



The Wren

V.25 ISSUE 5 SEPT/OCT 2016

STAY CONNECTED TO SON

 Sons of Norway - Circle City Lodge

SON Newsletters

will be available on a bimonthly basis. For the electronic newsletter, please send your email and contact info to: jlrud@energymetro.net JERRY RUD

If you would like to receive a printed version of the newsletter, please send your contact info to: burtonbittner@att.net BURT BITTNER

LUTEFISK SHIRTS ARE (POSSIBLY) MAKING A COMEBACK!

See details on page 8 of how to order.



The Draken left Haugesund, Norway on April 24 sailing the historical route the Vikings explored a 1000 years ago.

THE VIKINGS DISCOVER THE NEW WORLD (AGAIN) DURING EPIC JOURNEY.

Rhoda Warren photographed *The Draken* in Green Bay, Wisconsin on August 6. Several lodge members were lucky enough to see the ship in person this summer. Read more about it from *Glenna Andersen Divine's* point of view on page 4.



from the President

Dear Members and Friends of Circle City Lodge,

As the summer draws to a close, I hope you have had a great one. It has been a very good summer. Neil Schuch's travelogue in June was much enjoyed and appreciated.

Later that month [Nancy Andersen](#), [Kathy Krueger](#), and I went to the District 5 Convention in Marshfield, Wisconsin, with lodge support and we thank you for that. The convention was inspiring in many ways. We saw and ate with friends [Irene and Jim Nelson](#) and [Andy Johnson](#). It was great seeing them. Jim played his accordion and sang in the evening, around the outdoor restaurant, and at the dance after the Saturday evening banquet. Andy Johnson, who lives in Northern Indiana and attended our Anniversary Gala in May, was elected President of the District. We congratulate him and pledge our support to him in that role.

Another great aspect of the convention was to be immersed in a group of Sons of Norway members who share their ideas about successful lodge activities. We learned many new ideas and will implement some of them in the future.

The specialized vendors are appealing too. There was a table full of hardanger embroidery, and [Lois Mueller](#) was there with a table full of very tempting rosemaled pieces. Two book vendors were doing a brisk business, and then there was a vendor with general Scandinavian items.

The business aspect of the lodge was conducted too, but has less appeal to me, although I realize the importance of this for the proper functioning of our egalitarian organization. An example of the business aspect was the debating about changes to our constitution and by-laws, such as whether a passage reads "may" or "shall", and the discussion can last for an hour or longer! Maybe the value in this is that one realizes what our legislators endure.

At coffee breaks there are Norwegian sweets! You name it and it was there: sandbakkels, krumkake, rosettes, fattiman, lefse, and many more. The snacks for each break were prepared by a different lodge, which is a larger commitment than you might think, since there were 120 delegates. I hope you have chance to attend a District convention, since it will very likely alter your level of excitement about our lodge and Sons of Norway.

The excitement continued at the end of July the Viking sip from Norway made it's way to Chicago and other Lake Michigan ports. Several members went up to see it and were inspired by the workmanship and size. [Glenna Andersen Divine](#) shares her story about it on Page 4.

Our August sammenkomst featured talks by The grandchildren of [Connie and Ted Danielsen](#) and a discussion about the district convention by [Nancy Andersen](#) and [Kathy Kreuger](#). Thanks to all of them for sharing their experiences.

Our next sammenkomst on [SATURDAY, Sept. 10 \(Noon\)](#) should be just that. [Roy Samuelson](#) and [Julane Lund](#) are speaking and playing music on the topic of Ole Bull, the famous Norwegian violinist. Many may not be familiar with the details of his life, so this is a great opportunity. We are so lucky to have high caliber musicians such as Roy and Julane in our lodge, and one of Roy's passions is to shine a light on famous Norwegians, so I am really looking forward to this sammenkomst! The food will be f arik al, a perennial favorite among members and you won't want to miss that!

Then on Sept. 17th, we are traveling as a group to Shelbyville to a bakery that has Norwegian delicacies. Stay tuned for more details on that!

