



5-689



# Shawnee Skogen Tidskrift

## February 17, 2019 – A meeting of Julebukking

### Special points of interest:

- July 15 - 1st Mtg – 0 members
- Aug. 26 - 2nd Mtg – 12 members
- Oct. 1, 2018 – 21 members
- Oct. 29, 2018 – 22 members
- Nov. 30, 2018 – 26 members
- Dec. 31, 2018 – 33 members

It has **"HAPPENED!"**

Continue to :

**Recruit, Recruit, Recruit**

Our 2nd meeting of 2019 was a total success. We had several new members and several guests! We hope our guests enjoyed themselves and will consider returning and hopefully joining our lodge!

As was discussed, we are still hoping to get many more members to join us. As we grow, our lodge will be

more known within our So. IL community.

Remember, to check out the Cultural Skills programs at the SON International website. If anyone would like to start doing any of the programs as a group, let us know. We can get the word out on who would be interested to join you!

Ron Naversen pre-



*The Shawnee Forest*

sented a total “knock out” program on Julebukking in Scandinavia! Julebukking is a tradition where people wearing masks and costumes go door to door, while their neighbors attempt to

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## Phrase of the Month

### Inside this issue:

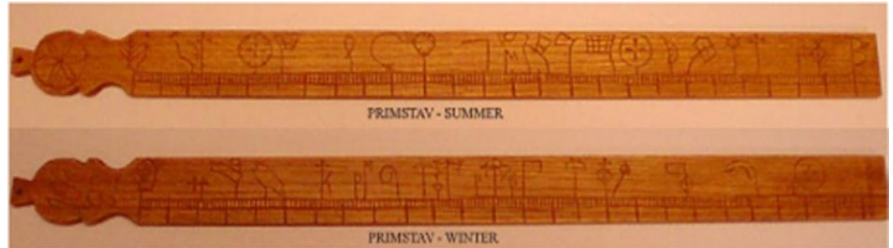
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Skål (pronounce "skole") is the way to say "cheers!" in Norwegian and Swedish. Less well known is the protocol for doing it properly. There is an acknowledgement of the people with whom you are sharing a drink.

- You watch for the host/hostess to raise their glass, and then follow suit.
- Everyone says ‘Skål!’ together.
- You then raise your glass to drink - while you raise your glass, you are making eye contact with everyone
- Then you drink (so you can close your eyes for just a moment)
- Then you look around again and make eye contact again
- And you all nod together, like a mini-bow to the others
- And you wait for the host/hostess to put their glass down – then and only then can you put your own glass down.

## The Calendar

Did you know there is a Runic Calendar? It is a perpetual calendar based on the 19 year long Metonic cycle, correlating the Sun and the Moon. They were written on parchment or carved onto staves of wood, bone or horn. Scandinavians used slender wooden staffs called primstav. They had lines or notches for the days of the year and carved characters for solstices, equinoxes, festivals and holidays. The word primstav is a compound that comes from the Latin primatio lunae, which means “first appearance of a new moon.” Prim is also the Old Norse word for “new moon.” The oldest primstav still in existence is from 1457 and is exhibited at Norsk Folkemuseum. My question is how do you remember which notch you are on?



## Tubfrim

There are many ways in which we are asked to assist our fellow human beings who are in need. Participation in the Tubfrim program is one of the more simple yet successful ways to do just that. Tubfrim is an organization in Norway that resells cancelled stamps and donates the proceeds to help children with disabilities. Sons of Norway is proud to support Tubfrim in their work to support children in need.

In 1928 Ditlef Frantzen, postmaster of the small Norwegian town of Nesbyen, got the idea to collect and market canceled stamps as a way of raising funds for the Tuberculosis Association in Norway. Within a few years, his idea caught on and many communities in Norway and beyond were collecting and sending bags of canceled stamps to Nesbyen.

When Frantzen left Nesbyen in 1943, he donated his stamp collecting institution to the Norwegian Health Service. Since tuberculosis is no longer the threat to health that it once was, today disabled and needy children receive the proceeds from the resale of the stamps. Last year Tubfrim made a profit of 520,000 Kroner (that's almost \$80,000).

To help Tubfrim do its crucial work, simply clip canceled stamps from envelopes, leaving at least a quarter of an inch around the edge. When you have collected a pound of stamps, ask your Tubfrim chairperson or lodge secretary to weigh and verify them. Then place your stamps in a plastic bag and send it in a sturdy box to Tubfrim, 3540 Nesbyen, Norway. You may also send them to the District 5 Tubfrim Coordinator: Mary Bennett, 6414 Irving Drive, Sun Prairie, WI 53590, **E-mail:** [mjbenn4@gmail.com](mailto:mjbenn4@gmail.com)

## Lodge Programs for 2019

January 20	2019	Bonnie Juul	Norwegian Language (was cancelled due to weather)
February 17	2019	Ron Naversen	Julebukking & Related Scandinavian Masking traditions
March 17	2019	Randy Moe	The Baltic's
April 14	2019	Loki & Thor (Tent.)	Carola Daffner
May 19	2019	Potluck at Local Park	Syttende Mai Picnic & Parade
June	2019		
July	2019		
August	2019		
September 22	2019	Wendy Winkelman	Hopefully, Institution of Lodge
October 20	2019	Marion Mitchell	Traditional Bentwood Boxes (asking and hoping)
November 17	2019	Bill Bultinck	Lefse Making
December 8	2019	Open	Tentative Julebord

## Member Profile: Bill Bultinck



Goddag everyone! I am a fellow Scandinavian. Norwegian, Swedish, Belgian, German & Danish. My wife took me to my first Sons of Norway meeting back in 2005. I joined shortly thereafter. I wanted to get more involved in the lodge, so I volunteered to be the Vice President in 2006.

