

Sons of Norway

Polar Star Lodge 5-472

Events held on the first Sunday of the month
Potluck at 1:30 p.m.

St. Olaf Lutheran Church – Douglas Road, Montgomery,



President Ken Johnson performing as "Julenissen" at Høstfest 2016
as a member of the Fox Valley Norwegian Mixed Choir

Greetings Polar Star Lodge!

Once again this lodge amazes me! What a great Høstfest! The tables overflowed with wonderful Norwegian sandwiches and desserts. The choir once again was a wonderful experience and I appreciate all of you who participated. Thanks to all of you who worked so hard at all of the different stations. I never have to worry about things because we all work together as one fine team! I can't express how much I appreciate each and every one of you.

Lastly, get ready for some fun and fellowship at our Juletrefest in December!

Tusen takk!
President, Ken Johnson



Nancy and Arthur Andersen



Polar Star Choir members enjoying
the Høstfest Market Place

Upcoming Polar Star Events

December 4

**FAMILY JULETREFEST
& KRUMKAKE BAKE OFF**
Krumkake judging 12:30-1:00
Tree Trimming at 1:00 p.m.
Potluck at 1:30
See article on page 2

Polar Star Newsletter deadline
14th of every month
Please submit articles to Barb
Johnson at
barbjjohnsonb@aol.com
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Sons of Norway – Polar Star Lodge

POLAR STAR JULETREFEST
SUNDAY, DECEMBER 4, 2016
KRUMKAKE BAKE OFF
Krumkake judging begins at 12:30

Tree trimming at 1:00 p.m.
POTLUCK BEGINS AT 1:30



Plan to attend our Traditional Norwegian Christmas Celebration with your children and grandchildren. Bring your favorite Christmas dish to pass and your own table service.

New for 2016.....Polar Star Krumkake Bake Off. Polar Star will be awarding and honoring the first, outstanding Top Krumkake Baker. Bring your krumkake grill and favorite recipe. Krumkake ballots may be purchased for a donation to the Sons of Norway Foundation. Krumkake will be judged on:

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1. Taste
 2. Appearance
 3. Presentation

POLAR STAR ADULT GIFT EXCHANGE. Bring a wrapped gift (\$15.00-\$20.00 value) and participate in the gift exchange organized by our very own Polar Star Julenisse. This is not a white elephant exchange – so be creative and bring a gift that you would be happy to receive. Children will receive their own gifts – so parents and/or grandparents please bring a wrapped gift with your child's name attached to the gift so that the Julenisse will know who to deliver it to. Tree trimming will begin at 1:00 p.m. followed by our potluck at 1:30 p.m. Singing around the tree and the gift exchange will begin after we finish eating.

Tid for julebakst!

(Time to start Christmas baking)

OPPSKRIFTER (RECIPES)

Here are two new recipes to get you off to a good start!

This recipe was featured at "Skogfjorden" Norwegian adult language camp 2016 as we celebrated Norwegian Christmas traditions. It comes from the kitchen of Ole Olson who is known for his great **julesmåkaker oppskrifter!**

Oatmeal Cardamom Cookies

By Ole & Karen Olson

1 c. butter, softened	½ tsp. baking soda
1 c. packed brown sugar	2 tsp. ground cinnamon
½ c. white sugar	1 tsp. salt
2 eggs	2 tsp. cardamom
2 tsp vanilla	3 c. quick-cooking oats
1 ¼ c. flour	1 c. chopped walnuts (opt.)

Preheat oven to 325 F. In a large bowl, cream together butter, brown sugar and white sugar until fluffy. Beat in eggs, one at a time, then stir in the vanilla. Combine the flour, baking soda, salt, cinnamon and cardamom. Stir into the creamed mixture. Mix in oats and nuts until just blended. Drop by heaping teaspoon onto ungreased cookie sheet. Cookies should be at least 2 inches apart. Bake for 12 minutes. Cool on rack. Enjoy!