Have a great Labor Day everyone! Hilsen,

Jerry Rud

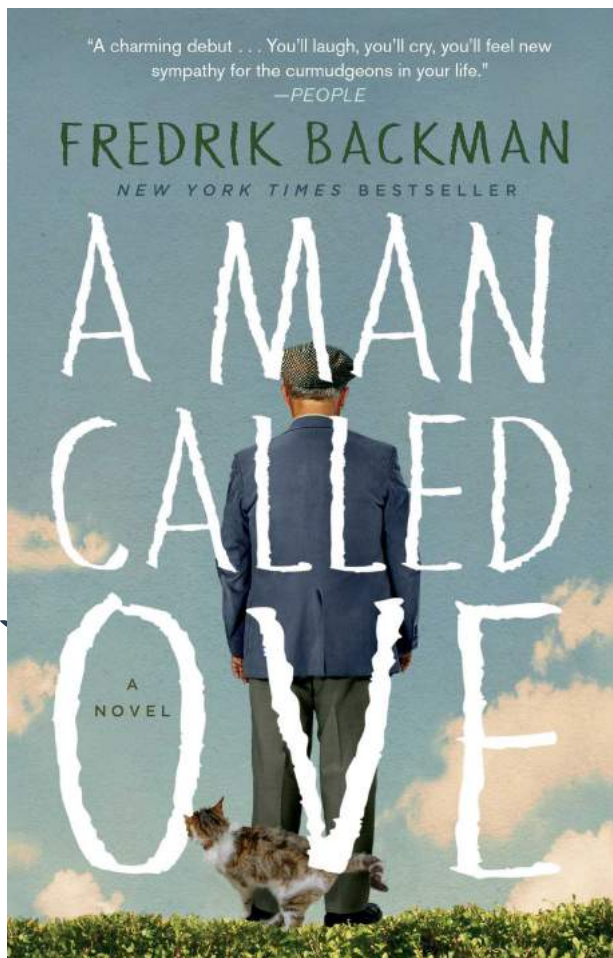
Member snaps

NEWSLETTER PHOTOS



Do you have great photos from our meetings or from your travels? Your images could be the art we need for our next newsletter. *We'd love to feature you—especially if you have images from the Gala.* Please send those photos to: jlrud@cinergymetro.net or lindsayhadley23@mac.com

REVIEWED BY GRETCHEN WIEGEL



Ove misses his wife. He regularly puts fresh flowers on her grave, but he is so despondent that he wants to join her in death. To this end, he carefully plans his suicide. However, the attempt is thwarted, as are several additional plans. The interruptions are from new neighbors who are very needy. Ove figures that as long as he is alive, he will, reluctantly, help them. Of course snafus develop and therein lies the humor of the tale and the delight in reading it.

Please,
join us!

WE'D
LOVE TO
SEE YOU.

- *Sammenkomst* is typically the **SECOND FRIDAY NIGHT** or the **SECOND SATURDAY AFTERNOON** of the month.
- *Member lunch* is the **THIRD WEDNESDAY** of the month.
- *Board Meetings* are the **FOURTH SATURDAY** of the month at 9:30 a.m.

SAMMENKOMST

Sat., Sept. 10, Noon
MEAL Fårikål
PROGRAM The music of *Ole Bull*
RSVP to Burt Bittner at 317-842-4042. The cost will be \$9 per person.

Fri., Oct. 14, 6:30 pm
MEAL Pitch-in
PROGRAM Culture Night

MEMBER LUNCHES

Wed., Sept. 21
The Legend Classic
Irvington Cafe
5614 E. Washington St.
Indianapolis 46219
317-526-2028

Wed., Oct. 19
Athens on 86th
2284 West 86th Street
Indianapolis 46260
317-879-8644

BOARD MEETING

Le Peep Restaurant
2258 W. 86th Street
Indianapolis
317-334-9690

09

SEPT

28 SU	29 MO	30 TU	31 WE	1 TH	2 FR	3 SA
4 SU	5 MO	6 TU	7 WE	8 TH	9 FR	10 SA
11 SU	12 MO	13 TU	14 WE	15 TH	16 FR	17 SA
18 SU	19 MO	20 TU	21 WE	22 TH	23 FR	24 SA
25 SU	26 MO	27 TU	28 WE	29 TH	30 FR	1 SA
2 SU	3 MO	4 TU	5 WE	6 TH	7 FR	8 SA

