

INDIANAPOLIS' CIRCLE CITY LODGE 5-614



The Wren

V.26 ISSUE 1 MARCH/APRIL 2017

STAY CONNECTED TO SON

 Sons of Norway - Circle City Lodge

SON Newsletters

will be available on a bimonthly basis. For the electronic newsletter, please send your email and contact info to: jlrud@cinergymetro.net JERRY RUD

If you would like to receive a printed version of the newsletter, please send your contact info to: burtonbittner@att.net BURT BITTNER

FOR NEW DETAILS ON OUR KROGER FUNDRAISER, PLEASE SEE PAGE 8.



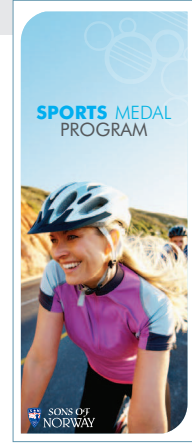
ONE FISH. TWO FISH. WHY FISH. LYE FISH.

“It’s god-awful,” Travel Channel’s **Andrew Zimmern** said of the lutefisk dish, which takes perfectly fine cod and has it “rehydrated in water with lye in it. (It’s rinsed) for like eight days and the results turn it into like fish jello. It just destroys a great product, which is salt cod ... Why this weird pocket of Scandinavians decided they had to treat it with an animal poison is absolutely beyond me.” Clearly, Zimmern hasn’t tried the Circle City Lodge’s Lutefisk. Lodge member **Tim Lisko** had two helpings, and Lisko’s toddler, **Milo**, “enjoyed” two bites. That’s quite a bit of lutefisk for a nearly two-year-old. The annual event was well-attended and heartily enjoyed.



SPORTS MEDA PROGRAM

Included in this issue is a brochure about the Sports Medal Program, which brings a bit of Norwegian tradition to its members by encouraging everyone to participate in activities that will improve their health and well-being in ways that suit each individual.



from the President

Members and Friends of Circle City Lodge,

I hope you have been enjoying our unseasonably warm weather. It surely feels like spring and is very welcome.

The **chili contest** in January yielded 8 different types of chili and we sampled each of them. After the votes were cast, **Doug Bittner** won and was awarded a \$20 gift certificate to Starbucks. A photo of him was sent to the **District Sports Director Michael Decker**. Doug will get his picture on the District 5 website, a blue ribbon, a certificate and most importantly, “bragging rights” for the year! Our fun after the chili cook-off was to play Norwegian bingo. The intent had been to watch the movie on DVD **The Last King**, the story set in the 1200s about an infant king who had to be whisked out of the country by cross-country skiers. After I obtained the DVD from Netflix I realized it was R-rated for violence and one bedroom scene. This was unfortunate because the skiing sequences are phenomenal, so I would recommend this film for adult viewing. As you may know, there are commemorative Birkebeiner races held in several countries now. One is the annual **Birkebeiner** race in Hayward, Wisconsin, which was to be held Feb. 24, but was cancelled this year due to 50 degree weather and the resulting lack of snow in northern Wisconsin.

Our lutefisk/meatball dinner was so delicious thanks to the masterful cooking of **Burt, Jean, and Doug Bittner, Dagrun Bennett, and Kathy Krueger**. Of the 43 attendees there were our lodge members, and guests from Cincinnati (**Esther Charlton**, District Cultural Director) and her friend **Nelda Chandler**. There were also seven members of SVEA, the local lodge of the Swedish VASA organization, who joined us, two of whom are also members in our lodge. We were glad they all joined us.

There are some exciting events coming up: Our first **genealogy workshop** is on March 4 at the Indiana State Library (10 am - 4 pm). Then on Saturday, March 11, our sammenkomst will be a pitch-in and the program will be “Stories From Norwegian-American Communities” by **Søren Urberg**. I can guarantee that you will get a good laugh from his talk! Søren and his wife **Patricia** are recent transferees from the Ft. Wayne lodge, and he has the gift of loving to talk in front of a group!!

