

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.

St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



President Ken and Lodge members at Vasa Park 2017

Way to Go Polar Star Lodge!!!

Once again, I am so proud of our Lodge! Through the efforts of many, we had a very successful Scandinavian Day at Vasa Park. Besides working hard, it was evident that we were all enjoying ourselves. The laughter and smiles on our faces tell the story of a happy lodge. Take a little time to rest because before we know it Høstfest will be here!

We are in need of more voices for our Norwegian choir that began rehearsal Thursday night – so get your voices warmed up and join us!

Hope to see everyone at our October meeting!

Your President
Ken Johnson



Steve and Sue at Vasa Park
Scandinavian Festival September 10th

UPCOMING EVENTS

Fox Valley
Norwegian Choir
Rehearsals
Thursday nights
at 7:00 p.m

October 1, 2017 Polar Star Lodge Event “What is Kolroosing?”

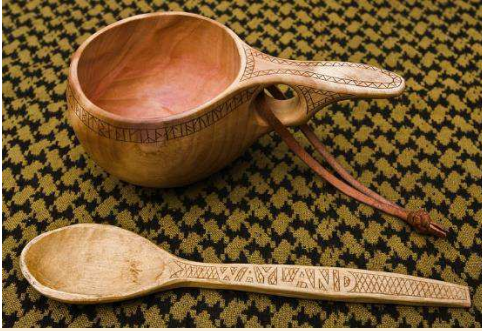
See article on page 2

Polar Star
Taste of Norway Høstfest
Sunday Nov. 5th
See flier on page 5

Polar Star Newsletter Deadline
Will be the 14th of every month. Please
submit all articles to Barb Johnson at
barbjohnsonb@aol.com
Follow us on facebook @
Sons of Norway – Polar Star Lodge
[Norway Museum Webiste](http://www.norskmuseum.org)
www.norskmuseum.org

POLAR STAR OCTOBER 1st EVENT WHAT IS KOLROSLING???

Høstfest featured artist Jeff Olson will demonstrate the art of Kolrosing at the October meeting.



Kolrosing (pronounced “coal-rose-ing”) is a very old method of giving fine line surface decoration to wood. It started centuries ago with simply using the tip of one's belt knife to make fine decorative cuts – and then rubbing coal dust into it to bring out the pattern. The inner bark of various trees is also traditionally used (barkrosing). Kolrosing is an old Scandinavian tradition, dating back to Viking times and was most often used to decorate utilitarian objects, such as spoons, small bowls or boxes, cups, etc. Therefore, very few of the old pieces have survived – they were meant to be used.

In Viking times, the designs were more geometric or “Celtic” in origin. These types of designs are very effective and popular today. In the Telemark area of Norway, we find designs which show the influence of rosemaling which use the flower, leaf, and vine forms. Contemporary kolrosing is not limited to traditional patterns – any design which can be drawn with a pencil can be done with a kolrosing knife, from simple borders to animal forms. Use your imagination! Try your local library for books on Celtic and rosemaling patterns and any kind of line drawing.

Buffet begins 1:30 p.m.

Please bring your own table service and a dish to pass.

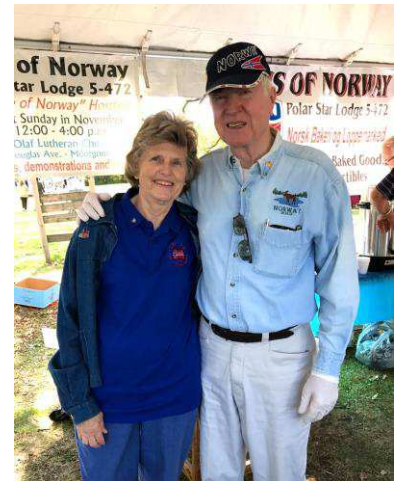


President Ken serving as docent at the Norsk Museum August 20th



Frances B. promoting The Norwegian National League at Vasa Park on Sept. 10th.

Meet our New Members....



Polar Star welcomes Carol and Richard Vignes to our Lodge!

CULTURE CORNER by Barb Johnson
Scandinavian Festival Baking

Last weekend Polar Star bakers received high praise at the Vasa Park Scandinavian Festival. Our “bakeri” was busy all day and the baked goods were completely sold out before the featured band performed.

Here are a couple of the most asked for recipes from the event.

LINGONBERRY BARS Recipe shared by Ruth Ann Dierzen of Cleng Peerson Lodge. Prepared by Barb Johnson and Diana Raimond for the Polar Star Bakery at Vasa Park Scandinavian Festival.

