

INDIANAPOLIS' CIRCLE CITY LODGE 5-614

the Wren

V.26 ISSUE 4 JULY/AUGUST 2017

STAY CONNECTED TO SON

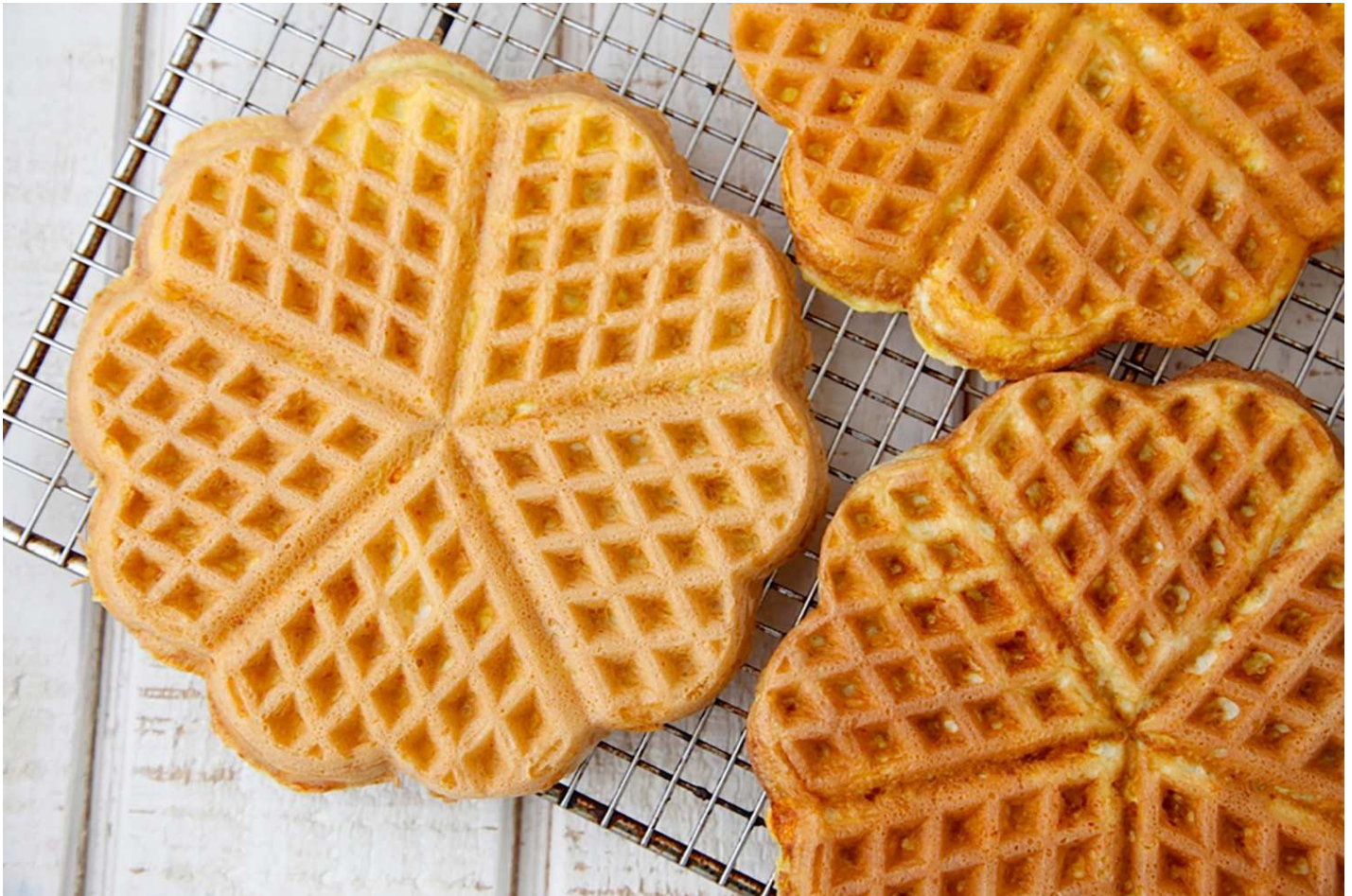
f Sons of Norway - Circle City Lodge

SON Newsletters

will be available on a bimonthly basis.
For the electronic newsletter, please
send your email and contact info to:
jlrud@cinergymetro.net JERRY RUD

