



NYHETER BREVET

(NEWSLETTER)



PUBLISHED BY THE SONS OF NORWAY'S VALKYRIEN LODGE, WOODVILLE, WI.

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NOV.— DEC. 2016

Ord fra din Valkyrien Losje Presidenten

-Words from your Lodge President-

Kjære Venner,

November is already here and we are blessed to have a beautiful Autumn with wonderful weather. I hope you have found the time to get outside and enjoy it.

With Autumn comes all of those wonderful and delicious meatball and lutefisk dinners and all of the Scandinavian goodies that goes along with them. Remember to keep track of the dinners that you go to, as well as ones you prepare at home, so you can enter our "Lutefisk Eating Contest."

As you know, our Valkyrien Lodge was awarded the 2015 "Lodge of the Year Award" at the August Sons of Norway International Convention in Tacoma, Washington. I cannot express in words how proud I am of each and everyone of you. It takes individuals who are willing to lead, volunteer and participate to attain the goals of our lodge and the Sons of Norway. I am extremely fortunate to be surrounded by members who are willing to step forward and do their share in making our lodge worthy of this award.

The position of vice-president needs to be filled for 2017. Also, I have now completed 4 years as your president. I believe it is important to have "new leadership and new ideas" and I think it would be great if one of you would step forward for one of these positions. Please contact me if you wish to do so. Vennlig hilsen,



Sandra Olson, President



Coming Events NOVEMBER, 2016

Monthly Lodge Meeting:
November 28th at 6:30 PM

"Farming and Cheese Making in Norway"— A Video
Compliments of
Betty Norvold with
Comments by Einar Sandom
and Don Olson

Servers:
Judy Johnson
Karen Eicher

Coming Events DECEMBER, 2016

Board /Directors Meeting:
Monday, December 5th at 1:00 PM

Christmas Party at the Home of
Mary & Erling Lesterud
At 5:00 PM

Monthly Lodge Meeting:
December 26th at 6:00 PM
Singing at Parkview Care Center
Followed by:
Julefest Potluck—6:30 PM

Coming Events JANUARY, 2017

**Board /Directors
And
Monthly Lodge Meeting**

To be determined
Dates forthcoming

Please send us any
suggestions you have for
upcoming programs!

HAPPY NEW YEAR

Valkyrien Lodge 5—053, Woodville, WI.

Meeting Minutes for Oct. 24th, 201

President Olson called the meeting to order and led us in the Pledge of Allegiance. Chuck Bricton led in the singing of the American and Norwegian Anthems.

Guests included Kathy Peterson, Anita Fletcher (Don Olson's sister) and Janet and Ruth from Stillwater MN who were guests of the Lesteruds.

"Et Amerikansk Besok", a program by Don Olson, included pictures taken when he was in Norway in 2015. He visited his family farms there.

The Secretary and Financial Reports were approved as written. *Note: President Olson noted that confidential information (ie. members' birthdays financial reports, etc.) will only be included in the newsletter to Lodge members. Other recipients will receive a revised edition.*

We viewed the plaques received at the International Convention for District Large Lodge and for the Founder's Award given for our increase in growth of 7% for 2016.

It was also noted that we are in need of President and Vice President nominees for 2017.

New Business: Masse Moro Camp costs will increase from \$700 to \$800 next year. District 5 has begun a fundraiser with a book—"Hidden Heroes"—which gives eyewitness accounts of the German occupation of Norway during WWII. They are being sold for \$20 each with the profits going to the Camp. The motion was made by Arlys Olson that we give a \$500 donation to Masse Moro. It was seconded by Audrey Severson.

Discussion followed about our upcoming Christmas Party which will be held at the Lesterud home on Saturday December 10th at 5:00 PM. Our regular scheduled meeting for December will be on Monday, December 26th. We will begin with our annual visit to Parkview Care Center for singing to the residents at 6:00 PM. Afterwards, we will go to the Parish Hall at Zion for our potluck meal. It was suggested that we think of a little gift to give each of the residents.

Financial Adviser Tom Kunkel gave an update on Sons of Norway's insurance plans. A drawing for prizes followed.

President Olson made note of the article in the *Woodville Leader* about our September music concert.

Our next Lodge meeting will be Monday, Nov. 28th, featuring a Norwegian video describing cheese making in Norway.

Audrey Severson, Secretary

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LODGE LINES

FALTEISEK CONCERT

AN EVENING

OF WONDERFUL MUSIC & PHOTOS!



Volunteer members pose with Chris Falteisek

The Concert opened with Chris (*center above*) showing a multi-media show of photographs taken when he returned to Norway this past summer. Some of his original musical compositions were then performed. Also on the program were many recognizable old Norwegian songs including: Pål Sine Høner (*Paul and His Chickens*), Kan Vissla, Johanna? (*Can You Whistle, Johanna*), Johan På Snippen (*John the Farmer*) and Hils Fra Mig Der Hjemme (*A Sailor's Greeting: Greet Them All Back Home*). A social time with Norwegian refreshments followed.

