



# Valhall Lodge Newsletter

Sons of Norway Lodge # 5-168 January – March 2020

[www.sonsofnorway5.com](http://www.sonsofnorway5.com)

[www.facebook.com/sofnrkfdValhall5168](https://www.facebook.com/sofnrkfdValhall5168)

Contact us: [sofnvalhall5168@gmail.com](mailto:sofnvalhall5168@gmail.com)

Meetings are on the first Sunday of the month

Public is welcome



## Kalender



### Valhall Calendar

Jan. 5 – Lodge Meeting  
2pm – Peterson Meadows

Feb. 9 – Lodge Meeting  
2pm – Peterson Meadows

Mar. 1 – Lodge Meeting  
2pm – Peterson Meadows

Apr 5 – Lodge Meeting  
2pm – Peterson Meadows

May 3 – Lodge Meeting  
2pm – Peterson Meadows

Jun 7 – Lodge Meeting  
2pm – Peterson Meadows

July – No lodge Meeting  
Aug – No Lodge Meeting

Sept 13 – Lodge Meeting  
Time & Place TBD

Oct. 4 – Lodge Meeting  
2pm – Peterson Meadows

Nov 1 – Lodge Meeting  
2pm – Peterson Meadows

Dec - Juletre Fest  
2pm - Peterson Meadows

### 2020 Lodge Officers

President - Vicki Rudh-Jones  
Treasurer - Richard Fairchild  
Secretary - Christina Fairchild  
Financial Secretary –  
Vicki Rudh-Jones  
Foundation Director –  
Richard Fairchild  
Cultural Director –  
Wendy Higgins  
Social Director – Lee Ann Harp  
Editor & Publicity –  
Christina Fairchild  
Sunshine – Lee Ann Harp  
Trustee & Auditor  
Bill Brod  
Gary Melby  
Ray Pederson  
Counselor – Gary Melby

**Sunday, January 5th- Lodge Meeting** 3pm – 6pm (weather Permitting)

Peterson Meadows , 6401 Newburg Rd, Rockford, IL

**Program: Installation of Officers, Approve 2020 Budget**

**Saturday, January 25 - Board Meeting – 10: am Home of Vicki Rudh-Jones**

**February is "Norwegian Sweater Month" at Sons of Norway"**

**Sunday, Feb 9th – Lodge Meeting 2 pm – 5pm** (weather permitting) Peterson Meadows - 6401 Newburg Rd, Rockford, IL

**Wear your Norwegian sweater to this meeting.**

Program: Movie Documentary “**Siblings Are Forever**” A warm and poetic documentary about a brother-and-sister couple, Magnar and Oddny. At about 70 years old, they live on the family farm and run it in about the same manner as it was run by several generations before them. It is about people who live the way many Norwegians lived before petroleum- driven wealth changed almost everything: Closely entwined with the grandiose natural surroundings, while at the same time impoverished in terms of financial wealth.

**Thursday, February 20 - Barnebirkie Youth Ski Tour**

Non-Competitive Ski Tour for youth ages 3 to 13 – Hayward, WI

Registration 9:30am – 11:30am

Cost: Jan 1 – Jan 23 \$10.00, Jan 24 – Feb 19 \$13.00, Feb. 20 Event Day \$18.00

More Information and on-Line Registration: [www.birkie.com](http://www.birkie.com)

**Sunday, March (Mars) 1<sup>st</sup> - Lodge Meeting 2 pm – 5pm**

Peterson Meadows, 6401 Newburg Rd, Rockford, IL

**Program: Movie Documentary “Siblings Part 2 – The Grand Journey”**

## District 5 Barnebirkie Cookie Contest

District 5 will be providing a cash prize to the lodge that provides the most cookies for the annual Barnebirkie in Hayward, WI on Feb. 19th. Please bake cookies by the dozens for the Barnebirkie and **bring your cookies packed in non-returnable containers to the February Valhall Lodge meeting (Feb 9<sup>th</sup>)** or drop them off at the home of Vicki Rudh-Jones by Feb 15. Christina Fairchild has volunteered to deliver the cookies.

