



Shawnee Skogen 5-689



Hilsen fra Presidenten Bonnie Juul

Special points of interest:

- Dec. 3, 2019—50 members!

PLEASE Continue to :

Recruit, Recruit, Recruit

Please see Wendy for Business Cards to leave around Southern Illinois!

Let us continue to recruit!

NEXT MTG:

**Sept. 20,
Peachbarn
2 pm
See Pg 3
Also, Zoom**

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Can you believe school has started already? And life is **STILL** very strange?

Kudos to our lodge members for staying connected and keeping an eye on our community as much as we can. For all of us, there have been different challenges – from home schooling, to quarantine, to mask wearing, to being on the front lines of medicine, to having businesses shut down, losing work, remaining separated from loved ones. I hope you are able to stay connected with those that you love in any way that you can. I personally have been affected as a small business owner and as a medical professional. The ‘surprises’ continue every week and have provided numerous opportunities for a ‘mad

scramble to stay compliant.’ My business never needed shut down, but the requirements and responsibilities as a result of COVID have been challenging to say the least. That being said – I hope you are all able to find some joy during these times and are able to see a silver lining somewhere.

Our lodge is committed to keeping our community as alive as possible during this time. In September, for those who are comfortable with it, we will be meeting outside at the Peachbarn Café (formerly known as Hedman’s). For those who would prefer to maintain social distancing, you are welcome to tune in on Zoom.



So, whatever you are comfortable with – you are warmly invited. I look forward to seeing you in September!

Stay safe!

President Bonnie



Happy Birthday to our Members ! "Gratulerer med dagen"



Ronald A Naversen	8	1
Thomas E Adamson III	8	15
Elaine H Melby	8	16
Danley E Christensen	8	18
Heather Kjellesvik	8	25
Amy E McCulloch	8	28
Ginny Marie Larson Solverson	8	31
Jeffrey Scott Strahm	8	31
Gabriel Nutter	9	2
Nancy Ruth Schick	9	7
Julie A Bohnsack	9	8
Brad McCulloch	9	8
Nathaniel G Nutter	9	25

Treasurer's Report

<u>Item</u>		<u>Balance</u>
		\$3,007.02
May	Reimbursement to W. Winkelman for lodge Start Up Costs	(\$670.52)
June	Membership dues	155.00
	Reimbursement	(24.19)
July	Membership dues	60.00



2020 Shawnee Skogen Goals

- 1) Obtain 10 new members in 2020 (**have you invited anyone to our Zoom meetings?**)
- 2) Work on Cultural Skills together as a lodge and obtain pins
- 3) Be in a parade or local event (**this may be hard to do this year**)
- 4) Invite Financial Benefits Counselor to one meeting (**this is happening in Oct. 2020**)

All members need to help work on these 2020 goals

Our Next Meeting — September 20, Sunday, In Person & Zoom

Date: September 20, 2020

Time: 02:00 PM Central Time

Place: The Peachbarn Vineyard (outside)

Join Zoom Meeting

[https://us02web.zoom.us/j/82366173959?](https://us02web.zoom.us/j/82366173959?pwd=Ti8yR213U1ZDS215em9kSnJSUVhuUT09)
pwd=Ti8yR213U1ZDS215em9kSnJSUVhuUT09

Meeting ID: 823 6617 3959

Passcode: 399021



We will be meeting in person on September 20th and will try to do a Zoom meeting as well. This will be an experiment to see if we can make this happen. The concern is “will we have good enough internet service”.

We are hoping that the day will be great and we can sit outside. People may want to bring a lawn chair or two, although there is lots of outdoor seating—but we have to remember we are sharing the space with the public.

Please, this meeting will be a SHOW AND TELL meeting. Please ALL bring something Scandinavian to share with the group. Be prepared to just say a few words about your item—what it is, where you got it, what does it mean to you? This should be fun to see what everyone has collected from their heritage. (Ann, and any others who aren't Scandinavian, bring something relevant to your heritage)

**Also, can I get many of us to bring some Scandinavian treats? Cookies, des-
serts, cakes—enough to share? Let's see what kind of bakers we have out there. Take a look at the recipe on page 12! If you aren't a baker, maybe you might be able to find something Scandinavian at the grocery store? I know—how about some Jarlsberg Cheese! Crackers to go with it? Just a thought. Wine and Treats definitely sound good together!**



We hope to see as many people as possible on the 20th! It has been way too long! We miss you!

