

the Wren



V.27 ISSUE 2 MARCH/APRIL 2018



NORWAY CELEBRATES WINTER OLYMPICS MEDAL RECORD

When **Marit Bjørgen** stormed to victory in the women's 30km cross-country on the final day of the Pyeongchang Games, so far ahead of the field that no one else on the course could even see her, Norway could be forgiven for boasting a little. Not only had Bjørgen, with her 15th medal, become the most decorated athlete in Winter Olympics history (the second and third on the list, biathlete Ole Einar Bjørndalen and the legendary 1990s skier Bjørn Dæhlie, are also Norwegian). But her win brought the country's Pyeongchang tally to a remarkable 39 medals, topping the table, equalling Canada's record for golds won at a single games, and eclipsing the largest previous total medal haul of 37, held since 2010 by the US - whose population is more than 60 times Norway's.

STAY CONNECTED TO SON

[f Sons of Norway - Circle City Lodge](#)

SON Newsletters

will be available on a bimonthly basis. For the electronic newsletter, please send your email and contact info to: circleyson@gmail.com NANCY ANDERSEN

If you would like to receive a printed version of the newsletter, please send your contact info to: burtonbittner@att.net BURT BITTNER

VIKING FEST—APRIL 20, 21 & 22

Dress in Viking garb and bring your family to this exciting 3 day event that will draw people from across the region. Just off Exit 133 at 4671 Anson Blvd. Whitestown, IN 46075



from the President

Hilsen fra presidenten,

First of all I want to express my gratitude to Burt Bittner for all of the great work he put into the Lutefisk dinner. I doubt that people know how many hours he put into making sure all of the food was just right. I know he was in the kitchen at the church at 6am so please let him know how much he is appreciated. It was a great dinner and the roast pork was fantastic!

Our next meeting is on **March 10 at noon**. No need to bring any food we will be having pulled pork, rolls, salad and dessert for \$5 per person. **Jerry Rud** is our presenter with his recent trip to Norway so it will be a great afternoon.

Now that the Olympics are over I'm sure many out there are suffering from what my cousin has dubbed **OWS** (Olympic Withdrawal Syndrome), but weren't they fantastic?! Norway with a record 39 medals! So if you are wondering how to spend those extra hours you too can obtain some medals by working on your cultural skills. I will be the first to admit that I am behind on submitting paperwork but I plan to make that a personal goal for this year. The cultural program is a way to help keep the skills and our connection to Norway alive. **One of our Lodge goals for this year is to obtain 10 Cultural pins** for our lodge. To find info on the cultural skills go to **sofn.com** and log in, click on member resources, the value of membership page will appear, scroll down to Cultural programming and click on it. A list will appear with all of the skills available so you can just click on the skill you are interested in!

As a lodge we need to know what people like and don't like so we can make improvements. In the next few weeks I will be sending out a survey using **survey monkey** for people to fill out. You can fill it out on your computer and submit so you don't have to worry about printing and returning. I wanted to let everyone know so they don't think it is spam or junk mail. Please let us know what types of programs you are interested in.

Looking forward to seeing everyone on the 10th.

Nancy Andersen

Member Snaps

NEWSLETTER PHOTOS



Do you have great photos from our meetings or from your travels? Your images could be the art we need for our next newsletter. **We'd love to feature you—especially if you.** Please send those photos to: jlrud@cinergymetro.net or lindsayhadley23@mac.com. Else, the newsletter will be filled with pictures of Milo.

JUST A STONE'S THROW AWAY



Learn to Curl

It captivates audiences every four years and is one of the most popular events of the Winter Games, but what exactly is curling? "Curling is chess on ice and a whole lot of fun," Jeff Heck said with a laugh, who was one of the founding members of the Circle City Curling Club.

A fascination with the sport led to the creation of the club in 2007, and its coverage during the Olympics is the strongest tool in recruiting new members.

"Last Olympics was when I got started, I literally Googled 'curling Indianapolis' and found out about the club and now I'm the vice president," Adam Van Zee said. "I think that the biggest interest is it's one of those Olympic sports you can try." To sign up for an upcoming "Learn to Curl" or join the Circle City Curling Club, visit www.circlecitycurling.com

Please, join us!

WE'D LOVE TO SEE YOU.

