

5-689

# Shawnee Skogen 5-689 Tidskrift



FEBRUARY'S MEETING WILL BE A WEEK EARLIER THAN USUAL BECAUSE OF THE PEACHBARN (formerly Hedman's) IS NOT AVAILABLE.

**Meeting Date is this Sunday, February 9th.**

## Hilsen fra Presidenten Bonnie Juul

### Special points of interest:

- Dec. 31, 2018—33 members
- Dec. 3, 2019—50 members!

It has "HAPPENED!"

PLEASE Continue to :

Recruit, Recruit, Recruit

We have lost some members this month.

Please see Wendy for Business Cards to leave around Southern Illinois!  
Let us continue to recruit!

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Velkommen!

We had a wonderful meeting in January. What made it wonderful? It was the company. We shared stories and laughter. Some gathered for a Scandinavian lunch before the meeting. If you are able, I encourage you to do so as well. Our fellowship and connection with each other is what makes this a wonderful place to be. Last month we had people of all ages and from many miles around. For many of you, it takes an extra effort to attend the meetings. Whether it's caring for small children, aging parents, our own ailments or traveling for up to 2 1/2 hours to attend our meeting, I think I can speak for all of us when I say that your presence and effort

are appreciated and valued. Sometimes you might get lost on the back roads of Southern Illinois, causing you to be late. Or perhaps you are held up for another reason. Please don't let that stop you! We are so happy to see you. Come in, pull up a chair. There is a place for you here.

I am encouraged to see the children that are joining us. Sons of Norway is historically a place that mainly the retired folks gather. I think, in true Southern Illinoisan style, we can change things up a bit. I spoke with a young man on Sunday who said he is interested in attending. Some of our programming may be quite boring for the young ones, so for those of you with small chil-



dren, please let us know how we can help make it a place where they want to come. If you have anything child related that we can have or do for the smaller (and equally important members), please chime in! We can also ask them what would make it more fun for them.

In January's meeting, we discussed and learned a bit about learning Norwegian and the tools that are available. It was re-

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## Cultural Corner

Ron Gulbrandsen, Cultural Director

### Did Vikings Really Wear Horned Helmets?

Elizabeth Nix, History Channel

Forget almost every Viking costume you've ever seen. Yes, the pugnacious Scandinavians probably sported headgear when they marched into battle, but there's no reason to believe it was festooned with horns. In depictions dating from the Viking age—between the eighth and 11th centuries—warriors appear either bareheaded or clad in simple helmets likely made of either iron or leather. And despite years of searching, archaeologists have yet to uncover a Viking-era helmet embellished with horns. In fact, only one complete helmet that can definitively be called “Viking” has turned up. Discovered in 1943 on Gjer-mundbu farm in Norway, the 10th-century artifact has a rounded iron cap, a guard around the eyes and nose, and no horns to speak of.

The popular image of the strapping Viking in a horned helmet dates back to the 1800s, when Scandinavian artists like Sweden's Gustav Malmström included the headgear in their portrayals of the raiders. When Wagner staged his “Der Ring des Nibelungen” opera cycle in the 1870s, costume designer Carl Emil Doepler created horned helmets for the Viking characters, and an enduring stereotype was born.

Malmström, Doepler and others may have been inspired by 19th-century discoveries of ancient horned helmets that later turned out to predate the Vikings. They may also have taken a cue from ancient Greek and Roman chroniclers, who described northern Europeans wearing helmets adorned with all manner of ornaments, including horns, wings and antlers. But not only did this headgear fall out of fashion at least a century before the Vikings appeared, it was likely only donned for ceremonial purposes by Norse and Germanic priests. After all, horns' practicality in actual combat is dubious at best. Sure, they could help intimidate enemies and maybe even poke out a few eyes, but they would have been even more likely to get entangled in a tree branch or embedded in a shield.

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quested that we have a short language lesson included in our weekly meeting, which we will do. It was also requested that we hold the business meeting prior to the programming. Our fearless leaders will be discussing this. All members are welcome and encouraged to participate as we make our Scandinavian presence in our region more known.

