



Sons of Norway Fagernes Lodge 5-616

Oct, Nov, Dec, 2018



Upcoming Events for our Lodge

Note: The Blair Community Center will be ready for use for our Nov. meeting & on after that.

Oct. 20, 2018, 1 p.m. *Our lodge meets along with the Osseo Lodge at the Pigeon Falls Community Center to hear author Candace Simar. Servers: LaVonne Wier and Brittens*

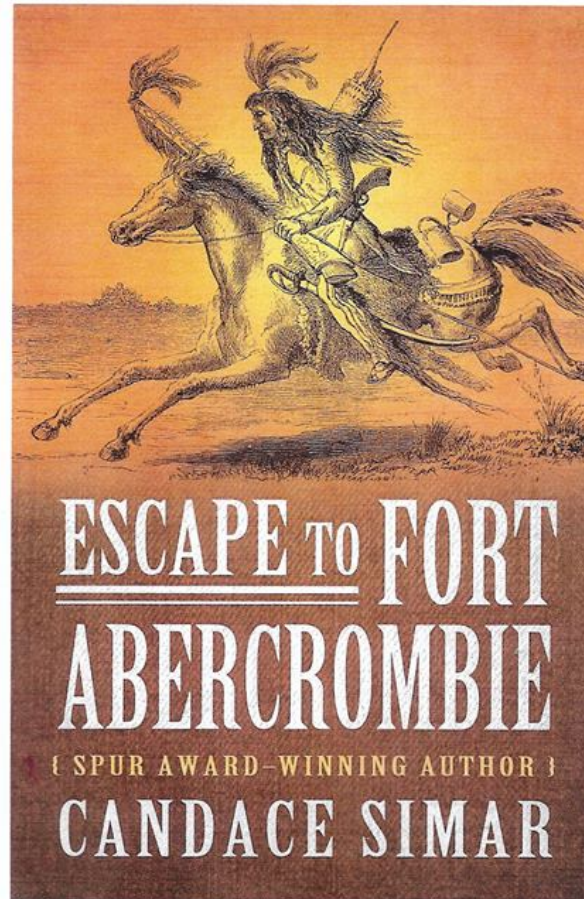
Nov. 2018, 1:00 p.m. *We plan Juletefest & make Christmas ornaments*
Servers: Virgie Stecha and Cindi Anderson

Dec. 1 or 8, 2018, noon potluck *Juletefest, Carol Sing & gift distribution*

Save cancelled stamps. The Tubfrim project can use them. Stamps must be trimmed to have at least a 1/4 inch border. Bring them to the meetings.

Save your used printer cartridges and bring them to LaVonne or Terry. We get \$2.00 credit for each cartridge at Office Depot to use toward new cartridges and paper!

Mark Your Calendar For This Interesting Opportunity



OCTOBER 20 MEET THE AUTHOR

MEET AWARD
WINNING AUTHOR
CANDACE SIMAR

SATURDAY OCTOBER 20, 2018

SONS OF NORWAY LODGES
FROM BLAIR AND OSSEO
COMMUNITY CENTER/
FIRE STATION
PIGEON FALLS, WISCONSIN

1:00 P.M.
PROGRAM, COFFEE AND
SNACKS

Candace Simar is the author of eight books including the Spur Award-winning *Abercrombie Trail Series*. Simar is passionate about history and her Scandinavian heritage. "I like to imagine how things might have been."



www.CandaceSimar.com

The Blair Fagernes Lodge and the Osseo Trygvasson Lodge are co-sponsoring the above event. Don't miss hearing this award-winning, inspirational author/speaker. Bring a friend or two. The public is invited. Lunch will be served. A free-will offering will be taken to cover the cost of the Pigeon Falls Center (\$50) and the speaker (\$200). Todd and Mary Jo Fetsch have graciously opened their house to lodge the author.

a little in English...

Singing in Norwegian

Hanne Sørvaag had always sung in English. Now the artist is releasing an album in Norwegian.

"The texts came so easily. The subject matter became a bit different. And it's a bit more to the point," says musician Hanne Sørvaag. She'll soon be ready with the album "Som om me hørte samen" (As if we belonged together). It's her first in Norwegian.