1 ½ cups softened butter
1 ½ cups sugar
1 large egg
2 ½ cups flour
1 2/3 cups rolled oats
1 teaspoon Almond extract
1 14 oz. jar of lingonberry preserves (or whole cranberry sauce)

Preheat oven to 350 degrees. Grease a 9" x 13" pan
Mix ingredients in order listed except for lingonberries. Set 1 ½ cup of batter aside. Press remaining mixture into bottom of prepared pan. Spread preserves evenly over base. Drop remaining batter evenly over the lingonberries. Bake 25 to 45 minutes until lightly browned. Cool and cut into squares. Kenny likes them best after they have been frozen.

GERD'S ALMOND TART Recipe from “Come for Coffee” by Inger Langsholt. Prepared by Connie Kross for Polar Star Bakery at Vasa Park

1 cup butter
¾ cup sugar
1 egg
½ cup almond paste (shredded)
1 tsp almond extract
2 cups flour

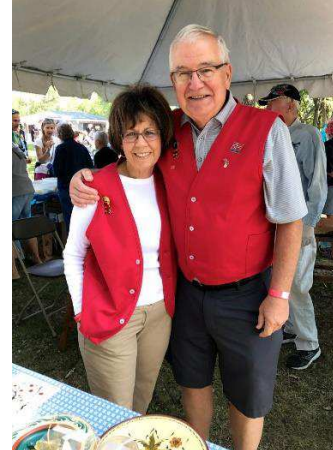
Glaze: Confectioner's sugar and water.

Cream butter and sugar. Add egg, almond paste, almond extract and flour. Mix well. Spread in a 9 or 10 inch spring form pan lined with parchment paper. Bake for 30 minutes at 325 degrees. Glaze while still warm. Cut into diamond shaped bars after cooled.

Send your favorite Norwegian Christmas Cookie recipes to Barbjohnsonb@aol.com by October 14th for publication in the November newsletter.



Polar Star at the Vasa Park Scandinavian Festival Day



Sons of Norway - Polar Star Lodge



“Taste of Norway” Høstfest – Fall Festival Sunday, November 5, 2017

St. Olaf Lutheran Church – 1233 Douglas Ave.

Noon - 3:30 p.m.

Montgomery, IL

Taste Traditional Norwegian Food

Shop for Scandinavian gifts, and jewelry

Lefse and Krumkake demonstrations

Norwegian Craft demonstrations

Rosemaling

Kolrosing

Jewelry

Knitting

- **Fox Valley Norwegian Choir Performance at 1:00 p.m.**

Contact: Polar Star Cultural Director - Barb Johnson
email barbjjohnsonb@aol.com or by phone: 630-553-7389

Calling all Polar Star singers, friends and children.....



The Fox Valley Norwegian Choir began rehearsal on Thursday, September 14th for our Høstfest performance. We are in need of more voices! Please join us and recruit your friends, children, and grandchildren! Rehearsals will be held every Thursday night at 7:00 p.m. through October at St. Olaf Lutheran Church in Montgomery under the direction of Doris Pittman.

POLAR STAR 2017 CALENDAR OF EVENTS

2017 PROGRAMS 1:30 p.m. (unless listed)

OCTOBER 1 – Kolrosing by Jeff Olson

Kitchen Committee: Floyd and Sherry Anderson and Jerri Lynn Baker

NOVEMBER 5 - Høstfest

NOVEMBER 18 – Norway Museum Smørgasbord

DECEMBER 3 - JULETREFEST



NORWEGIAN SMØRGÅSBORD NOVEMBER 18, 2017

Norway Community Center
Norway, IL

Seating at 4:00 p.m or 5: 30 p.m

ADVANCE TICKETS ONLY (carry outs available)

\$18.00 Adults - \$7.00 Children (10 and under)

For tickets or information Phone: 815-343-5070

www.norskmuseum.com

Sponsored by the Norsk Museum and Sons of Norway Polar Star and Cleng Peerson Lodges. All proceeds support the Norsk Museum Building Fund.

**Tickets are now available – See President Ken,
Roald or Steve at the October meeting.**

Polar Star Norwegian Book Club

Have you finished reading *The Cotter's Son*?
Plan to discuss over lunch at the October meeting.
What shall we read next?????

Jo Nesbø "*The Thirst*" ???
Editor's note....."creepy !!!!"
But another good read!

Gratulerer Med Dagen (Happy Birthday) Polar Star!



SEPTEMBER

21. Richard Vigsnes
22. Brooke Johnson
29. Lukas Motylewski

***Welcome to Polar Star Lukas!**

OCTOBER

7. Richard Jensen
7. Matthew Johnson



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Come out to Crown Point, Indiana . . . stop by my new Nordikreations Shop, located in the Old Crown Point Court House. We are about 13 miles south of I-80/94. Make a day of it and check out the many antique shops and old town restaurants. Find out about other events in the area on alongthesouthshore.com.