● **Sammenkomst** is typically the **SECOND FRIDAY NIGHT** or the **SECOND SATURDAY AFTERNOON** of the month.

● **Member lunch** is the **THIRD WEDNESDAY** of the month.

● **Board Meetings** are the **FOURTH SATURDAY** of the month at 9:30 a.m.

SAMMENKOMST

Sat. March 10, noon
MEAL pork, rolls, salad, desserts, \$5 per person
PROGRAM Jerry Rud dishes on his trip to Norway

Fri. April 13, 6:30 p.m.

MEAL Pitch-in
PROGRAM Travel to China vicariously through Kari Kustr

VASA!

Sun. March 4
LOCATION Latvian Community Center 1008 West 64th St., Indianapolis, Indiana
3 p.m. Program
4 p.m. Refreshments

MEMBER LUNCHES

TBA

BOARD MEETINGS

Another Broken Egg 9435 N. Meridian Street

03

MARCH

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

04

APRIL

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Sweeping Victory

THE DEFINITIVE RANKING OF NORWAY'S OLYMPIC CURLING PANTS

By: Cara Cooper from NBCOlympics.com



Norway's **Haavard Vad Petersson** throws the stone during the curling men's round robin session between Norway and South Korea during the Pyeongchang 2018 Winter Olympic Games at the Gangneung Curling Centre in Gangneung on February 16.

CREDIT: GETTY IMAGES

Fun fact—Norway's curling team brought 11 different pairs of pants to the PyeongChang Games. A new design for each game, with two extra in case the team made it to the semifinals and medal rounds.

BUT WHICH PAIR OF PANTS ARE THE BEST?

During the PyeongChang games we saw a holiday themed pair, intense polka dots, Hawaiian flowers, fireworks, and a lovely paisley print, among others. Even though Norway struggled on the ice, failing to make the semifinals, their britches have all been winners. But in the Olympic spirit, one pair must be the best. With that in mind, here are Norway's best pants, from worst to best.

First, the ground rules. Pants will be ranked on the following criteria:

CREATIVITY It has to be a pair of pants no one else would think to create (or wear, let's be honest).

DESIGN How pretty are they?

HOW WELL THE PAIR GOES WITH THE SHIRT This is important. Pretty pants are only perfect pretty pants when they pair well with a pretty shirt. This is the No. 1 rule of fashion.

NATIONAL PRIDE Norway's flag is red, white and blue, and since the pants are technically the national team's uniforms, they should represent the country well.

GOLD



SILVER



BRONZE



GOLD—NORWAY FLAG

These pants check all the boxes. They're creative, they're different, they're paired with a white shirt, which is key because if they chose these with the red shirt they run the risk of looking like curling Santa Clauses, which isn't a good look. Also, they literally scream Norway pride. Perfection in every sense of the word, and the perfect way for Norway to finish their games.

SILVER—PAISLEY PRINT

This paisley really is lovely, especially paired with the white shirt.

BRONZE—LARGE FLOWERS

Of the two flower prints, this is better. The flowers are four different colors so you can't actually tell what color pants these are, which is impressive.



MAKE YOUR OWN MARVPOSTEIER

Tiny Almond Pies.

WHAT YOU WILL NEED

- 150 g (5 ounces, scant 2/3 cup) unsalted margarine
- 2 1/2 dl (1 cup) flour, sifted
- 1 egg yolk 1/2 dl (3 1/2 T) cold water
- 1 T cognac

FILLING:

- 3 dl (1 1/4 cups) ground almonds
- 2 1/2 dl (1 cup) sifted confectioner's sugar
- 3 egg whites, lightly beaten

Instructions

Divide the margarine into three pieces of equal size. Crumble one piece into the flour. Whisk the egg yolk into the water and add. Knead lightly and form into a square. Wrap in plastic and refrigerate 30 minutes. Let the remaining margarine rest at room temperature.

Sprinkle the baking surface with flour. Roll the dough out into a thin rectangular. Spread half the remaining margarine over 2/3 of the dough. Fold over the plain section, then fold over the other section with margarine, like a business letter. This forms a rectangle with three layers of dough and two of margarine. Roll into a rectangle and fold into thirds again. Refrigerate 30 minutes. Roll out the dough and spread with the remaining margarine. Fold into thirds, roll out again and fold into thirds. Refrigerate the dough for 30 minutes. Preheat the oven to 200° C (400° F). Grease sandkake (small fluted pie) tins. Roll the dough out into a 2 mm thin sheet. Cut into circles slightly larger than the diameter of the tins. Press into the tins. For the filling, combine almonds with powdered sugar and egg whites. Place about 1 1/2 teaspoons of filling in each form.

