



5-689

# Shawnee Skogen Tidskrift



## First Meeting—a Major Success!

### Special points of interest:

- July 15 - 1st Mtg — 0 members
- Aug. 26 - 2nd Mtg — 12 members
- Sept. 16 — 3rd Mtg.

Let's make it  
18 members!

Recruit,  
Recruit,  
Recruit

On July 15, 2018 Shawnee Skogen 5-689 had their first meeting. It was held at the home of Bill and Wendy Bultinck. There were 8 people in attendance to start off this journey to create a new Sons of Norway lodge in Southern Illinois.

As of our next meeting which was held on August 26th, we had 12 members signed up.

At this meeting we met at Hedman Vineyards in Alto Pass, Illinois. Hedman's is owned by Anders and Gerd

Hedman who are originally from Stockholm, Sweden. There were 17 people in attendance at this meeting.

Bill started the meeting off with the Pledge of Allegiance and moved along to playing "Heads or Tails". Guest, Jim Johnson, was our winner, choosing "Girl With the Dragon Tattoo" book for his prize. We enjoyed watching a presentation on Wineries in Scandinavia and also a presentation on Leif Erikson discovering North America.



*The Shawnee Forest*

Our next meeting is scheduled for September 16, Sunday, 2 pm again at Hedman's Vineyards.

### Inside this issue:

Welcome	2
Lodge Library	2
Lingonberry Sangria	2
Sports Medals	3
Meatball Kababs	3
A New Book to Try	3
National Anthem	4

## Midtsommer-the Summer Solstice

The Summer Solstice is the brightest and longest day of the year in the northern hemisphere - the time of year when the ecliptic is furthest north from the celestial equator.

*Sommersolverv* (Summer Solstice) took place on June 24th. In Norway this is

known as *Midtsommer*. In Swedish it is *Midsommar*; and, Danish it is *Midsommer*.

Have you been grilling this summer? Checkout the Norwegian Meatball Kebab recipe on page 2!

Enjoy!



## Welcome to our New Lodge Members



Aug. 26, 2018  
Lodge meeting

Kelly Bliss  
Dana Bultinck  
Bill Bultinck  
Alan Christensen  
Danley Christensen  
Bonnie Juul  
Kitty Juul  
Chris Moe  
Randy Moe  
Ron Naversen  
Robert Schuck  
Wendy Winkelman

Once we get 25 members we will be able to get instituted as an official Sons of Norway Lodge. At the time of the lodges "Institution", the members at that time will be called the "Charter Members".

As a Charter member, your name will always be remembered as one of the founding members of Shawnee Skogen 5-689! Let's recruit!

## Shawnee Skogen Lodge Library

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*"Shawnee Skogen has  
a Library"*

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The lodge has started a library to include books which may be of interest to our members. There are already quite a few books available to be checked out by our members. The books include a check out card in each book to be filled out and left in the box.

If you have books to donate to this library, please bring them to the next lodge meeting to include in the library.

Hopefully the library will get you motivated to start working on your Literature cultural skill award.



## Lingonberry Sangria



Thank you goes out to Hedman Vineyards and Gerd and Anders Hedman for letting us use their winery for our 2nd meeting on August 26th. The space was very accommodating and we were able to enjoy their wine and food during our meeting and after-

wards socializing. Here is the recipe for their sangria:

- 2 bottles of Hedman's Rose Wine
- 2 cups of Lingonberry Concentrate
- 4 cups of Lemon Lime Soda

**Stir and Enjoy!**

## Sons of Norway Sports Medal Program

SON recognizes the importance of healthy activities and that they can be more fun when done as part of a group. The Sports Medal Program is not just for healthy living, it is a great lodge activity as well. Whether you want to start walking, swimming, biking, exercising or skiing, we can all have fun and earn a medal to boot! The Sports Medal program offers a fitness plan for eve-

ryone. There are different levels for different medals. If you are interested in doing any of these activities, or if you already do, please send wendyathadeland@yahoo.com an email to request the program form.

All that you do is track your miles walking, biking, or count your hours exercising or swimming, etc. and you will earn a beautiful Sons of Norway medal.

What do you say we do this as a lodge? Please email what form you would like? Or, perhaps several of them? Enjoy this fun activity!