QUICK NOTES ...

Oct. 11th—We were able to fill a bus and made the trip to Minneapolis for the newest Church Basement Ladies' play "Rise Up, O Men." It was a delightful presentation! A special thank you to Babe Jacobson for making the arrangements.

Dec. 26th—We have purchased some small Scandinavian straw ornaments to give as a gift to the residents attending our Song Fest at Parkview Care Center next month. Bring your singing voice and join us !

VALKYRIEN LODGE

Large Lodge of the Year—2015

It was with a great deal of surprise and excitement that we learned that we had been named LODGE OF THE YEAR for 2015. The announcement came at the Tacoma, Washington, Sons of Norway's International Convention in August.



Dave Hermunson, from the Eau Claire Loven Lodge, accepted the award on our behalf. These awards are presented for each year and then recognized at the biennial convention. At that time, recognition is given to the Large and Small Lodges for each

of the previous two years.

"This award makes us extremely proud of the time and effort we have put forward to become worthy of this honor. We thank our members who are always ready to volunteer to help us attain our goals," commented President Sandy Olson.

A SPECIAL THANKS ...

"Thank you for your generous donation and heartfelt note about Masse Moro. We are working hard to help this camp be self-sustaining. I will keep Valkyrien in mind and especially your members and families who have benefitted by the Masse Moro program." From Mike Palecek, Treasurer—District 5

THANKSGIVING TIME ...

In the USA, Thanksgiving is a time for families to gather, share a meal and give thanks for their blessings. In Norway, this holiday is called Høsttakkefest and marks a successful fall harvest and time to give thanks to the land. It coincides with the Buferdsdagen—the time when livestock is moved from lush summer farms in the hills to protective winter surroundings.

From Viking E-Post Archive—2016

LODGE LINES

BOARD/DIRECTORS' REPORT

October 3, 2016

President Olson called the meeting to order at 1:05 PM. The concert by Chris Falteisek was well received. Chris has expressed the possibility of another one when the Leon Sisters can join in. He also offered to assist in genealogical research with our Lodge members. Also, three individuals expressed interest in joining our Lodge. President Olson will follow through on this.

A motion was made and seconded to pay Zion Lutheran Church a \$50.00 donation for the use of the church for the concert and hall. The church custodian, David Leon, was paid \$50.00 for the technical assistance during the concert.

The bus filled up for the Play "Rise Up, O Men" on October. Those attending were reminded to meet at the church at 8:45 AM.

Don Olson will be on the program for our October 24th Lodge Meeting. "Et Amerikansk Besok", will cover his trip to Norway to visit relatives there. The November meeting program will be a video showing the cheese making process at the Norwegian farm of one of Betty Norvold's relatives. Servers for this meeting are Judy Johnson, Karen Eicher and Audrey Severson—with emphasis on various kinds of cheese.

Viking Cats Rode The Seas

A vision of Viking sailors braving the seas for parts unknown probably doesn't conjure up thoughts of furry feline shipmates. However, a new genetic study reveals that cats likely accompanied the Vikings on their travels.

Evolutionary geneticist Eva-Maria Geigl and colleagues Claudio Ottoni and Thierry Grance presented the study findings at the International Symposium on Biomolecular Archaeology. Although domesticated cats have a long relation with humans, little is known about the origins of their ancient ancestors. In the first study of its kind, scientists compared DNA samples from over 200 ancient cats that lived between 15,000 years ago and the 1700s. Study findings point to two waves of growth in cat populations—one in early Mediterranean farming communities as far back as 12,000 years ago and a second thousands of years later as felines from Egypt spread across Africa and Asia. Sequenced DNA results indicate a common lineage from cats in Egypt to cat remains found as far north as a Viking burial site in northern Germany. Christian Koch Madsen with the National Museum in Nuuk, Greenland, echoes the study findings pointing to archaeological evidence of cats in Greenland. "They must have come aboard Viking ships, he told ScienceNordic."

From - E-post Archive 2016.



Thanks go to Carol Forsythe for the following recipe. It was served at a recent meeting and was YUMMY!

RASPBERRY RIBBON SALAD

Jello Mixture: 1—6oz pkg. raspberry Jello
1/2 cup sugar
2 -1/2 cups boiling water
2—10 oz. pkgs frozen raspberries
2 T. lemon juice

Topping: 1 pkg. graham crackers (22 squares), 2 tbsps. sugar and 3/4 stick of butter. Crumble crackers. Add sugar and melted butter. Mix well and set aside.

Cream: 8ozs. softened cream cheese, 2/3 cup powdered sugar, 2 tsps. vanilla 1/2 tsp. salt and 1 pint of cream (whipped).

Mix the cream cheese, powdered sugar, vanilla and the whipped cream.

Assemble by alternating layers of the Jello mixture and the cream mixture in a glass bowl.

Top with the crumbled cracker topping and refrigerate until serving.

Dissolve Jello in water. Add sugar, frozen raspberries and lemon juice. Stir berries until separated. Jello should be starting to thicken.