This is Sørvaag's seventh solo studio album. The first one came out in 2002.

Sørvaag has written several songs for others. This is one of the reasons she spent time discovering Norwegian as a singing language.

"I have received a good response to Norwegian songs, but I wanted to do so much. I wanted to make songs in Nashville in the United States. I wanted to write pop with the Swedes," she told news agency NTB. [Norsk Telegrambyrå / Norwegian News Agency] She chose English. That way she could reach the world.

Sørvaag wrote the song "My Destiny" for singer Katharine McPhee. It ended up in 2nd place on the Billboard Charts in 2006.

The musician also wrote the song "Brief and Beautiful." It went to number one in Norway. The song was sung by Maria Arredondo.

Last year, Sørvaag participated in the TV program "Hver gang vi møtes" (Every time we meet). She sang songs belonging to other artists. "God morgen min kjære" (Good morning my dear) became really popular.

That made Sørvaag change her mind. Now she wanted to take a chance on Norwegian.

"The ideas began coming to me in Norwegian," she says.

Sørvaag uses her own upbringing in her songs. It can be a bit painful. Her parents divorced when she was four years old. This gave her inspiration for songs.

Singing in Norwegian brings her closer to her audience, she thinks. "I've noticed that audiences are singing along. They understand more easily what the songs are about. It's incredibly fun!"

litt på norsk...

Synger på norsk

Hanne Sørvaag sang alltid på engelsk. Nå gir artisten ut en plate på norsk.

– Tekstene kom så lett. Temaene ble litt annerledes. Og det er litt mer rett på sak, sier artisten Hanne Sørvaag. Hun er snart klar med albumet «Som om me hørte samen». Det er hennes første på norsk. Dette er Sørvaags sjuende egne studioalbum. Det første kom i 2002.

Sørvaag har skrevet flere sanger for andre. Dette er noe av årsaken til at hun brukte tid på å oppdage norsk som sangspråk.

– Jeg har fått god respons på norske sanger, men jeg ville så mye. Jeg ville lage sanger i Nashville i USA. Jeg ville skrive pop med svenskene, sier hun til nyhetsbyrået NTB.

Hun satset på engelsk. Slik kunne hun nå ut til verden.

Sørvaag skrev sangen «My Destiny» for artisten Katharine McPhee. Den havnet på 2. plass på lista Billboard i 2006.

Artisten skrev også sangen «Brief and Beautiful». Den ble nummer én i Norge. Sangen ble sunget av Maria Arredondo.

I fjor var Sørvaag med i TV-programmet «Hver gang vi møtes». Hun sang låter som hørte til andre artister. «God morgen min kjære» ble svært populær.

Det gjorde at Sørvaag tenkte seg om. Nå ville hun satse på norsk. – Ideene begynte å komme på norsk, sier hun.

Sørvaag bruker egen oppvekst i sangene. Det kan også bli litt sårt. Foreldrene hennes skilte seg da hun var fire år gammel. Dette ga henne inspirasjon til låter.

Norske sanger gjør at hun kommer nærmere publikum, tror hun.

– Jeg merker at publikum synger med. De får lettere med seg hva sangene handler om. Det er utrolig gøy!

Sons of Norway Foundation Month

Fall means blazing colors in nature, cooler temperatures, school activities – and, in October – Sons of Norway Foundation Month. Take a moment to learn more about how our members and lodges support each other through grants, scholarships, camperships and more; and how your lodge can be an integral part of giving back to the institution that gives so much to your lodge. Visit www.sonsofnorway.com/foundation for more info about the Foundation, or contact Foundation Director Corrie Maki Knudson at foundation@sofn.com.