I look forward to seeing you soon!

President Bonnie



*Southern Illinois*

## Lodge Programs for 2020

Programs need to be set up for our meetings in 2020. Please send your ideas to the Program Committee, Bill Bultinck, Ron Naversen and Kitty Juul.

January 19	2020	Bonnie Juul	Norwegian Language
February <del>16-9</del>	2020	Mike Charman	<b>My Norwegian Story—Come listen to member Mike C talk about his life in Norway, England, and working on a Norwegian Cruise ship!</b>
March 15	2020	Ron Gulbrandsen	My Grandmother's 1938 Tribute to Norway
April 19	2020		
May 17	2020		Syttende Mai Picnic (Giant City State Park) (Norsk Bingo)
June	2020		
July	2020		
August	2020		
September 20	2020		
October 18	2020		
November 15	2020		Lefse Making
December 6	2020	Bill & Wendy's home	3rd Annual Julebörd



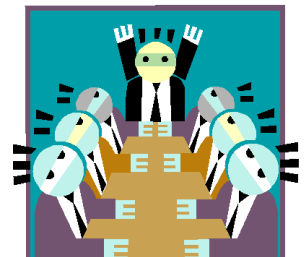
**SONS of  
NORWAY**

**Celebrating 125 Years**

1895-2020

## 2020 Officers

President:	Bonnie Juul	bonniejuul@gmail.com
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Editor:	Wendy Winkelman	
Counselor:	Bill Bultinck	billb763@msn.com
Sunshine:	Bill Bultinck	
Sports Medal Dir.:	Colby Bowman	90sherwood@gmail.com
Program Committee:	Bill B., Kitty J, Ron N.	



## Spread Nordic Love With Heritage Membership!

*"I grew up in a Sons of Norway lodge and loved every minute of it. I love the ability to ensure that my daughter feels tied to the culture..."*

*"My son is inspired to learn more about his Norwegian heritage, and attended a Norwegian language camp...these opportunities to connect with his cultural heritage are very valuable to him."*

Did you know members in good standing can sponsor free Heritage membership for family members age 15 and younger?

They may enjoy taking part in lodge celebrations and activities, or earning pins and medals through the youth Cultural Skills and Sports Medal programs. All Heritage members can access fun online resources including the ***Just for Kids*** activity pages and the ***Recipe Box*** (with help from a parent, if needed) at [sonsofnorway.com](http://sonsofnorway.com).

Heritage members receive a welcome kit with a personalized member ID Card that is valid until their 16<sup>th</sup> birthday. After that, they can continue in a Family membership or join Sons of Norway as an Individual member.

Contact Sherry at [fraternal@sofn.com](mailto:fraternal@sofn.com) for more details.

## Treasurer's Report

	Item	Date		Subtotal
				\$2,933.00
Dec-19				
	SON Intl	Dec. 2019	Membership dues	\$2,035.00
	SON Intl	Dec. 2019	Remainder of dues minus insurance	\$898.00



## 2020 Shawnee Skogen Goals

Each year Shawnee Skogen members need to come up with goals that we think are obtainable for the year. The board will soon try to come up with these goals and are hoping that you can help us in coming up with these goals. Please send all your suggestions to President Bonnie at [bonniejuul@gmail.com](mailto:bonniejuul@gmail.com). Once the list is made, we will make the goals known to all lodge members.

## Tidbits from Member Randy Moe

Tusen Takk Randy!

### The 80's and 90's

There were many ethnic enclaves in Chicago, some right next to each other in the poorer parts.

I had a business at that time. 27 languages were spoken at the closest High School. Since I sold tools from a mobile truck I met the student's parents and sold to all.

The Thai were the most fun. To sell to them at that time required squatting on the floor in their shop and bartering. They are big gamblers and always had a lot of cash. They were very happy people.

Each ethnicity has specific manners.

