



GRONNVIK LODGE
995 Highland Springs Ct.
Hobart, WI 54155

SAVE THE DATES
May 16 White Food Night
June 20 Share Your Heritage

PRESIDENT: Mollie Bergsbaken, 715-853-4357
815 New York Ave Oostburg, WI 53070

MEMBERSHIP: Carol Brunner, 920-336-7044
555 Hilltop, Green Bay, WI 54301

EDITOR: Bonnie Vastag, 920-217-7737
995 Highland Springs Ct. Green Bay, WI 54155

Grønnvik Lodge Meetings are usually the third Tues.
of the month at Trinity Lutheran, 330 S. Broadway, Green Bay.



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This and That

● **Time For Summer Camp** Masse Moro is a Norwegian heritage camp, near Eau Claire, for girls and boys ages 9-15. It's operated by District 5. Dates for 2017 are July 16 - 29 with **May 17** the application deadline.

During this cultural immersion experience, campers learn the Norwegian language, eat the food, learn folk dances and Nordic myths, and celebrate the country's traditions.

Grønnvik offers a \$100 scholarship for children or grandchildren of members and District 5 will match that reducing the \$800 cost. Complete information is found at massemoro.org.

● **Friday Night It's Tacos** When it comes to Friday's dinner plans, Norwegians seem to have one thing on their minds: tacos! The younger generations in Norway have coined the term "*fredagstaco*" to describe the cultural phenomenon of starting the weekend off with tacos.

It is by far the most popular dinner on Friday even surpassing the infamous frozen Grandiosa pizza! A study determined that 400,000 Norwegians, or 8.2% of the population, eat tacos every single Friday. And participation in *fredagstaco* seems to be on the rise with one million Norwegians enjoying Mexican fare on Friday.

You might be thinking, why tacos? This flavorful Mexican dish seems a far cry from meat and boiled potatoes

"It is easy, quick, and something the whole family likes. Each family member can put whatever they like in their taco and steer clear of what they don't like. It is a social dish because one sits at the table longer and makes their own food," explains Trond Svendgård, chef at Flying Culinary Circus and author of "*Taco på uno, dos, tres.*"

While many Norwegians are content to stick with the tried-and-true taco each weekend, the current trend emphasizes innovation.

Here are some of the hot-and-spicy trends:

- Make your own guacamole or salsa.
- Skip the pre-packaged taco spices and grind your own spices.
- Use whole-wheat tortillas.
- Or even better, make your own tortillas.
- Use chicken or salmon instead of ground beef.

Norwegian American Weekly

● **Do You Need A Gift?** With lots of gift giving occasions coming up, consider a gift membership in Sons of Norway. Perfect for graduation, your children's birthday, Mother's or Father's Day.

All members receive the monthly *Viking* magazine and can either be enrolled in a local lodge or in a central lodge. You don't have to worry about color or style and one size fits all. Go to www.sofn.com or contact Carol Brunner, 920-336-7044 or thebrunners@milwpc.com.

Med Vennlig Hilsen



With Friendly Greetings



Sons of Norway, Grønnvik Lodge 5-632, Green Bay, Wisconsin

www.sonsofnorwayblogspot.com gronnviklodge@gmail.com Vol-23 No- 3 May-June 2017

Looking Ahead

Grønnvik Meetings

July 18 Aug. 15.

Gratulerer

med dagen!

May-June Birthdays



Carl Lovlien, 5, 3
Bob Olson, 5, 3
Lilianna Robshaw, 5, 11*
Jean Severson, 5, 20
Nolan Ruotsala, 5, 26*
Scott Naevestad, 5, 29
Jill Larson, 5, 31
Steve Christenson, 6, 4
Sharon Rentmeester, 6, 13
Bonnie Vastag, 6, 20
*Heritage Member

**HAPPY 23rd BIRTHDAY
TO GRONNVIK, JUNE 2!**

Wanted . . .

A couple of enthusiastic members to administer our Facebook page. Post photos from meetings, lodge happenings, general news about Norway and all things Norwegian. For more information contact Bob Olson, rolson56@gmail.com



White Food Potluck - Pale is Good

Norwegians are known for their ability to laugh at themselves. In that vein the lodge has scheduled a White Food Night. Let's see how colorless a table we can set. How about potatoes, cauliflower, cheese, bread, lefse. Cover up the color with white sauce or whipped cream. Just use your imagination.

Bring a dish to pass, but keep it as "white" as possible. Beverages, including white milk will be provided, but please remember to bring your plate, *tallerken*; knife, *kniv*; spoon, *skje* and napkin, *serviette*. (The rumor is that coffee will be allowed.)

During the program, travel vicariously to Norway with Ramona Eliason as she shares her experiences visiting Norway.

Other activities are a quiz game about Norway and the children will color flags in honor of Syttende Mai. Remember to wear red, white and blue, your Norwegian clothing and your ribbons!