If you would like to receive a
printed version of the newsletter,
please send your contact info to:
burtonbittner@att.net BURT BITTNER

IF YOU'D LIKE TO JOIN US ON A TRIP TO
BEAUTIFUL AND HISTORIC STOUGHTON, WI,
PLEASE SEE PAGE 8.



A MIDSOMMER NIGHT'S DREAM

Jolene Ketzenberger raved about our lodge's offering at Indy Midsommer Fest. She said, "These heart-shaped, jam-topped waffles from the Norway booth at the @indymidsommerfest were delicious too —wish I had some for breakfast!" Ketzenberger is a local foodie celeb who writes about her culinary experiences at www.eatdrinkindy.com. The Indy Midsommer Festival is a multicultural celebration of Summer Solstice. The Circle City Sons of Norway Lodge participated this year on June 10 at the Latvian Community Center.



from the President

Members and Friends of Circle City Lodge,

I hope you enjoyed some time with family and friends, celebrating the Fourth of July and honoring the significance of this day for our great land.

Our last two meetings (or sammenkomster, as we prefer) were entertaining and educational. On **May 13**, the **Greg Martin** concert of Grieg music with a surprise finale by our own Roy Samuelson was so enjoyable! Greg played some of the traditional pieces ("Wedding Day at Troldhaugen" and "Morning" as well as some of Grieg's lesser known re-writes of traditional folk tunes. We appreciate having talent of this quality in our midst. The salmon meal before the concert was, as always, given a thumbs-up from members too. Thanks to all the cooks who made it happen.

On **June 9**, new member **Emily Lovberg** gave a very palatable presentation about how Norway formed, geologically speaking. We learned about Silurian and Ordovician Ages, and that the Norwegian mountains, the Scottish highlands, and the Appalachian mountains in the U. S. were once all connected in a land mass below the Equator, and then the continents shifted. Thanks to her and all who brought delicious soups for the meal, and to **Doug Bittner** who helped us learn how to play KUBB (pronounced like "cool", not "cube" or "cub").

The day after our lodge meeting the much-anticipated **Indy Midsommer Festival** was held at the Latvian Center. We participated with 8 other ethnic groups to celebrate the solstice. There were food booths, stage musicians, sales of ethnic items, KUBB playing, and a bonfire with **Dagrun Bennett** representing our lodge to light it. Dagrun did an amazing amount of work on this and many volunteers from our lodge helped at the festival. Mange tusen takk (many thousand thanks) to Dagrun and, in last-name alphabetical order, **Susan Alden, Nancy Andersen, Bob and Erik Bennett, Burt and Jean Bittner, Doug Bittner** (KUBB instructor and referee), **Julane Lund** (musical performer), **Gary Prehm, Linda and Bob Sorensen, Eija and Ole Vesterqvist, and Gretchen Wiegel**. Your efforts made for a fantastic festival which will likely be an annual event.

We do not have a monthly meeting or member luncheon in July, but are open to group outings if you have any ideas. Please let me know if you do.

Coming up in August we have two events in addition to the member luncheon. On **August 9** ten of our members plus two who live in Wisconsin (**Rhoda Warren and Lois Mueller**) are taking a road trip to **Stoughton, Wisconsin**, to meet with members of the Mandt Lodge there. Our own **Bob Sorensen** hails from there and is giving a talk about his family's connection to the town and former church which is owned by the lodge as their meeting place. We will also visit the relatively new emigration museum, Livsreise (or "Life's Journey"), the local Opera House, and other points of interest in the area. Stoughton is a very Norwegian small town where both American and Norwegian flags are mounted on the main street lights. Please let me know by the end of July if you are interested in joining us.

