

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

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President's Message



President Ken at Kvaale Norwegian Farm at Old World Wisconsin

Hilsen Polar Star Lodge!

What a fun time we had in Stoughton on our Culture Field Trip! Thanks to everyone who participated! The food and comradery were outstanding!

The Vasa Park Scandinavian Event is fast approaching. I hope everyone is planning what they will bake or donate for this fund raiser. It would be helpful if everyone would let me know what you will be bringing so we know what we have to offer. I encourage everyone to come to Vasa Park to work at least one shift. It's a lot of fun!

Warm up those singing voices because our choir will begin rehearsing September 14th thanks to our Director, Doris Pittman.

Your President, Ken Johnson



Karen Lindebrekke shares slides from her family trip to Norway at the Aug. mtg.

UPCOMING EVENTS

Scandinavian Festival
at Vasa Park

September 10, 2017

Polar Star Bakery and Flea Market
See article on page 7

October 1, 2017

Polar Star Lodge Event
at St. Olaf Church

See article on page 2

Polar Star

Taste of Norway

Høstfest

Sunday Nov. 5th

See flier on page 8

Polar Star Newsletter Deadline
Will be the 14th of every month.
Please submit all articles to Barb Johnson
at barbijohnsonb@aol.com
Follow us on facebook @
Sons of Norway – Polar Star Lodge

Members in Action

OCTOBER LODGE EVENT

October 1, 2017 – 1:30
at St.

Olaf Church.

Program still in progress

Buffet begins 1:30 p.m. Please bring your own table service and a dish to pass.

Polar Star Singers and Friends Needed.....



Fox Valley Norwegian Choir Rehearsal will begin Thursday, September 14th at 7:00 p.m. at St. Olaf church for our Høstfest performance. The 2017 season will again feature a children's choir. More information to follow from our choir director, Doris Pittman



Jerri Lynn earns her enamel Gangemerke Walking Sports Medal 400+ miles



Karen Oswald earns Norwegian Stamps Part 2 & 3 Culture Medals

CULTURE CORNER

by Barb Johnson



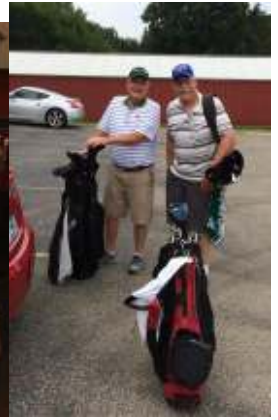
The following Polar Star members completed requirements to earn Part 2 of the Traditional Norwegian Food Culture Medal.

L to R: Barb Johnson, Eleanor Bates, Karen Oswald, Nancy Andersen, Carol Devito, Ed Hatteberg, Diana Raimond, Ken Johnson, Josie Gehler, Karen Lindebrekke, Arthur Andersen, and Steve Tanda (not pictured)

Polar Star August Piknik



Polar Star Culture Field Trip to Stoughton



Recipes from Old World Wisconsin

Soft Molasses Cookies (Siirappikakut)

Finnish Ketola Farm

¼ C	Shortening/lard	2-3/4 C	Flour
½ C	Dark Brown Sugar	½ t	Salt
½ C	Hot Water	1 t	Cinnamon
½ C	Molasses or honey	1 t	Ginger
1	Egg	1 t	Cloves
		½ t	Baking Soda
		1 t	Baking Powder

Cream shortening and sugar together. Combine hot water and molasses. Stir into the fat mixture, along with the egg. In a separate bowl, blend dry ingredients together. Slowly add to the fat mixture, stirring until just combined. Drop spoonfuls of dough onto baking sheets and bake at 350 F for 10-15 minutes.



Sour Cream Cookies

Norwegian Kvaale Farm

2 C	Sugar	3 C	Flour
1 C	Butter	1/3 t	Salt
2	Eggs, beaten	½ t	Cream of Tartar
1 C	Sour Cream		
1 t	Baking Soda, dissolved in 1 tsp. hot water		

Cream together sugar and butter, add eggs and stir well. Mix together flour, salt and cream of tartar. Sift into wet ingredients. Stir baking soda/water mixture into the sour cream. Add to the batter, stirring until just combined. Drop spoonfuls of dough onto baking sheets. Bake at 350 F for 20-25 minutes, or until the edges are light brown.

