



**SONS OF
NORWAY**

Ostestaden News

Ostestaden Lodge 5-642, Monroe, WI 53566
A Congenial Society of Sons, Daughters and Friends of Norway



Vol. 22 No. 1

Founded June 14, 1996

January-February 2017

**Individual
Highlights:**

President	2
Jan-Feb	2
Nov-Dec	3
Norway	3
Youth camp	3
Calendar	4
Financial	4
Norway in WI	5
Officers	6

Lefse

Fourteen met November 12 to bake lefse.

One conversation over the griddles led from relatives to heritage and genealogy and cemeteries. Pat has a cousin who will bury cremated relatives in a four inch capped PCV pipe. He takes his posthole digger, chops a hole, and drops in the pipe full of ashes.

Maren's homemade vegetable soup and squash soup were a delicious lunch. Cherry cheesecake and chocolate cakes gave us enough energy to continue. Of course we made enough lefse "rejects" to eat for snacks.

Lefse was frozen and sold at our bake sale December 9.



This crew riced potatoes the day before baking.
Photos by Nelsons



The kitchen crew mixes the dough and shapes it into "pucks." (The UPC kitchen is certified by Public Health.)



Next, some roll out dough. Some flip to bake both sides of lefse on the griddle.



Bill made this flipper from a wooden yard stick. →



Help wanted
Here's a job idea for next time. It would help if three or four people would volunteer to peel 100 pounds of potatoes!



Maren leads election of 2017 officers and directors.

Fra Presidentent

God dag,

Jeg heter Jean Busker. Thank you for electing me president of Ostestaden Sons of Norway Lodge.

When I joined ten years ago, I told someone, "If you give me a job, I will do it." My first assignment was to help Bill Bethke track bids at our auction. Don't be shy. Tell me your skills and interests and together we can make Sons of Norway stronger.

Learning about Nordic heritage and culture is our unique mission. I enjoy hearing people talk about Norway, speak Norwegian, or demonstrate Norwegian cultural skills. I think we have very interesting programs and opportunities.

Let's all look for new people who would like to share the heritage and culture of Norway. Invite someone to play NORGE.

Jean Busker
President

January social

NORGE is Bingo in Norwegian. Marsha will bring prizes and food! Kittlesons will be with us again.

February social

Have
you
been
in
the



Orange Kitten on the Monroe square? Joselyn will tell us about her business.

Membership dues will increase January **2018** for single memberships. They will decrease for family memberships.



Jim Reese describes to Mae Trost this wooden rocking horse that can be rotated to be a high chair or desk.

November social report

Jim Reese was a cavalry trooper and now is the Wooden Trooper. He built B huts (18x36 foot houses) for troops in Afghanistan. Now he builds wood products. He especially enjoys special requests from customers. He likes to build shelves and fill them with consignment items from local crafters.



Wooden bowl can be purchased at Jim's new location on the NW corner of the Monroe square.

December Christmas party

Trent Weber is 15 years old and he "knew that." He entertained about 40 of us with magic tricks. President Maren Nelson gave out 20 year pins. She recognized Ted Burgham, Jeff Burgham, Jamie Larson and herself for bringing in members. She gave King Harold medals to Ancil Norland, Mary Erickson, Jan Johnson, and John Stenbroten. Sheri Novak awarded cultural skills badges to four people. One task for a badge in Traditional Norwegian Cooking is to write an article on a Norwegian food. Cathy Smith wrote on romograt. Judith Johnson, Paul Nelson and Sheri Novak wrote on lefse. Jan Johnson received a bronze sports medal for walking. Cheryl Schlessor brought greetings from District 5 and nice prizes!

Cheryl thanked us for giving \$150 to Masse Moro Youth Camp.

Masse Moro is a Norwegian Heritage Camp for ages 9 to 15. It is located near Eau Claire, WI. Days at camp are filled with language classes, activity and folk art classes, group sing-alongs, sports and outdoor activities, and Norwegian and Viking history. Tuition is \$800. Partial scholarships are available for children and grandchildren of Sons of Norway members.

July 16-29, 2017

Beaver Creek Nature Reserve, Fall Creek, WI
www.massemoro.org

About Norway

Viking sail

In 1989, workers found 600 year old woolen sail cloth in a medieval church in northern Norway. Analysis of the fabric found coarse outer sheep coat hairs in the warp and soft inner fibers in the weft of the woven sail. It had been soaked in a resinous material, probably fir tar, fish oil and sheep tallow.