After the sammenkomst on the 11th, we are going bowling at **Woodland Bowl**, 3421 E. 96th St., Indianapolis at 5-8 pm. This is just south of King of Glory Lutheran Church, north of I-465. As part of the District Bowling Tournament members bowl three games (at a bowling alley or on a Wii gaming system), pay \$5 to enter, and then their average score is reported to the District, and later the winner is announced. All the money goes to scholarship funds. Please indicate your interest to me by **March 10** so I can reserve adequate lanes for us.

In April our sammenkomst will be on Friday, the 7th. The food will be a pitch-in themed on open-faced sandwiches. Please bring your favorite sandwich creation. Our program on April 7 will be a talk by member **Susan Fleck** and her friend **Bonnie Pribush** on their trip to Cuba. Susan’s photographs never fail to impress, so you won’t want to miss this.

We have tentatively scheduled a workshop on **Hardanger embroidery** led by **Carol Neiman** on **April 22** at Resurrection Lutheran Church in Greenwood. If interested please let me know and I will inform you of the final details.

Happy Easter!!! Hilsen,
Jerry Rud

Member snaps

NEWSLETTER PHOTOS



Do you have great photos from our meetings or from your travels? Your images could be the art we need for our next newsletter. **We'd love to feature you—especially if you have images from luncheons and meetings.** Please send those photos to: lindsayhadley23@mac.com

DID YOU KNOW?



Malm from Ikea

THE IKEA MALM BED FRAME is named for a village in Norway. IKEA names sofas, coffee tables, bookshelves, media storage and doorknobs after places in Sweden; beds, wardrobes and hall furniture after places in Norway; carpets after places in Denmark and dining tables and chairs after places in Finland. —*The Guardian*

You can pick up your own Malm soon as work is on track for the Fishers IKEA store to open in fall 2017.

Please,
join us!

**WE'D
LOVE TO
SEE YOU.**

- *Sammenkomst* is typically the **SECOND FRIDAY NIGHT** or the **SECOND SATURDAY AFTERNOON** of the month.
- *Member lunch* is typically the **THIRD WEDNESDAY** of the month.
- *Board Meetings* are the **FOURTH SATURDAY** of the month at 9:30 a.m. (*January is an exception*)

SAMMENKOMST

Sat. March 11, Noon
MEAL Pitch-in
PROGRAM Søren Urberg:
Stories from Norwegian-
American Communities

Fri. April 7, 6:30
MEAL Open-Faced
Sandwiches (Smørbrød)
PROGRAM Susan Fleck
and Bonnie Pribush:
Trip to Cuba

MEMBER LUNCHES

Wed. March 15, Noon
The Legend Classic
Irvington Cafe
5615 E Washington St
Indy 46219

Wed. April 19, Noon
Convivial Italian
Artisan Cuisine
11529 Spring Mill Rd #300
Carmel, IN 46032

BOARD MEETINGS

Le Peep Restaurant
2258 W. 86th Street
Indianapolis
317-334-9690

03

MARCH

26 SU	27 MO	28 TU	1 WE	2 TH	3 FR	4 SA
5 SU	6 MO	7 TU	8 WE	9 TH	10 FR	11 SA
12 SU	13 MO	14 TU	15 WE	16 TH	17 FR	18 SA
19 SU	20 MO	21 TU	22 WE	23 TH	24 FR	25 SA
26 SU	27 MO	28 TU	29 WE	30 TH	31 FR	1 SA
2 SU	3 MO	4 TU	5 WE	6 TH	7 FR	8 SA