10

OCT

25 SU	26 MO	27 TU	28 WE	29 TH	30 FR	1 SA
2 SU	3 MO	4 TU	5 WE	6 TH	7 FR	8 SA
9 SU	10 MO	11 TU	12 WE	13 TH	14 FR	15 SA
16 SU	17 MO	18 TU	19 WE	20 TH	21 FR	22 SA
23 SU	24 MO	25 TU	26 WE	27 TH	28 FR	29 SA
30 SU	31 MO	1 TU	2 WE	3 TH	4 FR	5 SA

THE VIKINGS WERE ACCOMPLISHED
NAVIGATORS, ARTISANS, TRADERS AND
STORY TELLERS, BUT THEIR GREATEST
TRIUMPH WAS THE SHIP THEY BUILT.

by *Glenna Andersen Divine*

The Draken

This summer my husband and I were able to visit the *Draken Harald Hårfagre* at two different locations with two different experiences. We had planned all along to visit it in Chicago but got worried when for a while it looked like it might not be able to make it that far due to the cost of piloting fees. We made a quick decision to make the trip to Bay City, MI to guarantee seeing it. We stood in line for two and a half hours for our turn to board the ship but had fun talking to other people in line with us.

We were excited to finally board. They had a path roped off on the ship to guide where we walked and a few of the crew to give a talk about the ship and answer a few questions. We took lots of pictures and were thrilled to be there. After leaving the Draken we went over to the tent where they had displays and souvenirs for purchase. Captain Bjorn Ahlander was also in the tent autographing books so I was lucky to be able to get him to sign one for me. I told him I wished him and the crew well and hoped to see them again in Chicago.

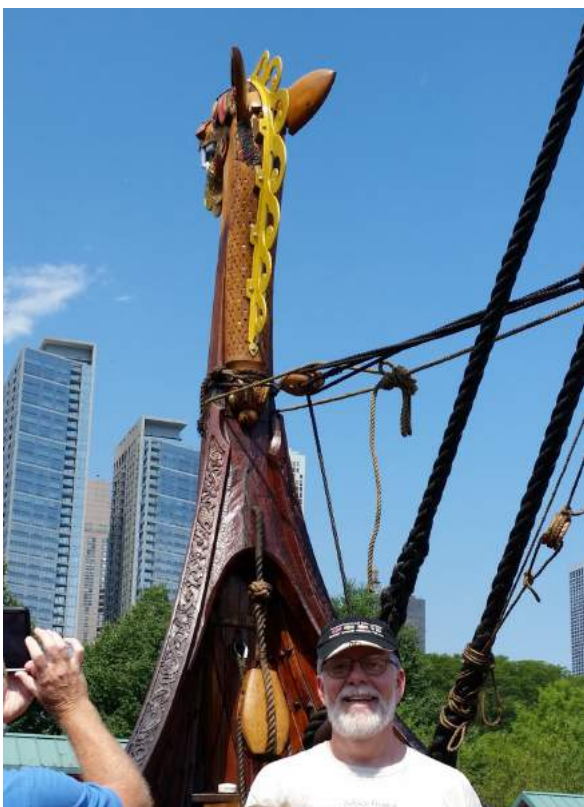
It was important to me to see the Draken in Chicago since that is where our grandparents settled when they came from Norway. In fact, our grandfather was a sailor on a sailing ship that came down the St. Lawrence, through the Great Lakes to Chicago from Norway. Therefore, it was special to me knowing the Draken took a very similar route. We also planned to sail on one of the Tall Ships while we were there as another connection to our grandpa's sailing into Chicago on a Tall Ship. Our experience seeing the Draken was very different in Chicago because we had gotten tickets to the reception that the Swedish-American Museum had arranged. There were only 175 people attending as they wanted a limited number. Finger foods and drinks were included in the price. There was a program with officers from Sons of Norway and other Scandinavian lodges speaking. Then there was a reading of the account of Leif Erikson's travels discovering America read in Icelandic and translated into English. After the historic reading the Captain was introduced and also two of the builders and they all spoke. Then it was time to board the ship. This time there was no roped path! We were free to walk all over and they had opened things up more so we were able to see much more than when we were in Bay City. More of the crew was there and it was fun listening to their stories and their explanations of things. I had a chance to say hello to Captain Ahlander again and he remembered me saying I would see him again in Chicago. I also had a chance to say hello to one of the builders that I saw in so many of the videos. I felt like an awe struck teenager seeing my favorite movie stars! We had so much fun.

