



**SONS of
NORWAY**

Dovre Lodge 5-353

DOVRE BREV

MARCH/APRIL 2022 NEWSLETTER

UNITED AND TRUE
UNTIL DOVRE FALLS



*Sandy Olson, Robin Fossum, Eugene Nelson,
and Karen Schaaf*

Installation of officers at January meeting

Our January 11 meeting was our Norwegian Sweater meeting, where most of us wore our Nordic-style sweaters for a great picture. With the wonderful background of sweaters, we had our installation of officers.

Our installation was done by District 5 Youth Director, and Zone 1 Director, Sandy Olson for the 2022-2024 term. Sandy also talked about Masse Moro camp and gave us District 5 updates. Sandy is quite knowledgeable about Sons of Norway and is always able to answer any questions you may have.

A special takk skal du ha to all the new and former officers for all your hard work in the past and future. We can't do it without you.



Easter in Norway

How do the Norwegians spend their Easter? However tempting it may seem for us to stay close to home and avoid the cold, Norwegians seem to do the opposite we might think they would.

Many Norwegians visit their local book store and peruse the aisles and buy the newest, most interesting mystery books. If they are lucky, there might be a great crime show to binge on the television for a bit of hygge. The setting for these enthralling activities? How about the cabin in the mountains.

What's Inside

- Installation of officers
- Barniebirkie
- Karen's Cranberry Cake Cake
- and more!



Letter from the President

March 2022

Fra Presidenten –

Dear Dovre Lodge Members:

Well, we are back in business this month and will be meeting once again. The virus struck a few of your officers and we had to cancel the February meeting. We appreciate your patience and thank servers Shirley, Carolyn, and Sam for baking Norwegian treats that we hope were preserved for the March meeting!

Dovre Lodge purchased wrapped Oreo cookies for the Barnebirkie on February 24th. We had 480 cookies from our Lodge, they went like hotcakes. Other lodges brought a total of over 8,000 treats for over 600 children (and some of their parents too). The weather was a balmy 10 degrees; however, the tent had a bit of heat and there was tons of snow. Tusen takk to our Zone Director Audrey Severson for coordinating the event and to Judy, Bill, and Robert for helping. Just a side note: a couple of curious comments from parents, "Do you have any cookies with eggs as an ingredient?" and "Do you have any cookies without sugar?" Interesting.

Though our SON International Convention in August is now a virtual convention, District 5 is still planning on meeting in June for our Convention in Madison. This was a huge decision by the International Board. It was almost impossible at this time to guarantee hotel rooms which would have not been a good financial decision. There will be a virtual convention and details will be announced early this summer.

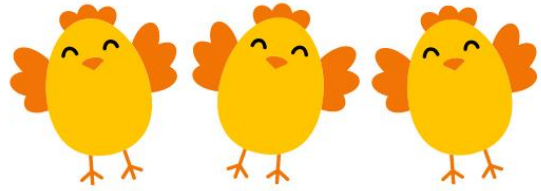
Your 2022 Dovre Lodge Directory is ready and in the mail. Please let me know if you have any changes throughout the year.

Tusen takk for your loyalty to Dovre Lodge...let's have an exciting year ahead!

Hilsen,

rkfossu@gmail.com

715-642-2414



Easter in Norway con't

Norwegians love Easter, the more snow the better. Sunbathing, skiing in t-shirts, this is how they enjoy it. Easter vacation usually begins Maundy Thursday until the Monday after Easter making plenty of time for reading, family, skiing, and celebrating Easter itself.

Norwegians eat 20 million oranges every Easter. Oranges probably came to Norway via merchants at Easter time when the first oranges were picked in Southern Europe. Oranges are also high in vitamin c, they are quite appreciated for their bright colors and flavors after a long and dark winter.

Chocolate is another focal point for the holiday as chocolate is very close to the heart of everyone. So much so that one chocolate bar brand, Kvikk Luns, on average people eat 9 bars a year with 3 eaten during Lent and Easter. Maybe they sell so many is so everybody has the well-known Fjellvettreglene, (mountain safety code) printed on the packaging. Safety first!

Let's not forget Påskris, Easter Egg Trees, and decorating with cute little påskekyllinge, Easter Chickens

Most importantly, Easter is for family and community, much like everyone else around the world. Family holidays bring us together to pass down our traditions and share our love for one another.



Calling all Cardmakers



Give your homemade greeting cards a Norwegian touch with two new sets of letter stamps created for Sons of Norway D5. These stamp sets have Norge accent letters, not found in other stamp sets. The D5 fund raising committee took on this idea as a way to provide D5 members with Nordic items which are hard or impossible to find elsewhere. Thanks to Connie Aiello for the idea, and for seeing the project to completion, and Karen Eberhardt, Connie Kross, Judy Ghastin, Cheryl Wille-Schlesser and Peggy Schroeder for their support. Here is what the individual letters look like. Nordic Alphabet 1 is created with capital letters, with rosmalled designs inside. After the card creator stamps the paper, she can use a fine tip colored pencil to color in the leaves and hearts. D5 has more Norsk stamps in the works, including plans for spring and Christmas themes.