Cut out 8 mm (1/3") strips of dough and arrange in an "x" over the filling. Tuck the ends between the filling and the crust. Bake on a baking sheet on the lowest oven shelf about 20 minutes. Makes 12-14 cakes.

Recipe from www.matoppskrift.no

Norway

IN THE NEWS



The building comfortably accommodates 80-100 guests. Muted lighting from the inside of the restaurant and installed on the seabed will help stage the wildlife flourishing on the sandbank outside the 11 x 4-meter panoramic acrylic window.

UNDER THE SEAFOOD

This Underwater Restaurant Looks Like It's Right Out of Science Fiction. Take a Look Inside.

A Norwegian architecture firm has unveiled plans to build Europe's first underwater restaurant — a three-level structure with a panoramic window that designers say will let visitors "journey" to the sea floor in southern Norway.

Called "Under," the restaurant is designed to be a "sunken periscope," with an entrance and cloakroom at the coastal level, according to Snøhetta, the architectural firm that designed the project. From there, guests can stop at a champagne bar one level below, before transitioning from the shoreline to the ocean. The final stop: a seabed-level dining room with a 36-foot-wide panoramic window.

The structure's concrete walls will be three feet thick to withstand the rugged conditions of the North Sea, according to Snøhetta. Its outer shell will have a coarse surface so mollusks can latch on, which will allow the building to become part of the marine landscape over time.

Outside of serving hours, parts of the building would also double up as a scientific laboratory, where researchers will be able to study marine biology and fish behavior, Snøhetta said.

"One of the benefits of this building is how it links nature and land, and how you can come safe from the land and in a very dramatic way go down through this concrete tube to the nature at sea level, and experience what normally is not experienced," lead architect Rune Grasdal told CNN.

Snøhetta is the recipient of numerous design awards and is responsible for iconic buildings such as the September 11 Memorial Museum in New York and the Norwegian National Opera and Ballet in Oslo.

Work on "Under" is expected to start next year with an expected opening in early 2019. snohetta.com

SNAKKER NORSK

IS IT DEN OR DET?

What's the difference between den and det?

When you translate den or det into English, they both translate as “it” or “that.” So how do you know when to use which one?

A simple way to remember how to use them is that you use den for masculine and feminine nouns and det for neuter nouns.

Let's go over some examples so you can learn how to use den and det correctly.

Let's say you're in a store and you want to ask how much a dress costs. In this case, you'll have to use den, since “dress,” kjole, is a masculine noun. So, **Hva koster den?** means, “How much is it?”

So, what if you want to point out that the dress is expensive? Instead of saying Kjolen er dyr meaning, “The dress is expensive,” you could use **Den er dyr** meaning, “It's expensive.”

The same goes for jacket, jakke, which is a feminine noun. Here too, you would say **Hva koster den?** Meaning “How much is it?” If you want to say “The jacket is cheap,” Jakken er billig, you could say **Den er billig** meaning “It's cheap,” instead.

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HOW TO DRESS LIKE A (CURLING) CHAMPION

Loudmouth is for those who want to stand out, smile and have fun. It all started in 2000 when founder Woody decided to make his golf outings convivial occasions and produced a pair of powder blue pants with Bugs Bunny on them. It wasn't long before this tongue-and-cheek fashion statement took on a life of its own, and he realized there was a hidden desire on the golf course... to play LOUD! With a team of business partners, the brand has grown internationally from the United States to Canada, Asia, Europe and Australia.

Today, Loudmouth is the most recognizable golf brand in the world and is rapidly expanding into the fashion and lifestyle industries. Loudmouth's vibrant prints and bold patterns can be instantly spotted and are always a great icebreaker for any conversation.

US.LOUDMOUTHGOLF.COM

Loudmouth is worn by many athletes including two-time major winning golfer, John Daly, professional golfer, Pornaong Phatlum, 2nd world-ranked darts player, Peter 'Snakebite' Wright, and *the Norwegian men's curling team*.