Andersonville was called Swedish town. Germantown was not that far away included many eastern European people. Insane bar life, the piano bar had a great entertainer called 'Madman', very drunk and very funny

Norwegians were big too, but most are now long gone. Only 8 years ago we used a decommissioned all wood Norwegian church for big events. The big [Norwegian hospital](https://www.minnekirken-chicago.org/) is still very busy. I lived close to it in recent years. If you want to check out the Norwegian church in Chicago, here is the link: <https://www.minnekirken-chicago.org/>

Chicago has changed and that is one reason I left.

Read this <https://www.chicagotribune.com/news/ct-xpm-1990-11-22-9004060638-story.html>

## Sunshine Wishes

Please contact our Counselor, Bill Bultinck, if you or another lodge member are ill or hospitalized. We will send our member a card and report on how they are doing at our meetings.

Bill, 480-352-6728 or billb763@msn.com



Our meeting is Feb. 9th (not 16th) at Peachbarn, 2 pm

## Google, what years were the Vikings plundering?

Google just gave you 173,987 options, but you need just ONE right solution. Have you ever entered affordable life insurance into your browser, just to be overwhelmed with the response? You could never make your way through all the information and data in a lifetime!

As a Sons of Norway member, you don't have to. As a benefit of membership, you have access to a professional Financial Benefits Counselor that can help you sort out what the best life insurance solution is for you and your family!



Don't waste your time trying to get Google to give you the answer. Call me for a free financial Review.

Greg Ragan  
Financial Benefits Counselor, Sons of Norway  
1-815-623-8817 (Office) 1-815-988-5975 (Cell)  
[www.raganfinancialgroup.com](http://www.raganfinancialgroup.com) or [gragan51@gmail.com](mailto:gragan51@gmail.com) or [www.sofn.com](http://www.sofn.com)



**Happy Birthday to our Member !**  
**“Gratulerer med dagen”**

Don Gulbrandsen	Feb	11
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*Are you interested in  
representing Shawnee  
Skogen?????*

**District 5 Convention Lodge Meeting**  
**(we will need 2 delegates for this meeting)**

Event Date: June 24th - 28th, 2020  
Location: Radisson Hotel, Grand Canyon Drive, Madison, WI



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**Sons of Norway**  
**Shawnee Skogen 5-689**

**To JOIN, go to [www.sofn.com](http://www.sofn.com)**



**SONS of  
NORWAY**

**Mission Statement**

*The mission of  
Sons of Norway  
is to promote and to  
preserve the heritage and  
culture of Norway,  
to celebrate our relationship  
with other Nordic countries,  
and to provide quality  
insurance and financial products  
to its members.*

**We're on Facebook**  
**<http://facebook/southillinois/>**

**We are also apart of SON District 5—**  
**Check out their website at:**  
**<http://sonsofnorway5.com/>**

## Bergen Rum Balls

from Vesterheim Museumsbutikk

For the pastry

3 1/2 Tbsp. sugar  
3/4 cup flour  
1/3 cup margarine

For the cream puffs

2/3 cup water  
3 Tbsp. margarine  
1/2 cup flour  
2 eggs

For the filling

2 egg yolks or 1 egg  
1 1/2 Tbsp. sugar  
1 3/4 Tbsp. corn starch  
1 cup full-fat whole milk  
2-3 Tbsp. rum  
Scant 1/2 cup whipping cream  
12-14 cocktail cherries

For the pastry: Combine sugar and flour and cut in the margarine. Knead lightly. Form into a ball, wrap in plastic. Chill 1 hour. Preheat the oven to 210 C (425 F).

For the cream puffs: Bring water and margarine to a boil. Add the flour and stir until the mixture forms a ball. Remove from the heat. Cool slightly, then beat in the eggs, one at a time. The mixture should be thick enough to just keep its shape. Make 12-14 balls with a spoon and place far apart on a greased baking sheet. Roll out the pastry. Cut out round cookies with a 6-7 cm (2 1/2") cutter. Drape them over the balls and press carefully against the baking sheet. Bake until golden, 25-30 minutes.

For the filling: Whisk together eggs, sugar, cornstarch and milk in a saucepan. Heat to boiling, stirring constantly, but do not allow to boil. Cool, stirring occasionally.