Stamp Set	Cost* (S&H included)	Quantity	Total
Nordic Alphabet 1	\$16		
Nordic Alphabet 2	\$16		
		TOTAL	

*Shipping is only available in the U.S. and Canada

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Email (shipping updates): _____
 Phone: _____

Make check out to: Nordic Legacy Foundation

Mail to: Connie Aiello
 Nordic Legacy Foundation
 6237 Hilltop Drive
 Mt Pleasant, WI 53406

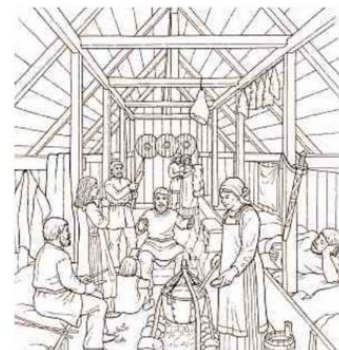
*If you have any questions, contact Connie at NLFstamps@gmail.com

Late Iron Age Longhouses Discovered in Southeastern Norway



In early December 2021, Norwegian archaeologists discovered a cluster of Viking longhouses using ground-penetrating radar. The discovery was made in southeastern Norway, Gjellestad to be exact, and was believed to be a main place in the late Nordic Iron Age. Viking longhouses were long, narrow buildings used for housing feasts, families, and even cattle or horses in the winter months.

The most notable part of the unearthing was the size of one of the longhouses. Archaeologist Lars Gustavsen stated, "The most striking discovery is a 60-meter (197-foot) long and 15-meter (49-foot) wide longhouse, a size that makes it one of the largest we know of in Scandinavia." The archaeologists do not yet know how old the houses are or what exact function they served but they plan on doing excavations and dating exercises to answer these questions. Additionally, the radar found burial mounds nearby which weren't as surprising, as there are others in the surrounding area, but examining the mounds near the longhouse will help them get a more complete picture.





New Officers and Nordic Sweaters

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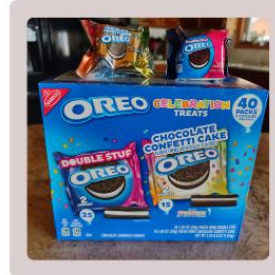
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Make 2022 a Year of Contagious Enthusiasm!

What's the BEST part of your Sons of Norway membership? Share it with those you invite to join us. Whether you have a passion for baking your family's favorite traditional Norwegian dishes, love travel tips, or have a favorite "don't miss" lodge activity, your enthusiasm will be contagious—in a GOOD way!

Spread your passion for Sons of Norway membership as you invite new friends to join us in 2022!

Barniebirkie a success once again



by Audrey Severson from Friendly Fifth Friday News

The Birkie in Hayward, WI could not ask for better snow conditions or weather for 2022. The crowds came out in huge numbers to enjoy the event. They had over 11,500 skiers in all events plus over 25,000 spectators over the four days. Over six hundred kids skied in the Barnebirkie on Thursday and another 200 skied virtually at home. District 5 wants to thank all the lodges who contributed cookies or sent

volunteers. One mother said the only reason her child wanted to ski the event was to see all the cookies afterwards. Expo attendees said our booth with free cookies was the best part of the Expo. They were also generous in donating over \$800 toward Masse Moro Camp fund over two days. So far my calculations show District 5 lodges provided over 7,500 cookies and a total of \$335 given by lodges to cover cookies I purchased and other expenses.

Askeladden Lodge- Kalamazoo, Michigan

- Dovre- Barron, WI
- Elvedal- Wisconsin Rapids, WI
- Fagernes- Blair, WI
- Fosselyngen - West Allis, WI
- Loven - Eau Claire, WI
- Mandt- Stoughton, WI
- Myrmarken- Marshfield, WI
- Nordkap- Farmington Hills, MI

- Norse Valley- Appleton, WI
- Polar Star - Montgomery, IL
- Skjold - Palatine, IL
- Solvang - Westby, WI
- Scandiana- Chesterton, IN
- Valhall - Rockford, IL
- Valkyrien - Woodville, WI
- Vennelag- Mt. Horeb, WI
- Viking - Mondovi, WI



Special thanks to Karen Schaaf for bringing this tasty treat to our January meeting

Cranberry Christmas Cake

- 3 large eggs (room temp.)
- 2 C sugar
- 3/4 C unsalted butter, softened
- 1 tsp. vanilla extract
- 1 tsp. almond extract
- 2 C all-purpose flour
- 12 oz. fresh cranberries
- Powdered sugar for garnish

Preheat oven to 350 degrees. Prep a 9x13 pan with nonstick baking spray. Beat the eggs and sugar together with the mixer until slightly thickened and light in color. (This mixture should form peaks when you lift the beaters out of the bowl.) Add the butter, almond, and vanilla extract to the egg mixture and continue to mix. Mix for two minutes. Slowly add in the flour, just until combined. Add the cranberries and stir. Bake at 350 degrees for 40-50 minutes. Allow the cake to cool completely before cutting. Garnish with powdered sugar if you'd like.



