

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

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President's Message



Greetings Polar Star Lodge,

Covid has hit your President!! I tested positive on November 23, passed it along to my wife so both of us spent November and December under quarantine! I have used this time to update membership information for our Lodge and have received confirmation that our Polar Star Lodge has met our membership goals for the year. Thinking of all of you and hope you have a happy and healthy Christmas and New Year!

Your President
Ken Johnson

Upcoming Events
“Polar Star 2021”
Events will be
determined by
the Covid vaccine!

1:30 p.m.
St. Olaf Lutheran Church
See article on page 2

POLAR STAR

Virtual Baking

January 9th

10:00 a.m

See page 2

Polar Star Newsletter Deadline
Will be the 14th of every month.
Please submit all articles to Barb
Johnson at
barbijohnsonb@aol.com
Follow us on Facebook @
Sons of Norway – Polar Star Lodge

Nordic News "Virtual Radio Show"

Event Date: December 22nd, 2020

Additional Information:

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store.

Launch the app and enter the meeting code: SofN-D5

Event Date: December 29th, 2020

Additional Information:

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store.

Launch the app and enter the meeting code: SofN-D5

Godt Nyttår Polar Star!

We will celebrate the new year with a Virtual Baking class on Saturday,
January 9th



Barb Johnson will teach interested bakers how to create Norwegian recipes that qualify for Part 2 of the Cooking Culture Medal. The class will begin at 10:00 a.m. on Saturday, January 9th. Interested bakers please email barbjohnsonb@aol.com to receive recipe ingredients and zoom mtg. information.

SONS OF NORWAY DISTRICT 5 OFFERS VIRTUAL CLASSES IN 2021

Sons of Norway Virtual Genealogy Class 2021

Event Date: **January 9th - 16th, 2021**

Location: VIRTUAL through Norwegian American Genealogical Center & Naeseth Library 415 W. Main St., Madison, WI 53703

Contact: Diane Maurer Email dmaurer@nagcnl.org or phone 608-255-2224 (w)

Details:

The Sons of Norway District 5 Cultural Committee is pleased to offer an opportunity for you to develop your genealogy research skills while connecting with others who share your interest.

If you are just beginning your family history research, or have little or no experience with Norwegian genealogical records, this class is for you. Topics covered in the class include common genealogical records for Norwegian and Norwegian-American genealogy, Norwegian naming customs, locating your ancestor's birthplace in Norway, Norwegian spelling variation, an introduction to DNA testing, and earning the genealogy cultural skills pin.

This **two-day class** will be held on two **Saturdays (January 9 & January 16, 2021)** beginning at **10:00 AM (Central Standard Time)** and will continue until **2 PM**. *There will be a break of 30 minutes for lunch.* There will also be time to visit informally during lunch.

The special fee for Sons of Norway members for this class is \$125 for the two-day class.

The cost includes 30 days of access to the proprietary databases on the NAGC website and a copy of the updated "Research Guide for Norwegian Genealogy: For Beginning and Experienced Genealogists" (a \$25 value).

Non-member friends may participate by either joining Sons of Norway or paying an additional \$25.

The instructor for this virtual genealogy class is Dana Kelly, who serves as Executive Director of the Norwegian American Genealogical Center & Naeseth Library in Madison, Wisconsin. She has been researching her own family history for nearly 30 years, which led her to a Scandinavian Studies degree from UW-Madison where she learned to speak, read and write Norwegian. She has served on the board of directors for the Koshkonong Prairie Historical Society since 2009. Dana is a member of several Norwegian cultural and genealogical organizations including Sons of Norway, Vesterheim, Society for the Advancement of Scandinavian Study, Dane County Area Genealogical Society, and International Society of Online Genetic Genealogists.

To register for the class, give the class as a gift, or request further information, contact Diane Maurer at dmaurer@nagcni.org or call 608-255-2224.

Member Fee: \$125 / Non-Member Fee: \$150

Virtual History Course I

Event Date: January 23rd, 2021

Details:

The D5 Norwegian-American virtual history course, **“Norwegian-American Settlement in IL, MI and WI”** will start with sessions offered on

Saturday, January 23 (9:00-10:30 AM CT/10:00-11:30 ET) and Monday, January 25 (6:30-8:00 PM CT/7:30-9:00 PM ET).

The course will be 16 weeks long.

Weeks 1-3 will be an introduction to Norwegian-American history in the D5 area.

Weeks 4-14 will be a book club format, with readings and discussion on the three books and a DVD which will be used for the course.

Weeks 15-16 will be short participant presentations on topics they chose for the course.

An example of a participant project might be doing local Norwegian-American history research to provide community and lifestyle background for a family genealogy project.

