



# SONS OF NORWAY

Fossen  
Lodge 5-534  
119 Pierce Street  
Black River Falls, WI  
54615



## Board/Officers Names and Numbers

President/Sport Dir: Rollie Lee	284-0683	Secretary/Counselor: Carol Haugen	284-5469
Vice President: Mildred Evenson	284-4426	Treasurer/Membership Dir: Mary Peterson	284-2357
Editor/Cultural Dir: Elaine Pregent	284-8483	Historian: Mary Glasenapp	284-3137
Marshall: Don Glasenapp		Publicity/Social Dir: Elaine Pregent	
Foundation Dir: Ruth Larson		Musician: Margaret Severson	
Trustees: Norm Stoker 284-2115 And Don Koxlien 284-5535			

**Mission Statement:** The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Lodge Website: [www.sonsofnorway5.com](http://www.sonsofnorway5.com)

## Coming Events

- Oct 7** Board Meeting BRCB 1pm
- Oct 19** General Meeting BRCB (Black River Country Bank – Street Level) 1pm – Foundation Month will again feature "Treasures" and Baked items **brought by members** and bid upon by others to raise some money for the Sons of Norway Foundation. Servers Millie Evenson and Carol Haugen.
- Oct 23** Serve at Pine View – Carol Haugen and Mary Peterson
- Nov 4** Board Meeting BRCB 1pm
- 16** General Meeting BRCB (Black River Country Bank – Street Level) 1pm – Norwegians In Logging Camps (Story of logging in the great pineries of northern Wisconsin) presented by Glenn Borreson. Servers Avis Thompson and Renea Stoker.
- 28** Serve at Pine View – Betty Steele and Renea Stoker
- Dec 2** Board Meeting BRCB 1pm
- 14** General Meeting BRCB – (Black River Country Bank – Street Level) Open at 11 - Lunch Served at Noon by L & M Café (usual menu) and members may bring sweet treats. Bring Gifts \$5 - \$10 wrapped red for women and green for men.



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## Lodge Members Birthdays

Jeff Briggs	Oct 7	Charles Amundson	Oct 24	Amanda Lee	Nov 18
Carol Haugen	Oct 7	Don Koxlien	Oct 25	Cleo Scharlau	Dec 4
Pat Gearing	Oct 9	Richard Selin	Oct 29	Nancy Laabs	Dec 19
Mary Glasenapp	Oct 13	Rita Selin	Nov 15	Clarice Franke	Dec 24

## **2019 Goal**

Increase membership. The Sons of Norway International Board of Directors for 2019 include acquiring 3,900 New Members. Cards to hand out to family and friends can be gotten from Rollie.

## Programs/Events

### **Masse Moro**

Mary Peterson and Millie Evenson visited Masse Moro on July 27th at the Beaver Creek Reserve at Fall Creek, WI. Masse Moro (translates to Lots of Fun) is a Norwegian Heritage camp with a rich history specifically created with a focus on sharing the history, arts and rich culture of Norway with our youth since 1979. Campers leave their American culture behind for 2 weeks and participate in daily activities in a hands-on atmosphere learning camp. They have Norwegian vocabulary classes, team sports, and a variety of traditional Norwegian arts, cuisine and Norwegian history.

They were very impressed and thought this would be a great gift to give to our grandchildren, nieces, or nephews. Camp fee is \$800. If a lodge pays up to \$150, District 5 matches an equal amount.

### **Coming to America**

At our August meeting we told stories your parents and grandparents shared with us on their voyage to America, where they landed, their trip to Wisconsin, and where they settled.

### **Education in Norway**

At our September meeting we enjoyed a potluck lunch. Elaine Pregent presented education information provided by Ingelin Bilsback a teacher in Norway. Steve Kling brought his Norwegian Exchange Student Sina and she answered questions that we had on education details. We were very lucky that she wanted to join our meeting.



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## Upcoming Events

**Oct 19 – Silent Auction** - search through your house for those treasures you no longer want and others might enjoy, or bake something special as everyone loves those items. Money raised will go to the Foundation Fund which has awarded \$1,375,000 in scholarships, \$390,000 in grants and more than \$500,000 in humanitarian aid since 1997.

## **Nov 16 – Norwegians in Logging Camps: Immigrants in the Wisconsin Pineries**

The story of logging in the great pineries of northern Wisconsin is familiar to many of us since we were elementary students hearing of Paul Bunyan and Babe the Blue Ox. An old yellowed photo in Glen's possession has led him to learn the role of Norwegians, especially immigrants and their families, in the state's logging action. Hear the stories, old and new, serious and funny, of Norwegian-Americans who worked in winter logging camps near great rivers like the Black and Chippewa.

## **Dec 21 – Christmas Party**

Present exchange will follow a lunch provided by L&M Café. Men will bring a gift wrapped in green and women will bring a gift wrapped in red. Gifts will be given a number and a drawing of these numbers will decide the recipient. It is always fun to show what we received.

## **Stamp Donations (Reminder to cut out stamps with a small part of the envelope around the stamp and bring to the Christmas Party .)**

There are many ways in which we are asked to assist our fellow human beings who are in need. Participation in the Tubfrim program is one of the simpler yet successful ways to do just that. Tubfrim is an organization in Norway that resells cancelled stamps and donates the proceeds to help children with disabilities. In 1928 Ditlef Frantzen, postmaster of the small Norwegian town of Nesbyen, got the idea to collect and market canceled stamps as a way of raising funds for the Tuberculosis Association in Norway. Within a few years, his idea caught on and many communities in Norway and beyond were collecting and sending bags of canceled stamps to Nesbyen. When Frantzen left Nesbyen in 1943, he donated his stamp collecting institution to the Norwegian Health Service. Since tuberculosis is no longer the threat to health that it once was, today disabled and needy children receive the proceeds from the resale of stamps. Last year Tubfrim made a profit of 520,000 Kroner (that's almost \$80,000).

To help Tubfrim do its crucial work, simply **clip canceled stamps from envelopes, leaving at least a quarter of an inch around the edge. Place your stamps in a plastic bag and bring to the Lodge Christmas Party.**



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**Financial Benefits Counselor**

Financial Benefits Counselor for our lodge is Tom Kunkel at 712 Miles St., Chippewa, WI 54729

Office Phone: 715-834-5366 Cell Phone: 715-828-4993 Toll Free Phone: 844-233-7667

## Rømmegrøt



Sour cream porridge with dried meats was festive food in the olden days and is still considered that today. Sour cream porridge must be made from high fat (35%) natural sour cream, with no stabilizers or gelatin added. For the best results, use homemade sour cream- a recipe is included below.

## Recipe

### Step 1

To make sour cream, heat 1 cup whipping cream to 95° F/ 35°C, almost body temperature, then whisk in 2 Tbsp. buttermilk. Let stand at room temperature at least 8 hours, until thickened.

### Step 2

Simmer sour cream, covered, about 15 minutes.

### Step 3

Sift in 1/3 of the flour and stir. Simmer until the butterfat begins to leach out. Skim off the fat and set aside.

### Step 4

Sift in the remaining flour, stir, and bring porridge to a boil. In a separate pot, bring the milk to a boil. Add milk to the porridge one cup at a time, whisking each time before adding more. Whisk porridge until smooth and simmer about 10 minutes. Season with salt. In a small bowl, mix sugar and cinnamon together. Enjoy the rømmegrøt with melted butterfat and cinnamon sugar sprinkled on top.