Imagine a sail made from wool!

Vogue Knitting Fall 2016

First floating tunnel

Norway is researching the feasibility of underwater tunnels along their west coast.

Viking December 2016

Checkmate

Magnus Carlsen of Norway defended his World Chess Championship against Sergey Karjakin of Russia recently. They played for 19 days and Carlsen ran out of clean socks.



Sports Illustrated December 12, 2016

Skype

Launched in 2003 by Scandinavian entrepreneurs Niklas Zennström and Janus Friis, Skype allows users to video chat, make international calls and instant message.

Viking November 2016

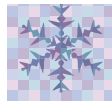
Calendar 2016

- Jan 12 Board meeting 5:30 PM
- Jan 12 Social 6:30 PM, NORGE (bingo)
- Feb 9 Board meeting 5:30 PM
- Feb 9 Social 6:30 PM, Joselyn from Orange Kitten
- Mar 9 Board meeting 5:30 PM
- Mar 9 Social 6:30 PM, AFS
- Apr 13 Board meeting 5:30 PM
- Apr 13 Social 6:30 PM, speaker

Zone 3 Officer Training Seminar to be held on Saturday, March 18, 2017, in Mauston, WI.

ENTER which door?

Be considerate of another group meeting at UPC. They use our old entry door. We enter through the main front door. After 6:15 PM we may enter the dining hall door. Look for the Norwegian flag! It will guide you.



Weather Alert

If the weather is questionable the day of any event please listen to WEKZ and a decision will be made by noon. A mass email will also be sent out. Jean Busker

Book club

Hostess: Lois Gordee

STREAMS OF MERCY the third book in the Lorraine Snelling series SONG OF BLESSING.

Financial report

Bill Bethke

Dec 1, 2016	
Checking	\$ 507.03
Savings	1,509.68
C/D	<u>5,062.88</u>
Total	\$7,031.83
Net auction income	\$ 633.40
Net bake sale income	\$ 690.66
<u>Donations</u>	
SON Foundation Scholarship	\$200.00
Masse Moro Camp	\$150.00
Monroe Christmas Stocking	\$100.00

Hi,
 My name is Marsha Wilhelms and I am your Sons of Norway Social Director. It is my job to be sure we have treats, crackers and beverages for our monthly meetings. I am asking you to work with the other member or members listed in your month. This year I am starting a new process. Please arrive at 5:30 to get the coffee perked and the beverages made and ready for the meeting along with your treat. (The ingredients for the beverages are supplied at the meeting location). Your treat should be enough for 50 people and nothing fancy. **Please bring a box of crackers to go with the cheese.** (The cheese tray is provided.) **Please no extra food other than your treat.** We start at 6:30 social time and meeting at 7:00. My phone numbers are:
 HOME 608-966-3327 CELL 608-558-4873 WORK 608-324-2350
 Thanks, Marsha

Treat schedule

- JAN Marsha Wilhelms
- FEB Grace & Eben Robertson 325-9312
Brad Goplen 608-931-1453
- MAR Jeff & Brenda Bergum 325-3551
Ancil Norland 968-3465
- APR Sheri Novak 325-3432
Beverly Blumer 325-2625
- MAY Potluck. Beverage by Marsha.
- JUN Elaine & Bill Bethke 325-4842
Judy Johnson 325-4451
- JUL Helen Miller 325-4777
Mary Erickson 523-4773
- AUG Picnic potluck. Bring own beverages, table service, food to share.
- SEP Cathy Smith 325-2697
Jan Johnson 329-5925
- OCT Auction. Marsha Wilhelms
- NOV Pat Johnson 329-6392
Maren Nelson 325-3248
- DEC Christmas Party

Directions

Please enter through the main church doors (not our meeting doors). Maren will be there with the keys to the closet to get the totes for prep. I will be there, too. Coffee totes are in the basement of the church. There are 3 totes that need to be brought upstairs. They are marked with numbers on the side.

1. Make a 40 cup pot of coffee (1½ cups of coffee grounds for 40 cups of water).
2. Make 3-2 quart pitchers of punch. Directions are on the containers.
3. Make 1-2 quart pitcher of sugar free punch. Directions are on the container.
4. Fill 1-2 quart pitcher with water.
5. You may start to set up in the meeting area after the Weight Watchers meeting is over.
6. **Remember to keep your voices down while in the kitchen.** The other group meets in the dining room until 6.