The virtual class will be offered on Zoom and recorded.

Faculty include:

Bill Injerd, historian of The Sloop Society;

Kirk Mies, vice president of The Sloop Society;

Dave Johnson, president of the Norske Museum in Norway, Illinois;

Dana Kelly, executive director of the Norwegian-American Genealogy Center; and

Mike Palecek, editor/author of The First Norwegian Settlements in America.

*To get the most out of this course, **we recommend that participants purchase** the following books (\$99 w/tax and shipping) and begin reading them ASAP: -*

The First Norwegian Settlements in America; Palecek, Mike (ed.) -

History of the Norwegian Settlements; Holand, H.R. -

Sons of the Old Country; Ager, Waldemar -

Kaskaland DVD (Koshkonong Prairie Historical Society)

Our faculty believe that these books are very accessible reading which gives the beginning historian a very good overall background about Norwegian-American history from early settlement through 1880. It is a great Christmas gift for yourself or someone you want to share Norwegian-American history with.

Virtual History Course II

Event Date: January 25th, 2021

Details:

The D5 Norwegian-American virtual history course, **“Norwegian-American Settlement in IL, MI and WI”** will start with sessions offered on **Saturday, January 23 (9:00-10:30 AM CT/10:00-11:30 ET) and Monday, January 25 (6:30-8:00 PM CT/7:30-9:00 PM ET).**

The course will be 16 weeks long.

Weeks 1-3 will be an introduction to Norwegian-American history in the D5 area.

Weeks 4-14 will be a book club format, with readings and discussion on the three books and a DVD which will be used for the course.

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Juletre 2020



We were not together to celebrate Christmas this year but let's share Christmas 2020 with photos of our Christmas trees and our family memories. Please send photos of your trees and your families along with memories of how you and your families Celebrated Christmas this year. We will welcome 2021 with a Polar Star photo album.

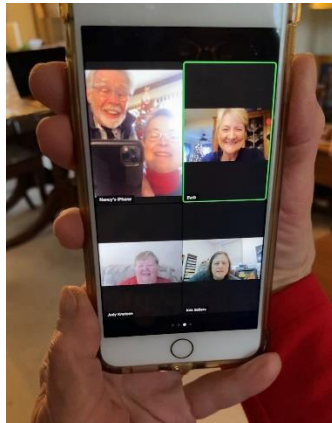
Send to barbjjohnsonb@aol.com

Polar Star Culture Corner
by Barb Johnson
POLAR STAR CULTURE GOALS 2021
Language Part 1
Literature 1, 2 and/or 3

Language Part 1

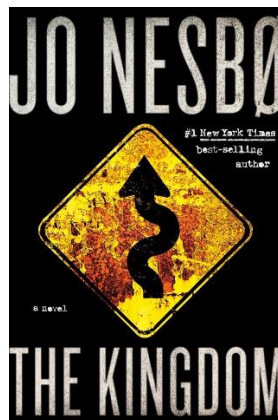
Polar Star will continue to work on earning Part I Norwegian Language Medal.

We continue to meet by Zoom or at the Hinckley Public Library on Friday mornings from 10:00 a.m.-12:00 p.m. We are always looking for new Språkkrigere (Language Warriors).



Literature Part 1, 2 or 3

In 2021 we will continue the year of Jolabokafloed. When we are able to return to live events, members will be encouraged to bring their favorite book to the Lodge Meeting to share with the group. Hopefully by the end of 2021, we will all have earned Literature medals.



I LOVE Jo Nesbø and his Harry Hole books. This is his newest release that just arrived at my house last week. It's not a Harry Hole murder investigation, but I think I'm going to really like it. Stay tuned for a review in January!

Polar Star Baking

Karemomme Brød

Start 2021 with a buttery cardamom-scented bread. This recipe appeared in the January 11 2019 issue of *The Norwegian American*. It is delicious!

1 stick (8 Tbsps.) butter

1 ¼ cup milk

2 tsps. freshly ground cardamom

2 Tbsps. active dry yeast

2/3 cup sugar

1 egg

½ tsp, salt

approx.. 4 ½ cups flour

1 beaten egg, for brushing

flaky sea salt, for sprinkling

Begin by melting butter in a small saucepan. Stir in milk and cardamom and heat until it's hot but not quite boiling, then set it aside to cool until lukewarm. (I have used packaged ground cardamom, but freshly ground will give you more flavor and smell).

To get the yeast started, place it in a large mixing bowl with a tablespoon of the sugar. Stir a little of the lukewarm milk in the mixture with a wooden spoon and let it sit until the yeast bubbles – this should take about 10 minutes. Add the rest of the milk and sugar and stir in the egg and salt.