July 19, 2020 Lodge Meeting Minutes

Meeting opens at 2:04 pm. Members present: Mike and Jeannell Charman, Randy Moe, Ron Naversen, Bonnie Juul, Wendy Winkelman, Nancy Schick, Ann Dolan, Kelly Bliss, Colby Bowman, Don and Maureene Gulbrandsen, Nathan Nutter, Bill Bultinck, and Melody and Roy Johnsen.

Mike highly recommends the Vesterheim Museum in Decorah, IA. They have rosemaling, cabins, furniture.

Connie Ray has let Wendy know that tonight on the National Geographic channel, there will be a program on Gordon Ramsay in Norway. It may also be available via other networks this evening.

Meeting presentation.

Randy Moe: Old Fashioned Calling Cards

Randy has put together a slide show with voice over. "Carte de Visite sample," from YouTube. The main source Randy used for the photos is the Library of Congress' online collections. The cameras shown in photos shoot 4 images at a time. The images were then printed on paper. There was a brief conversation about these and the subjects in the example photos. Tusen Takk Randy!

Hedman's Vinyard (now the Peachbarn) has an outdoor deck available. We could meet there next month if everyone is okay with that. Discussion about types of exercise available that are ok in the heat; these are generally walking and swimming. Colby has turned in all Sports Medial paperwork that he has received so far.

Longer discussion about the COVID pandemic. Mike states that Southern Norway is okay so far. The grade school and high school kids are back in school on a staggered attendance basis, but the last conversation with his kids there indicated that middle school was still out. That has probably changed. They are using careful traffic management in schools. There is a discussion about how various places in Scandinavia have handled COVID. Sweden didn't bother with closing down and is now paying for it; Denmark did, and is recovering. This is also true of Iceland and Finland. Sweden's border with the rest of the world is closed, while the others are open.

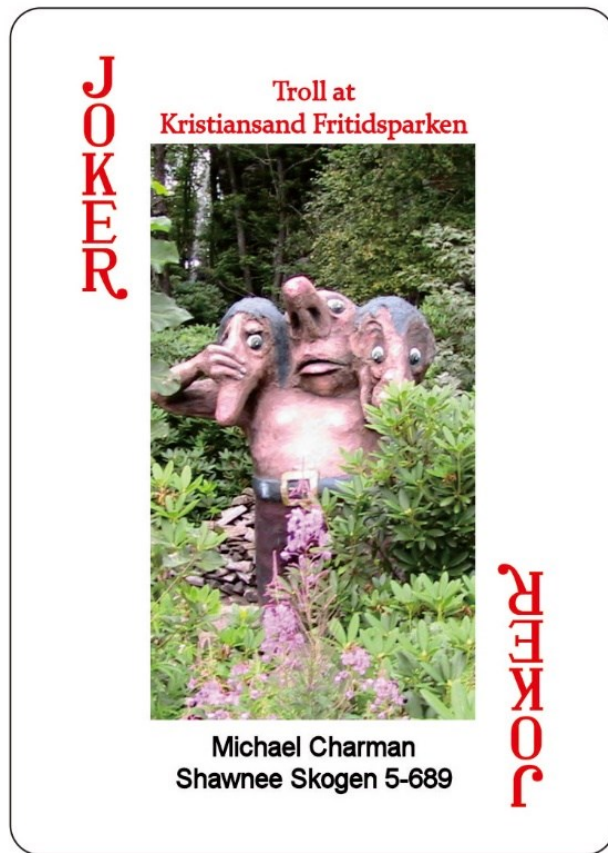
As to the next meeting, we could meet at Giant City in a pavilion or at Hedman's on the outdoor deck. It is decided to keep track of the case counts, and decide closer to the next meeting. The District 5 photo contest is over, and the Sons of Norway membership has been invited to vote on their favorite photos. 52 of these will then go on a set of playing cards which will be available. Please vote for our Lodge members' photos!

After wishing everyone health and safety, the meeting adjourned at 14:48.
Respectfully submitted by Nancy R Schick

Three Picked as Top Nordic-American Photographers

In the 2020 District 5 Scandinavian Photo Contest, Michael Charman, Wendy Winkelman, and Jeannell Charman were picked as top photographers throughout Wisconsin, Illinois, Indiana, Michigan, Ohio and Tennessee for their excellent views of Nordic life. Michael was the only double People's Choice Award winner in the contest for having one of the top ten photographs picked in the contest and for having the best troll picture. The trolls are used as jokers. Their winning photos will be including in a playing card deck from Sons of Norway District 5.

