

the Askeladden News



 Sons of Norway • Askeladden Lodge 5-610 • Kalamazoo, Michigan

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 A Congenial Society of Sons, Daughters, and Friends of Norway

 www.norwayinkalamazoo.com
 facebook.com/AskeladdenLodge

No. 11-16

# Lefse Party

## 4 p.m. Sunday, November 13 Trinity Lutheran Church 504 S. Westnedge Ave. Kalamazoo

We hope you're planning to join us Sunday - Father's Day in Norway - for our very popular lefse party! The program for this month's meeting will center around the preparation (rolling out and cooking) of lefse. All members who have lefse **griddles, rolling pins, turning sticks, aprons** and other lefsemaking utensils are asked to bring them.

Please make your **lefse dough** one day in advance, and bring it along. If you are unable to bring your own dough, someone else will share with you. Use your own favorite recipe -- or, a tried-and-true recipe provided by Lodge members Inger and Svein Thoen can be found on page 2.

Children are very welcome at the Lefse Party, but must be supervised carefully as the griddles are heated to 500°. Everyone must use the special hand-washing sink upon entering the kitchen. Avoid wearing jackets, sweatshirts, or bulky sweaters when preparing food in the kitchen. Aprons are recommended.

To keeps things less hectic, our meal for the evening will be simple soups, coffee, punch, and, of course, lefse. If you have a special soup, please prepare a kettle of it and bring it for the meal. Members are asked to bring a little extra **butter, cinnamon, sugar, berries, jellies or other toppings** for the lefse. Tableware will be provided and everyone is asked to assist in the cleanup. Joyce has volunteered to do the set-up for this gathering.

At this meeting we are also asked to bring **nonperishable food items** for our November Food Drive. Although this is one meeting where you don't necessarily need to bring a dish to pass, there are a number of items you do need to bring, so you might want to make a list!

At Trinity Lutheran Church on Westnedge Ave, we meet in the lower level Fellowship Hall of the church. The entrance we use is at the rear corner of the church. There is an elevator at the rear of the church for those in need of it.

#### **Meetings:**

November

Monthly, most 2nd Sundays, 4 pm Trinity Lutheran Church 504 S. Westnedge Ave Kalamazoo, MI

Officers: President: Curtis Cleveland 269-381-4531 cacleve82@att.net

**Membership Secretary:** Vacant contact 269-350-3330

#### Vice-President/Editor: Joan O'Bryan 507 Clinton Avenue Kalamazoo, MI 49001

269-383-6802 joan.obryan@wmich.edu

Secretary: vacant

Cultural Director: vacant

**Treasurer:** Earnie Best 269-375-0300 earnie@earniebest.com

#### **Publishers:**

Dennis & Jean Darling 158 Bulkley Street Kalamazoo, MI 49006 269-382-2340

#### Affiliation:

Sons of Norway International 1455 West Lake St. Minneapolis, MN 55408

Andy Johnsen District 5 Zone 6 Director aijohnsen@att.net

#### Benefits Counselor: Greg Ragan 1-800-442-4146 gregragan@aol.com

Lodge contact info: Askeladden.Lodge@gmail.com 269-350-30

## ASKELADDEN NEWS

### Lodge officer positions - what's it all about?

It's time to elect new lodge leadership for 2017. The following brief summary of duties for local lodge officers may prove helpful, considering we are still looking for members to fill vacancies in several of these positions.

**President -** The president is the highest-ranking officer and has general supervision over the lodge. He or she serves as the team leader who appoints committees, presides over meetings, encourages the activities of fellow lodge officers and helps to plan lodge programming.

**Vice President -** The vice president serves as the driving force behind membership recruitment and retention strategies, usually serving as chair of the membership committee. He or she should also be prepared to replace the president if the need arises.

**Secretary (currently vacant)** - The secretary's primary function is to keep accurate and impartial records of all meetings of the lodge and of the board of directors. He or she also serves as the primary communicator between the lodge and its members.

**Membership Secretary (currently vacant)** - Each lodge gets to choose whether they wish to have a financial secretary or a membership secretary. Askeladden's by-laws provide for a Membership Secretary. Both positions collect new membership applications, process requests to transfer membership and inform Sons of Norway Headquarters of membership deaths and cancellations. The membership secretary is the primary communicator between the lodge and Sons of Norway Headquarters. In lodges with the membership secretary structure, all financial duties are relegated to the lodge treasurer.