The day after we return is our monthly local sammenkomst, **August 11**, and what a treat we have in store for you. Prior to the meeting we will be playing KUBB again as we did before the June sammenkomst and then have a pitch-in meal. Then **John Seest and dancers in Dans Norden**, a local folk dance group, and musicians will treat us to a presentation of Nordic folk dancing. To watch them is always mesmerizing, and maybe he will involve us in a dance or two. Do you know which of our members are also in that group? Hope you can join us.

Enjoy your summer! Hilsen,

Jerry Rud

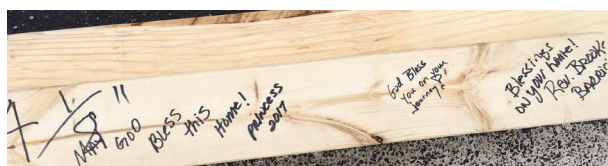
Member snaps



NEWSLETTER PHOTOS

Do you have great photos from our meetings or from your travels? Your images could be the art we need for our next newsletter. **We'd love to feature you—especially if you have images from luncheons and meetings.** Please send those photos to: lindsayhadley23@mac.com

BUILDING COMMUNITY



Habitat for Humanity

AS A REPRESENTATIVE OF OUR LODGE,

Jerry Rud participated in a Habitat for Humanity panel build in Indianapolis on May 20. Jerry said, "Lots of fun and met some nice people. They provided hammers and nails and precut boards. Each station in the parking lot had a supervisor who helped us to know how each panel was to be constructed. We completed the entire house today." Jerry said they did well, they did **Good** and enjoyed a catered lunch. **Tusen takk, Jerry!**

Please,
join us!

**WE'D
LOVE TO
SEE YOU.**

- *Sammenkomst* is typically the **SECOND FRIDAY NIGHT** or the **SECOND SATURDAY AFTERNOON** of the month.
- *Member lunch* is typically the **THIRD WEDNESDAY** of the month.
- *Board Meetings* are the **FOURTH SATURDAY** of the month at 9:30 a.m.

SAMMENKOMST

No July Meeting

*Fri. August 11, 6:30
MEAL Pitch-in
PROGRAM Kubb and
Nordic folk dancing!*

MEMBER LUNCHES

No July Lunch

*Wed. August 16, Noon
Lou's Den at Hill View
Country Club
2800 East King Street
Franklin, IN. 46131*

Both Dagrun and Bob Bennett vouch for this restaurant, so it must be good. Please let Kathy know if you can come, so we can make reservations
317.943.9611
happydoe@ymail.com

BOARD MEETINGS

Another Broken Egg
9435 N. Meridian Street
Indianapolis

07

JULY

25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

08

AUGUST

30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

Syttende Mai

FROM KUBB TO GRIEG

Our May 13th celebration of Syttende Mai featured a Greg Martin concert of Grieg music with a surprise finale by our own Roy Samuelsen. Greg played some of the traditional pieces (“Wedding Day at Troldhaugen” and “Morning” as well as some of Grieg’s lesser known re-writes of traditional folk tunes. We appreciate having talent of this quality in our midst. And then, there was a friendly game of Kubb. For more on that game, please read on.



KUBB REPORTER

U.S. KUBB CHAMPIONSHIP ATTRACTS 500 PLAYERS

The game, known as Viking chess, has been growing in the United States. The U.S. National Kubb Championship just wrapped last weekend in Eau Claire, Wis., otherwise known as the Kubb Capital of North America. This year's tournament featured 128 teams with more than 460 players (up from 15 teams and 35 players when it started in 2007). Three teams with Eau Claire ties finished in the final four, with Damage Inc., mixing players from Eau Claire, Waukesha, Wis., and Des Moines, Iowa, taking home the title. KubbUnited.com (Des Moines/Fitchburg, Wis.) earned the silver, the Ringers (Eau Claire) the bronze and The Kubbing Projekt (Eau Claire) finishing fourth. —umgasmagazine.com

HOW DO YOU PLAY?