04

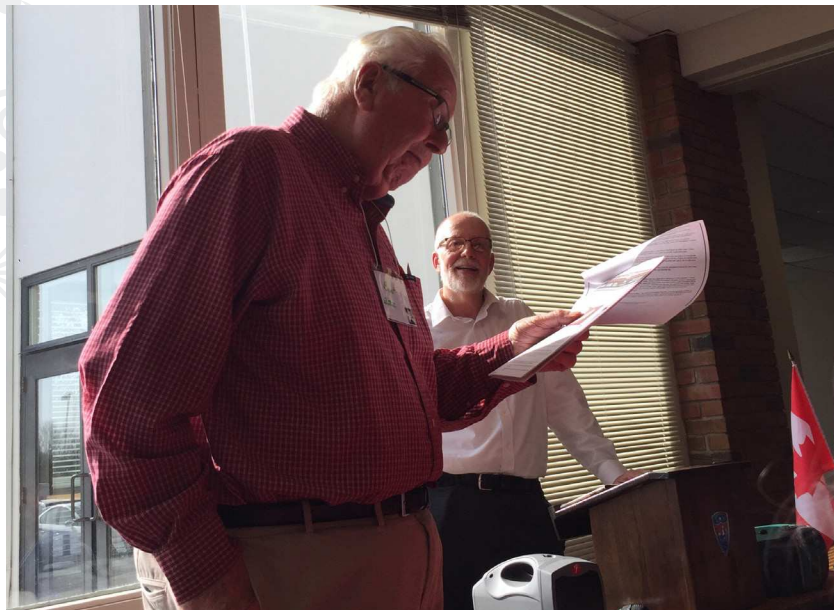
APRIL

26 SU	27 MO	28 TU	29 WE	30 TH	31 FR	1 SA
2 SU	3 MO	4 TU	5 WE	6 TH	7 FR	8 SA
9 SU	10 MO	11 TU	12 WE	13 TH	14 FR	15 SA
16 SU	17 MO	18 TU	19 WE	20 TH	21 FR	22 SA
23 SU	24 MO	25 TU	26 WE	27 TH	28 FR	29 SA
30 SU	1 MO	2 TU	3 WE	4 TH	5 FR	6 SA

Lutefisk-ionados

AND LEFSE ENTHUSIASTS TOO

Our Lutefisk Luncheon was an outstanding success. Forty-three hungry souls braved the warmth and sunshine to be a part of this second-annual event. We were honored to welcome members of Vasa, members who have just transferred from Fort Wayne, new members, and guests. Luncheon receipts exceeded expenditures by \$248. As a matter of interest, dinner income is the principal way our lodge programs and activities are supported. —*Burt Bittner*



In addition to celebrating Scandinavian cuisine, the lodge members celebrated Burt Bittner's birthday. Pictured: Burt Bittner, lodge president Jerry Rud, Eric and John Bennett, Tim and Milo Lisko and Jean Bittner slicing the cake. Attendees left with full hearts and tummies.

WHAT DOES HYGGE REALLY MEAN?

—*Architectural Digest*
CARRIE HOJNICKI 2017



Unless you've been living under a rock for the last two years, odds are you've heard about *hygge*. The Danish word, for which there exists no exact English translation, has been perplexing and intriguing American readers. What exactly is *hygge*, though?

We're told it's at once some sort of magical winter coziness and a Nordic state of being, both of which are completely at odds with stress-riddled American routines and thereby wholly difficult for us to grasp. With the help of Norwegian lifestyle blogger **Signe Johansen**, whose latest book *How to Hygge: The Nordic Secrets to a Happy Life* was just released to much fanfare in the U.S., we sought to unpack the illusive phenomenon once and for all, and gather some serious home inspiration along the way.

ARCHITECTURAL DIGEST: Can you define *hygge* for us?

SJ: *Hygge* stems from the old Norse *hyggja*, which originally meant "to be" or "to think," and therein lies a clue. Contrary to a lot of the current press about *hygge* as a cozy midwinter retreat into cake, candles, and cashmere, we tend to think of *hygge* as more of a state of mind. Of course it's great to be cozy and warm, but in the frozen North kinship and conviviality matter more: People come together to have a *hyggelig*—the adjective for the noun *hygge*—time whenever the occasion calls for it. It's part meditation, part hedonism, part community spirit, and part mindfulness, but it really helps us get through the many vicissitudes of life.