Here is what their playing cards will look like:



**-TO ORDER PLAYING CARDS -
SEE PAGE 6**

Order your D5 Scandinavian Photo Contest playing cards today



Deal yourself a great hand with the District 5 Scandinavian Photo Contest playing cards. Enjoy the best, beautiful Scandinavian scenes from our 2020 contest, submitted by Sons of Norway members from 25 lodges in District 5. The cards will be available on or before October 1 and will ship to your home. What a great Christmas stocking stuffer for your friends, relatives and lovers of all things Scandinavian! Proceeds will support District 5 Nordic Legacy Foundation projects including Masse Moro Norwegian cultural youth camp.

ORDER FORM (WITH SHIPPING) - SCANDINAVIAN PHOTO CONTEST

- \$14 (1 deck) \$46 (4 decks) \$100 (10 decks)
- \$25 (2 decks) \$56 (5 decks) \$250 (30 decks)
- \$36 (3 decks) \$75 (7 decks)

**D5 ordered 1,000 decks
(when they are gone, they're gone)**

*Want more than 10 decks, one ship-to?
Order at \$10/deck.*

Make checks out to "**D5 Nordic Legacy Foundation**"
Checks will not be cashed until orders ship to you.

Name: _____

Address: _____

City/St/Zip: _____

Email: _____

Phone: _____ Lodge: _____

Send your order to: Mike Palecek, SofN D5 treasurer, 5747 Sandy Lane, Racine WI 53406

Questions: email: mikep@sonsofnorwayracine.com



Southern Illinois

Lodge Programs for 2020

Programs need to be set up for our meetings in 2020. Please send your ideas to the Program Committee, Bill Bultinck, Ron Naversen and Kitty Juul.

January 19	2020	Bonnie Juul	Norwegian Language
February 9	2020	Mike Charman	My Norwegian Story—Come listen to member Mike C talk about his life in Norway, England, and working on a Norwegian Cruise ship!
March 15	2020		Meeting Cancelled
April 19	2020	Don Gulbrandsen	My Grandmother's 1938 Tribute to Norway (Zoom)
May 17	2020	Kelly/Wendy/Colby	Syttende Celebration on Zoom (Norsk Bingo)
June	2020		No meeting Summer Break
July 19	2020	Randy Moe	Carte de Visite (Visiting Cards) (on Zoom)
August	2020		No meeting Summer Break
September 20	2020	Mark ?	Asatru (will reschedule) Show and Tell & Scandinavian Treats to Share
October 18	2020	Greg Ragan	Financial Health
November 15	2020		Lefse Making
December 6	2020	Bill/Wendy	3rd Annual Julebörd



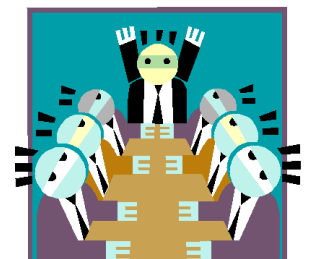
**SONS of
NORWAY**

Celebrating 125 Years

1895-2020

2020 Officers

President:	Bonnie Juul	bonniejuul@gmail.com
Vice President:	Wendy Winkelman	wendyathadeland@yahoo.com
Secretary:	Nancy Schick	nancyrshick@gmail.com
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Treasurer:	Kelly Bliss	kellybliss13@hotmail.com
Cultural Dir.:	Don Gulbrandsen	gulbrandsend41@gmail.com
Publicity Dir.:	Kelly Bliss	
Editor:	Wendy Winkelman	
Counselor:	Bill Bultinck	billb763@msn.com
Sunshine:	Bill Bultinck	
Sports Medal Dir.:	Colby Bowman	90sherwood@gmail.com
Program Committee:	Bill B., Kitty J, Ron N.	



Financial Predictability



Tired of watching the market fluctuate and worrying that your hard-earned retirement savings will disappear? Now is a great time to look at fixed annuities, so you can rest assured your investment will never lose money.

But what if you need access to your funds before retirement? No need to worry. Most of our annuities offer penalty-free annual withdrawals of up to 10%, giving you the option to access to a portion of your funds to help your family as needs arise during uncertain times.

Reach out to your Sons of Norway Insurance Professional to find out more about our annuities.

Sincerely,

Greg Ragan, Financial Benefits Counselor, Sons of Norway
1-815-623-8817 (Office) 1-815-988-5975 (Cell)
www.raganfinancialgroup.com or gragan51@gmail.com or www.sofn.com

Most Kings had Vikings

Don Gulbrandsen, Cultural Dir.

