



Shawnee Skogen 5-689

January 2024

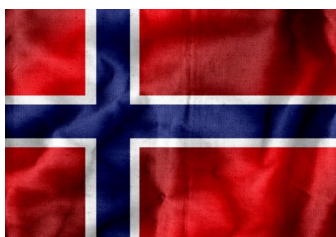
Shawnee Skogen 5-689



Hilsen fra Presidenten Wendy Winkelman

**NEXT
EVENT:
Jan. 14, 2024
2:00 PM**

**Over
ZOOM**



Hei alle sammen

Our annual Julebord was a huge success! Tusen takk to Ron and Todd for hosting us once again. Oh my gosh, the food was delicious and the day was perfect. The kids had lots to do, the conversation was wonderful, and we even were able to watch "3 Wishes for Cinderella". If you missed it and you would like to borrow the movie, let Nathan know. We will get it to you.

Our next meeting is January 14th at 2 pm. It will be held over Zoom to include (hopefully), some faces that have moved or some faces we haven't seen in awhile. Zoom is not hard to do, so please try to join us for this fun time together.

Ron N. will be doing our program on Danish Explorer, Peter Freuchen. Our presenters work hard to make programs that we enjoy and also learn something at the same time. Don't miss out! If you would like to volunteer to do some

type of program for us, please let Heather K. (our program director know). We would love for all to get involved.

This month our newsletter is being written by member Doug A. Takk to Doug for volunteering for this job and let's all give him a thumbs up for stepping up! If you have any articles for the newsletter, please forward them to Doug.

I hope you all had a wonderful Christmas and New Year.

See you all on
Zoom on the 14th!

Tusen Takk.

President, Wendy



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Happy Birthday to our Members ! “Gratulerer med dagen”



Penni Lea Fleming	1	9
Kristoffer Tiensvoll	1	16
Colby Bowman	1	21

Attention Shawnee Members!

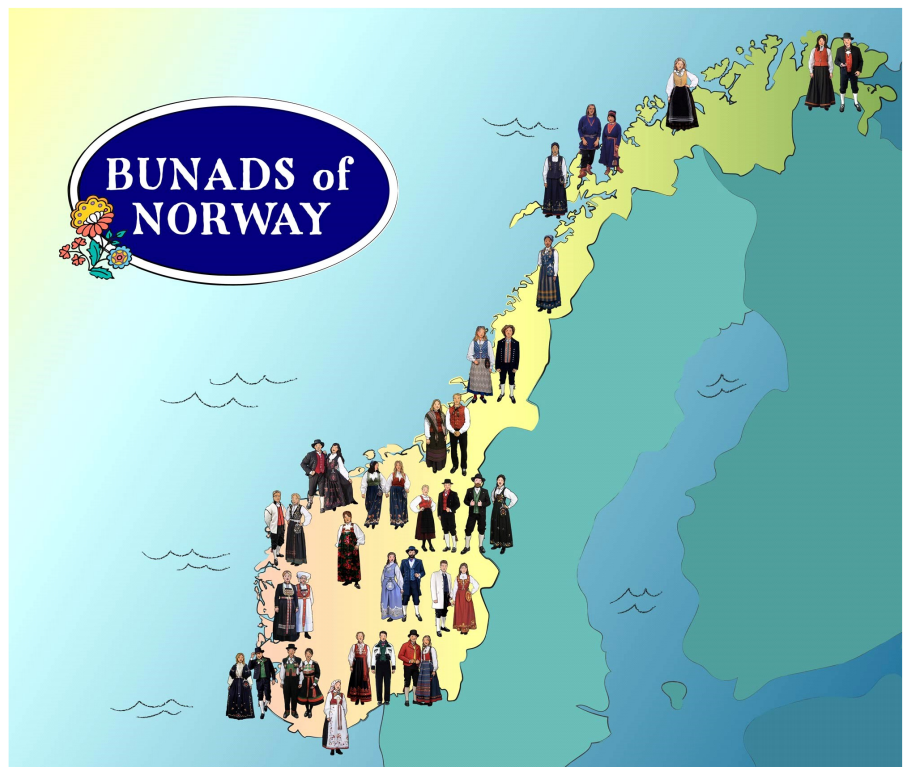
Please Verify Your Contact Information

Shawnee Skogen Lodge members, please verify your contact information on the Sons of Norway website, www.sofn.com

Have you moved in the last year? Did you eliminate a land line, change your email address? This is particularly important for lodge officers. The 2024 District Directory & Resource is based on information in the Headquarters' data base. Up-to-date information is desired.

HAVE YOU CHECKED OUT THE MAP OF NORWAY'S BUNADS?

[https://
www.sofn.com/
bunad-map/](https://www.sofn.com/bunad-map/)



Plan to attend: **January 2024 Shawnee Skogen Lodge meeting**

Shawnee Skogen Lodge is inviting you to a scheduled lodge meeting via Zoom.

Topic: Shawnee Skogen 5-689 January 2024 Meeting

Time: Jan 14, 2024 02:00 PM Central Time (US and Canada)

Join Zoom Meeting—Click on this link: <https://us02web.zoom.us/j/81985585435>

Meeting ID: 819 8558 5435

Ron Naversen's presentation will be on Danish Explorer, Peter Freuchen. (1886-1957).

