



GRØNNVIK LODGE
2844 University Ave
Green Bay, WI 54311

**SAVE THE DATES
FOR OUR MEETINGS**
January 18
(Luncheon details TBA)
February 18

PRESIDENT: Mollie Bergsbaken, 715-853-4357
815 New York Ave Oostburg, WI 53070

MEMBERSHIP: Carol Brunner, 920-336-7044
555 Hilltop, Green Bay, WI 54301

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2844 University Ave, Green Bay, WI 54311

Grønnavik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran, 330 S. Broadway, Green Bay.

 Like us on Facebook. "Sons of Norway Grønnavik Lodge Green Bay"

Are You Up to the Challenge?

Peggy Schroeder attended the District 5 Leadership Meeting in Indiana Oct 18-20. Many great ideas were exchanged. The District has offered this challenge to the district lodges: Take part in a virtual walk from Ringsaker, Norway (location of the 2020 International convention) to Minneapolis (site of International Office) a distance of 3984 miles, to our lodge, in honor of the 125th anniversary of Sons of Norway. The challenge will run from November 1 to June 15. Miles will accumulate from all members in the lodge. All ages can compete. Track distances with devices or walk measured trails. Heritage members involved in sports can track distance from participating in a sport. Snowshoeing, skiing, walking on a treadmill--any moving over distance counts. The activity will be a fundraiser for Nordic Legacy Foundation (*Masse Moro* camp). Funds can be raised in one of two ways; members may gather pledges or the lodge may make a group donation for miles walked. A recommended minimum donation of \$50 was suggested. Lodges that complete the challenge will be acknowledged on the District 5 website and with a certificate from District 5.

What's Cookin'?

Can you believe our last cookbook was issued in 2007? We're overdue for a new edition. Start tracking down those recipes-Traditional/Family Favorites/Memorables from our Meetings/even Not Necessarily Norwegian. Anecdotes are welcome, too. Mollie will be collecting all for this tried-and-true lodge fundraiser.

Book Club

"Fiddling with Fate" by Kathleen Ernst is the selection we are reading in our book club. We will meet Monday, November 18. Contact Rita Running, 469-1388 for more information.

SofN scholarships are available. Peggy Schroeder 435-4263 has more information.

Med Vennlig Hilsen

With Friendly Greetings

Sons of Norway, Grønnavik Lodge 5-632, Green Bay, Wisconsin

www.sonsofnorwaygb.blogspot.com gronnaviklodge@gmail.com Vol. 25, No. 6 Nov-Dec 2019

Outreach

Grønnavik Lodge will again participate at Hazelwood Historic House located at 1008 S. Monroe Avenue for Hazelwood Ethnic Christmas. The event will take place on two Saturdays, December 7th and 14th, from 11:00 am to 7:00 pm. We will be decorating the dining room this year, a large room with lots of natural light. The committee will be meeting soon to plan the layout. We can decorate between November 9 and 14. If you would like to help with the decorating or interpreting our display, please contact Beth Clabots 592-0290, or Peggy Schroeder 435-4263. We will need volunteers to work 2 1/2 - 3 hour shifts between 10:30 am and 7:15 pm on December 7th and 14th.



Rita Running and Beth Clabots stand near the Norwegian display during Doty Elementary School's Multicultural Event held on October 10. The occasion included food samples from different countries; entertainment and exhibits. This is the second year that the event has taken place. Many thanks to Rita and Beth for representing Grønnavik Lodge at both.

Tusen takk to non-member Chad Running. In response to his online request, our lodge baked *Krumkaka* as a Norwegian treat for his daughter to share at school. We received a generous donation from him for our lodge as a thank you. This was a great opportunity to share our heritage with the community.

Looking Ahead Grønnavik Meetings

November 19

Taste of Norway

December 17

Julefest

Meetings are at 6:30 pm at
Trinity Lutheran Church 330 S.
Broadway, Green Bay



Gratulerer med dagen! Birthdays

November

Abigail DeMeuse - 16th*
Ginny Pliner - 18th
Sharee Dost - 27th

December

Brian Stevens - 1st
Judy Beerntsen - 7th
Beth Clabots - 20th
Colleen Griswold - 24th
Julie Clabots - 28th
Hailey Vedvik - 30th

*Heritage Member

Fra President

Hallo,

Just love this time of year! So many things happening at our lodge. Our October meeting was a prime example! Started off with a delicious meal of soups and bread and desserts. All very good. Thank you to all who shared.

October was our Foundation Silent Auction. Excellent array of items on the auction table. And a few items even resulted in a bidding war! Was great!! We also had election of officers for the coming year. Was a fun night with lots of activity.

November brings our Taste of Norway. Asking members to share a favorite Norwegian food so all can have a taste! Maybe a family favorite or something new. Please also invite your friends and family to share the night with us. We also will have a bake sale. Let's share Norwegian baked goods! We also will have *lefse* and lingonberries for sale.

December brings *Julefest*. Always an enjoyable night for the young ones and the young at heart.

See you all later-

Mollie Bergsbaken,
President

Great News!

Sons of Norway International reached its 2019 recruitment goal of 3,900 new members as of September 30. Fifty-one lodges have met their 10% new member goal, including *Grønnavik* Lodge! Welcome to our new members, we are glad to have you with us. Let's continue to welcome new members to our lodge. Don't forget that family members age 15 and younger are eligible for FREE Heritage memberships. Help keep our Sons of Norway communities robust and thriving for the next generation.