Most Kings had Vikings. Many in Scandinavia - what we call today Norway, Sweden and Denmark. In the early days of the Vikings each of the Scandinavian countries had numerous kings. Although some kings had ground forces, all had their own Vikings. So it was not unusual for Vikings to fight other Vikings. Even for Norwegian Vikings to fight other Norwegian Vikings. We generally think that Norwegian Vikings would fight Swedish Vikings or that Swedish Vikings would fight Danish Vikings. That just



Let Me Leave You My Calling Card

Jenny Ashcraft, Aug. 13, 2020

AS A FOLLOWUP TO OUR MEETING IN JULY GIVEN BY RANDY MOE:

Want to take a peek into a fascinating social custom from the Victorian era? Calling cards (also called visiting cards or visiting tickets) were all the rage in the 19th century and represented an indispensable way to communicate. The cards did much more than just announce a visit, they relayed important social messages. For example, a calling card with a folded corner, or a card in a sealed envelope sent clear messages that accompanied strict etiquette protocols. By the early 1900s, calling cards fell out of fashion. Today's business cards are a leftover relic from the calling card era.



Calling Card of Mrs. Ulysses S. Grant

Calling cards first became popular in Europe in the 18th century and were favored by royalty and nobility. Their popularity spread across Europe and to the United States and soon calling cards became essential for the fashionable and wealthy. Society homes often had a silver tray in the entrance hall where guests left their cards. A tray full of cards (with the most prominent cards on top) was a way to display social connections.

Both men and women used calling cards and they were distinguishable by size. Men's cards were long and narrow so they could fit in a breast pocket. Women's cards were larger and during the Victorian era, became more ornate and embellished. According to this article from 1890, a typical society woman handed out nearly three thousand cards each year.



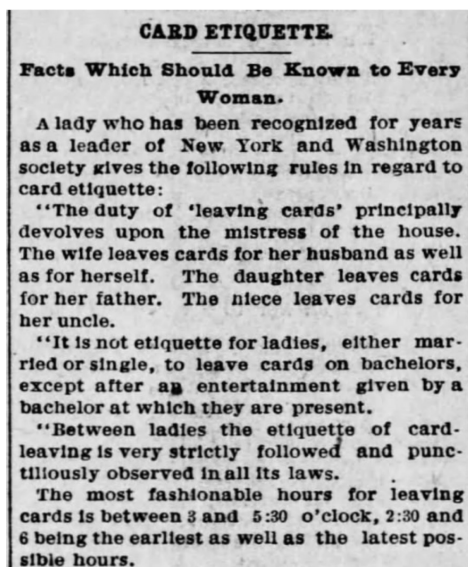
Victorian Calling Card

When wishing to arrange a visit, a caller generally waited in a carriage while a servant delivered the calling card to a household. If delivering the card in person, it was customary to fold the upper right-hand corner. This indicated that the caller made the effort to deliver the card personally. The visitor then returned home and within a few days would likely receive a calling card in return, sometimes with a short note written on the back. This usually extended an invitation to visit. Visits were generally short, formal, and at designated visiting hours. If a calling card wasn't acknowledged, or worse, returned in a sealed envelope, it meant the offer to visit was rejected.

When leaving a calling card, different messages could be communicated by folding different corners of the card.

- The lower left-hand corner to express condolences
- The upper left-hand corner to express congratulations
- The lower right-hand corner indicated the caller was planning a long trip and did not expect an acknowledgment

If the household contained more than one woman, a gentleman caller folded a corner to indicate he intended to visit the entire household. A woman also followed strict protocol when leaving calling cards. She never left her card at a home where a bachelor resided without also including her husband's card. When leaving after a visit, a woman generally left two of her husband's cards – one for the master of the house and one for the mistress.



The social rules were enough to make your head spin, but upper-crust society was schooled in the practice, and newspapers published calling card etiquette rules for others to navigate.

Continued from Page 10

By the early 1900s, calling cards began to decline in popularity just as the use of business cards was on the rise. A change in formal social customs and new-fangled telephones led to a steady decrease in arranged visits. Businesses, which adopted the calling card custom, continue to use them today. If you would like to learn more about calling cards and their impact on the social customs from earlier days, search Newspapers.com

Radio Talk Show

Wendy Winkelman, VP

Members: I have been asked to share how Shawnee Skogen was started with all of District 5 on September 15th during the Radio Talk Show. I would love for many of you to join me in sharing our story. Please let me know if you are able to join the video call. Thank you!