**Contact** Vicki Rudh-Jones (815)282-2374 or Christina Fairchild at 779-208-2225 if you have cookies that need to be picked up for delivery

\*\* Yes, Store bought cookies are accepted\*\*

**Due to allergies NO Nuts!**



*Gratulere Med Dagen*

### **Jan:: Januar**

Greg Ragan 1/3, David Olafsen 1/8, Patricia Farney 1/9, Jayne Ragan 1/13, Christina Fairchild 1/15, Richard Fairchild 1/16, Arlene Pederson 1/16, Marie Andreassen 1/17, Wenke Hansen 1/18, Loyce Herrmann 1/20, John Johnson 1/27

### **Feb: Februar**

Richard Pederson 2/17, Vicki Rudh-Jones 2/19, Carolyn Singel 2/20, Beth Johnson 2/24

### **Mar: Mars**

Lillian Reinerstsen 3/3, Wanda Berke 3/6, Gunvor Dalland 3/8, Jayne Brod 3/10, Barb Palm 3/10, William Cutler 3/14, Karen Drager 3/15, Michael Jones 3/15, Mary Hallgren 3/17, Richard Jewell 3/20, George Hagen 3/25, Ray Pederson 3/26



**Save used stamps  
and expired or used phone cards**  
for Tubfrim to help handicapped children and youth in Norway. Cut about ½ inch around each stamp. Bring your stamps to any meeting.

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries and provide quality insurance and financial products to our members.



## NORWEGIAN BLØTKAKE

### Sugar Bread (for base)

6 eggs  
150 grams sugar,  
150 grams all- purpose flour,  
1 tsp. baking powder

### Filling

½ cup blueberries (tossed lightly in sugar),  
½ cup raspberries or strawberries (tossed lightly  
in sugar)  
1 ½ cups heavy cream  
1 tsp. Vanilla

### Decorate

2 cups heavy cream  
2 Tbsp. sugar  
1 tsp. vanilla  
2 cups fresh Raspberries or strawberries 2 cups  
Blueberries

### Directions:

Preheat oven to 350F. Line a 13×9 baking pan with parchment paper or a 10 inch round cake pan, depending on what shape you'd like the cake to be.

**For the sugar bread;** whisk the eggs and sugar and vanilla extract until thick and frothy. Sift in flour and baking powder and combine everything carefully with a spatula. Pour into the prepared baking pan and bake in oven for approximately 30 minutes. Remove cake from oven and let cool on a rack and divide into three layers.

**For the filling:** Whip the cream with the sugar and vanilla extract until nice and thick. Spread one cake layer with the blueberries; spread half of the heavy cream evenly on top. Place another cake layer on top of the heavy cream and sprinkle the raspberries/strawberries over it, topping with the rest of the heavy cream. Place the last and third layer on top.

**For the decoration:** Whisk the cream, sugar and vanilla together. Fill into a piping bag and decorate the cake with the whipped cream in whatever pattern you like.

**Garnish with the raspberries and blueberries.**

Image Source: hjemmet.no Recipe:  
<https://arcticgrub.wordpress.com/2013/02/09/a-classic-cake-for-norwegian-mothers-day/?iframe=true&preview=true/feed/>

## Dis n Dat

Did you know ... Feb. 9 is Norway's Mother's Day?

In Norway, Mother's Day (Morsdag) is celebrated on the second Sunday of February, and not the second Sunday in May the way we do here in the U.S. It is the Americans, however, who has 'perfected' this celebration and to this day, Mother's Day is the busiest day of the year for restaurants all across the country.

In Norway, the first Mother's Day was celebrated on February 9th, 1919 in Bergen, and was initially celebrated by religious groups, but it was the Oslo women Dorothea Schjoldager and Karen Platou who, in 1919, in conjunction with fitting organization, business people and mass media, were successful in establishing Mother's Day as a national holiday in Norway. Typically, families will make a special cake in honor of Mother's Day, as well as serving mom breakfast in bed.

To all the fabulous Norwegian mothers out there I say:  
Gratulerer med morsdagen!!