Focus on a Member: Mary Jo Fetsch

I was born in Minneapolis to Fritz and Pearl Smidell July 26, 1940. I'm an only child but I don't think I was too spoiled, ha,ha. I graduated from Southwest High School in 1958. The summer before our senior year, my Girl Scout troop spent three months touring in Europe. It was a life changing experience and caused me to love traveling ever since. I earned a Bachelor of Science Degree in Nursery, Kindergarten, Primary Education at the University of Minnesota. I met Todd in the outings club at the U and we've been happily married for 64 years. We have three children-Lara (Nathan) Hanson and they have one son, Rafael; Christian(Molly)and children, Henry and Isla; and Peter. After all our kids were in school, I went back to school to get my Masters Degree in Library Science. I was lucky to get the elementary-middle school library position here in Arcadia, and was in it for 17 years. Obviously, I love reading, love to sing and have been in church choir for 50 years. We've lived in Arcadia for 50 some years and love the beauty of the area!

Book about the early Norwegian immigrants, "The First Norwegian Settlements in America"

Please support Norwegian-American heritage and the Nordic Heritage Foundation. The Nordic Legacy Foundation is Sons of Norway's District 5 Norwegian heritage project. Profits from this book project will support Masse Moro youth camp and other District 5 heritage programs.

As a "tusen takk" for your donation, you can get the book "The First Norwegian Settlements in America." Learn about the Sloopers, the first group of Norwegians to come to America in 1825. As the west was opened, Norwegians had major settlements in Illinois and Wisconsin.

Some of the earliest settlements in Missouri, Indiana, Texas and Utah are also covered in this volume.

Travel to some interesting Norwegian-American museums also featured in this book.

If you haven't earned a SON literature cultural skills pin, this book is a great way to get started.

ORDER FORM - THE FIRST NORWEGIAN SETTLEMENTS IN AMERICA

- ☐ \$20 (1 book) allow 3 weeks for printing
- ☐ \$25 (Nordic Heritage Fund donation for 1 book) and shipping (shipping to
- ☐ \$100 (Nordic Heritage Fund donation for 5 books) one location)
- ☐ \$250 (Nordic Heritage Fund donation for 15 books)
- ☐ \$500 (Nordic Heritage Fund donation for 33 books)
- ☐ I want to make a \$_____ donation, and receive only ____ books

Make checks out to "D5 Nordic Legacy Foundation"

Name: _____

Address: _____

City/St/Zip: _____

Email: _____

Phone: _____ Lodge: _____

Send your order to: Mike Palecek, SON treasurer, 5747 Sandy Lane, Racine WI 53406

PAST HAPPENINGS AT FAGERNES LODGE



Receiving sports awards at the September 22nd meeting of the Sons of Norway Fagernes Lodge: LaVonne Wier, Fran Instenes, Charlene Saxe, for walking; Eileen Trim for swimming; and Danniell Toth for biking.



At Trempealeau Catfish Days. Charlene Saxe, Terry Thompson, Marlys Britten, Fran Instenes, Roger Instenes, LaVonne Wier, Leland Wier ride the Sons of Norway Blair float in 100 degree weather as documented by the photo below.



Member Eddie Thompson often brings his dog, Lily, to ride our float with us in the parades. Here Lily sits contentedly on Eddie's lap for the Blair Cheesefest Parade on Sept. 16.



Notice the temperature on the Citizens First Bank sign in Trempealeau during the Trempealeau Catfish Days parade on Sunday, July 15, 2018. Kudos to the brave souls in the photo above who braved the weather to ride our float.



Left: Fran Instenes had three of her grandchildren join our float for the Blair Cheesefest Parade, Sierra Instenes (and Gavin Instenes, not pictured) of Arcadia and Vanya Rivero of Fort Myers, Florida.

Right: Eileen, Charlotte, Fran, Terry and LaVonne (photographer) toured Our Lady of Guadalupe Shrine in La Crosse, July 11.



Puffed Apple Pancake

Delicious served hot or cold! Submitted by Julie McCormick, Nortun Lodge 1-016, Duluth, MN

Ingredients:

1/2 c. butter

2 apples, unpeeled and diced

Batter:

6 eggs

1-1/2 c. milk

1 c. flour

3 T. sugar

1/2 tsp. salt

1 tsp. vanilla

1 tsp. cinnamon

Topping:

3 T. brown sugar

cinnamon



Directions:

Put a stick of butter (1/4 lb.) in a 12" x 7" glass casserole pan. You can use any shape of a similar size. Place pan in cold oven. Turn oven on to 425 degrees F. Don't let the butter brown! While butter is melting, core 2 peeled apples, and cut up into small pieces. Add apples to melted butter.