Foundation News

Grønnavik lodge helped celebrate Sons of Norway Foundation Month with a silent auction and soup supper on October 15th. *Tusen Takk* to all who contributed to the soup supper, the silent auction and also those who enjoyed shopping and purchasing from over 50 items. The soups were delicious. I hope you found something that caught your attention for purchase during the silent auction. The proceeds are divided between the SON Foundation and our lodge's youth programs.

Did you know that there are three sources of donations that *Grønnavik* sends to the Sons of Norway Foundation? Each year our lodge sends the donation from our October silent auction. Also, at many meetings, we pass the piggy bank and ask members to put in their coins. This money is also sent to the Foundation. Lastly, a \$25 donation is also given in memory of lodge members who have passed away.

A quote from Leslee Lane Hoyum, Chair of the SON Foundation; "In 2020, Sons of Norway will be 125 years old and our actions still embrace our founders' original intent: We ensure member financial well-being through our financial benefits company; we celebrate Norway today and yesterday through our fraternal lodge system; and we help educate students of all ages, assist our members in times of personal loss, and reach out to our communities as caring neighbors through the Foundation."

Rita Running
Grønnavik Foundation Director

Convention Delegates Needed

Plan now to attend the District 5 Convention June 25-27 in Madison at the Radisson Hotel. We need three delegates from *Grønnavik* Lodge to attend. It's a chance to see how the district works and attend some workshops. If interested, let Mollie or Joy know. We have to let the district know by the end of February.

Culture Corner - The Lure of Lutefisk

Lutefisk is both a delicacy and a tradition among Scandinavian-Americans. Today, far more lutefisk is consumed in the United States, much of it in church and lodge basements this time of year, than in Scandinavia itself.

Lutefisk starts as cod, traditionally caught in the cold waters off Norway. It's dried so thoroughly that water alone can't reconstitute it, so it's soaked in lye. Yes, lye, the same industrial chemical used to unclog drains. (Incidentally, it's the same chemical that gives pretzels that deep, shiny brown, cures fresh olives for eating, and what makes bagels gleam; these foods just don't advertise the fact like lutefisk does.) The fish is then repeatedly rinsed before being shipped off for cooking and eating.

Scandinavians have eaten lutefisk for centuries. Preserved cod provided protein during the long winter months for generations of families in a part of the world with a strong tradition of fishing. Lutefisk first appeared in Norwegian literature in 1555 in the writings of Olaus Magus, who describes its preparation and proper serving method: lots of butter.

Despite its long history in Scandinavia, though, lutefisk has fallen out of favor now that few people need to preserve food to last all winter. In fact, the Norwegian national dish isn't lutefisk, or even fish-based; it's *farikal*, a lamb and cabbage casserole.

Poverty and the collapse of traditional farming practices led more than 950,000 Norwegians to leave their homes for America in the late 19th and early 20th centuries. Only Ireland experienced a greater exodus relative to the size of its population. Lutefisk, the food of poor Scandinavians, came to the US with its immigrants. Today, there are nearly as many Americans with primarily Norwegian heritage as there are citizens of Norway, about 4.5 million people. And many of the immigrant descendants crave some connection to their Nordic past.

Even in the United States, though, as the immigrant generation grows more remote from its roots, lutefisk consumption has declined. Those who love it tend to be those who grew up eating it, which is happening less and less. To tap younger eaters at home and abroad, in 2001, the Norwegian Fish Information Board launched a promotion to brand lutefisk as an aphrodisiac

using a slogan that roughly translates as "Lutefisk lovers love more."

Excerpted from "Scandinavians' Strange Holiday Lutefisk Tradition" @Smithsonian.com
-Beth Clabots

Area Lutefisk Suppers

November 9th, 2019

- *Christ Lutheran Church* 220 S. Main Street DeForest, WI Hourly seatings begin at 11:00 am, continue 'til 5:00. Reservations (608) 846-4718; Walk-Ins; Carryout available. Adults-\$18, Kids (4-12)-\$9, 3 and under-Free.

November 12, 2019

- *Myrmarken Lodge* Eagles Club 1104 South Oak Avenue, Marshfield, WI 6:00 pm. Reservations required, call Dorothy Berg at (715) 305-9699. \$16 per person.

November 17th, 2019

- *Norse Valley Lodge* Liberty Hall, 800 Eisenhower Dr., Kimberly, WI Social at 4:30, Dinner at 5:00. Reservations required, norsevalley@gmail.com (download pdf) or call 920-450-3584. Adults-\$21, Kids (7-12)-\$7, 6 and under-Free. Mailed reservations must be postmarked by Wednesday, November 6.

December 7th, 2019

- *Christ Lutheran Church* - 700 County Road B, Stoughton, WI 11:00 am – 5:45 pm. Reservation Only. Gerry Ross at 608-835-8520 or stoughtonlutefisk@gmail.com. Adults- \$18, Kids (4-12)-\$7, 3 and under-Free. Reservations due by November 23. They request a form with 1st, 2nd and 3rd choices on times, and a self-addressed stamped envelope, so contact them early!
- *St. Olaf Lutheran Church* - W653 Roosevelt Road, Rubicon, WI 11:00 am – 5:00 pm. Adults-\$16, Kids (5-10)-\$7, 4 and under-Free. Located 8.5 mi. north of Hwy. 16 (Oconomowoc) on Hwy. P, then 1.5 mi east on County O to Roosevelt Rd). www.st-olaf.org

Next newsletter submission deadline
is December 22nd.