Excerpts from: <https://arcticgrub.wordpress.com/2013/02/09/a-classic-cake-for-norwegian-mothers-day/?iframe=true&preview=true/feed/>

## Valhall 2020 Board





Visit from the Julenisse



Seven Sorts



## *Juletrefest – 2019*

I would like to thank my wife Christina, the Juletrefest Committee, our cookie bakers, raffle basket donators, and volunteer helpers, Linda Petersen, Karen Drager, Karin Ropp, Gary & Cathy Melby, Lee Ann Harp, Vicki Rudh-Jones, Mike Jones., Ray & Arlene Pederson, Wendy Higgins, Rev Wang and everyone else whom we might have forgotten to mention for another successful year. Once Upon a Dream characters were a BIG hit this year. I leave you now in the capable hands of your new social director Lee Ann Harp and take on my new role as lodge Treasurer.  
Richard Fairchild



Tusen Takk! Once Upon a Dream  
Of Rockford



**As the Norwegians say, there is no such thing as bad weather, only bad clothing! It's time to get your woolies out of the closet, as this weather seems to be setting-in for the long haul.**

**VIRTUAL PILGRIMAGE TO RINGSAKER, NORWAY**

All lodges in District 5 have been invited to participate in the Virtual Pilgrimage challenge to Ringsaker, Norway. There are **3 goals of the Pilgrimage**:

- 1) To recognize the 125th Anniversary of the Sons of Norway in 2020
- 2) To activate our membership and promote wellness among our members
- 3) To earn money in support of Masse Moro, the 5th District's heritage camp for youth ages 9-15.

Each month, mileage from our members will be tallied and our progress will be posted on a map at the Lodge meeting. You can help by finding an activity and engaging in it. The new Valhall Board will prepare some activities for the membership. Watch for further information.

**Lodges completing the Pilgrimage will have their names posted on the District 5 webpage, and they will receive a certificate of their accomplishment suitable for framing.** I encourage our athletes to take pictures of themselves in their choice of activity. These pictures will be incorporated in a Power Point slide show to be shared at the D5 Convention in Madison in June 2020.

Lykke til-Good Luck!

**It's coming... Birkie Fever is catching! ...**Whether they come by truck, car, or plane, Hayward, WI will soon host skiers from around the world for the *Greatest Show on SNOW-The American Birkebeiner* or "*Children's Ski Race*". The 2020 Barnebirkie event will launch the festivities on **Thursday, February 20<sup>th</sup>** ... Participants in the Barnebirkie are between the ages of 3-13. The Barnebirkie has been long supported by the Sons of Norway 5<sup>th</sup> District. Each year our members provide cookies by the thousands to ski families at the Celebration Tent in downtown Hayward. **Our volunteers also assist with the ski registration, serve a hot lunch to our volunteers, play music at the VFW canteen, assist the classic skiers at the Expo, and fulfill other requests made by the Birkie Office... We could always use volunteers!**

**BRING ON THE COOKIES!**

Cookies will be collected by Vicki Rudh-Jones (815) 282-2374 and Christina Fairchild (779) 208-2225 and transported to Stoughton by **Monday, February 17<sup>th</sup>** or before, if inclement weather is forecast. (Store bought such as Oreo cookies, oatmeal, chocolate chip, etc. are accepted) Should you wish to have a group baking day, that can be arranged. Please indicate your interest at: [cfaire56@gmail.com](mailto:cfaire56@gmail.com)

***CAUTION-Due to the many individuals who have been diagnosed with allergies to tree nuts and peanuts, please DO NOT use them in your baking.***

**The classic skiers have also made a request for *healthy cookies!*** Providing a spice cookie such as cardamom, molasses, ginger, pumpkin, or a fruit option would be fantastic. Oatmeal raisin cookies are popular, too. Please pack your cookies in a disposable container, labeling it with our Lodge name and the number of cookies that are enclosed. ***If you do not wish to bake cookies this year, you may write a check payable to the Nordic Legacy Foundation.*** These checks will be forwarded to District 5 Treasurer Michael Palecek. Checks will be deposited into the 5th District's Scholarship Fund. Thank you in advance for your support of this worthy District 5 sponsored event. Go to the District website for more information: [www.sonsofnorway5.com/programs/barneberkie.php](http://www.sonsofnorway5.com/programs/barneberkie.php)

***If you would like to volunteer at the Barnebirkie in Hayward, WI, contact*** District 5 Sport and Recreation Director, Cheryl Wille-Schlessler: [rogcher@mhtc.net](mailto:rogcher@mhtc.net), or contact by phone: 608-219-4464 .