## Norwegian Meatball Kebabs

### For the Meatballs For the Sauce:

¾ Lbs Ground beef  
 1/3 Cup Dijon Mustard  
 ¾ Lbs Ground Pork  
 1/3 Cup Brown Sugar  
 1 ¼ Cups of Breadcrumbs  
 3 Tbsp Cider Vinegar  
 1 large egg  
 3 Tbsp Vegetable Oil  
 ½ cup chopped Onion  
 2 Tbsp Finely Chopped Parsley Leaves  
 Salt to taste  
 Fresh ground black pepper to taste

### For the Kebabs

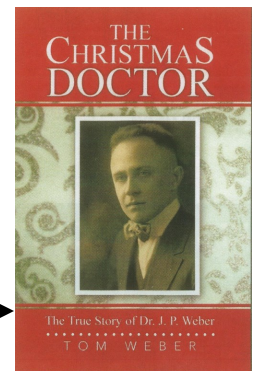
2 Medium Yellow Squash  
 1 Onion  
 2 Yellow Bell Peppers  
 1 Pint Cherry Tomatoes

**Preparation:** Soak the bamboo skewers in water in a large dish for 30 minutes covered with warm water.

**To make the meatballs:** In a large bowl blend the meatball ingredients until well mixed, do not over mix. Form the mix into 1 – 1 ¼” balls and arrange on a tray. This step can be completed up to 1 day ahead, and then stored chilled and covered.

**To make the sauce:** In a large bowl whisk together all of the ingredients for the sauce and mix until the brown sugar dissolves. You can make the sauce up to 1 day in advance, store covered and chilled.

**Assemble the kebabs:** Halve the squash lengthwise and cut crosswise into good sized 1/2” thick pieces. Quarter onion and cut onion and bell peppers into 1” pieces. Remove the skewers from the water.



The parents of Nancy Jacobsen left their home of Odense, Denmark, and came to America during the 1870's, settling in Portland, Oregon. Their daughter was born in the new country and eventually became a registered nurse. Raised in the Danish Evangelical Reformed religion, Nancy viewed her profession through deeply religious eyes.

One day in December 1904, Nancy found a teenage boy, John Weber, starving on the streets of Portland. She took him into her apartment and began nursing him back to health. Whenever he asked how he could pay her for saving him, she said, "Just do something for someone else someday, John."

After the Christmas season 1904 was over and John was feeling better, he promised Nancy he would follow her example. He caught a freight and headed back to his home in Iowa. For the rest of his life he would say of her, "She taught me what life is all about." Inspired by what Nancy had done for him, John became a medical doctor and touched the lives of many patients for good in the wilds of Idaho. Dr. Weber made many difficult trips to care for the needs of many immigrant families who came to America to homestead. This book is a very moving story which you are sure to enjoy. It can be purchased through Amazon.

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Sons of Norway  
 Shawnee Skogen 5-689

**We're on Facebook**  
<http://facebook/southillinois/>

### Our Mission:

The mission of Sons of Norway is:

- to promote and to preserve the heritage and culture of Norway;
- to celebrate our relationship with other Nordic countries and
- to provide quality insurance and financial products for our members.

Please spread  
 the word about  
 Shawnee Skogen 5-689!

To JOIN, go to [www.sofn.com](http://www.sofn.com)

## Norway's National Anthem—Do you know it?

Ja, vi elsker, Norway's national anthem, is 151 years old.

The lyrics were written by Bjornstjerne Bjornson, and the melody was written by his cousin Rikard Nordraak.

The text is a modernized version commonly used today, but not identical to Bjornson's original.

In each of the 8 verses the last two lines are sung twice. Usually only the first and last two verses are sung.

1  
 Ja, vi elsker dette landet,  
 som det stiger frem,  
 furet, værbitt over vannet,  
 med de tusen hjem.  
 Elsker, elsker det og tenker  
 på vår far og mor  
 og den saganatt som senker  
 drømmer på vår jord.  
 og den saganatt som senker  
 senker drømmer på vår jord.

1  
 Yes, we love this country  
 as it rises forth,  
 rugged, weathered, above the sea,  
 with the thousands of homes.  
 Loving, loving it and thinking  
 about our father and mother  
 and the saga night that sends  
 dreams to our earth.  
 and the saga night that sends  
 dreams to our earth.

At most Sons of Norway lodges the National Anthems of Canada, Norway, and the United States are sung.