



5-689

Shawnee Skogen 5-689 Tidskrift



Hilsen fra Presidenten Bonnie Juul

Special points of interest:

- Dec. 31, 2018—33 members
- Dec. 3, 2019—50 members!

It has "HAPPENED!"

PLEASE Continue to :

Recruit, Recruit, Recruit

We have lost some members this month.

Please see Wendy for Business Cards to leave around Southern Illinois! Let us continue to recruit!

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Happy New Year!
Godt nytt år!
Gott nytt år!
Godt nytår!
Gleðilegt nýtt ár!
Hyvää uutta vuotta!
Head uut aastat!

(The languages are: English, Norwegian, Swedish, Danish, Icelandic, Finnish, and Estonian—in honor of Randy's presentation earlier in the year and being a short distance from Finland, which is also across the Baltic sea.)

The new year holds many possibilities for us

as a new lodge. It is ours to create as we want and share our interests. As we learned from the Sons of Norway leadership during the installation ceremony, the lodge is here to support us in exploring our Scandinavian interests. And the number one rule.... To have FUN!

In December, Wendy and Bill graciously hosted another wonderful Julebörd. It was definitely fun! The company was great, of course. And the food.... Wow! So many great



cooks, chefs and bakers! We ate, laughed and ate some more.

The most important part of our lodge is you, our individual members. Looking forward into the new year, please consider sharing your interests with our lodge mem-

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Welcome to our New Member!

Julie Bohnsack, Carbondale, IL

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bers.

What would you like to see in the meetings? What would make them more enjoyable to you? What would you like to see from Shawnee Skogen and the leadership? What are your interests? Do you have any family history, travel stories or anything else?

For example, I believe that speaking the language of a country gives invaluable insight into the culture of a country. I don't have a knack for learning languages, but I'm very skilled at all the tricks on how to do it. (I went so far as to get a Masters in Teaching Language) In January, the presentation will be on Learning Norwegian and other Scandinavian languages. And, it'll be fun!

Vi ser oss snart! (See you soon!)

President Bonnie



Frank Charles	1	1
Fink Timothy J	1	2
Sevik Paul C	1	12
Bowman Colby	1	21
Christensen Alan B	1	26
Moe Randall	1	26
Dunphy Nichole O	1	28

Happy Birthday to our Members !
“Gratulerer med dagen”

Norwegian in 5 Minutes a Month (on SOFN Website for all members)

Phrases

Gratulerer med dagen! **Pronunciation:** grah-tew-leh-rehr meh dahg-eh

English: Congratulations on the occasion of the day, e.g. Happy birthday, Happy anniversary

Det er mandag i dag **Pronunciation:** deh ehr mahn-dahg ee dahg

English: It is Monday today.

Seasons

Vår	Pronunciation: vohr	English: spring
Sommer	Pronunciation: sohm-mehr	English: summer
Høst	Pronunciation: huhst	English: fall
Vinter	Pronunciation: veen-tehr	English: winter

Good Wishes

Ha en god dag!	Pronunciation: hah ehn goo dahg	English: Have a nice day!
God sommer!	Pronunciation: goo sohm-mehr	English: Have a nice summer!
God jul!	Pronunciation: goo yuhl	English: Merry Christmas!
Godt nytt år!	Pronunciation: goot neett ohr	English: Happy New Year!
God påske!	Pronunciation: goo pohskeh	English: Happy Easter!



Southern Illinois

Lodge Programs for 2020

Programs need to be set up for our meetings in 2020. Please send your ideas to the Program Committee, Bill Bultinck, Ron Naversen and Kitty Juul.

January 19	2020	Bonnie Juul	Norwegian Language
February 16	2020	Mike Charman	Life experiences in Norway and the years sailing on Norwegian ships
March 15	2020	Ron Gulbrandsen	Tentative— My Grandmother's 1938 Tribute to Norway
April 19	2020		
May 17	2020		Syttende Mai Picnic (Giant City State Park) (Norsk Bingo)
June	2020		
July	2020		
August	2020		
September 20	2020		
October 18	2020		
November 15	2020		Lefse Making
December 6	2020	Bill & Wendy's home	3rd Annual Julebörd



**SONS of
NORWAY**

Celebrating 125 Years

1895-2020

2020 Officers

President:	Bonnie Juul	bonniejuul@gmail.com
Vice President:	Wendy Winkelman	wendyathadeland@yahoo.com
Secretary:	Nancy Schick	nancyrshick@gmail.com
Asst. Secy:	Wendy Winkelman	
Treasurer:	Kelly Bliss	kellybliss13@hotmail.com
Cultural Dir.:	Ron Gulbrandsen	gulbrandsend41@gmail.com
Publicity Dir.:	Kelly Bliss	
Editor:	Wendy Winkelman	
Counselor:	Bill Bultinck	billb763@msn.com
Program Committee:	Bill B., Kitty J, Ron N.	