BUDGET TRIP TO "NORWAY"

Found in Wisconsin
 By Elaine Bethke

As Sons of Norway members, most of us dream of a trip to Norway, but aren't always able to make that long trip come true due to lack of money or time, health or age concerns, or not being able to make that long flight.

Post the Cheese Days rush this year Bill and I decided to take a mini trip (4 days) to Door County for a little peace and quiet. Once returned from our visit we both realized how much Door County was like Norway which we had visited twice over the years and how it was only a few hours away from Monroe.

Door County and Washington Island are almost surrounded by water like the fjords and the ocean, are home to prime quality apple and cherry orchards like the Norwegian fruit farms, and have regular fish boils, a Scandinavian custom tied to the fishing tradition and a Swedish restaurant with delicious Scandinavian style food as well as goats on the grass roof.

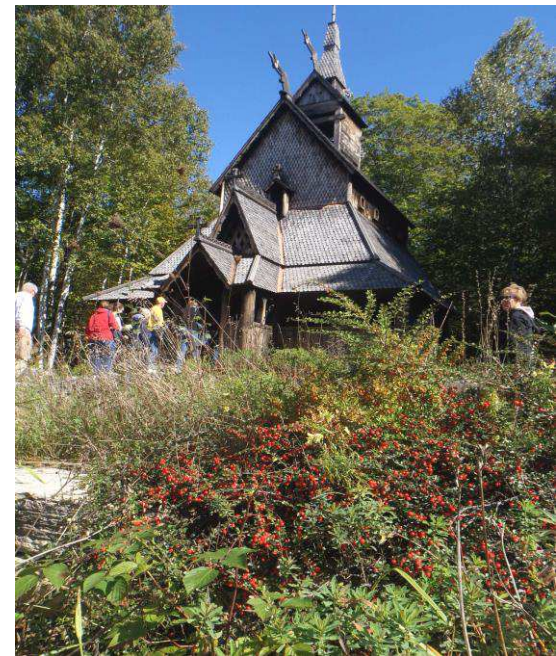
Especially Norse is Washington Island which was settled largely by Scandinavian immigrants. Here on a mini tour train or in your car after a ride on the ferry boat, you can enjoy the beautiful beach and harbor, enjoy a tasty meal, see lavender farms, tour an authentic stave church and carved, grass roofed staburs, and visit a village museum capturing many details of life of those original settlers and even including an antique weaving shed with weaving in progress to show how it's done.

Norwegians love nature and active outdoor sports like hiking and boating. All are in Door County with two major parks and many lighthouses to tour. In Norway people of all ages hike on Sundays and ski and snowboard. Taking care of nature is everyone's job.

A visit to Rawley's resort was like a mini trip to one of the old mountain hotels in Norway with a Swedish theme, a log interior, carved painted shutters and a fish boil right across from the harbor complete with a retired professor telling stories of the history of the area while the fish boiled. There are lots of activities at the resort. There are even cabins for rent if you prefer that to the hotel rooms.



Lake Michigan Shore-Newport Beach State Park
 Door County and Washington Island are almost surrounded by water like the fjords and the ocean.



Stav Kirk-Washington Island



Stabur-Washington Island

Coffee shops and ice cream are two other favorite treats in Norway. In Door County there are lots of quaint fun places for a quick or lingering treat. There are even Norwegian souvenirs at several shops and at Al Johnson's restaurant so those who love to shop can bring home something they might have bought in Norway to wear, to eat, or decorate their home with.

All in all, if you are thinking "I sure wish I could see Norway" in the spring or fall (when there are fewer crowds) you might just want to treat yourself to a few days in Door County and especially Washington Island.



SONS OF NORWAY

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Our Mission Statement:

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Newsletter

Jean Busker, Editor
Bradley Goplen, Photographer
Jamie Larson, Facebook

Sons of Norway Ostestaden Socials the 2nd Thursday of each month

with a light lunch at 6:30 PM and program at 7:00 PM
UPC, 2707 5th St., Monroe, WI 53566

Gratulerer med Dagen! *(Happy birthday)*

January	February
Jeff Bergum	Marilyn Bahe
Beverly Blumer	Gerald Thompson
Robert Johnson	
Maren Nelson	
Mae Jeanne Trost	
Jerome Wild	