Stir in the flour with a wooden spoon, a bit at a time until you get a dough that begins to pull away from the sides of the bowl (I made this with my KitchenAid dough attachment) Transfer it to a lightly floured surface and knead for about 10 minutes. Transfer to a lightly greased bowl and cover with a damp cloth. Let it rise in a warm place for about an hour, or until doubled.

Preheat the oven to 435 degrees. Line a baking sheet with parchment. Divide the dough into two loaves and place on the baking sheets, making sure to place the smoothest side up. Cover with a damp towel and let rise about 20 minutes. Brush with the beaten egg and sprinkle with flaky salt. Bake for about 20 minutes until golden. Cool on a wire rack. Makes two loaves.



Polar Star Sports and Activity News

The Polar Star “Crucible” Challenge

by Jerri Lynn Baker

The November miles from our Polar Star Walkers got us to Norway for the second time.

“Yay us! I am not going to make us all walk back home, let’s catch a boat and travel to the U.S. like our ancestors did! HOWEVER? I do have a new, much shorter, challenge for you! It is a three day challenge from Tuesday, December 15th through Thursday the 17th. This is a challenge to support my son, Aden Baker. Up until his 19th birthday he was Heritage member of Sons of Norway and attended frequently with me in the early days of my membership. Many of you know him and many of you know he is in Boot camp to become a United States Marine. Beginning on Tuesday, December 15th he begins his final test to that journey. He will be required to complete what they refer to as *The Crucible*. There will be many physical and mental challenges over the 3 days and there will be many miles walked. So my challenge is that as a combined group over those 3 days to combine our miles to meet the distance Aden will be required to hike those 3 days”

Walking Day 1 of the Crucible Challenge



Jerri Lynn

Vi

Barb

Joni

Nancy



Diana

Karen

Floyd

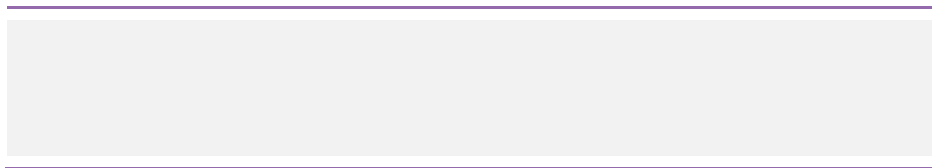
President Ken

His face says it all!



Juletreffest 2019

Our Christmas wish is that we will be celebrating together in 2021





December 16-31	Birthdays	January 1-15	Birthdays
18	Stellah Berg		
19	Carol Vigsnes	1	Eleanor Bates (96 th)
22	Ken Johnson	1	Larry Baker
23	Tom Harkins	5	Carol Baker
23	Sandy Frank	8	Ralph Kristensen
26	Gail Anderson		
29	Heather Cuevas		
31	Charles Ray		



Polar Star Volunteer Hours

Activity Hours Tracking Sheet - Polar Star Lodge 5-472

Member Name _____ Phone _____ Service Year _____

This data is used for mandatory reporting that maintains Sons of Norway tax-exempt status, and for National Sons of Norway to lobby on behalf of Fraternal benefit societies. Annually, by end of January, submit your completed form to the Polar Star Secretary. Tusen takk.

- **Membership services** – Projects/programs organized by Sons of Norway at a lodge, district or international level that you worked at or for, which were devoted to lodge business affairs, recreational or social events, training seminars, cultural classes, officer duties, etc. Include time spent organizing, planning and/or working on the events. Do not include lodge meeting attendance time.
- **Community services** – Include activities that you participated in the name of/on behalf of Sons of Norway lodge, district or international level. Include time attending/volunteering, as well as travel and preparation time.

Member Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Lodge Meetings (prepare food for pot luck)													
Lodge Meetings (Set up/clean up/kitchen duty)													
Cultural Training (class/seminar)													
Program/Meeting (plan/prepare/training/lead)													
Officer Duties													
Newsletter/ Website													
Board/Committee Meetings													
District/National Meetings													
Other (describe)													
TOTAL MEMBERSHIP HOURS:													

Community Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Høstfest (prep/food/work)													
Fox Valley Norwegian Choir													
Vasa Park (prep/food/work)													
Norsk Museum (docent/manage/maintain)													
Norsk Museum Fundraisers (smorgasbord/kumla/ breakfast; prep/food/work)													
Styttendemai Parade/Banquet													
How to be a Viking (prep/food/work)													
Norwegian National League													
Viking Ship (docent/manage/maintain)													
Red Hat Knitting													
Tubfrim													
Barnebirke (prep/food/work)													
Other (describe)													
TOTAL COMMUNITY HOURS:													

Revised 2018

Please return this form to Karen O. no later than Jan. 2nd