**NOTE:** Volunteers should know that a reservation for dinner has been made at the Steakhouse and Lodge, 15860 T Bone Lane, Hayward, WI 54843 for 6 PM Wednesday evening, February 19th. Individuals pay for their choice of meal. Further information about job assignments, obtaining nametags, or credentials and a briefing from the crew chief, Eileen Timmerman, will occur

**Those who are willing to work in the Celebration Tent need to register this year.** To volunteer, go to [www.birkie.com/volunteer](http://www.birkie.com/volunteer). Type the password, *barne2020finish* into the box that is provided. A dropdown option will appear for Sons of Norway volunteers. Currently 9 worker slots remain.

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### **CONSIDER BEING A DELEGATE TO THE 2020 DISTRICT 5 LODGE MEETING AND CONVENTION!**

Elections will be held in February to elect Valhall lodge delegates and alternates for the District 5 convention. To help new members and those without convention experience, here are some things to consider and share with your membership:

#### **Who can be a delegate or alternate?**

- You do NOT have to be a benefit member to serve as a delegate to the District Convention.
- Current District 5 Board members cannot serve as delegates for their local lodges.

#### **Time Requirements**

- The **District 5 Convention is June 24-28, 2020 in Madison, Wisconsin.**
- Your delegates may be asked by the District President to serve on a committee. This would require them to attend committee meetings on the Thursday morning and afternoon (or until committee work is done and the committee is dismissed).
- The opening ceremonies will be on Friday morning. **The first official business and seating of the delegates is also Friday morning and all delegates need to be in all sessions Friday and Saturday.**
- As times and schedules are finalized, watch the District 5 website ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) and future mailings for schedules and timelines.

#### **What does a delegate do?**

- Represents and speaks on behalf of your lodge on District business, resolutions, proposed changes
- Accepts your lodge's recognition and awards
- Attends all delegate sessions, zone meeting (Saturday noon) and votes on behalf of your lodge
- May serve on a committee if asked to by the District President
- A delegate is the only member (along with current District 5 Board Members) that can run for the District Board (if a benefit member or if they purchase a benefit product at the convention).
- A delegate can run for a delegate spot for the International Convention (August 16-23) in Ringsaker, Norway, if they are a benefit member or if they purchase a benefit product at the convention.
- Learn about Sons of Norway by attending workshops, visiting displays and visiting with other members
- Bring back many ideas, activities and enthusiasm that will benefit your lodge
- Report to your lodge about what they learned, business conducted and report on elections held at the convention
- Have a wonderful time and go home ready to carry out the mission of Sons of Norway!

**What is a Benefit Member?** Someone who owns a Sons of Norway insurance certificate.



## Son of Norway Valhall Lodge 5-168

Christina Fairchild-Editor  
226 W River St.  
Rockton, IL 61072



**District 5 Convention**  
**June 24-28, 2020**  
**in**  
**Madison, Wisconsin**

**Would you like to receive a paperless copy of your newsletter? Contact your newsletter editor at [cfairc56@gmail.com](mailto:cfairc56@gmail.com) with Newsletter in the subject line**

If you know of a member that is ill at home, in the hospital, lost a family member, fell on some hard times, needs some encouragement or passed away –

**Sunshine Person: Lee Ann Harp cell - 909-806-0825 or email [norwaygirl252@outlook.com](mailto:norwaygirl252@outlook.com)**

The Valhall Lodge Newsletter is published every three months. Submit items of interest you would like to post in our newsletter to the Editor by the 15<sup>th</sup> of the month. When you attend a Norwegian event that would be of interest to your fellow lodge members, please add your editor's name & address to their mailing list. Also, please notify the editor of a member passing so they may be acknowledged in our newsletter.

**Editor: Christina Fairchild -226 W River St. Rockton, IL. 61072** phone (815) 624-4478

E-mail [cfairc56@gmail.com](mailto:cfairc56@gmail.com) if you have an e-mail address; please let us know what it is.