



SONS OF NORWAY

Fossen
Lodge 5-534
119 Pierce Street
Black River Falls, WI
54615



Board/Officers Names and Numbers

President/Sport Dir: Rollie Lee	284-0683	Secretary/Counselor: Carol Haugen	284-5469
Vice President: Mildred Evenson	284-4426	Treasurer/Membership Dir: Mary Peterson	284-2357
Editor/Cultural Dir: Elaine Pregent	284-8483	Historian: Mary Glasenapp	284-3137
Marshall: Don Glasenapp		Publicity/Social Dir: Elaine Pregent	
Foundation Dir: Ruth Larson		Musician: Margaret Severson	
Trustees: Norm Stoker 284-2115 And Don Koxlien 284-5535			

Mission Statement: The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Lodge Website: www.sonsofnorway5.com

Coming Events

- July** **No Meetings**
- 26-27** Nordic Fest – Decorah IA (See Events Below and WebSite)
- 27** Masse Moro’s 40th Anniversary at Beaver Creek Reserve, Fall Creek, WI at 10 am – Presentations by Campers, Folk Dancers, and Treats
- August 5** Board Meeting BRCB 1pm
- 17** General Meeting BRCB (Black River Country Bank – Street Level) 1pm – Coming to America – Share our Forefather’s Initial Experiences (Start thinking of the stories we were told by our Parent’s and Great Grandparent’s) – Leader Elaine Pregent Followed by an Ice Cream Social Served by Don and Mary Glasenapp.
- 28** Serve at Pine View – Betty Steele, Margaret Severson
- Sept 2** Board Meeting BRCB 1pm
- 21** General Meeting BRCB – Noon Potluck (Bring a Dish)
Education in Norway – Provided by Ingelin Bilsback Norway Teacher and Presented by Elaine Pregent



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Lodge Members Birthdays

Margaret Severson	July 4	Anna Severson	July 23	Avis Thompson	Aug 31
Mary Peterson	July 7	Allan D Thompson	July 25	Doris Brudos	Sept 29
Elaine Pregent	July 8	Samantha Koynne	July 29	Lillian Mc Manners	Sept 30
Pat Berg Nadosy	July 14	Sean Koynne	Aug 19		

New Members

Welcome to Fossen Lodge. It will be fun getting to know you better.

Karen Grace Johnson – 219 Gebhardt Rd. BRF

Darlene Kay Christianson – W12116 N Odeen Rd. - BRF

2019 Goal

Increase membership. The Sons of Norway International Board of Directors for 2019 include acquiring 3,900 New Members. Cards to hand out to family and friends can be gotten from Rollie.

Programs

Kaffe Stue

The 10th annual Kaffe Stue was held Saturday, May 18 at the former Girl Scout Cabin – Serving 58 guests and 12 members. The Bake Sale table of Norwegian Sweets was a success. Everything sold. People enjoyed themselves by a fire in the main room (thanks to Margaret's idea). Many talked about their link to Norway when they checked in at the guest book. We have a new member Karen Johnson who won the drawing.

Lodge Picnic

Our Annual Picnic was held on June 15 at Elaine Pregent's Norwegian home at W10350 Deer Print Trail, Tildon Mound, Black River Falls. Good fellowship and food were shared with 27 attendees. A special thanks to Rollie for grilling the brats and burgers (delicious). Norwegian's really know how to bring a dish to pass and never have a duplicate.



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Upcoming Events

Nordic Fest – July 26-27 Decorah, IA – Folk Art Exhibition and demonstrations by Folk Art Artists.

Demonstrations Westby Torgerson Education Center - Rosemaling, Woodcarving, Weaving, Shinnfell Coverlets, Genealogy. Heritage Park – Wood Carving, leather work, pottery, Viking encampment. Bethania Church 1:30 Sat – Hardanger fiddle. See vesterheim.org/program/vesterheim-activities-at-decorahs-nordic-fest-2019 for more information.

Masse Moro 40th Anniversary – Saturday, July 27th starting at 10 am at Beaver Creek Reserve, Fall Creek, WI. Presentations by their 2019 campers and first campers, Folk Dancers, and Founder's Statement. Treats and Frozen Custard donated by Culvers.

Coming to America – Aug 17 Meeting - Start thinking about the stories your parents and grandparents shared with you on their voyage to American, where they landed, their trip to Wisconsin, and where they settled. We will share these stories.

Stamp Donations

There are many ways in which we are asked to assist our fellow human beings who are in need. Participation in the Tubfrim program is one of the simpler yet successful ways to do just that. Tubfrim is an organization in Norway that resells cancelled stamps and donates the proceeds to help children with disabilities. In 1928 Ditlef Frantzen, postmaster of the small Norwegian town of Nesbyen, got the idea to collect and market canceled stamps as a way of raising funds for the Tuberculosis Association in Norway. Within a few years, his idea caught on and many communities in Norway and beyond were collecting and sending bags of canceled stamps to Nesbyen. When Frantzen left Nesbyen in 1943, he donated his stamp collecting institution to the Norwegian Health Service. Since tuberculosis is no longer the threat to health that it once was, today disabled and needy children receive the proceeds from the resale of stamps. Last year Tubfrim made a profit of 520,000 Kroner (that's almost \$80,000).

To help Tubfrim do its crucial work, simply **clip canceled stamps from envelopes, leaving at least a quarter of an inch around the edge. Place your stamps in a plastic bag and bring to the Lodge Christmas Party.**

Financial Benefits Counselor

Financial Benefits Counselor for our lodge is Tom Kunkel at 712 Miles St., Chippewa, WI 54729
Office Phone: 715-834-5366 Cell Phone: 715-828-4993 Toll Free Phone: 844-233-7667



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Melt-In-Your-Mouth Cheddar Cheese Boxes



Prep: 2 hrs

Serves: 10

Ingredients:

3 whole Loaves of French Bread
½ pound of Butter
½ pound of Sharp Cheddar Cheese Freshly Grated
1 Tbs Whipping Cream
1 Unbeaten Egg-White
½ Tsp Salt
1 dash Tabasco Sauce

Instructions:

1. Freeze Bread. When frozen cut crusts off bread and cut into approx. 1inch cubes. No need to be pretty and perfect.
2. Refreeze bread cubes. Continue after frozen.
3. Cream softened butter with freshly grated sharp cheddar cheese.
4. Once fully combined add cream, egg white, salt, and a dash of Tabasco (not for heat but flavor). The mix should be completely spreadable.
5. Remove bread cubes from the freezer a few at a time. Frost all but one side of the bread and place un-frosted side down on a plate.
6. Return full plate to freezer to completely freeze "frosted" cubes. Once frozen they can be put into bags and stored until needed.

Bake

7. Preheat Oven to 375.
8. Place frozen "frosted" cubes un-frosted side down on a baking sheet.
9. Bake for 10-15 min until golden.