For official U.S. National Championship Rules, visit www.usakubb.org

GAME PIECES

There are typically twenty-three game pieces used in kubb:

- Ten kubbs, rectangular wooden blocks 15 cm tall and 7 cm square on the end.
- One king, a larger wooden piece 30 cm tall and 9 cm square on the end, sometimes adorned with a crown design on the top.
- Six batons, 30 cm long and 4.4 cm in diameter.
- Six field marking pins, four to designate the corners of the pitch, and two to mark the centreline.

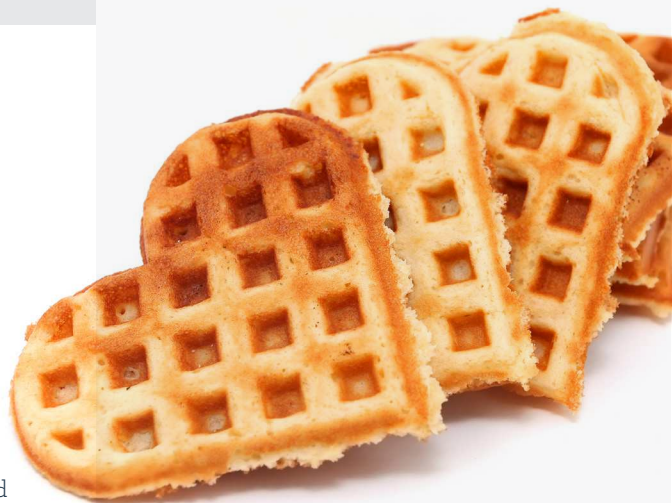
TOURNAMENTS

The Kubb World Championship is held annually on the island of Gotland, Sweden. The U.S. Championship is held annually in Eau Claire, WI.

PLAY OVERVIEW

Kubb is played between two teams, which may consist of only one person per team. There are two phases for each team's turn:

1. Team A throws the six batons (called Kastpinne/Kastpinnar in Swedish) from their baseline, at their opponent's lined-up kubbs (called Baseline kubbs). Throws must be under-handed, and the batons must spin end over end. Throwing batons overhand, sideways or spinning them side-to-side (helicopter) is not allowed.
2. Kubbs that are successfully knocked down by Team A are then thrown by Team B onto Team A's half of the pitch, and stood on end. These newly thrown kubbs are called field kubbs. The key objective is to keep them close to each other (as to be able to hit more than one with a single throw of the pinnar). The player that tosses the kubbs is called the inkastare.



MAKE YOUR OWN NORWEGIAN WAFFLES

These waffles will be much thicker if you're using a standard waffle maker, and will only yield six squares (1 1/2 whole waffles). In either case, cook them well-done so you get crisp edges.

INGREDIENTS

Makes 4 servings

- 1 1/2 cups all-purpose flour
- 2 tablespoons sugar
- 1/2 tsp kosher salt
- 3 large eggs, separated, room temperature
- 1 cup sour cream, room temperature
- 1 tsp vanilla extract
- 1/2 cup (1 stick) unsalted butter, melted, slightly cooled, plus more for waffle iron
- Brown cheese (Gjetost), crème fraîche, strawberry jam, and/or unsalted butter (for serving)

PREPARATION

Special Equipment

A Norwegian heart-shaped waffle iron

Instructions

Whisk flour, sugar, and salt in a medium bowl. Whisk egg yolks, sour cream, vanilla, 1/2 cup butter, and 1/3 cup water in another medium bowl; add to dry ingredients and whisk until smooth. With an electric mixer, beat egg whites to stiff peaks and gently fold into batter.

Heat waffle iron until very hot and lightly brush with butter. Working in batches, cook waffles until golden brown and crisp. Stack waffles and serve with desired toppings.

Recipe by Bon Appétit



Norway

IN THE NEWS



WOW—IT'S SUMMER TRAVEL SEASON.