Soon after, I got a new job and made a move from Minnesota to Arizona. Once there, Wendy and I joined a lodge in Mesa, AZ. We attended a Sons of Norway District Convention in CA and I helped Wendy win an election to be the Public Relations Officer for District 6. I volunteered to be Vice President of our Lodge later that year. I was elected President of the Lodge two years later. Since of this has happened: I have learned how to cook lutefisk, make lefse, and fry Norwegian pancakes. My disappointment is that I wish I had been able to cook lutefisk for my Grandmother. Every year, it seemed like she over cooked it and it turned to mush.

Wendy and I joined the Phoenix Scandinavian Dancers for about 6 years. It was a lot of fun. We would learn new dances every year and still try to remember the old ones when needed. We would do dance presentations for all of the Scandinavian groups around Phoenix.

## Happy Birthday to our Members ! "Gratulerer med dagen"

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<b>Paige A Schuck-Cimfl</b>	<b>3</b>	<b>8</b>
<b>Maureene Dawn Gulbrandsen</b>	<b>3</b>	<b>28</b>
<b>Treven Bultinck (Heritage Member)</b>	<b>3</b>	<b>30</b>



## Viking Voyager Children's Life Insurance



The **Viking Voyager Children's Life Insurance** is available for children ages 0-17 and is a simple, economical way to introduce young people to the benefits offered by Sons of Norway. Whether you're a parent, grandparent or other relative, this product can help you provide for a child's financial future with level term coverage to age 26. You can purchase and own the certificate on behalf of sons and daughters, nieces and nephews, grandchildren or great grandchildren.

- As the certificate owner, you can make either an annual or single premium payment that provides an insurance benefit of \$10,000, \$15,000 or \$25,000.
- When the insured turns 26 years old, the policy owner can choose to convert the certificate to a permanent life insurance plan, regardless of the health of the insured. At conversion, a credit of \$3 per thousand of the original face amount is applied to the new first year premium.

Please give me a call if you are interested in checking out this benefit for your loved one.

### **Greg Ragan**

Financial Benefits Counselor, Sons of Norway

7042 Kinnikinnick Dr, Roscoe, IL 61073

1-815-623-8817 (Office)

1-815-988-5975 (Cell)

1-815-623-8252 (Fax)

[www.raganfinancialgroup.com](http://www.raganfinancialgroup.com) or [gragan51@gmail.com](mailto:gragan51@gmail.com)

[www.sofn.com](http://www.sofn.com)

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In addition, we joined the Swedish group, VASA Order of America. I was Chairman of the Lodge for two years and Wendy and I also served on the District Board. If you are looking for a fun weekend, plan a trip to the small Swedish town of Bishop Hill, IL.

In July 2016, we moved to Southern Illinois. We looked for local Scandinavians groups in the area. What we found was a Norwegian group in St. Louis and the closest Sons of Norway Lodge is in Nashville, TN. After being contacted by SON District 5, we decided to try and form a lodge here in Southern Illinois. Wendy and I attended the District 5 Convention in La Crosse, WI to meet District members and let the delegation know what we were going to try and do in Southern Illinois. Sure enough, we found some Scandinavians in the area that were willing excited to join the new lodge. I am looking forward to getting our charter this year. A big thank you to all of our members who have joined so far and continue to recruit to get this lodge on its way to be the newest lodge in District 5 and the organization!

Sons of Norway Shawnee Skogen 5-689  
Bultinck/Winkelman  
6525 Water Valley Road  
Cobden, IL 62920

Phone: 618-534-0318  
E-mail: wendyathadeland@yahoo.com



**Sons of Norway**  
**Shawnee Skogen 5-689**

**To JOIN, go to [www.sofn.com](http://www.sofn.com)**

**We're on Facebook**  
**<http://facebook/southillinois/>**



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identify who is under the disguise. Ron had such a in-depth presentation, we were all really impressed and learned so much about this fun tradition! Thank you Ron! You are Awesome!

Our next meeting is scheduled for March 17th, Sunday, 2 pm at Hedman Vineyards.

Members come ready to learn a little bit about “The Baltics” from member, Randy Moe. And, as always, come for the comradery and fun this meeting is sure to bring!

## **It's a fresh new year...let's invite new members to join our growing Sons of Norway family**

Do you know someone who gave or received an ancestry kit for Christmas? With the huge popularity of Ancestry.com and DNA testing services, researching family stories, history and genealogy is a new-found interest that fascinates thousands.

Genealogy makes a great conversation starter with prospective members, because of our exclusive benefits and content related to genealogy. Check out the March 2019 issue of *Viking*, page 38. *Q&A: Tracing Roots* features genealogy expert Jerry Paulson from the Norwegian American Genealogical Center & Naeseth Library in Madison, Wisconsin. This is a quick and easy sample of the information available to members who are curious about their family history.