Masse Moro

Norwegian Heritage Youth Camp

Are you looking for an awesome camp for this summer? We have just the place for you! Sons of Norway Norwegian Heritage Camp - Masse Moro is open to young people, 9 - 15 years old; it is located at the Beaver Creek Reserve in Fall Creek, Wisconsin. You will have an opportunity to learn the Norwegian language, baking lefse, wood carving, rosemaling, and much more. Join us for "lots of fun" - Masse Moro style!! More information about the magic of this camp can be found at

www.massemoro.org

deadline April 1, 2022

Gratulerer Med Dagen

March April

Charis Shaw 3/1	Arne S Thompson 4/3
Benjamin Neilsen 3/2	Carol Marie Anderson 4/5
Louise O Varnes 3/6	Mary Ellen Ralph 4/5
Karen L Schaaf 3/9	Robin K Fossum 4/11
Inez H Anderson Schrader 3/11	Karl L Varnes 4/19
Dennis H Weise 3/24	Ingrid M Rothenbuehler 4/22
Andrea del Pilar Jevne 3/27	Burnell L Hanson 4/27
Merlin W Harelstad 3/31	Paulette E Hanson 4/29
	Carolyn J VanBuren 4/29



Questions? Comments?
Concerns? Contact me
melissabekum@gmail.com

BOOK REVIEW
BY Victor Bekkum



CONNECT WITH NATURE THE NORWEGIAN WAY FRILUFTSLIV
BY
OLIVER LUKE DELORIE

Translated as "free life air" or "open-air living" the Norwegian concept of friluftsliv (free-loofts-LEEVE) encourages us to get out into the great outdoors.

This book is about getting outdoors to do things you like to do in the environment around you. It might be a walk in the woods, a park, or by a creek or stream. It might be sitting on the shore of a lake taking in the evening sunset! In Norway, persons are allowed to go onto personal property as long as they respect the land unlike in America where we are bound by trespass laws. Still, there are plenty of places to spend time with nature, even your backyard.

This book attempts to align or re-align your priorities and values so you remember what's important in life. It is filled with ideas to fulfill your need to nurture yourself with nature.

Do you have a book, movie, or podcast you would like to share?
Let me know!



Celebrate your heritage with this limited-edition Syttende Mai pin and ribbon!



Made in Norway by Sylvsmidja of Voss - superior craftsmanship since 1940.

Show your Sons of Norway pride- Wear the sterling silver (.925) pin and ribbon with your Syttende Mai finery or remove the ribbon and use year-round to accent your everyday clothing.

Sylvsmidja ("silversmith") produces traditional bunadsølv, the authentic gold and silver brooches, cufflinks, clasps, knives and buttons that make Norway's national costumes shine.

\$55 - Members receive a \$5 discount with current member number
To order, visit
<http://sofn.com/SyttendeMaiPin>
Pins will ship in April.

Interesting Podcasts



The History of Vikings is a podcast hosted by Noah Tetzner featuring scholarly discussions about Vikings, Norse myth, & the history of medieval Scandinavia & Iceland.



www.sonsofnorway.com

Dovre Brev, Dovre Lodge 5-353
"United and True Until Dovre Falls"
Melissa Bekkum
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Cameron, WI 54822
melissabekcum@gmail.com



Ha en fin St. Patricks dag!"



Dovre Lodge Officers

President.....Robin Fossum
Treasurer/Financial Secretary.....Eugene Nelson
Social Director.....Judy Keilholtz
Marshall/Sound Tech Assistant
Marshall..... Victor Bekkum
Assistant Marshall.....Arne Thompson
Youth Director and
Sports and Recreation Director.....Mary Drexler
Sunshine.....Paulette Hanson
Publicity Director.....Carolyn Kochel
Stamp Collection.....Louise Varnes
Framtid.....Bun Hanson & Ingrid Rothenbuehler

Vice President.....Bun Hansen
Secretary.....Karen Schaaf
Historian.....Carol Anderson
Cultural Director.....Judy Keilholtz
Assistant Marshall.....Victor Bekkum
Librarian.....Janice Stearns
Musician.....Marie Sanborn
Editor.....Melissa Bekkum
Greeters.....Bill Bosak
Grace Nielsen,
Arne Thompson
and Carolyn VanBuren
Membership.....Bun Hanson