WOW Air, the Icelandic discount carrier known for its \$99 one-way fares to Europe, announced Chicago as its latest U.S. destination. WOW is set to begin flying from Chicago's O'Hare International Airport on **July 13**. The airline will fly four weekly flights – one round trip each Monday, Wednesday, Thursday and Saturday – to its hub near Reykjavik. Connections will be available via Reykjavik to 23 European destinations, including Amsterdam, Berlin, London, Frankfurt and Paris. WOW will fly Airbus A321 narrowbody jets on the route.

"The addition of Chicago to WOW Air's growing list of destinations is part of our ongoing strategy to deliver even greater flexibility and convenience to our passengers, with more connections from North America to Europe via our Iceland hub," Skúli Mogensen, WOW's founder and CEO, said in a statement. "We're excited to partner with O'Hare International Airport, the third busiest airport in the United States, to bring our promise of affordable transatlantic travel to the Midwest."

As it typically does when announcing new cities, WOW rolled out sale fares of \$99 one-way to Iceland (\$169 and up on the return) and \$149 to connecting (\$189 and up return) destinations elsewhere in Europe. A quick search of the carrier's website on Monday morning showed some \$99 fares were available, though the availability of those fares was somewhat limited. While WOW's base fares are often sold at rock-bottom prices, customers should know they'll pay a fee for nearly everything beyond a guaranteed seat somewhere on the plane. Part of a new breed of "ultra low cost carriers" that are expanding both in the USA and around the world, WOW charges a fee for everything from seat assignments to carry-on bags.

The announcement highlights WOW's continued rapid expansion in North America. Chicago will become WOW's eighth destination in the United States. WOW launched in 2012 and began flying to the United States in 2015. WOW's other U.S. destinations are Boston, Baltimore/Washington, Los Angeles, Miami, Newark and San Francisco. Flights to Miami begin next month while Pittsburgh flights launch in June. WOW Air also flies to two Canadian cities, flying to Reykjavik from both Toronto and Montreal.

SNAKKER NORSK

HELPFUL PHRASES FOR TRAVEL

Summer is a great time to visit Norway—especially with the new WOW Air prices. Should you find yourself in the motherland, here are some phrases to learn:

Are they joking about these prices?
Skal jeg/eg tolke disse/dei her prisene/prisane som en/ein spøk?

Where can I purchase a viking helmet?
Hvor/Kvar kan jeg/eg kjøpe en/ein vikinghjelm?

Does this bus take me to Hafrsfjord?
Kjører denne bussen til Hafrsfjord?

Can you tell me where I am?
Kan du si meg hvor jeg er? (...)

Can you tell me the way to ____?
Kan du si meg veien til ____? (...)

Are there any good sights in the area?
Finnes/Finst det noen/nokon gode severdigheter/sjåverdegheiter i området?

I only know a little Norwegian.
Jeg/eg kan bare/berre litt norsk.

Excuse me. Do you know how to speak English?
Unnskyld, kan du snakke engelsk?

Is there someone here who speaks English?
Er det noen/nokon som kan snakke engelsk her?

Help! Hjelp! (Yelp!)

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JOIN US ON A ROAD TRIP TO WISCONSIN!

Known for its Norwegian heritage, Stoughton, Wisconsin hosts a citywide celebration of Syttende Mai, the Norwegian constitution day. Part of the city's celebration of its Norwegian heritage is the Stoughton Norwegian Dancers dance group, sponsored by Stoughton High School, as well as Norwegian flags and memorabilia displayed throughout the town. Stoughton's sister city is Gjøvik, Norway.

On **August 9** ten of our members plus two who live in Wisconsin (**Rhoda Warren and Lois Mueller**) are taking a road trip to **Stoughton, Wisconsin**, to meet with members of the Mandt Lodge there. Our own **Bob Sorensen** hails from there and is giving a talk about his family's connection to the town and former church which is owned by the lodge as their meeting place. We will also visit the relatively new emigration museum, Livsreise (or "Life's Journey"), the local Opera House, and other points of interest in the area. Stoughton is a very Norwegian small town where both American and Norwegian flags are mounted on the main street lights. Please let me know by the end of July if you are interested in joining us.