AD: You devote a portion of the book to the importance of home and design. What defines Nordic design to you, and how can it help achieve *hygge*?

SJ: Nordic design is deeply rooted in nature, and we're constantly inspired by our landscape of fjords, forests, and mountains, along with the materials sourced across the region. The color palette associated with Nordic design—from pewter gray to pale birch wood, sober granite, indigo to soft pastels, and flashes of bright metallic shades such as copper or gold—reflect the Nordic region in all its stark beauty. That seems particularly timely, as nature has a proven healing effect on us, and by mimicking the

outdoors in our homes we create interior spaces that help us fully decompress from whatever is happening in the world. Design in the region is anchored in a democratic, egalitarian spirit, and we believe that good design is vital to our quality of life. Craftsmanship matters, but IKEA also has an essential place in our culture and has made good design even more accessible to all, both inside the Nordic region and far beyond. To my mind, the most *hyggelig* interior is a *hytte*, or a Norwegian cabin, nestled in the hills above a fjord. Simple, wood interiors, a woolen *bunad* throw from somewhere like Mandal Veveri, a soul or jazz vinyl record playing gently while candles are flickering inside an Iittala *Kastehelmi* votive, coupled with the smell of a loaf of wholemeal spelt bread baking while I build a stack of bookshelves: That's Nordic living at its best.

AD: If there was one piece of Nordic design advice you could give to our readers, what would it be?

SJ: I'd suggest investing wisely in pieces of design that have longevity, as opposed to being super-fashionable and of the moment. Sometimes that takes a little time, research, and planning, but there is so much more joy to be had from finding a real keeper of an item than scooping up something trendy that will feel dated in a few years. Plus, seeking out well-crafted objects helps support those who are keeping design heritage and long-forgotten skills alive.

WORTH NOTING

PLEASE JOIN US

MARCH 4 10-4pm
Genealogy Workshop
Indiana State Library

APRIL 22 (SATURDAY) 10 am- 2 pm
Hardanger Workshop
Resurrection Lutheran Church
Greenwood

EVERY MONDAY
Rosemalers meet. For more info,
contact Jerry Rud.

PASSAGES

We're thinking of the families of **Karl Ahrens** and **Roger De Bruler**. Karl was one of our charter members and is survived by his wife, Myra. Burt Bittner said, "In (Roger's) memory, a gift has been sent to the Sons of Norway Foundation. Please keep Karen in your thoughts and prayers. Roger served as an Indiana Supreme Court Justice for 28 years, a tenure longer than any other justice in the twentieth century. When he was appointed in 1968, Roger was just 34 years old. If you are interested in learning more about Roger's life, just Google Roger O. DeBruler."

FACTOID

In 1954 the last detainee, a Norwegian merchant seaman named **Arne Peterssen** was released from Ellis Island and then it closed as a point of arrival for immigrants.

Norway

IN THE NEWS



FORMER NORWEGIAN PM HELD AT IMMIGRATION OVER IRANIAN VISA

If you're the former leader of a European nation, the president of a major human rights organization and the owner of a diplomatic passport, you're not likely to encounter a long wait at airport immigration.

But on January 31, **Kjell Magne Bondevik**, the former Prime Minister of Norway, encountered more than just a lengthy queue.

Bondevik told CNN's "Connect the World" he was interrogated by officials at Washington's Dulles International Airport because he had an Iranian visa in his diplomatic passport.

"When they found the Iranian visa, where I was in December 2014, they said that there was a ... regulation that with such a visa I had to be flagged up," Bondevik said.

After the former European leader detailed his travel history—he was in Tehran speaking at an anti-extremism conference—Bondevik said he "assumed and presumed that they would let me go immediately."

But instead, Bondevik said he was questioned for over an hour.

"Did they really believe that I presented a problem or threat to the US? I expected they would show more flexibility and wisdom," he said.

Bondevik said he was held along with migrants from the Middle East and Africa who were also facing additional screening. Although Bondevik was eventually released, he said the atmosphere surrounding President Donald Trump's travel ban had shaken his core values. Bondevik told CNN's Becky Anderson he disagrees with the ban entirely, calling it "a contradiction" to his "view on human dignity."