Next, combine all batter ingredients. Thoroughly mix with egg beaters. Apples should be sizzling and starting to cook in the melted butter. If not, wait a few more minutes. Then take out of oven and pour the batter over cooked apples. Give a quick stir to make sure apples are evenly distributed. Sprinkle 3 Tablespoons of brown sugar evenly over the batter and sprinkle top with more cinnamon. Immediately return to oven and bake for 20 minutes or until the pancake puffs up.

Serves 6-8 people. Can be enjoyed hot or cold, and topped with apple sauce or syrup.

Pssst: Are you keeping your Sons of Norway Membership a secret?

Spread the word about the fun and fellowship we share as Sons of Norway members. The more the merrier! Nonmember friends and family are welcome to attend a lodge meeting, volunteer activity or an event as your guest (even if they aren't ready to sign up yet).

Remember, anyone with an interest in Nordic culture and heritage is welcome to join Sons of Norway.

HAPPY BIRTHDAY!

Due to privacy concerns, only the month is listed

October

Anthonie Dobson

November

McKenna Boe, Byron
Britten, Roger Instenes,
Nora Iverson, Jan Wills

December

Josephine Britten,
Rylie Dobson, Cody
Dooley, Isla Fetsch,

Merlin Fredrickson,
Michael Fuller, Erik
Haugland, Mary
Herness, Briana
Iverson, Lamoine
Jacobs

A Nordic Christmas Wonderland

Deep within the Norwegian mountains, the town of Røros, Norway, transforms into a magical Christmas market for one weekend, every year. The streets of Røros are lined with more than 60 market stalls, Christmas food and traditional activities. Drawing in hundreds of visitors, Røros offers a wonderful start to the Christmas season. Experience Røros by taking a romantic sleigh ride, exploring the nooks and crannies of the old copper mining town or warm up with some freshly made gløgg.



This picturesque, Nordic town was the inspiration behind Disney's movie, Frozen. Kids can meet the beloved reindeer Sven, build snowmen or try tobogganing.

Temperatures regularly dip below freezing, but the Christmas market thrives every year. This year's festivities will be taking place on December 6-9. To learn more about the Christmas market held in Røros, visit <https://www.roros.no/en/the-roeros-christmas-fair/>

More about enchanting Røros can be found online in the November 2016 Viking. Log in at www.sonsofnorway.com, then access the Viking archive by clicking on the Norwegian Culture drop down menu on the homepage.

President's Message

Hertilig hilsen fra presidentin Todd,

It's Fall!! We survived our parades and summer activities. And they were good. Much thanks to Byron for pulling our float and getting the float ready for the parades. Lots of work and we appreciate it!! So a mighty "Ya sure you betcha" tre timer!!!! For Byron!!!!.

Many Fall events coming up that should be fun, beginning with the Meet the Author in Pigeon Falls on Oct 20th. Get the word out to anyone who might be interested in some good storytelling about Norwegians. Then there is food!!!

We look forward to the next few months as Thanksgiving and Christmas approaches. A busy time of the year with families and friends. At our November meeting, we will be our making Christmas ornaments; the December meeting will be our Juletreffest. Where we bring and donate gifts be given to kids in attendance and others. I hope we can attract more children for this year. The Julenisse wants to be able to give out many gifts to many children this year in the Norwegian tradition.

Many of our upcoming activities are reviewed in this newsletter..

The oven is done ...except for a roof over it to protect it from excess moisture..

Get out there and rustle us up some new members....!!!!

Membership Report by Terry Thompson, as of Oct. 2, 2018

Despite a concentrated effort to gain new members since last fall, when we offered membership at a discounted price for a short time period, our Fagernes Lodge has lost many members. Our efforts did pay off in gaining new members, but several members also dropped membership since last fall.