Peter Freuchen was a Danish explorer, author, journalist, actor, film consultant, and anti-fascist activist. He is best known for his role in Arctic exploration, especially the Greenland Thule Expeditions. He lived among the Inuit people for many years, learning their culture and language. He authored numerous books and articles about his experiences and served as a script consultant and actor in films about Inuit culture. His first wife was an Inuit native named Navarana.



Are you related Todd?
Just Kidding...

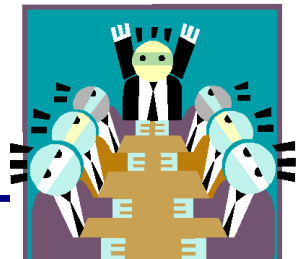


Peter Freuchen and Dagmar Cohn by Irving Penn (1947)

Lodge Programs for 2024

Programs need to be set up for our meetings in 2023. Please send your ideas to the Program Director, Heather Kjellesvik at hkjellesvik@gmail.com.

January 14	2024	Zoom meeting	Ron Naversen talk on Danish Explorer, Peter Freuchen.
February 11	2024	Zoom or In Person ?	Music Cultural Skills #3
March 10	2024		
April 14	2024		
May 12	2024		Syttende Mai celebration
June 9	2024		District 5 Convention—Indianapolis, IN
July	2024		Summer Break
August	2024		Summer Break
September 8	2024		
October 13	2024		
November	2024		Lefse Making
December 8	2024		7th Annual Julebörd



2024 Officers

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14 Facts You Might Not Know About Norway

1. The town of Kirkenes is as far east as Cairo and only 9 miles from the Russian border.
2. The Hardangervidda Plateau is the largest mountain plateau in Europe – and it also houses the largest herd of wild reindeer on the continent!
3. Though settlements did not come from the discovery, Leif Eriksson "discovered" America in 1000 – well before the time of Columbus and the other European explorers of North America.
4. Dublin, Ireland, was actually founded by Norwegians in the year 836.
5. Norway has the most gold, silver and bronze medals for Winter Olympic performance, making it the most accomplished country in the winter games. Norway has a long history of winter sport – indeed, this is where skiing was invented.
6. Norway's electricity is 98 to 99 percent derived from hydroelectric power – and this is more than any other country in the world.
7. The love story of King Harald and Queen Sonja of Norway is a very romantic one. King Harald said he would never marry unless he could marry his true love Sonja. She was the daughter of a clothing merchant, and therefore not traditionally a suitable royal spouse. Because of King Harald's insistence that he would go unmarried if not allowed to marry her, his father, King Olav V, permitted the two to wed.
8. The King and Queen have two children, a son and a daughter. Their son is Crown Prince Haakon, and their daughter is Princess Martha Louise.
9. Though we think of it as a uniquely Japanese dish, salmon sushi actually comes from Norwegians introducing the fish to chefs in Japan.
10. Thirty-seven percent of Norwegians have finished a postsecondary degree, making the country the best-educated in Europe.
11. In Norway, new mothers are given 44 weeks, or 13 months, of leave at 80 percent of their salary, or 34 weeks, or 10.5 months, at full salary. An additional 12 weeks of paid leave is allocated to the father of a new child.
12. Norwegians have a taste for the classics. The book "Heimskringla," or "The History of Kings," was written by Snorre Sturluson in the Old Norse Period and is still a bestseller in modern Norway. You might want to pick up an English version before your trip to see what all the fuss is about.
13. Norwegians read more than any other nation. Each person spends an average of \$76 on books in a year, and the country sees 2,000 new books come out annually.
14. Norwegian Monika Kirstensen received the Gold Medal of the Royal Geographical Society in London for leading an expedition to the South Pole. She was the first woman to win this coveted honor in 50 years.

Julebord fun!!



Norwegian Apple Cake

"A classic and favourite cake recipe from Norway. The Scandinavians love using fruit in their cooking, and this apple cake is a wonderful example of a moist and fruity dessert type cake. It can be served warm or cold and freezes very well."



Ingredients

- ¾ cup softened butter
- 1 cup sugar
- 1½ cups self raising flour
- 2 eggs, beaten
- 4 apples, peeled, cored and sliced
- 1 teaspoon cinnamon
- 1 tablespoon sugar

Directions

1. Cream the sugar with the butter, until light, fluffy and pale golden. Slowly add the beaten eggs and then add flour, bit by bit - mixing well after each addition.
2. Mix gently, pour mixture into greased 9 inch square pan.
3. Peel and slice apples.
4. Place slices on top of the mixture. (Place apple slices as close as possible to each other).
5. Mix sugar and cinnamon.
6. Sprinkle this topping over the apples.
7. Bake for about 60 minutes in a 180C/350F oven, until well risen and golden.

This delicious apple cake can be served warm or cold with cream or creme fraiche. It keeps and freezes very well - separate the slices with greaseproof paper for freezing.



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To JOIN, go to www.sofn.com

**We're at:
<http://shawnee-skogen.com>**



**We are also apart of SON District
5—Check out their website at:
<http://sonsofnorway5.com/>**

**We're on Facebook
[http://facebook/
southillinois/](http://facebook/southillinois/)**



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*