Sign up today for Adult Norwegian Camp 2017



[BJ1]

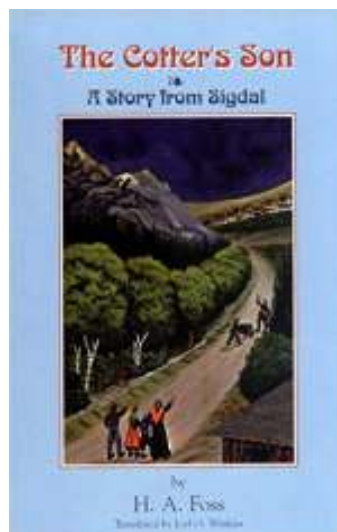
September 24-30

Visit www.ConcordiaLanguageVillages.org/Adult

Contact Sara at 800-450-2214 to register

Polar Star August Book Club Selection

This book is considered the most popular Norwegian-American novel, and the publication of this edition makes it available in English for only the second time. First written in 1884 in America by Norwegian immigrant H.A. Foss, this book has enjoyed great popularity among Norwegians, as evidenced by the 16 editions that have been published in Norwegian. It tells the story of Ole Haugen, the son of the poor cotter (farm workers who lived in the small cottages on large European farms) and the love that develops between him and Marie Hovland, the daughter of the owner of the large farm. Available through Amazon for \$12.99



Editor's Note. This book qualifies for the Literature Culture Medal and will be discussed at the October meeting

VASA PARK SCANDINAVIAN FESTIVAL

Sunday, September 10th, 2017



TIME: 10:00 a.m. to 6:00 p.m.

Mark your calendars and plan to attend and work in the Polar Star Bakery Booth.



Start baking (and freeze) your favorite Norwegian baked goods to sell in the booth and look for Norwegian collectibles at garage sales to re-sell in our loppemarked (flea market).

We will be baking Norwegian Vaffler with Lingonberries on site and selling pre-packaged baked goods and Norwegian knit items and collectibles.

<http://www.scandinaviandayil.com/>

Sons of Norway - Polar Star Lodge



“Tate of Norway” Høstfest – Fall Festival Sunday, November 5, 2017

St. Olaf Lutheran Church – 1233 Douglas Ave.

Noon - 3:30 p.m.

Montgomery, IL

Taste Traditional Norwegian Food

Shop for Scandinavian gifts, and jewelry

Lefse and Krumkake demonstrations

Norwegian Craft demonstrations

Rosemaling

Kolrosing

Jewelry

Knitting

- **Fox Valley Norwegian Choir Performance at 1:00 p.m.**

Featuring the Polar Star Children’s choir performance

Contact: Polar Star Cultural Director - Barb Johnson
email barbjohnsonb@aol.com or by phone: 630-553-7389

Polar Star agrees to support the Norway Museum Smørgåsbord – November 18th

The Norsk Museum Board will be the organizing group that will sponsor the annual smørgasbord event that has previously been sponsored by the Cleng Peerson Lodge. Ed Hatteberg (Museum Board Member and Polar Star Member) and Barb Johnson (Polar Star Culture Director) attended the Smorgasbord planning committee meeting on August 10th that was attended by representatives from the Museum Board, Cleng Peerson Lodge and Polar Star Lodge. Polar Star Lodge and Cleng Peerson Lodge will support the event with event workers and donated salads and desserts. The Lodges will also be given tickets to sell for the event that will be available at Vasa Park and distributed by Ed Hatteberg. All proceeds from the event will go to the Norsk Museum building fund.

Please contact Barb Johnson if you are able to work during the event and what food items you are willing to donate. If you are not able to attend, but are willing to bake or provide two salads, contact Barb for a food pick up.

The following budget information was provided by the President of the Norsk Museum Board.

2016	Expenses	2017	Expenses
Insulation	\$3,300.00	Viking ship Building	\$6,700.00
New heat/AC	\$7,500.00	New Exhibits	\$600.00
Exterior Restoration	\$3,900.00	Plaster restoration	\$17,000
New Exhibits	\$500.00		
Viking Ship Trailer	\$500.00		



NORWEGIAN SMØRGÅSBORD NOVEMBER 18, 2017

**Norway Community Center
Norway, IL**

Seating at 4:00 p.m or 5: 30 p.m

**ADVANCE TICKETS ONLY (carry outs available)
\$18.00 Adults - \$7.00 Children (10 and under)**

For tickets or information Phone: 815-343-5070

www.norskmuseum.com

Sponsored by the Norsk Museum and Sons of Norway Polar Star and Cleng Peerson Lodges. All proceeds support the Norsk Museum Building Fund.

Gratulerer Med Dagen Polar Star!



AUGUST

- 19. Pat Baughman
- 20. Floyd Anderson
- 26. Betsy Olson
- 27. Alexis Countryman
- 31. Burt Severson

SEPTEMBER

- 1. Michael Seidel
- 4. Frances Berg
- 8. Ron Thorson
- 12. Kari Schussler

HAPPY 50TH ANNIVERSARY NANCY AND ART



August 12, 1967- August 12, 2017