**Treasurer** - The responsibilities of the lodge treasurer include handling all incoming and outgoing funds, keeping accurate accounting records and preparing fiscal reports. He or she should also be present when the financial books are audited.

**Cultural Director (currently vacant) -** Our by-laws state that either the Cultural Director or Social Director serve as Board of Directors members. In recent years, the Cultural Director has served in that board position and served as chair of the Cultural Committee, planning all cultural programs for the meetings.

**Social Director -** The social director coordinates the setup and cleanup of meetings and maintains supplies needed for meals - and could serve on the board if the Cultural Director does not.

More information about lodge officer duties can be found in the Guides for Leadership in the members section of www.sonsofnorway.com

### 2017 Calendar Orders

Members are asked to place their 2017 Calendar orders at the November meeting. Joan will have the Calendar sign-up list for us at the meeting. (If you can't make the November meeting, contact Joan with the contact info found on Page 1 of this newsletter.) You may choose from Splendor of Norway or Viking Verse (the Rosemale design) calendars at a significantly reduced price from retail! Inger will have the calendars for us at the December meeting - in time for Christmas presents - and will expect payment then (around \$8.) Price depends on how many are ordered, so the exact cost is not known at this time.

## Norwegian Lefse Recipe with Instant Potatoes

Inger and Svein Thoen

This recipe uses instant mashed potatoes from a box, and is an easy and reliable way to make lefse dough. Make a day in advance for best results.

Serves: 40

#### Ingredients

- 9 cups water
- 1 Tbsp salt
- 1 Tbsp sugar
- 3 sticks margarine
- 3 cups Carnation powdered milk
- 1 box (15.3 oz) instant Hungry Jack potatoes
- $4\frac{1}{2}$  cups flour, divided

#### **Instructions** Day 1:

- 1. Bring to a boil water, salt, sugar, and margarine.
- 2. Remove from heat, then add powdered milk.
- 3. Stir well to remove lumps.
- 4. Add instant potatoes. Mix well with a wire whisk until smooth and no lumps remain.
- 5. Cool in refrigerator overnight.

#### **Instructions** Day 2:

- 1. Divide dough into three parts. Remove one part at a time, leaving the rest in the refrigerator. For each part, add  $1\frac{1}{2}$  cups flour and knead well.
- 2. Divide each of the three parts into small balls, approximately the size of golf balls.
- 3. Refrigerate again, until ready to use.
- 4. Preheat a lefse griddle to 450°F. Do not grease the griddle!
- 5. Sprinkle lefse board and rolling pin generously with flour.
- 6. Take out one ball of dough from the refrigerator at a time, flatten it to a disk, then sprinkle with flour.
- 7. Roll to a thin circle.
- 8. Loosen from board by running a lefse stick underneath dough, then lift and fold out onto the dry lefse griddle.
- 9. Bake for about 1 minute until bubbles appear on the top side and and golden brown spots underneath.
- 10. Flip and bake the other side for 30 seconds to a minute or so until brown spots appear underneath at well.
- 11. Remove and place on a cookie rack between two towels. When cool, store in ziplock bags. Can be frozen.

#### Member update - Margaret Hastings recovering

Joan O'Bryan, Membeship Chair

We recently learned that Charter Member Marge Hastings was hospitalized for six days and is recovering for several weeks in rehab. I'm sure she would appreciate cards for a speedy recovery from lodge members. Marge and Jim moved their home from Oshtemo to Friendship Village on Drake Road about a year ago. Contact Joan for current address information.

## ASKELADDEN NEWS

#### Hidden Heroes: WWII in Norway

*Hidden Heroes: World War II in Norway* contains twenty eyewitness accounts from those who lived in Norway or were Americans who had extended family in Norway, during World War II. These twenty eyewitness accounts were originally collected from Sons of Norway members, including our own lodge member Inger Thoen, by then-District 5 Cultural Director, Jean Bittner.

This 182-page book is illustrated with over 50 images from the Norwegian National Archives, and uses "senior friendly" large type. *Hidden Heroes* is a Sons of Norway fundraiser to support activities at the annual Masse Moro youth heritage camp, held at Beaver Creek Reserve in Fall Creek, Eau Claire County., Wisconsin. Camp dates for 2017 are July 16 - 29. Make a \$25 donation and receive a copy of the book. \$100 donation gets you five books (shipped to one location) and a \$250 donation gets you 15 books (shipped to one location). The book can be purchased without a donation for \$20. Use the order form below to make your donation and order *Hidden Heroes*.