Those who have dropped membership include: **Jack Hardiman, Alexander Solberg, Judy Bleken, Noelle Henderson, Julia Berg, Andrew Fuller, Vicki Hovre, Kenneth Husmoen, Lonnie and Sonia Manske, Keoinia Dobson, Eirk Haugland & Cynelle Koterwski.** Dropped by Death; **Galen Berg.** Also there is no address for **Tarryn Hanson** who is 19 years old. The new members we gained in the last year or so include: **Merlin and Beatrice Fredrickson, Verle Austad, Darlene Walls, Patricia Truax, Cheryl Bragger, Chris Hamilton, Joseph, Brianna and Nora Iverson and Mary Anna Mete-Iverson, Anja and Isla Kettinder. Jan Wills, and Terry Thorkildson.** Our active membership is 57 which includes juveniles with insurance.

News on the International Sons of Norway Convention 2018 by LaVonne Wier

The International Sons of Norway meeting and convention was held on August 16-18, 2018, in Bloomington, MN. I took this opportunity to attend as a delegate of District 5, as it is about as close to home as it will ever get. There were many bylaw and resolution items to discuss and vote on which would affect all districts in our organization. I'll highlight just a couple. **One item of interest** was the Golden Membership status for members who have 30 years of membership and attained age 65, which had been discontinued. It will return, but there will not be a reduction in dues for anyone who attains that status after January 1, 2018.

The "Viking for Kids" magazine was discontinued awhile back, and replaced by a quarterly page in the Viking magazine. **It was decided to again publish the Viking for Kids.** It will, however, be in an internet form and will not be printed and mailed. Many of our Fagernes Lodge Heritage members do NOT have an e-mail address listed. **I highly recommend an e-mail address be added to the children's information** so they can receive this publication. It can be their parents' or grandparents' e-mail address if the child doesn't have one. A call can be made to Headquarters at 1-800-945-8851 to make the change.

A big change since the new dues structure was made at the convention. Starting in 2018, a child reaching age 16 was considered a member, and not eligible for a free membership. There has been a lot of concern about these individuals "dropping" from membership. Before 2018, if someone called in and told Headquarters the child would remain a member, there was no annual dues fee until age 23. **The Unge Venner classification was NOT reinstated** at the convention. **However, something was accomplished. If the child over 15 still has the same legal mailing address with a Sons of Norway member, the child is covered under the "family membership".** Here is the revised approved resolution:

1.6.1.4. Family Membership -

1.6.1.4.1. United States Lodges

A Family Membership covers all individuals using the same legal address.

One thing to remember: If the parent or grandparent doesn't have a "family" membership, the child can't be added to an individual membership. It is still cheaper to upgrade to family than have separate individual memberships.

Adopt-a-School Update by LaVonne Wier

The Blair-Taylor School District wants us back, and they want us to participate in the activity day right before Christmas, like we did last year. I am looking for people to do some kind of demonstrations for that day. I will be making lefse with the kids. They will get to roll them out and bake them.

Patty Truax will be joining me to help with this enterprise of our lodge. Besides the reading program, we can assist the school with other activities, such as demonstrations. I acquired several more books this summer, and the school has requested we include the high school students this year in the reading program.

Take Note:

District 5 is selling USA/Norway pins for \$5.00 each to support the Legacy Foundation. LaVonne Wier will have them at the October and November meetings. Get yours before they're gone!



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A Day of Thanks and Celebration

Thanksgiving Day in Canada is celebrated on the second Monday of October. Linking back to European traditions of harvest festivals, Canadians use this opportunity to give thanks for good harvest and to celebrate blessings of the past year.

Happy Thanksgiving, Canada, from all of us at Sons of Norway.

Pass the Coffee and Keep those Cookies Coming!

Do you know that our newest members tell us over and over that sharing favorite Nordic treats –cookies, lefse, torsk and more –keeps them engaged and looking forward to our next meeting? (Good coffee likely helps, too.) Invite a friend or family member to join you for our next meeting, and let's wow them with the flavors of Norway.

Member News: From Roger and Fran Instenes- daughter Melissa and granddaughters Vanya (five) and Vivian (two) visited us September 1-17 from Fort Myers, Florida. Vanya rode our Cheesefest float with cousins Sierra and Gavin Instenes. They all also attended the animal show. Vanya played piano for the Cheesefest Talent Show and also for two Sunday services at North Beaver Creek Lutheran Church.