I am so glad now that we made both trips! Each one gave us a different opportunity and new experiences with the ship and the crew. The ship is beautiful and each time we walked around we noticed something that we had missed earlier. My sisters were able to make it up to see it in Chicago on the weekend after we left and they loved seeing it too. It was well worth the trips!

PHOTOGRAPHED IN CHICAGO BY ROBERT GORDON MORK.



Is Draken Harald Hårfagre a replica? No, Draken Harald Hårfagre is not a replica. The ship is constructed with great knowledge about traditional boatbuilding, knowledge about the construction of the Gokstad ship and from inspiration from the Norse Sagas.



ANN MICHAEL PHOTOGRAPHED JERRY RUD IN CHICAGO.



PHOTOGRAPHED IN CHICAGO BY GLENNA DIVINE.

Kvik Lunsj translates to, "quick lunch."

KVIKK LUNSJ CUPCAKES

THANKSFORTHEFOOD.COM

Prep Time: 25 MINUTES

Cook Time: 25 MINUTES

Total Time: 50 MINUTES

Kvik Lunsj was created in 1937 and has been in production every year since, excluding 1941-1949 due to the Second World War. It's reported that Norwegians eat in average nine Kvik Lunsj candy bars a year.

YOU WILL NEED

For the cupcakes

- 3 cups flour
- 1¾ cups sugar
- ½ cup unsweetened cocoa powder
- 1 teaspoon baking soda
- ½ teaspoon salt
- 1 cup dark chocolate chips
- 1 cup brewed coffee, cooled
- 1 ¾ cup neutral oil (sunflower, vegetable or canola/rapeseed)
- 1 cup buttermilk
- 3 large eggs

For the kvik lunsj buttercream frosting

- ¾ cup unsalted butter, at room temperature
- 1½ cups powdered sugar, sifted
- Pinch of salt
- 1 vanilla bean, seeds scraped out
- 2 tablespoons heavy cream
- 1 tablespoon vanilla extract
- 8 bars (2 full-size packages) Kvik Lunsj candy bars
- Kvik Lunsj candy bars for garnish



DIRECTIONS

If it seems overwhelming, just eat the candy bars. Else, find the rest of the recipe here:

<http://thanksforthefood.com/kvik-lunsj-cupcakes/>

Norway

IN THE NEWS

PHOTO BY BEN CURTIS/AP



Norway's Veronica Kristiansen is challenged by Sweden's Angelica Wallen (left) as she tries to score during the women's quarterfinal handball match between Norway and Sweden.

IN THE SUMMER GAMES, NORWAY RALLIES AROUND ITS WOMEN'S HANDBALL TEAM

Never underestimate the star power of Norwegian handball. "The girls are heroes back in Norway!" says the handball team physiotherapist, Trond Sjobakk. The Norwegian men's team didn't even qualify for the Olympics, but the women? Sjobakk says everyone back home knows the players on a first-name basis: "Nora, Stine, Veronica, Emilie ..." They are, I figure, the Usain Bolts of Norway. So, I ask Koren, what is the U.S. missing by ignoring handball? "You're missing a sport that gives a lot of excitement to many people. It's a good sport for people who like to watch and be cheered up, and see people be able to have fun together!"

Outside the Olympic arena where the Norwegian women have cruised to the semifinals, I find mother-and-daughter fans Iris and Iselin Froybu.

They're hard to miss in their patriotic regalia: they're decked out in hats, shirts and scarves all patterned with the Norwegian red, blue and white flag.

They've even painted Norwegian flags on their cheeks. Handball is a way of life back home, the mom, Iris, tells me. Like many Norwegians, she grew up playing the game.