Consider ordering multiple copies as Christmas gifts for your children and grandchildren. It is a gift to help us all further understand our heritage and Norwegian character.

Living in Norway during World War II, you never knew if the person next door was a hero: a Norwegian resistance fighter. The hero next door could be a teenager going with his dad to steal grain from a Nazi train in order to feed refugees. It could be a girl who hid messages in her instrument case, while going by bike to a violin lesson. It could be the fisherman down the street, rowing a boat full of grenades, with a German U-boat captain sitting on the seat which was hiding them. Many Norwegians risked their lives to thwart the Nazis who were occupying their country. These are their true stories.

If you haven't earned a SON literature cultural skills pin, this book is a great way to get started.

#### **Fra Presidenten**

The months of September, October, and November are the most important months of the year for the business items that concern Askeladden Lodge: election of officers and the adoption of the budget. The months of November and December are important also for our Community Service Projects.

At the November 13 meeting, we will have a Food Drive, collecting nonperishable food (cans, jars, bottles, boxes, and packages) which will be given to the Kalamazoo Loaves & Fishes. When you come to the meeting, please bring a grocery bag of food for the Food Drive. This will be the third consecutive year we have had a November Food Drive.

At the December meeting, when we enjoy our annual Christmas Party, we will help our fellow citizens who are less fortunate by requesting money donations be given to one of the three Food Banks that serve West Michigan. The three Food Banks are the Kalamazoo Loaves & Fishes; the Food Bank of South Central Michigan (Battle Creek area); and the Feeding America: West Michigan (Grand Rapids area).

I hope to see you on November13th.

Curtis A. Cleveland, Lodge President

#### **October meeting recap**

Curtis Cleveland, Chair, Cultural Committee

At our October meeting, we enjoyed a piano concert, more accurately called a "Four Hands - One Piano" concert, featuring the music of Edvard Grieg, performed by Margery Selden and Mary Jane Sullivan. Earlier this year, this same duet, Margery and Mary Jane, performed at the Syttende Mai Celebration.

During the Business Session, Dennis announced the slate of candidates for the 2017 Lodge Officers and Committees. The positions of Secretary, Membership Secretary, and Cultural Director are vacant. Please consider holding a Lodge position.

The Norway Trip Drawing was one of the items on the agenda for the October 9 meeting, but Joan reported that no member notified her of his/her desire to participate in this year's drawing.

Dennis and Jean decorated the tables with autumn colors: Pumpkins and candy corn. There were 13 members and 3 guests in attendance. Thanks to all who attended and participated.

one location)

allow 3 weeks for printing

and shipping (shipping to

## ORDER FORM - HIDDEN HEROES: WORLD WAR II IN NORWAY

\_\_\_\$20 (1 book)

\_\_\_\_\$25 (Masse Moro donation for 1 book)

\_\_\_\$100 (Masse Moro donation for 5 books)

\_\_\_\$250 (Masse Moro donation for 15 books)

\_\_\_\$500 (Masse Moro donation for 33 books)

\_\_\_ I want to make a \$\_\_\_\_\_ donation, and receive only \_\_\_\_ books

### Make checks out to "Sons of Norway District 5"

Name:		
Address:		
Email:		
Phone:	Lodge:	
	Palecek, SON D5 treasurer, 5747 Sandy Lane, Rac	

ASKELADDEN LODGE 5.610 SONS OF NORWAY 158 Bulkley Street Kalamazoo, MI 49006



www.sonsofnorway.com

## NOVEMBER KALENDER

- november 1 Allehelgensdag All Saints Day
- november 6 Daylight Saving Time ends
- november 8 Election Day
- november 11 Veterans Day
- november 12 Holiday Parade come and see our entry
- november 13 Farsdag i Norge Father's Day in Norway
- november 13- Askeladden Lodge monthly meeting and Lefse Party - 4 p.m. Trinity Lutheran Church
- november 24 Thanksgiving Day
- november 30 last day to submit articles for Askeladden News

### Askeladden Lodge Library

www.librarything.com/catalog/Sonsofnorway Contact Roger Drong with questions or to reserve resources.

Fødselsa	lag	ned dagen! Hilsener Birthdays	
John Thingstad		Robert Kaarlie	
Eric Kunze		Gunnar Selden	
Inger Thoen			



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The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and to provide quality insurance and financial products to our members.