May 16

6:30

White Food Potluck

**Trinity Lutheran
330 S. Broadway**

Share Your Norwegian Heritage

You're invited to a "show and tell" night where you can share your Norwegian heritage with other members.

You may want to tell a story or you can bring your Norwegian hobbies and family treasures to share. Tables for wood carving, knitting, bunads, rose-maling and Norwegian music are planned. Other interests are invited too.

Refreshments feature pie and ice cream, and coffee, of course.

June 20

6:30 pm

**Share Your
Heritage Night**

**Trinity Lutheran
330 S. Broadway**

Fra President

Hallo,

It's hard to believe that May is almost here. And as I write this letter, it is 139 days until opening weekend of football season!!

If you missed the March meeting, you missed a delightful presentation by author Kathleen Ernest of Madison. She told us her background and how she came to write murder mystery stories with a little bit of Norwegian in them. Ernest had books for sale and was happy to sign them for members. We had visitors from several towns in Wisconsin who also enjoyed the author and our meeting.

A thank you to Peggy Schroeder and several others for doing a presentation of Norwegian culture at Webster School on March 28th. From conversations about the afternoon I don't know who enjoyed it more – the kids or the presenters. Thank you all again.

The Rite Place was the setting for our April meeting. Thirty-seven members attended and enjoyed conversation and a wonderful meal. The highlight was The Scandinavian Odyssey presented by Jill Larsen, with help from her "tech people" – daughter Jill and husband Mark!! Jill gave a wonderful account of travels with friends and family. Ask her about the sauna meetings. Thanks again for sharing your adventure.

Looking forward to seeing all at our annual Syttende Mai meeting on May 16. We will be having a "white meal." It's been said that Norwegians put cream sauce or whipped cream on everything to make it white. Just use your creativity, and bring white food for all to enjoy! Ramona Eliason will share her story of her visit to Norway last year.

Please wear your Norwegian fare and don't forget your red, white and blue. We had planned to have Trinity members with us for this meeting, but due to a conflict, we are planning something with them in October.

At our June meeting, we will be enjoying a mid-summer treat of ice cream sundaes. We also will be having members share stories of their heritage or Norwegian crafts they do or traditions they follow. Should be a good evening of sharing.



Please remember to bring items for the food cart anytime we meet at Trinity. The need is great.

I would like to thank all the members who do the behind the scenes things. Like set up tables, pick up flags and name tags for off site meetings, phone calls and baking goodies for the meetings, spreading the word about Grønnavik. These are the things that make our lodge great!

God bless,

Mollie Bergsbaken

Tusen Takk!

Many thanks to everyone who helped ,with the presentation on Norway at Webster School: Pat Jacobs, Rita Running, Joy Bashara, Carol Brunner, Ramona and Ken Eliason. The teachers and principals were very impressed, and the children enjoyed the experience!

Peggy Schroeder

Many thanks to Carol Dost and Peggy Schroeder whose generosity brought Kathleen Ernst to the March meeting!



Facts About Norway's Constitution

Most of us know that the Constitution was signed on May 17, 1814, a day that Norway celebrates today with massive parades and parties annually. But there are plenty more interesting facts surrounding this great event in Norway's history.

● **Did you know...**that the Constitution that was signed and adopted is the second oldest written Constitution in the world still in existence today? At the time it was also considered to be the most forward thinking and radically democratic Constitution ever written.



● **Did you know...**that the Constitution underwent a linguistic revision in 1903? The overall language of the Constitution has basically remained unaltered, and the 1903 language is still used when proposed changes are made to the Constitution.

● **Did you know . . .**that the document was inspired by the United States and French constitutions? The main difference was the text that referred to Norway as a Constitutional Monarchy.

● **Did you know...**that within the famous portrait of the Constituent Assembly at Eidsvoll, about 70 of the 112 delegates present were painted well enough to be identified?

● **Did you know...**that the representatives who put the Constitution together were under great pressure to finish the document? The

Constitution was written and signed in 5 weeks. The January 14, 1814 Kiel Treaty said that Denmark would relinquish control over Norway to Sweden. During that transition of power Norway was considered an independent kingdom. In taking full advantage of that control a Constituent Assembly was put together, a King was appointed and a Constitution was written

Sons of Norway Newsletter Service

Top photo, Jill Larson delighted the April audience with her enthusiastic report on visiting Finland as an exchange teacher. Later in the trip, her husband Mark Riggle and daughter Paris joined her to travel in Estonia and Norway, including family places. (B. Vastag photo.)

Bottom left, Author Kathleen Ernst and Peggy Schroeder in Mar. **Bottom right,** Autograph seekers line up: Front to back, Kathleen Anderson, a guest, Pat Jacobs, Linda Schwiertz.

(R. Running photos.)

