse workers produced 481 lefse. Their "hands and hearts" were on a mission to make perfectly round, lightly browned rounds for Frokost.



The **Rolling Little Library** is rolling into the Lodge. At all future meetings there will be a rolling suitcase full of Norwegian books. Borrow one and bring it back when you have read it. If you have Norwegian books that you have read and would like to pass on, put them in the *Rolling Little Library*.

At the next few meetings, tables will be designated to discuss Norwegian books for those who wish to earn the Literature medal. You don't have to be working on a medal to participate in the discussion.



# FROKOST



Vennelag's Viking greeted our guests.



WELCOME TO FROKOST!

Who wants a good cup of Norwegian coffee?



There were lots of goodies for sale



Lefse and Smørgrot were served with pride.



Frokost brought smiles to all!

## *Thank You, Thank You, Thank You*

A cold, raw day caused a slow start for the Frokost but it picked up and there was a steady flow of hungry people seeking a tasty, warm breakfast. Though the day was cold, the food and the friendship in the Community Center were warm and inviting.

We had our very own Viking walking around the breakfast! Visitors enjoyed having their picture taken with him. Maybe we will see him again. We had guests all the way from Omaha, Nebraska, Denver, Colorado, and Illinois and everywhere in between.

Your help and time and contributions matter and are appreciated. Your participation is very important and valued. Our fundraiser was a success! It takes everyone to make it happen every year. Thank you to all for helping in whatever capacity you did. Vennelag is doing well because of you. It was a job well done.

*Thank you again! Tusen takk!*

Rita Schraepfer, Event Chair

## **WILD RICE SALAD**

### **Ingredients:**

¾ cup wild rice

3 cups water

½ tsp. salt, plus more to taste

1 large celery stalk, chopped

⅓ cup dried cranberries

1-2 oranges, peeled, sectioned and chopped (hold the orange over a bowl when chopping to capture the juice)

¼ cup fresh orange juice

1 tbsp. walnut or canola oil

ground pepper to taste

¼ cup pomegranate seeds (optional)

### **Cooking the Rice:**

Using a large saucepan over medium-high heat, combine your water, rice and 1/2 Tsp. salt. When this comes to a boil reduce the heat to medium-low, cover and simmer for approximately 40 minutes or until your rice is tender. Drain your rice and set aside in a bowl.

### **Making the Salad:**

When rice has cooled, add walnuts, oranges, celery, cranberries and orange juice.

Add the oil and stir gently. Season to taste with salt and pepper.

Place the salad in a serving bowl, garnish with the pomegranate seeds and serve. (Serves 4)



Bergen Harbor, Norway (Sept. 2019) taken by Aldeen Fjelstad



Troll Mountain, the dream of George Seivers, came to fruition this fall. At the dedication ceremony, his wife Janice cut the ribbon, while those who helped make the project become a reality, looked on. The troll greets all as they enter Mount Horeb from Hwy. 18/151.

Some of our members were at the airport Oct. 5 to welcome home the Badger Honor Flight...SON member Dave Grindle was on the flight, accompanied by his son, for the day in Washington D.C.



Please Note: If you receive a notice or call that a member is sick, in a nursing home or has passed away, please contact Rita Schaefer-Drefke: [rsderke@gmail.com](mailto:rsderke@gmail.com)  
608-220-7565.

## A little trivia for you!

### Who Were the Vikings?

(from the History Channel: [www.history.com](http://www.history.com))

Ten Things You May Not Know About the Vikings

- 1) Horned helmets did not exist.
- 2) Vikings were known for their excellent hygiene.
- 3) They used a unique liquid to start fires.
- 4) Vikings buried their dead in boats.
- 5) They were active in the slave trade.
- 6) Women were given some basic rights.
- 7) Men spent the majority of their time farming.
- 8) Vikings skied for fun!
- 9) Viking men preferred being blond and took rash measures to achieve it.
- 10) Vikings were never part of a unified group.

**SPEAKING OF TRIVIA..** Our January meeting will be a fun night of trivia. **EVERYONE** plays. It will be a time of laughter, spacing out, laughter, lots of groans, laughter.....you get the picture. Come and join in the fun!



A small group of Vennelag members made the color tour to Westby. Although the colors were not at peak, shopping at Dregne's Scandinavian Gifts was a highlight as was lunch at Borgen's Cafe.

### A NORDIC GIFT IDEA!

The tenth annual Sons of Norway **Christmas** Ornament marks a return to the traditional Telemark style. The classic earth tones used for this style of rosemaling reflect the pigments naturally available to early artisans near the southern coast of Norway. Blue, which was harder to come by, was used more sparingly as an accent color.

In honor of Sons of Norway's 125<sup>th</sup> Anniversary, this commemorative ornament will be available for both the 2019 and 2020 holiday seasons at: <https://sofn.logoshop.com>

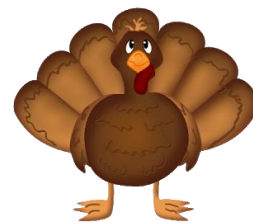


**VELKOMMEN** to Susan Vass, our newest lodge member.

### Do you have a change of address?

Please inform Duane Kittleson of any change in mailing address or email. You may make a request to discontinue the printed copy to receive an email copy notification when the newsletter is posted on [www.sonsofnorway5.com](http://www.sonsofnorway5.com).

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Vennelag News

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