"You can play it from the age of 5 or 6," she says, "and it's very social. You can play it all over the country. There are arenas everywhere." The Norwegian women lost to Russia in the semifinals, but you can be sure their countrymen and -women avidly followed the action, leap by leap and goal by goal. Their team took home a bronze. *Read the original story:* <http://www.npr.org/sections/thetorch/2016/08/18/490449921/norwegian-womens-olympic-handball-team-favored-to-win-gold>

**ERIC SAMUELSEN PREPARES US FOR THE
SEPT. 10 SAMMENKOMST FEATURING**

Ole Bull

In 1850, the violinist Ole Bull was in Christiania (Oslo). He had become fascinated with the idea of romantic nationalism, with the idea that Norway should be culturally distinct from Denmark and Swedish influences, in addition to being politically independent. At the time, the most important theatre in Norway was the Christiania Theatre—in fact, it was pretty much the only significant theatre company in the country. Plays were performed there in Danish, or, at times, in Dano-Norwegian, essentially the language we think of as riksmål. A lot of Norwegian nationalists felt that Norwegian plays should be produced in a purer, more ‘Norwegian’ form of the language, which he thought could be found regionally on the west coast, in Bergen. He began to argue for the creation of a new Norwegian National Theatre in Bergen.

The twenty-two year old Henrik Ibsen was then an obscure college student at the University in Christiania. He had written two plays at that point. One, a tragedy based on Roman history, *Cataline*, had been published, but had not been produced. The other, *The Burial Mound*, a Viking melodrama, had been produced at the Christiania Theatre, but was neither a popular nor critical success. Ibsen was hardly the most successful Norwegian playwright then (that would have been Henrik Wergeland), but he was young and energetic. He published an article in a local paper arguing in favor of Bull’s proposal. That article brought Ibsen to Bull’s attention. And Bull decided that this college student was the very person to serve as artistic director of the Bergen Theatre, which is known today as Den Norske Scene.

That job launched Ibsen’s career. When he first met with the prominent Bergen citizens who had agreed to fund the theatre, they recognized his inexperience, and funded a long research trip so he could meet with the producers of other European theatres, and learn what the responsibilities of his new job were. Ibsen stayed in the job in Bergen for seven years, and wrote an annual play for production there. Ibsen didn’t really have the force of personality to effectively run a theatre. His friend Bjørnstjerne Bjørnson, took over Ibsen’s responsibilities, and the theatre’s eventual success probably owes more to Bjørnson than to Ibsen. Although those early plays were, for the most part, undistinguished, that apprenticeship launched Ibsen on his career, which would eventually result in him being known as the ‘Father of Modern Drama.’ It’s difficult to imagine Ibsen’s career unfolding the way it did without that early intervention by Bull. Ibsen and Bull remained friends ‘til Bull’s death in 1880.

Ibsen also made fun of Bull in *Peer Gynt*. The Dovregubben, or king of the trolls, is sometimes thought to have been based on Bull.

I think the story of Bull and Ibsen’s early friendship is fairly typical of Bull’s career. His idea of a romantic national theatre could be considered a trifle hare-brained. And once he got the ball rolling, he lost interest in the project, and other people had to keep it going. But the result speaks for itself—he launched one of the most important theatres in Norway, and gave a big push to the career of Norway’s most significant playwright.

That’s Bull, a man of sudden enthusiasms, with the charisma and energy and personality to make remarkable things happen.

As a performing, Bull was a rock star before rock stars existed. Years ago, I was researching the history of the Salt Lake Theatre. It was a famous performance venue for big-name celebrities throughout the late nineteenth century. Enrico Caruso performed there, as did Sarah Bernhardt, and Edmund Booth. It was a convenient stopping place for trains heading from Denver to San Francisco. Bull also performed there. We found an advertisement from a local hotel, the one where Bull stayed while in Salt Lake. The night after he performed, that hotel advertised for sale bottles of his bath water, sold for three dollars each. They sold out in two days. People paid three dollars for a bottle full of his bath water.

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Lutefisk

A REMINDER OF WHERE WE CAME FROM. AND WHY WE LEFT.

Several lodge members have inquired about ordering more Lutefisk shirts this year. If we have at least 25 shirt orders, the [Yonder Clothing Company](#) will print a second edition. Shirts cost \$15 each, with \$5 of each sale benefitting our Circle City lodge. Last year, Yonder even created special onesie and youth-sized versions. Please let [Lindsay Hadley](#) know how many shirts you would like and what size by October 14.



\$15

RESERVE YOURS: LINDSAYHADLEY23@MAC.COM



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