**District 5 Convention Lodge Meeting
(we will need 2 delegates for this meeting)**

Event Date: June 24th - 28th, 2020
Location: Radisson Hotel, Grand Canyon Drive, Madison, WI



How Do We Keep Growing Our Sons of Norway Family in 2020? By welcoming more family, friends and neighbors to join in at Nordic-inspired lodge activities! As we celebrate the 125th anniversary of Sons of Norway, please invite guests to join in our fun and get to know us. Keep our amazing family vibrant and growing well beyond 2020.

Celebrate Sons of Norway's 125th Anniversary on January 16 !



Remember You Can't Get Life Insurance once you Need It

Life Happens in a Heartbeat

While nothing can replace you, having life insurance could help make sure your family is okay if something happened to you. Ensure you have the proper coverage in place. Contact me today, or call Sons of Norway at 800-945-8851. Happy New Year!



Greg Ragan
Financial Benefits Counselor, Sons of Norway
7042 Kinnikinnick Dr, Roscoe, IL 61073
1-815-623-8817 (Office)
1-815-988-5975 (Cell)
www.raganfinancialgroup.com or gragan51@gmail.com
www.sofn.com

Sunshine Wishes

Please contact our Counselor, Bill Bultinck, if you or another lodge member are ill or hospitalized. We will send our member a card and report on how they are doing at our meetings.

Bill, 480-352-6728 or billb763@msn.com



Dual Citizenship Legalized in Norway

The new citizenship law takes effect **January 1, 2020**. It will now be allowed to have one or more citizenships in addition to a Norwegian citizenship. If you are currently a Norwegian citizen, and you obtain US citizenship, you will be able to keep your Norwegian citizenship.

If you lost your Norwegian citizenship because you became a US citizen in 2019 or earlier, you may apply online to reinstate your Norwegian citizenship starting **February 3**. For more information, visit UDI.no or contact the Consulate.

Sons of Norway Shawnee Skogen 5-689
Bultinck/Winkelman
6525 Water Valley Road
Cobden, IL 62920

Phone: 618-534-0318
E-mail: wendyathadeland@yahoo.com

**Sons of Norway
Shawnee Skogen 5-689**

To JOIN, go to www.sofn.com

(This newsletter is a bit smaller this month as the Editor is on vacation.)



We're on Facebook
<http://facebook/southillinois/>



We are also apart of SON District 5—
Check out their website at:
<http://sonsofnorway5.com/>

Danish Apple Pudding – Æblekage (serves 4)

1 cup fresh breadcrumbs	½ cup white sugar
½ cup hazelnuts	1 pound cooking apples
1 lemon	3 tablespoons honey
3 tablespoons caster sugar	1 egg white

Place breadcrumbs and white sugar in a non-stick pan on low heat. Cook gently for about 4 minutes while constantly stirring until it's dark golden. Transfer into a bowl. Chop the hazelnuts and toast them. Put the hazelnuts into the separate bowl and set aside. Peel, core and slice the apples. Grate the lemon rind and juice the lemon. Mix the apples, honey and lemon juice. Transfer the mixture into frying pan and cook for 10 minutes on low heat. Break up the apples with a spoon, until they are soft and pulpy. Beat the apple mixture into a thick puree with a wooden spoon, and set aside to cool down. Stir in castor sugar and egg white until stiff, and fold into the cooled down apple puree. Spoon half the apple mixture into four glass bowls. Top with the breadcrumb mixture, and repeat the layers. Finish with a layer of breadcrumbs and nuts. You can add brandy or any type of liqueur into the apple mixture if you wish.

Æblekage is a common sight at traditional meals taking place in the Easter and Christmas seasons.