This following recipe is a challenge for those of you who are interested in entering the **krumkake baking contest**. It is taken from a book called **Eventyr Mat** (Folktale food) that was given to me by Polar Star member, Kari Schussler

"Huldras fristelse" (Trollkrem i krumkaker)

Krumkaker:

3gg

150 gr. Sucker

150 gr. Smeltet smør

150 gr. Hvetemel

½ ts kardemomme

Trollkrem:

7.5 dl tyttebær

125 gr. Farin

0.5-1 egghvite

Visp egg og sukker til stiv eggedosis.

Mel og avkjølt smør blandes

med kardemomme og tilsettes. La røren

stå i en time.

Stekes gyllent brune i krumkakejern og rulles eller

formes over en kopp eller et glass satt på hodet.

Alt piskes til det har blitt en luftig og fin krem.

Fylles i eller serveres med krumkaker.

POLAR STAR CALENDAR EVENTS

Desember 4 **Polar Star Julefest** - St. Olaf Lutheran Church – 1:30

2016 Polar Star Kitchen Committees

December: Polar Star Board Members

JANUAR 1 Happy New Year Polar Sar

COMING IN 2016....

Sons of Norway -District 5 - 1st Annual Chili Cook Off



Attention All Chili lovers! Share your best chili in the 1st annual District 5 chili cook-off!

At our February meeting, in place of our usual potluck, we will have a Chili cook-off contest! This is a District wide event, broken down by Lodge.

If you wish to participate in the contest please sign up with Jerri Lynn Baker by January 8th! We are hoping to have many different types of chili to vote on.

Should you not wish to participate in making chili we will request you to bring ONE of the following: crackers, shredded cheese or sour cream AND a dessert.

Those who wish to participate in the Chili Cook-off here's what you need to do!

Bring a crockpot full of your best chili with your crockpot covered with a towel, so no one can see what your pot looks like to the kitchen "staging area" and check in with Jerri Lynn. (Please try to have your chili here by 1pm.

Jerri Lynn will issue a number that will be placed by or on your crockpot when you bring it and she will move your Chili from the staging area to the dining area.

All members will judge chili entries and vote by paper vote the number of the chili they like best. Members will be given a small cup and spoon for taste testing purposes to choose a winner. Once a winner is decided all members can have bowls of chili! Our Polar Star winner will receive a trophy for their efforts! The winner's name will then be sent to the District and they will have their names (and hopefully a picture) on the D5 website, a blue ribbon, a certificate and most importantly, "bragging rights" for the year! So who's in?

GRATULERER MED DAGEN POLAR STAR!

NOVEMBER BIRTHDAYS

17. Karen Lindebrekke

18. Nancy Andersen



DECEMBER BIRTHDAYS

3. Don Danielson

8. Kelsey Danielson

14. Vi Skogen

14. Alfred Sundfor

UPCOMING NORWEGIAN EVENTS!

NOVEMBER 19: Cleng Peerson Smorgasbord
Norway, Illinois Community Building 4:00-6:00 p.m.
\$18.00 per person. \$20.00 at the door

Nov 19 (Sa) 10:00AM Taste of Norway. Minnekirken, 2614 N Kedzie Ave, Chicago, IL. Do you enjoy tasting new foods? Well, Taste of Norway is the place for you! Stop by Minnekirken, the Norwegian Lutheran Church by the Square, and stock up on Norwegian sweaters, cookies, waffles and other traditionally Norwegian goods. Come for traditional Christmas cookies, julekake, Norwegian goods of all kinds, traditional pea soup luncheon and fellowship. Cost: Free.

Dec 3 (Sa) 12:15PM Christmas Around the World - Norwegian Program. While Christmas Around the World opens at the museum on November 17, 2016, each country represented may present a program related to their country. Ours is on December 3 and will have a choir, folk dancing and carols as people walk around the tree.

Dec 4 (Su) Christmas Concert, 6:30 PM, Norwegian Lutheran Memorial Church, Chicago, IL, refreshments following. <http://www.minnekirken-chicago.org/>

TASTE OF NORWAY 2016



Fox Valley Norwegian Choir 2016