Meeting start time is 6:20 PM (CT), 7:20 PM (ET). The session opens 10 minutes early, to give you time to connect. The meeting will be finished about 40 minutes later. You can **participate by computer at: <https://gotomeet.me/SofN-D5> or telephone at: 646-749-3112 (access code: 509-077-557)**

If you want to use an iPad, iPhone, or Android smartphone or tablet, go to the appropriate app store and download the GoToMeeting app. The session name is SofN-D5

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To JOIN, go to www.sofn.com



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

We're on Facebook
<http://facebook/southillinois/>

We are also apart of SON District 5—
Check out their website at:
<http://sonsofnorway5.com/>

Norwegian Fork Cookies

Sons of Norway International

Invite your Viking kids into the kitchen! This 5-ingredient cookie is one that is easy and fun for young bakers too. The buttery cookies are rolled, pressed with a fork and given a crunchy sugar topping everyone will enjoy.
Vær så god!

Cookie ingredients

5 cups flour
1 2/3 cups sugar
2 cups butter, slightly chilled or at room temperature
1 egg

For the topping

1/4 cup nib sugar or pearl sugar*
2 Tbsp. butter, melted

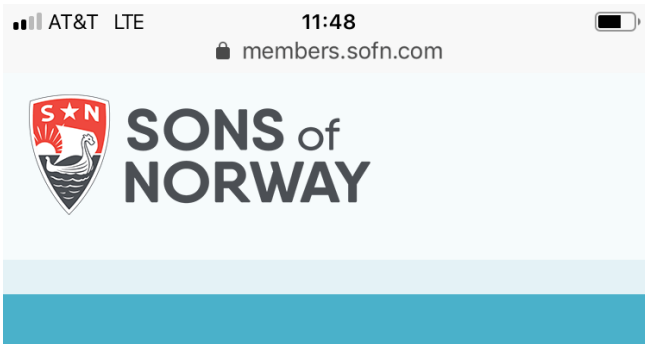
Cream butter and sugar, add egg and then add flour. Mix to make a smooth dough. Roll the dough into small balls, using 1 Tbsp. or less of dough per cookie. Place on a parchment-lined cookie sheet. Press each dough ball once with a fork, making a clear line pattern. Brush each cookie lightly with the melted butter, then sprinkle on sugar topping. Bake at 350 degrees F on center oven rack for 10-12 minutes. This recipe makes about 80 cookies. Recipe adapted from melk.no.

*While sugar nibs are used in European baking, you can also use pearl sugar or make your own crunchy sugar bits with crushed sugar cubes. Place about 10-20 cubes in a heavy plastic bag and use a meat mallet or rolling pin to tap the cubes into smaller pieces.



Use Your Phone or Tablet to Sign Up a New Member

Shawnee Skogen members: Since the Covid pandemic started, we have lost several members. Please ask everyone you know to join us. We want to keep our lodge moving forward. Our goal for this year to to gain 10 new members. Let's all make this happen!



Member Sign-up

Member Enrollment:

- 1) Join our [Central Lodge](#)
- 2) Find a Lodge Near you:

Country: United States Canada Norway

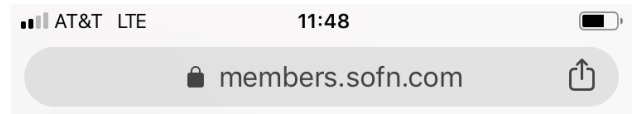
Zip Code or City, State:

Distance:

10 Miles

[FIND A LODGE](#)

1. Enter your zip code, or city and state, and select



City/State

Minneapolis, MN

Lodge

Draxten

1-464

Meetings

Sons of Norway

Contact for places and times

Join

[JOIN THIS LODGE](#)

Annual Dues:

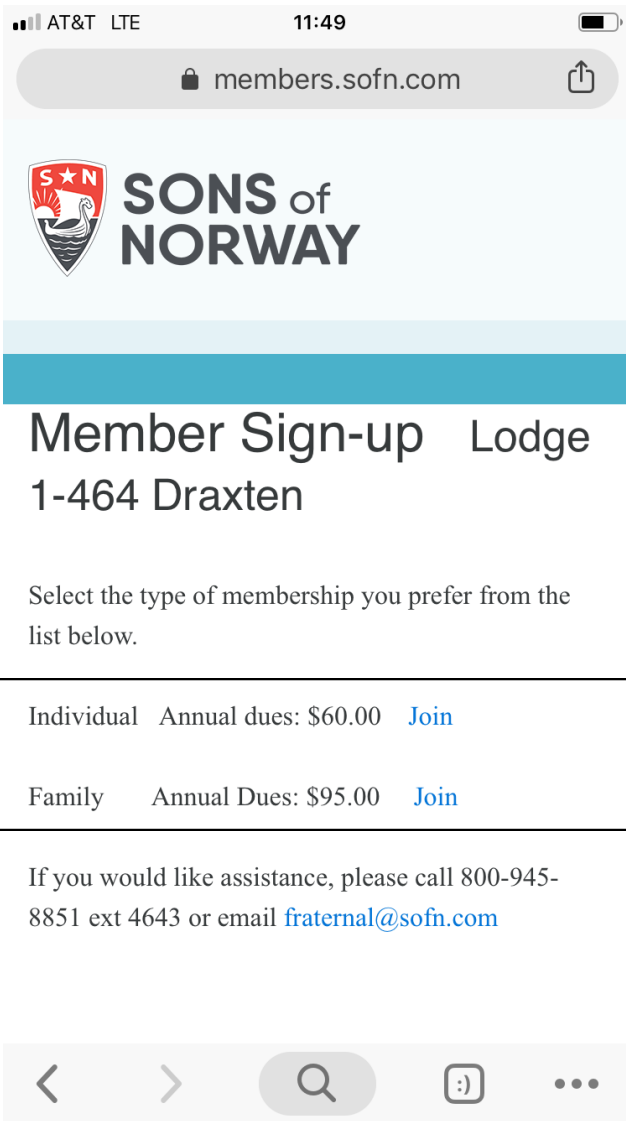
Individual: \$60.00

Family: \$95.00

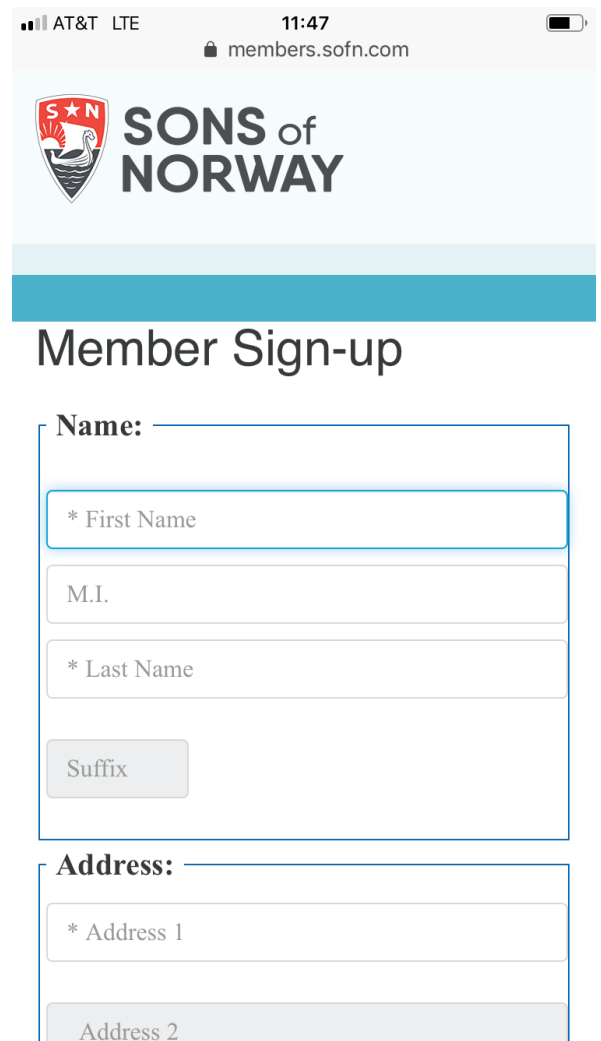
City/State



2. Find the lodge you want to join and select "Join this



3. Choose between Individual or Family membership.



4. Fill out the member sign-up form.

<Norwegian or Nordic by:>

Contact Information:

* Home Phone

(numeric only, e.g. 6125551212)

Work Phone

(numeric only, e.g. 6125551212)

* Email

(e.g., doe@aol.com Used to send member login information.)

Enter in referring member number here

Referring member number:

* = required fields

SUBMIT

5. At the very bottom of the form, make sure to include your referring member number before submitting the form.