"I really dislike that he is treating people from some Muslim countries as a group and not individuals," he said. Bondevik, who heads the human rights organization Oslo Center, said the incident speaks to a wider issue of concern brought on by the President's first actions in office. It's not just the ban that's worrying Bondevik.

"I also must say that I dislike very much his approach to other international leaders—the Prime Minister of Australia, the President of Mexico ... and how he is acting in the international community."

He said many others, including Norway were concerned. —**CNN**

SNAKKER NORSK

POLITICAL TERMS

Here are some words familiar to the aforementioned **Kjell Magne Bondevik**. One great resource for practicing your Norwegian vocabulary can be found at: **quizlet.com**

<i>Constitution</i>	Grunnlov
<i>Bill</i>	Lovforslag
<i>Act</i>	Lov
<i>To elect</i>	Å stemme (1)
<i>To vote</i>	Å stemme (2)
<i>The voting age</i>	Stemmerettsalder
<i>Constituency</i>	Valgkrets
<i>Election</i>	(Politisk) Valg
<i>Election campaign</i>	Valgkampanje
<i>Landslide</i>	Valgskred
<i>The opposition</i>	Opposisjonen
<i>The Cabinet</i>	Regjeringen
<i>Prime Minister</i>	Statsminister
<i>Coalition</i>	Koalisjon(regjering)
<i>Make a speech</i>	Holde tale
<i>Politician</i>	Politiker
<i>Political</i>	Politisk
<i>Party politics</i>	Partipolitikk
<i>Constituents</i>	Velgere i en valgkrets

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NEW KROGER PROGRAM ALLOWS FOR EASIER CONVENIENCE FOR YOU

Some of you have probably noticed that after December 31, 2016, you could no longer add money to your Kroger gift card. Kroger is doing away with that program and will be starting a new program that should be more convenient for all of us.

It will require you to add your Kroger Plus Shopper's Card number, the Kroger loyalty card with a red tomato on it, to our lodge's Kroger Community Rewards account.

(A **Kroger 1-2-3 Rewards Visa** card works the same as a Kroger Plus Shopper's Card). Every time you swipe your loyalty (or 1-2-3 Rewards) card, your purchases go toward our Kroger Community Rewards account. Some items do not add on such as gasoline, alcohol, tobacco, postage stamps, Kroger gift cards, lottery tickets, fuel, and sales tax.

There are two ways to get signed up and help our lodge.

1) ONLINE

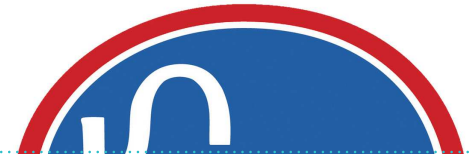
If you have access to a computer, go to www.kroger.com/communityrewards. Go to the orange button toward the bottom that says "Create an Account" and click on it. You'll be asked to give your email address, confirm it, give a password, confirm it, and select your preferred store. Then hit "Create Account" at the bottom. At some point you'll need to enter your Kroger Plus Card Shopper's Card number which is on the back of your card along with your last name. Then eventually a screen should come up that says "Enroll Now," Click on that button. Enter in "11649" or "Sons of Norway Circle City Lodge" and our name should come up. If have any questions, you can call 1-866-221-4141.

2) PHONE

Call this toll free number of 1-866-221-4141. You'll need to have your **Kroger Plus Card** handy to give them your number, and tell them to enroll your card under "Sons of Norway Circle City Lodge" or "11649" which is our lodge's number.

So, Shop, Swipe Your Plus Card & Earn Rewards for our lodge.

There will be no more adding money to your Kroger gift card. If you still have money on it, you can still use it until it's gone. Just be sure to enroll your Kroger Plus Card and shop, swipe, and earn rewards for our lodge.



509 OAK LEAF DR., GREENCASTLE, IN 46135